

18th ANNUAL

Advances in Diagnosis and Treatment of Sleep Apnea and Snoring

**Grand Hyatt
on Union Square
San Francisco, CA**

**NEW UPDATED
PROGRAM!**

FRIDAY – SATURDAY (Presidents' Day Weekend)

February 17-18, 2012

COURSE DIRECTORS

ANDREW N. GOLDBERG, MD, MSCE

University of California, San Francisco

ERIC J. KEZIRIAN, MD, MPH

University of California, San Francisco

RICHARD J. SCHWAB, MD

University of Pennsylvania Medical Center



University of Pennsylvania Health System



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Advances in Diagnosis and Treatment of Sleep Apnea and Snoring

This course has been coordinated through the University of California, San Francisco Department of Otolaryngology-Head and Neck Surgery and the Penn Center for Sleep Disorders at the University of Pennsylvania. The program is designed to provide a comprehensive review and update on recent advances in sleep apnea and snoring. New approaches and controversies in the management of patients with sleep disordered breathing will be highlighted. Leaders in the field from Sleep Medicine, Otolaryngology-Head and Neck Surgery, Pulmonary and Critical Care Medicine, Oral and Maxillofacial Surgery, Psychiatry, Pediatrics, Bariatric Surgery, Neurology and Obesity Research will share their medical and surgical expertise in didactic sessions, case presentations and workshops. There will be ample opportunity for interaction with participating faculty. An electronic course syllabus, complete with program outline and up-to-date references, will be provided to each participant. Please bring your laptop if you would like to view the syllabus during the didactic sessions.

TARGET AUDIENCE

This continuing medical education program is intended for the physician in Sleep Medicine, Otolaryngology-Head and Neck Surgery, Pulmonary Medicine, Oral and Maxillofacial Surgery, Family Practice, Internal Medicine, Pediatrics, Cardiology, Neurology, Psychiatry, and Geriatrics. Dentists, sleep respiratory therapy technologists and nurses are also invited to attend this program.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Review and put into practice new developments in the pathogenesis, diagnosis, and management of patients with sleep disorders and sleep-disordered breathing;
- Assess and incorporate new, alternative, and established medical and surgical treatments for sleep apnea and snoring;
- Assess the medical and social consequences of sleep apnea and snoring;
- Evaluate new insights from upper airway imaging;
- Discuss the association between obesity and obstructive sleep apnea and the outcomes of medical and surgical treatment of obesity.



Grand Hyatt on
Union Square
San Francisco, CA

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **14.25 AMA PRA Category 1 Credit(s)**[™]. Optional Sessions are each worth **1.25 additional AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit*[™] issued by organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit*[™].

Physician Assistants: American Academy of Physician Assistants accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

18th ANNUAL

Advances in Diagnosis and Treatment

GRAND HYATT ON UNION SQUARE • SAN FRANCISCO, CALIFORNIA

FRIDAY, FEBRUARY 17, 2012

7:30 am	<i>Registration, Check-In & Continental Breakfast</i>	
8:00	Overview of Sleep Disorders Including Insomnia	Richard J. Schwab, MD
8:30	Pathophysiology and Clinical Presentation of Sleep Apnea	Allan I. Pack, MB, ChB, PhD
9:00	Cardiovascular Consequences of OSA	Atul Malhotra, MD
9:20	Outcome Measures in OSA	Andrew N. Goldberg, MD, MSCE
9:40	Update on Home Sleep Studies	Atul Malhotra, MD
10:00	<i>Break and Exhibit Viewing</i>	
10:30	The Obesity Epidemic and OSA	Gary D. Foster, PhD
11:00	Diagnosis and Management of Obesity-Hypoventilation Syndrome	David M. Claman, MD
11:20	How to Achieve Medical Weight Loss in 2012	Gary D. Foster, PhD
11:50	CPAP – The Treatment of Choice for Patients with OSA	Atul Malhotra, MD
12:10 pm	<i>Lunch (On Your Own) or Optional Break Out Sessions (\$30 each, includes lunch): Polysomnography and Medical Case Presentations</i> or Surgical Lab for Sleep Apnea Techniques* <i>*Not accredited for CME.</i>	
1:30	Sleep Apnea Around the World – Racial and Ethnic Factors	Christian Guilleminault, MD
2:00	Geriatric OSA – Should We Treat It?	Sonia Ancoli-Israel, PhD
2:20	Complementary and Alternative Treatments for Sleep Disorders	Ellen Hughes, MD, PhD
2:40	Cognition and OSA: Effects and Results of Treatment	Sonia Ancoli-Israel, PhD
3:00	Complex Sleep Apnea – Is It a Disease?	David M. Claman, MD
3:20	<i>Break and Exhibit Viewing</i>	
3:40	Oral Appliances and their Clinical Applications	Peter Cistulli, MD
4:10	The Nuts and Bolts of PAP (Including CPAP Tracking)	Richard J. Schwab, MD
4:40	Physical Examination and Identifying the Pattern of Obstruction in OSA	Eric J. Kezirian, MD, MPH
5:10	Insights into the Management of SDB Utilizing Upper Airway Imaging	Richard J. Schwab, MD
5:40	<i>Adjourn</i>	
5:40 pm	Wine and Chocolate Reception <i>Mingle with attendees and faculty at the scenic top of the Grand Hyatt while pairing local wine, chocolate and produce from the culinary center of California's Bay Area.</i>	



