Know When To Say No Newsletter

Volume 3, Number 2

March/April 2015

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Community Pharmacy Workshops: University of Pittsburgh School of Pharmacy

On Friday March 6, 2015, representatives from the Pennsylvania Department of Health Get Smart: Know When Antibiotics Work Program and the Centers for Disease Control and Prevention (CDC) presented at the Community Pharmacy Workshop at the University of Pittsburgh, School of Pharmacy. Four educational sessions were attended by more than 100 second-year pharmacy students. Bonnie Falcone, PharmD, an assistant professor from the Schools of Pharmacy and Medicine at the University of Pittsburgh, coordinated the workshop event.

Guillermo Sanchez MSHS, MPH, PA-C, from the CDC gave a presentation via Skype video conference about the Get Smart program in the United States, including an overview of national activities, drivers of antibiotic use, and the role of the pharmacists. Following his presentation, Dr. Nkuchia M’ikanatha, a surveillance epidemiologist from the Pennsylvania Department of Health, spoke with the students about the Pennsylvania initiatives for the Get Smart program. He provided historical perspectives and detailed current objectives and activities that the state deployed for the Get Smart program. Courtney Yealy, the Get Smart intern from the Harrisburg, Pa. office gave an educational demonstration about hand hygiene using the Glo Germ training tools. The pharmacy initiative will continue to provide opportunities for community engagement and encourage future professionals to learn about antibiotic stewardship.

National Public Health Week

In observance of National Public Health Week, April 6-10, the Get Smart program held events in the Harrisburg and Pittsburgh areas. At the Capitol Complex in Harrisburg, an information table was set up during the week to engage legislators and the general public. Get Smart team members had the chance to speak with several teachers and school nurses who were there with children on field trips. They also met employees and many others who were visiting the Capitol. It was a great opportunity to inform visitors about the program and upcoming art competition.

On Friday April 10, the Pittsburgh Get Smart group had a display in the Graduate School of Public Health at the University of Pittsburgh, which they used to engage students and faculty on the topic of antimicrobial use.

The Get Smart program’s aim is to continue to encourage judicious use of antibiotics and empower both parents and children to make healthy choices, even with something as simple as properly washing your hands!
ASK THE EXPERT!

Our Know When to Say No Newsletter will soon feature an “Ask the Expert” column. Please send any questions you may have to knowwhentosayno@pa.gov.

Your questions will be featured in the upcoming newsletters with answers from our collaborators.

Art Competition Kick-off

April 6-10, 2015, was National Public Health Week. In observance of this week, Dr. Rachel Levine, Acting Physician General announced the start of the third annual art competition for Pennsylvania’s Get Smart program. The art competition is now accepting entries through the end of October, and the winners will be announced during Get Smart Week, November 16-22, 2015. Our goal for the competition is to emphasize the importance of primary prevention, hand hygiene, and adherence to recommended vaccinations.

New Faces

Welcome to our new Get Smart Coordinator Western Pa., Julie Murphy!

Julie Murphy joined the PA Get Smart Program in February; she is assigned to Western Pennsylvania. Julie will be involved in pediatric initiative at the Children’s Hospital of Pittsburgh and community outreach through University of Pittsburgh School of Pharmacy; she will continue with Get Smart activities in the community settings. She will work closely with Dr. Marian Michaels (Children’s Hospital) and Dr. Bonnie Falcione (School of Pharmacy).

Julie is currently pursuing a Master of Public Health in Behavioral and Community Health Sciences at the University of Pittsburgh. She received her B.S. in Biology from the University of Central Florida in 2011. She worked as a microbiological lab analyst II with a medical device company in Orlando, Fla. before moving to Pittsburgh, Pa. In addition to her role with Get Smart, Julie also works at UPMC as a research assistant following QI data and analysis for maternal and child health. With her hometown of Marietta, Ga. and being an Army brat, Julie spends most of her free time traveling to visit her family members.

Looking Ahead...

- Get Smart will present a poster at the Penn State Public Health Symposium, April 29, 2015.
- We will also present two posters at the Council of State and Territorial Epidemiologists (CSTE) meeting in Boston, Mass, June 14-18, 2015.
- Our Annual Get Smart competition is accepting entries now through the end of October 2015. More details will follow on the competition!

Did You Know

Get Smart is on Facebook! Our program has an affiliated Facebook run by Penn State Communications Arts and Sciences student volunteers, Kaitlin Shartle and Lydia Glick. Head over to Facebook.com to like us: Get Smart Pa!

If you have any ideas for future newsletters or would like more information, please feel free to contact us. To unsubscribe, please email us.

Get Smart Team: Knowwhentosayno@pa.gov

Calling All Creative Kids!

2015 Get Smart Competition for Young Artists and Writers

Draw a picture, design a poster, or write a story about keeping healthy!

The Pennsylvania Get Smart Program seeks artwork for children 11-18 years of age. The artwork, created and submitted by children, will be featured in the Pennsylvania Department of Health's annual Get Smart Calendar for 2016. Get Smart encourages children to think about how they keep themselves healthy and to draw, photograph or create a painting or writing about a healthy habit they practice.

How to submit:

- Make a poster or drawing that is no larger than 11” x 17”. The artwork should feature the title “Get Smart”. It can promote hand hygiene, vaccination, healthy eating, safety or other health behaviors. It must be original work and not previously published. Artwork should not be framed.
- Make a story up to 250 words. It must promote a healthy habit. Examples include hand hygiene, vaccination, healthy eating, safety or other health behaviors. It must be written by the child. Stories will be published on the Get Smart website.

Entry deadline is October 31, 2015. For submission guidelines, visit www.KnowWhenToSayNo.org.

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