PennPeers

virtual | relatable | productive | confidential

a peer-based support collaborative for all Penn Medicine faculty and physicians

PennPeers is an innovative pilot program that provides confidential peer support for Penn Medicine faculty and physicians. PennPeers volunteers are Master Clinicians trained in providing peer support rooted in authenticity, empathy, and evidence-based principles. PennPeers will normalize and bear witness to your stressors, drawing from their lived experiences and experiential knowledge.

a pathway to support for common stressors

Patient Care	Academic Responsibility	Work/Life Balance
Task Overload	Promotion	Boundary-Setting
Sentinel Event Debriefing	Career Trajectory	Stress Management
Named in Malpractice Suit	Community Engagement	Conflict with a Colleague
Stressful Patient Encounter	Appointment + Reappointment	Microaggressions at Work
Connecting with Patients	Research Brainstorming	Prioritizing Tasks + Goals
Charting/Paperwork	Teaching Practices	Time Management
Medical Error	Track Changes	Family Dynamics

easily accessible and on your terms

Virtual	Relatable	Productive	Confidential
1:1 Appointments	Nonjudgmental	Strategizing	Committed to Confidentiality
30 Minutes	Empathetic	Brainstorming	Highest Level of Integrity
BlueJeans	Human-Centered	Resources	HIPAA-Compliant

let's get connected

pennpeers@pennmedicine.upenn.edu | www.penncobalt.com | scan the QR code below

COBALT | PennPeers
Penn Medicine Center for Healthcare Innovation
University of Pennsylvania Health System
University of Pennsylvania Perelman School of Medicine