Name:	Date:

## Quality of Life Enjoyment and Satisfaction Questionnaire – Short Form (Q-LES-Q-SF)

Taking everything into consideration, during the past week how satisfied have you been with your......

	Very Poor	Poor	Fair	Good	Very Good
physical health?	1	2	3	4	5
mood?	1	2	3	4	5
work?	1	2	3	4	5
household activities?	1	2	3	4	5
social relationships?	1	2	3	4	5
family relationships?	1	2	3	4	5
leisure time activities?	1	2	3	4	5
ability to function in daily life?	1	2	3	4	5
sexual drive, interest and/or performance?*	1	2	3	4	5
economic status?	1	2	3	4	5
living/housing situation?*	1	2	3	4	5
ability to get around physically without feeling dizzy or unsteady or falling?*	1	2	3	4	5
your vision in terms of ability to do work or hobbies?*	1	2	3	4	5
overall sense of well being?	1	2	3	4	5
medication? (If not taking any, check hereand leave item blank.)	1	2	3	4	5
How would you rate your overall life satisfaction and contentment during the past week?	1	2	3	4	5

<sup>\*</sup>If satisfaction is very poor, poor or fair on these items, please UNDERLINE the factor(s) associated with a lack of satisfaction.