

Women's Health Scholar Certificate Program
University of Pennsylvania School of Medicine
Sponsored by the

Department of Obstetrics & Gynecology - and - FOCUS on Health & Leadership for Women

Goal: To provide concentrated experiences in women's health spanning research, clinical training and community outreach.

There are Four Requirements:

Upon completion of any of the four program components below, students must notify *Ellen Martinak* (martinak@mail.med.upenn.edu) in order to have credit applied toward Certificate.

1) Women's Health Intensive Summer Experience

7-weeks during the summer between 1st and 2nd year – Choose one of the following 2 options:

A) Bridging the Gaps: Community Internship Program

At a women's health/ maternal child/related site (\$3,000 stipend)

For more information contact:

Mary Ellen Bradley (mebradle@mail.med.upenn.edu)

or www.BridgingtheGaps.info

B) Women's Health Research Project

Find a mentor / Create a proposal

Potential mentors are listed on the FOCUS website (www.focusprogram.org [see *Medical Student Fellowship*]).

For additional guidance and information about research opportunities in Department of Obstetrics & Gynecology *contact* any of the following:

Kurt Barnhart MD, MSCE (kbarnhart@obgyn.upenn.edu)

Michal Elovitz MD (melovitz@obgyn.upenn.edu)

George Coukos MD, PhD (gcks@mail.med.upenn.edu)

Submit proposal for approval to

Susmita Pati, MD, MPH (pati@email.chop.edu)

2) Women's Health Seminar Attendance

Attendance of 12 seminars between 1st and 4th year (minimum requirement)

Seminar requirements completed through attendance at Grand Rounds in the Departments of OBGYN, Endocrinology, Medicine, Center for Research on Reproduction and Women's Health, and other departments/divisions focused on women's health issues, as well as relevant FOCUS Lunchtime Seminars.

Contact: Marion Rossi (mrossi@obgyn.upenn.edu) to be placed on email list for notification of OBGYN grand rounds.

To obtain credit, please email Ellen Martinak (martinak@mail.med.upenn.edu) with date, title and location of seminar.

3) Elective in Women's Health

1 month – Choose one of the following 3 options:

Contact: Roz Levit (rlevit@obgyn.upenn.edu) or contacts below to make arrangements to participate in an elective.

Requirement: Completion of Obstetrics & Gynecology clerkship.

A. Penn Health for Women at Radnor

Coordinators: Dr. Ann Honebrink, Director of Penn Health for Women, and Dr. Allison Oler, internist

Description: Penn Health for Women is an interdisciplinary program dedicated to providing the highest quality health care to women of all ages. Comprehensive services are provided in one convenient location by a team of gynecologists, obstetricians, internists, pediatric & adolescent gynecologist, urogynecologist, reproductive endocrinologists, breast surgeon, psychologists, and nutritionist. Special programs including yoga, Pilates, weight control & sleep disorders. Close collaborative relationship with other available services on site such as radiology, dermatology, cardiology and GI.

Objective: To expose the student to multi-disciplinary, collaborative approaches to primary health care for women. Students will have an opportunity to participate in patient care with different team members as well as meet with the Director of Operations and Patient Services and the practice manager to gain an appreciation of management issues.

Goals:

To understand the benefits of a multi-disciplinary approach to Women's Health care

To understand the components of appropriate preventive care for women

To appreciate the administrative challenges and benefits of operating a multi-disciplinary ambulatory program

Availability: All months except July, August and October.

Please contact: *Ann Honebrink MD* to arrange rotation time. (610-902-2500, honebria@pahosp.com)

B. Women's and Children's Health Services at Pennsylvania Hospital

Coordinator: Dr. Jack Ludmir, Chair of ObGyn at Pennsylvania Hospital

Description: Women's and Children's Health Services (WCHS) is a not-for profit organization located on the Pennsylvania Hospital campus dedicated to providing health care services to women of all ages from our community and surrounding areas. Most of our patients are underserved and enjoy coming to WCHS because of our reputation for excellence in a caring environment. Health services include: family planning, prenatal care, colposcopy and adolescent gynecology. The care is provided by a team of physicians, nurses, social workers, and nutritionists. Recently, WCHS has been working together with "Puentes de Salud." This is a voluntary organization of Penn medical students, nurses and physicians, providing routine gynecologic care and prenatal care to the growing community of Mexican immigrants in South Philadelphia who are otherwise unable to get access to health care.

Objective: To familiarize the student to gynecologic and obstetric issues faced by women from underserved and diverse populations. The student will have the opportunity to be an active participant in the care of these women, and have exposure to the challenges and dilemmas in providing health care to them.

Availability: Jack Ludmir, MD and Ms. Levit will work with you to arrange a four week flexible rotation.

Please contact: *Jack Ludmir, MD* (215-829-3934 jaludm@uphs.upenn.edu)

C. Family Planning

Coordinators: Drs. Cori Schreiber and Steve Sondheimer, Director of Family Planning

Description: Penn Family Planning and Pregnancy Loss Center provide a full range of contraceptive choices, option counseling, as well as medications and surgical abortion care.

Objectives: To expose students to family planning service in the Title X Family Planning Program and abortion services in the Family Planning and Pregnancy Loss Program. Students will participate in patient care, as well as meet with counselors, lawyers, and others involved in the provision of abortion service in Philadelphia.

Goals:

To understand each of the contraceptive choices available, including benefits, efficacy, counseling issues, and contraindications.

To understand options counseling and its components.

To understand the components of the Pennsylvania Abortion Control Act.

To learn about abortion services in Pennsylvania and Philadelphia.

To understand the components of medications and surgical abortion.

Availability: Dr. Schreiber or Dr. Sondheimer with work with you and Ms. Levit to arrange a four-week flexible rotation.

Please contact: *Steve Sondheimer, MD* (215-662-3120 ssondheimer@obgyn.upenn.edu)

4) Women's Health Scholarly Pursuit Project

3 months minimum, The *FOCUS Medical Student Fellowship in Women's Health* can be used to fulfill this requirement. (see: www.med.upenn.edu/focus/StudentFellowships.shtml)

Contact: Kurt Barnhart MD (kbarnhart@obgyn.upenn.edu) for more information about research opportunities in Department of Obstetrics & Gynecology.

Contact: Patricia Scott (pscott3@mail.med.upenn.edu) for more information about the FOCUS Fellowship.

A list of faculty with women's health-related projects and with prior interest in mentoring students is available on-line (note: this is for reference only and is not necessarily current).

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