ment of Sleep Apnea and Snoring

SATURDAY, FEBRUARY 18, 2012

7:30 am	<i>Continental Breakfast</i>	
8:00	Sleep Year in Review 2012	Allan I. Pack, MB, ChB, PhD
8:30	Nasal Evaluation and Non-Surgical Nasal Therapy in SDB	Edward M. Weaver, MD, MPH
9:00	Airway and Airflow Characteristics in SDB	Nelson B. Powell, MD, DDS
9:30	Evaluation and Treatment of Snoring	Andrew N. Goldberg, MD, MSCE
10:00	<i>Break and Exhibit Viewing</i>	
10:30	Sleep-Disordered Breathing in Children and a Critical Review of T&A	Anna K. Meyer, MD, FAAP
11:00	Pediatric OSA Treatment: Beyond T&A	Kasey K. Li, MD, DDS
11:30	Bariatric Surgery and OSA	Jonathan Carter, MD
12:00 pm	Reimbursement for CPAP, OA, Surgery and PSGs	Marc I. Raphaelson, MD
12:30	<i>Lunch (On Your Own) or</i> <i>OPTIONAL BREAKOUT SESSIONS (\$30 each, includes lunch):</i> Management of a Fiscally Sound Sleep Lab and a Home Sleep Study Program or Surgical Case Presentations	
1:50	Perioperative Management in OSA	Andrew N. Goldberg, MD, MSCE
2:10	Surgical Treatment of Nasal Obstruction	P. Daniel Knott, MD
2:30	What is the Role of Soft Palate Surgery in OSA?	Edward M. Weaver, MD, MPH
3:00	Selecting Hypopharyngeal Surgery in OSA	Eric J. Kezirian, MD, MPH
3:30	<i>Break and Exhibit Viewing</i>	
3:50	Novel Options for Treating OSA	Eric J. Kezirian, MD, MPH
4:20	Treating OSA in 2012 and Beyond	Edward M. Weaver, MD, MPH
5:00 pm	<i>Adjourn/Evaluations/Attendance Verification Records</i>	

GENERAL INFORMATION

REGISTRATION INFORMATION

Tuition: **\$725** Physicians
\$600 Nurses/Allied Health Professionals/
Fellows

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the cable cars and shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The newly redesigned and renovated **Grand Hyatt** is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$225/night**. You are urged to make your reservations early. The cut off date is **January 25, 2012**, or until the group room block is filled. After this date, rooms will be

CONFERENCE LOCATION (CONT'D)

provided on a space-available basis only.

To make hotel reservations online, visit <https://resweb.passkey.com/go/ASPS2011>.

If you prefer to telephone in your reservation, call 1-888-421-1442. Please identify yourself as a member of this UCSF conference to receive the special rate. *By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.*

REFUND POLICY

Cancellations received in writing by February 10th will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 8:30-5:30pm PST or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published fares, ticketed passengers may take advantage of the after-hours emergency service. There is a \$40 service fee. (Domestic - \$40 International-\$50) UCSF has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own: American (800) 433-1790 code: A222BC United (800) 521-4041 code: 510CF

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to convention number # 03BW0131 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

Upcoming CME Courses

UCSF Otolaryngology Update: 2011

November 10-12, 2011
San Francisco, California

19th Annual Advances in the Diagnosis and Treatment of Sleep Apnea and Snoring

February 15-17, 2013
Orlando, Florida

UCSF

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San Francisco
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For more information
or to register online
visit our website at
www.cme.ucsf.edu.
You may also reach
us by calling the
Office of Continuing
Medical Education
at (415) 476-4251
or emailing:
info@ocme.ucsf.edu.

