

CENTRAL RELATIONSHIP QUESTIONNAIRE CRQ6.0 -- romantic partner

Instructions:

This questionnaire is about your feelings about your ROMANTIC RELATIONSHIP. There are no right or wrong answers. Some items may not apply to you at all, **if so, please give them a 1 instead of omitting them.** Please answer all of the questions, even though some may look similar. Please try to be as honest as possible and respond how you feel --not how you think you should feel or how others think you should feel.

All people have a pattern of needs and expectations in their relationships with other people. We want you to describe your relationship with your romantic partner. Please think about your various interactions with your romantic partner and give us your view of several aspects of this relationship. A romantic partner is a person you have been romantically and sexually involved with for at least 3 months in the past three years and who is, or has been, important in your life. Refer to a previous partner if you do not currently have a partner.

We would like you to rate this person on the following six questions using this scale:

1	2	3	4	5	6	7
NOT AT ALL						EXTREMELY

- 1) How close is or was this person to you? _____
- 2) How intimate a relationship do you have, or did you have, with this person? _____
- 3) How much of an authority figure is or was this person for you? _____
- 4) How important is or was this person to you? _____
- 5) How enjoyable is or was the relationship at its best? _____
- 6) How difficult is or was the relationship at its worst? _____

Below is a list of different wishes, needs, or desires that people often have of other people. We want you to rate how much these wishes apply or applied to your relationship with your **ROMANTIC PARTNER**, i.e., how typical they are or were for you **WHEN THE RELATIONSHIP IS/WAS AT ITS WORST**. Use the following scale (and please try to use a range of ratings):

1	2	3	4	5	6	7
NEVER TRUE OF ME	RARELY	OCCASIONALLY	SOMETIMES	OFTEN	VERY OFTEN	ALWAYS TRUE OF ME

IN MY RELATIONSHIP WITH MY ROMANTIC PARTNER:

- | | | | | | | | |
|--|---|---|---|---|---|---|---|
| 1. I wish for my partner to know I am loyal | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. I would like my partner to enjoy her/himself | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. I wish to be my own person | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. I wish for my partner <u>not</u> to desert me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. I wish to confide in my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. I would like to hurt my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. I wish to be dependent on my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. I wish to be distant | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. I wish for my partner <u>not</u> to leave me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. I wish to control my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11. I wish to be a special person to my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12. I wish for my partner to respond to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 13. I want my partner to be sexually excited by me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 14. I wish to defy my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 15. I wish to connect with my partner | | | 1 | 2 | 3 | 4 | 5 |
| 6 7 | | | | | | | |
| 16. I would like my partner to feel proud of her/his accomplishments | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17. I wish for my partner to recognize my opinion | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 18. I wish to be trusted by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 19. I wish for my partner to pay attention to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 20. I wish to support my partner when she/he is in pain | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

1 NEVER TRUE OF ME	2 RARELY	3 OCCASIONALLY	4 SOMETIMES	5 OFTEN	6 VERY OFTEN	7 ALWAYS TRUE OF ME
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IN MY RELATIONSHIP WITH MY ROMANTIC PARTNER:

- | | | | | | | | |
|--|---|---|---|---|---|---|---|
| 21. I wish to dominate my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 22. I wish for my partner to be interested in me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 23. I would like my partner to feel at ease | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 24. I wish <u>not</u> to open up | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 25. I wish to avoid my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 26. I wish to be admired by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 27. I wish for my partner <u>not</u> to abandon me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 28. I wish for my partner to find me attractive | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 29. I wish to encourage my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 30. I wish to be loved | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 31. I wish to do my own thing | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 32. I want my partner to make me sexually excited | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 33. I wish to make my partner mad | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 34. I wish for my partner to feel I am faithful | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 35. I wish to be dominated | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 36. I wish to be independent | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 37. I wish to be emotionally close to my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 38. I wish to let my partner make decisions for me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 39. I would like to help my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 40. I wish to have power over my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Now we would like you to think about the relationship in terms of the way you feel **YOUR ROMANTIC PARTNER RESPONDS TO YOU**. We often see people as responding to us in a way that either prevents us from getting what we want, or helps us to get what we want. Below is a list of possible ways that a romantic partner can respond to you. We want you to rate how much these responses apply to this relationship, i.e., how typical these responses are or were of your romantic partner **WHEN THE RELATIONSHIP IS/WAS AT ITS WORST**. Use the following scale (and please try to use a range of ratings):

