PENN Behavioral Sleep Medicine Mini-Fellowship

Registration

Name (First and Last and Degree) ________________________________

Discipline _________________________________________________

Years in Clinical Practice ________

Prior CBT-I / BSM Training ____________________________________________

Email & Cell Phone ____________________________ ____________________________

Institutional Affiliation ____________________________________________

Proposed Date of Fellowship ___________________________ (Month and year, all fellowships are 2nd week of the month)

Are you attended with a colleague?  ☐ Yes  ☐ No. If yes, please indicate who ________________________________

Program Information

Thank you for your interest in our program. Please complete this form and return it to me at least two months prior to the scheduled event (send to mperlis@upenn.edu with a cc/ to wkhader@pennmedicine.upenn.edu)

The dates for each Penn Mini-Fellowship (PMF) will be the 2nd Tuesday, Wednesday, and Thursday of the month on a bi-monthly basis starting in February 2018.

Each group PMF will be 4-5 people and will proceed according to the following schedule.

Day 1 is with me (101 questions you have always wanted to ask + other advanced topics, e.g., Alternative Models of Insomnia, PSG report interpretation, EEG classification of Sleep, Sleep Meds, etc.).

Day 2 is with three BSM faculty
Phil Gehrman PhD (signs & symptoms of intrinsic sleep DXs, assessment, actigraphy).
Jackie Kloss PhD (Women's Health and Sleep; Sleep in Adolescence).
Babi Chakravorty MD (Sleep and addictions, Sleep Meds)
Optional: Erin Vera PhD (Sleep and Weight & Sleep and Pain)

Day 3 is with Jim Findley PhD (review of recorded sessions and the finer points of CBT-I Practice).

The cost is $1699 + $25 for APA CEs per person. Payment is due no later than 1 month prior to the start date for the PMF and should be made payable to the “Trustees of the University of Pennsylvania” with a clear note on the memo line “for the Penn BSM Mini-Fellowship program”. He check should be mailed to:

PENN Behavioral Sleep Medicine Mini-Fellowship Program
c/o Ms. Eileen Mergliano
Department of Psychiatry, University of Pennsylvania
3535 Market Street, Suite 670 Room #6125
Philadelphia, PA 19104-3309

Course registration may be cancelled up to 4 weeks prior to the scheduled activity. Cancellation, on or before 4 weeks prior to the PMF will allow for a full refund. No refunds will be provided if the cancellation occurs on or after the 4 week deadline. If the faculty of the PMF have to cancel the activity, program registrants will be compensated with complimentary access to one or both of the program courses (for themselves, a trainee, or a colleague), and/or receive complimentary access to the program course and mock case vignette DVDs.

Please address all questions to me at mperlis@upenn.edu, with a cc to our program coordinator at wkhader@pennmedicine.upenn.edu