

## About Parkinson's Disease

Parkinson's Disease affects 1.5 million people in the US and, according to the National Institutes of Health, about 50,000 new cases are reported annually. It is a chronic neurodegenerative illness with variable progression. Many features of the illness can cause increasing disability over time.

## About the Walk

Held every April during National Parkinson's Disease Awareness Month in Philadelphia's beautiful Fairmount Park, our walk has raised almost \$1 million in the last 9 years to support our core programs. We started with fewer than 300 participants in 2001. Today, the walk is our largest gathering of supporters, volunteers, families, teams and caregivers.

Please join us for a 5-mile walk beginning at Lloyd Hall on Kelly Drive. We will continue toward the St. Joe's boathouse turnaround point and return to Lloyd Hall for celebration activities inside the gymnasium.

This year, our walk celebrates 10 years to raise money for PD research and patient care programs, as well as educating and improving the quality of life for people with Parkinson's Disease and their families in the Delaware Valley region.

## About The Parkinson Council

[www.theparkinsoncouncil.org](http://www.theparkinsoncouncil.org)

As the Delaware Valley chapter of the National Parkinson Foundation (NPF), The Parkinson Council is dedicated to promoting research initiatives to find the causes and cure for Parkinson's Disease, educating patients, their caregivers, healthcare professionals and the general public about Parkinson's and improving the quality of life for patients and their families.

PHILADELPHIA  
PARKS &  
RECREATION

B101 Wawa

Holy Redeemer  
HEALTHCARE. HOME CARE. LIFE CARE.

Medtronic

CLIF  
BAR

NPF NATIONAL PARKINSON FOUNDATION  
*Improving care, Improving lives*

The Parkinson Council  
111 Presidential Blvd.  
Suite 250  
Bala Cynwyd, PA 19004



Walk to **make  
a difference** in the  
lives of people living  
with Parkinson's

Join us on  
**Saturday, April 16, 2011**

Lloyd Hall  
1 Kelly Drive  
Philadelphia, PA 19130

[theparkinsoncouncil.org](http://theparkinsoncouncil.org)

Nonprofit Org.  
U.S. Postage PAID  
Upper Darby, PA  
Permit No. 689



## Where the Money Goes

- Movement and wellness classes to improve the quality of life for people with Parkinson's.
- Patient care and management services.
- Resource referral services.
- Annual symposium to educate PD patients, caregivers on latest research and techniques for coping with PD.
- Training and research at Jefferson's Farber Institute, University of Pennsylvania's Parkinson's Disease Disorder Center and Center for Neurodegenerative Disease Research Drug Discovery Program.
- Equipment to help Parkinson's patients with financial hardships stay mobile and engaged.



## A Family-friendly and Pet-friendly Event! Register Now!

The Parkinson's Council encourages you to "go green!" **Please register online at [www.walk.theparkinsoncouncil.org](http://www.walk.theparkinsoncouncil.org)** to create your team page and send emails to supporters on your progress.

Once you're registered, you'll have your own walk page to personalize and share via Facebook and Twitter. In addition, by asking your supporters to donate to your efforts online, you and your team will receive immediate credit!

For tips and tricks for recruiting walkers and raising funds, please visit our walk site or call us at 610.668.4292. All registrants get a Stamp Out Parkinson's t-shirt!

Questions? Please visit our FAQ link online.



## Celebrate 10 Years!

To celebrate our efforts, we are throwing a post-walk party! Join us for food, music and fun in the Lloyd Hall Recreation room.



## Donation Form

*(People supporting your efforts, but not walking)*

\_\_\_\_\_  
Name Donation amount

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Email or mailing address

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Email or mailing address



Or enter donations at [www.walk.theparkinsoncouncil.org](http://www.walk.theparkinsoncouncil.org).



## Walker Registration Form

Please complete one form per walker\* or **register online at [www.walk.theparkinsoncouncil.org](http://www.walk.theparkinsoncouncil.org)**. There is a registration fee of \$25 per walker.

\_\_\_\_\_  
Name (please print!)

\_\_\_\_\_  
Address

\_\_\_\_\_  
Email

\_\_\_\_\_  
Phone

**\*Waiver:** As a participant in Stamp Out Parkinson's, I agree to release all claims or demands against The Parkinson Council, sponsors or any personnel for any injury I might suffer in this event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event.

\_\_\_\_\_  
Signature (parent signs if under 18)



## Payment

If registering more than one walker, attach separate registration forms and group all fees into one payment. **No cash will be accepted.**

- Enclosed is a check for the \$25 registration fee
- Please charge my Visa / MC (circle one)

\_\_\_\_\_  
Card number

\_\_\_\_\_  
Expiration date

\_\_\_\_\_  
Security code

\_\_\_\_\_  
Name (as it appears on the card)

- I am unable to participate but please accept my donation in the amount of \$ \_\_\_\_\_
- In support of     In honor of     In memory of

\_\_\_\_\_  
Individual name or team name