1	2	3	4	5	6	7
NEVER TRUE OF MY PARTNER	RARELY	OCCASIONALLY	SOMETIMES	OFTEN	VERY OFTEN	ALWAYS TRUE OF MY PARTNER

IN MY INTERACTIONS WITH MY ROMANTIC PARTNER:

- | | | | | | | | |
|--|---|---|---|---|---|---|---|
| 1. My partner is her/his own person | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. My partner desires me sexually | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. My partner is submissive | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. My partner withdraws | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. My partner cares for me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. My partner dominates me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. My partner is out of control | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. My partner is emotionally close to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. My partner is frantic | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. My partner makes her/his own decisions | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11. My partner has power over me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12. My partner hurts me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 13. My partner is compliant | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 14. My partner is distant | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 15. My partner feels I am a special person | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 16. My partner controls me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17. My partner acts irrationally | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 18. My partner rejects me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 19. My partner is independent | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 20. My partner treats me badly | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 21. My partner does not open up | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 22. My partner readily defers to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 23. My partner is sexually attracted to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

Now we would like you to consider the same relationship in terms of **YOUR OWN RESPONSE TO YOUR ROMANTIC PARTNER**. Other people can deny your desires or meet your desires in responding to you. Below is a list of different ways that you might react when your romantic partner denies or meets your desires. We would like you to rate how typical these reactions are or were for you in this relationship **WHEN IT IS/WAS AT ITS WORST**. Use the following scale (and please try to use a range of ratings):

1	2	3	4	5	6	7
NEVER TRUE OF ME	RARELY	OCCASIONALLY	SOMETIMES	OFTEN	VERY OFTEN	ALWAYS TRUE OF ME

IN MY RELATIONSHIP WITH MY ROMANTIC PARTNER:

- | | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1. I feel respected by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. I encourage my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. I achieve at work or school | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. I feel unsure about our relationship | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. I <u>avoid</u> difficulties with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. I have power over my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. I feel rejected | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. I am independent | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. I accomplish my goals | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 10. I do not open up | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 11. I desire my partner sexually | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 12. I feel disliked | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 13. I am submissive | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 14. I feel my partner is important to me | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 15. I distance myself | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 16. I am dominated | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17. I feel torn about my relationship with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

1	2	3	4	5	6	7
NEVER TRUE OF ME	RARELY	OCCASIONALLY	SOMETIMES	OFTEN	VERY OFTEN	ALWAYS TRUE OF ME

IN MY RELATIONSHIP WITH MY ROMANTIC PARTNER:

- | | | | | | | | |
|---|---|---|---|---|---|---|---|
| 18. I give to my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 19. I <u>avoid</u> getting into conflicts with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 20. I share my feelings | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 21. I am confused by my relationship with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 22. I am my own person | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 23. I feel mistreated | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 24. I act maturely | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 25. I feel competent | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 26. I <u>avoid</u> problems with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 27. I feel held in high esteem by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 28. I feel accepted by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 29. I feel uncomfortable | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 30. I control my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 31. I dominate my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 32. I am not emotionally close | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 33. I connect with my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 34. I express my thoughts, feelings, and wishes | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 35. I am self-sufficient | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 36. I am controlled by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 37. I am nervous | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 38. I am sexually excited by my partner | 1 | 2 | 3 | 4 | 5 | 6 | 7 |