

WHAT IS IN MY CIGARETTES?

Cigarettes contain over **4,000** ingredients other than tobacco and cigarette smoke contains **69** carcinogens. In addition to common additives such as yeast, wine, caffeine, beeswax and chocolate, cigarettes contain various ingredients with other common uses:

Acetic Acid: vinegar

Acetone: nail polish remover

Ammonia: cleaning agent

Arsenic: poison, used as an insecticide

Butane: lighter fluid

Cadmium: found in batteries

DDT: insecticide outlawed by the US Government in the 1970's because of human teratogenic (birth defect) properties

Ethanol: alcohol

Formaldehyde: substance used to preserve body tissue; a known carcinogen

Hexamine: barbecue lighter

Hydrogen cyanide: gas chamber poison

Methanol: rocket fuel

Naphthalene: moth balls

Nitrobenzene: gasoline additive

Toluene: an industrial solvent

Vinyl chloride: plastic piping

(Arizona Smoker's Helpline www.ashline.org/ASH/cigsmoke/index.html)

