Social Skills Group for Teens with ASD

The Child & Adolescent OCD, Tic, Trich, and Anxiety Group (COTTAGe) is offering a 16-week evidence-based group treatment program for teens with Autism Spectrum Disorder (ASD).* Treatment targets building social skills and decreasing social anxiety.

This Program Will Help Teens:

- Strengthen conversation skills
- Improve nonverbal communication skills
- Join in with peers
- Make and keep friends
- Build sportsmanship
- Be appropriately assertive
- Use self-awareness
- Read social cues
- Problem-solve
- Strengthen confidence
- Show empathy
- Take others’ perspectives

* A diagnosis of ASD is not necessary for inclusion in the group.

To sign up or learn more about this program, please contact: 215.746.3331

For more information about COTTAGe, please visit our website at http://www.med.upenn.edu/cottage/.