COURSE DIRECTORS

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Professor
Pulmonary, Allergy and
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University of Pennsylvania
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COURSE FACULTY

(University of California,
San Francisco unless otherwise noted)

Sonia Ancoli-Israel, PhD

Professor of Psychiatry
University of California San Diego
School of Medicine;
Director of the Gillin Sleep and
Chronobiology Research Center;
Co-Director of the Laboratory for
Sleep and Chronobiology at the
UCSD GCRC;
Director of Education
UCSD Sleep Medicine Center
San Diego, CA

COURSE FACULTY (CONT.)

Jonathan Carter, MD

Assistant Professor of Surgery
Division of General Surgery
Bariatric Surgery, Gastrointestinal
Surgery & Surgical Hospitalist
Programs

Peter Cistulli, MD

Professor of Respiratory Medicine
University of Sydney
Royal North Shore Hospital,
and Woolcock Institute of Medical
Research, Sydney, Australia

David M. Claman, MD

Clinical Professor and Director
Sleep Disorders Center
Department of Medicine

Gary D. Foster, PhD

Director, Center for Obesity
Research and Education Professor,
Medicine and Public Health,
Temple University, Philadelphia, PA

Christian Guilleminault, MD

Associate Director, Sleep Disorders
Clinic and Research Center
Professor, Sleep Medicine Division
Stanford University School of
Medicine, Stanford, CA

Ellen Hughes, MD, PhD

Clinical Professor of Medicine
Division of General Internal
Medicine, UCSF; Osher Foundation
Endowed Chair in Education in
Integrative Medicine; Former
Director of Education; Osher Center
for Integrative Medicine

P. Daniel Knott, MD

Associate Professor and Director,
Division of Facial Plastic and
Reconstructive Surgery

COURSE FACULTY (CONT.)

Kasey K. Li, MD, DDS

Associate Professor
of Sleep Medicine
Department of Psychiatry
Stanford University School of
Medicine, Stanford, CA

Atul Malhotra, MD

Associate Professor of Medicine
Harvard Medical School;
Medical Director, Brigham and
Women's Hospital Sleep Disorders
Program; Clinical Chief, Division of
Sleep Medicine, Brigham and
Women's Hospital, Boston, MA

Anna K. Meyer, MD, FAAP

Assistant Professor, Division of
Pediatric Otolaryngology-Head
and Neck Surgery

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Professor and Chief
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Center for Sleep and Respiratory
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Medical Director
SleepMed, Metro Washington DC

Edward M. Weaver, MD, MPH

Associate Professor of
Otolaryngology, Surgical Program
Director of Sleep Disorders Center
University of Washington and
Harborview Medical Center
Seattle, WA

faculty

18TH ANNUAL ADVANCES IN SLEEP APNEA AND SNORING

MOT12003

February 17-18, 2012

Grand Hyatt on Union Square • San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Mr. Mrs. Ms.

Last Name _____ First _____ M.I. _____

Degree _____ Specialty _____

Address _____

City _____ State _____ Zip _____


Daytime Phone _____ Fax _____

Email _____

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____/____/XX
Month Day

 Please indicate if you have any special needs:

REGISTRATION FEES

Physicians _____ \$725

Nurses/Allied Health Professionals/Residents/Fellows _____ \$600

WINE RECEPTION - TICKETS

Attendee Ticket to Reception _____ Complimentary
(This ticket request confirms your attendance at the Wine Reception)

Additional Adult Ticket to Reception _____ \$20 each

Child Ticket to Reception _____ \$10 each

OPTIONAL BREAKOUT SESSIONS - INCLUDES LUNCH

Please Choose: Polysomnography and Medical Case Presentations **OR** _____ \$30 Friday

Surgical Lab for Sleep Apnea Techniques*

* No CME Credit is Available for the Surgical Lab.

Lab is limited to 40 participants.

Please Choose: Management of a Fiscally Sound Sleep Lab and a _____ \$30 Saturday

Home Sleep Study Program OR

Surgical Case Presentations

(Please include: Main Registration Fee, Additional Wine Reception Tickets, _____ **TOTAL DUE**
Optional Friday Breakout Sessions and Optional Saturday Breakout Sessions, as applicable)

Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard AmEx for \$ _____

Card # _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing by one week before the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

Grand Hyatt On Union Square

345 Stockton Street
San Francisco, California, USA 94108
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888-421-1442
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