

# TROMBONE PLAYER WANTED – WELCOME

## Welcome to Trombone Player Wanted

**Have you ever experienced being at work and doing something where you really felt as if you were in the groove?** You know those activities that left you feeling energized, powerful and strong? It felt great didn't it?

**These are the activities that *strengthen* you.**

Also, you probably remember certain activities that bored you, or frustrated you, or drained you, or left you thinking "I hope I don't have to do that again for a long time."

**These are the activities that *weaken* you.**

Years of research have found that *only 17% of people within the workplace play to their Strengths most of the time.* For everyone's sake this number needs to be higher.

The Trombone Player Wanted Program is designed to guide you through the steps you need to take to increase the amount of time you spend doing activities that strengthen you, and either STOP doing, or better manage, those activities that weaken you. Why? Because, quite simply, your greatest contribution to your team, company, and customers will come when you are operating from a place of Strength.

## How does the Program Work?

The program is driven by a six step short-film series, the focus of which is Marcus Buckingham sharing key Strengths concepts and specific advice on how you can identify your Strengths in the workplace. Each film is approximately fifteen minutes in length, and very thought provoking. After each film, you will have the opportunity to discuss the content with your team and determine actions you will take to start shifting the way in which you work so that consistently you are spending more time this week playing to your Strengths than you did last week.



# TROMBONE PLAYER WANTED – EXPECTATIONS

## What to Expect:

### STEP 1 – Bust the Myths

- Bust the three widespread and destructive myths that can prevent you playing to your Strengths
- Understand the benefit to you/those around you when you play to your Strengths

### STEP 2 – Get Clear

- Know the most accurate definitions of a Strength and a Weakness
- Understand the four SIGNS of a Strength

### STEP 3 – FREE Your Strengths

- Clarify what it is about a specific activity that strengthens you
- Learn four strategies to maximize your Strengths at work
- Determine two actions you can take this week to allow you to leverage one of your Strengths

### STEP 4 – STOP Your Weaknesses

- Clarify what it is about a specific activity that weakens you
- Learn four strategies to minimize your Weaknesses at work
- Determine two actions you can take this week to allow you to minimize one of your Weaknesses

### STEP 5 – Speak up

- Identify the common obstacles to conducting “Strong Conversations”
- Talk about your Strengths and Weaknesses with your teammates and establish how you can leverage each other more effectively as a team to get things done

### STEP 6 – Build Strong Habits

- Discover the forces that can derail you from your “Strengths Path”
- Discuss different strategies to keep you/your team focused on Strengths