The page contains a form with sections for physician orders related to therapeutic hypothermia after cardiac arrest. The form includes:

- **Inclusion Criteria:**
  - Non-traumatic cardiac arrest
  - Cardiac arrest < 60 min. from collapse to return of spontaneous circulation
  - Unresponsive S/P arrest; no response to verbal commands

- **Exclusion Criteria:**
  - Comatose or vegetative state before arrest
  - DNR/DNI
  - Active bleeding
  - SBP < 90 for > 30 min. after ROSC despite use of vasopressors

- **Physician:**
  - Obtain 12 lead EKG to evaluate for Level One STEMI
  - Contacts:
    - Call MHI® at Abbott Northwestern – 612-863-3900.
    - Speak with the Cardiologist to determine whether patient is Cool It/Level One STEMI or Cool It only.
  - Call dispatch to activate the transport team

- **Nurse: Stabilization:**
  - Patient intubated with 2 large bore IVs in place; on Cardiac Monitor
  - Obtain core temperature and document here __________
  - Remove all clothing (gown only). Avoid sheets and blankets.
  - Apply ice packs to neck, axilla and groin
  - Attach hands-free defibrillation pads and obtain labs
  - Document cooling measures and record core temperature every 10 minutes
  - Place OG tube if able, sedate with Avitan and Versed.
  - Use paralytics as needed to prevent shivering.
  - Check ETT placement per hospital facility routine.
  - Check EKG every 10 minutes

- **Cool It/Level One STEMI Medication Protocol (arrival to CV Lab):**
  - Aspirin 300 mg rectally
  - Heparin loading does of 60 units/kg (max 4000 units IVP)
  - Heparin continuous infusion at 12 units/kg/hr (max 1000 units/hr)
  - Plavix 600 mg per OG tube, if placement verified per AXR. **Do not delay transfer to Abbott Northwestern.**
  - DO NOT GIVE THROMBOLYTICS TO COOL-IT PATIENT.
  - Check EKG every 10 minutes

- **Cool It without STEMI (arrival to ICU):**
  - Repeat 12 lead EKG every 15 minutes if Cool It without STEMI

- **Transfer Checklist:**
  - All copies of pre-hospital cardiac arrest rhythm strips
  - All EKGs
  - Lab results
  - Chest x-ray confirmation of ET tube verification
  - This form completed with timing of meds documented
  - Core temperature readings
  - Transferring Physician H&P

**IF PATIENT’S CONDITION CHANGES, CALL 612-863-3900 AND ASK FOR THE CARDIOLOGIST.**