

BREAKING NEWS: Philadelphia County Faces the Impact of Alzheimer's Disease

Alzheimer's is a degenerative disorder that attacks the brain. It is the most common form of dementia and the nation's sixth-leading cause of death. Alzheimer's disease is the only cause of death in the top 10 in America that cannot be slowed, stopped or prevented. Every 67 seconds someone in the U.S. develops Alzheimer's disease. If the disease is not prevented or cured, in 2050 someone in the United States will develop the disease every 33 seconds.

Today there are more than 5 million Americans living with Alzheimer's disease. **In Philadelphia County alone, 57,108 people and their caregivers are impacted.** There are a few things everyone should know about Alzheimer's disease:

Alzheimer's is not a normal part of aging.

Alzheimer's worsens over time.

Alzheimer's has no current cure, but there are treatments for symptoms and research continues.

No one should face Alzheimer's alone. **Help is available!**

Early detection matters. The Alzheimer's Association has created 10 warning signs:

1. Memory loss that disrupts daily life.
2. Challenges in planning or solving problems.
3. Difficulty completing familiar tasks at home, at work or at leisure.
4. Confusion with time or place.
5. Trouble understanding visual images and spatial relationships.
6. New problems with words in speaking or writing.
7. Misplacing things and losing the ability to retrace steps.
8. Decreased or poor judgment.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

If you or someone you care about is experiencing any of these, please see a doctor to find the cause. Early diagnosis offers a chance to seek treatment and make future plans.

No one should face Alzheimer's alone. And they don't have to...

The Alzheimer's Association Delaware Valley Chapter is here to help with support and coping strategies, resources and information, research updates and access to core programs.

24/7 Helpline: **800.272.3900** or visit **alz.org/delval**

Philadelphia Community Conversations is a citywide collaboration among leaders to improve outcomes for individuals with Alzheimer's and to support those who care for them.

Together we raise awareness, improve early detection and diagnosis of Alzheimer's, ensure quality care and connect individuals and their families with support in our community.

Join Philadelphia Community Conversations!

The Philadelphia community cares about Alzheimer's. Because we care, businesses, government, health care, advocates and community organizations are joining together through ***Philadelphia Community Conversations*** to promote awareness, improve earlier detection and diagnosis and help residents find Alzheimer's disease support and resources.

**See below some of the organizations that are involved and JOIN our effort!
Contact Claire Day at cday@alz.org or by calling 800.272.3900.**

