**Individual Development Plan for Rising 2nd year MD-PhDs questions**

1. **What do you view as your most significant accomplishments and challenges during MS1?**
2. **If you did an independent study, how did it go – accomplishments, challenges, reflections? (Please include name of indep study mentor).**
3. **If you did an alternate activities (eg Anthro reading group or grad course), what was that activity and how did it go – accomplishments, challenges, reflections?**
4. **Provide a brief description of your summer research project – a couple of sentences and the name of the mentor(s)**
5. **How did your summer research go - accomplishments, challenges, reflections?**
6. **If you also did a pre-MS1 summer rotation, please provide a brief description of that and your reflections here, too.**
7. **What are some of your goals for this coming year? What challenges do you anticipate and what are some of your thoughts on meeting them?**
8. **What are some of your strategies for handling stress? What are some of the things you enjoy doing outside of academics?**
9. **Please provide keywords reflecting your current research interests:**
10. **What are your clinical interests, currently – eg based on whatever exposure and info you’ve had so far, which fields would be of greatest interest to you for residency?**