

CALLING ALL CREATIVE KIDS!

2014 Get Smart Competition for
Young Artists and Writers

Draw a picture, design a poster or
write a story about keeping healthy!

The Pennsylvania Get Smart Program invites all children (up to 12 years old) to help build the National Campaign to say “NO!” to germs and “YES!” to being healthy! This involves ideas like washing your hands (to wash germs away), getting vaccines or “shots” (to help prevent illness), and using medicines called antibiotics appropriately (to fight bacterial infections).

Here are a few ideas:

- **Draw** icky germs on dirty hands!
- **Make a poster** with tips for what to do if someone coughs on your toy. Yuck!
- **Write** about a classroom where you are sharing books and toys, but one day your best friend gets sick. What happens? Does she or he go to the nurse? Do you wash your hands?
- **Make a drawing** of yourself getting a flu vaccine!
- **Show examples** of children sick with germs that don't need antibiotics — like colds or the flu. They need a Kleenex box and lots to drink but no antibiotics!
- **Design a comic book** of everything you touch in a day that could have germs.

- **Write a poem** about how vaccines help keep you healthy.
- **Create a germ-fighting hero** who uses soap, water and vaccines to fight off germs.



For guidelines, information and
where to submit your entries, visit
www.KnowWhenToSayNo.org.



Deadline for entries is
10 p.m. EST, Oct. 31, 2014

Three children each from five different
age groups will win prizes!

The winning work will be displayed on
the Get Smart website.