The Division of Gastroenterology/Department of Medicine and the IBD Center at the University of Pennsylvania Present

The Seventh PENN INFLAMMATORY BOWEL DISEASE SYMPOSIUM
Update and Future Directions

A CME-CERTIFIED COURSE

Friday and Saturday March 18-19, 2011
Crowne Plaza Philadelphia Downtown
1800 Market Street
Philadelphia, PA 19103

www.med.upenn.edu/gastro

In Conjunction with PENN Digestive & Liver Services University of Pennsylvania Health System and

CROHN'S & COLITIS FOUNDATION OF AMERICA
The 7th Penn Inflammatory Bowel Disease Symposium will highlight the advances in the diagnosis and treatment of IBD. The program will include lectures by nationally and internationally recognized experts, followed by interactive debates and panel discussions. A wide array of topics will be discussed including the pathophysiology of IBD, pharmacologic therapies and surgical interventions. Participants will receive a comprehensive overview of the latest available research and clinical information on evaluation and management of patients with IBD.

This activity has been designed for gastroenterologists, gastrointestinal surgeons, GI fellows and residents, physician assistants, clinical nurse specialists, radiologists, pathologists, nutritionists and other health care professionals.

Learning Objectives
At the conclusion of this activity, participants should be able to:

- Describe the physiologic and immunologic mechanisms that contribute to IBD
- Assess the benefits and risks of currently available therapies for IBD
- Discuss the potential role for surgery and novel therapies in the treatment of IBD
- Identify and review methods to reduce the risk of complications of IBD

Hosting Department
The 7th Penn Inflammatory Bowel Disease Symposium is hosted by the Division of Gastroenterology, Department of Medicine and the IBD Center at the University of Pennsylvania.

Accreditation
Physicians: The University of Pennsylvania School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nurses: The University of Pennsylvania School of Medicine, Office of Human Research is an approved provider of continuing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Designation of Credit
Physicians: The University of Pennsylvania School of Medicine designates this educational activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: This continuing nursing education activity is approved for 12.5 credit hours.

AAPA: AAPA accepts certificates of participation for educational activities certified for Category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12.75 hours of Category 1 Credit for completing this program.
Disclosures
University of Pennsylvania School of Medicine, Office of Continuing Medical Education, adheres to the ACCME Standards for Commercial Support. Faculty disclosure information will be made available in the conference materials and syllabi. Faculty members are also expected to disclose to participants any discussions of off-label and/or investigational uses of pharmaceutical products within their presentations.

Registration Fees
The registration fees for the 7th Penn Inflammatory Bowel Disease Symposium are the following: $350 for physicians before February 18, 2011; thereafter, the fee will be $400; $175 for allied health professionals, residents, and fellows before February 18, 2011; thereafter, the fee will be $200; $250 for Penn Medicine physicians; $125 for Penn Medicine allied health professionals. A valid Penn Medicine ID is required to receive the special course rate.

The registration fee includes attendance to the symposium, a course syllabus, continental breakfasts and mid-morning breaks on both days. On Friday, a lunch and an afternoon break are also included.

Registration forms may be mailed or faxed to the Office of Continuing Medical Education. Please see the bottom of the registration form for contact information or you may register on-line at https://cme.med.upenn.edu/eventschedule.html. All registrations will be confirmed in writing if the registration form and fee are received by the Office of Continuing Medical Education by March 4, 2011.

Cancellation and Refund Policy
In order to process refunds for course withdrawals, cancellations must be received in writing by March 4, 2011 (subject to a service charge of 10% of the registration fee but not less than $15.00). No refunds will be issued after March 4, 2011.

The University reserves the right to cancel or postpone any course due to unforeseen circumstances. In the event of cancellation or postponement, the University will refund registration fees but is not responsible for related costs or expenses to participants, including cancellation fees assessed by hotels, airlines, and travel agencies.

Meeting Location
The 7th Penn Inflammatory Bowel Disease Symposium will be held Friday and Saturday, March 18-19, 2011, at the Crowne Plaza Philadelphia Downtown, 1800 Market Street, Philadelphia, Pennsylvania. Directions will be mailed to you with your registration confirmation letter.

A block of rooms has been reserved at the Crowne Plaza Philadelphia Downtown at a special group rate of $146 (single/double occupancy). Taxes are 15.2% per room, per night and are subject to change. The special rate is guaranteed until Friday, February 25, 2011 or until the block is sold-out. If you require an overnight room reservation, please call the Crowne Plaza Philadelphia Downtown directly at 215-561-7500 or 1-866-618-0410. Please reference “Penn IBD Symposium 2011” when making your reservation OR guests can log on to www.crowneplaza.com/philadelphia and use the group code KL1 to receive the group rate.
Course Directors

James D. Lewis, MD, MSCE
Professor of Medicine and Epidemiology
Associate Director, Center for Inflammatory Bowel Disease
University of Pennsylvania School of Medicine
University of Pennsylvania Medical Center – PMC
Philadelphia, Pennsylvania

Gary R. Lichtenstein, MD
Professor of Medicine
University of Pennsylvania School of Medicine
Director, Center for Inflammatory Bowel Disease
University of Pennsylvania Medical Center – HUP
Philadelphia, Pennsylvania

Gary D. Wu, MD
Professor of Medicine
University of Pennsylvania School of Medicine
University of Pennsylvania Medical Center – HUP
Philadelphia, Pennsylvania

Guest Faculty

Maria Abreu, MD
Professor of Medicine
Chief, Division of Gastroenterology
University of Miami
School of Medicine
Miami, Florida

Brian G. Feagan, MD
Professor of Medicine
Epidemiology and Biostatistics
University of Western Ontario
London Health Sciences Centre
London, Ontario

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University of Chicago Pritzker School of Medicine
Chief, Division of Gastroenterology
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Cleveland Clinic Foundation
Director, Center for Inflammatory Bowel Disease
The Cleveland Clinic
Cleveland, Ohio

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Minneapolis, Minnesota

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Professor of Medicine
Albany Medical College
Albany, New York
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Division of Gastroenterology and Hepatology
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School of Medicine
Chapel Hill, North Carolina

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Clinical Professor of Medicine
Mount Sinai School of Medicine
The Mount Sinai Hospital
New York, New York

Bruce Sands, MD
Professor of Medicine
Chief, Division of Gastroenterology
Mt. Sinai School of Medicine
New York, New York

Fernando Velayos, MD
Associate Professor of Medicine
University of California
San Francisco, California

The Following Faculty are from the University of Pennsylvania Health System, Philadelphia, PA.

Faten Aberra, MD
Assistant Professor of Medicine
University of Pennsylvania
School of Medicine

Robert N. Baldassano, MD
Professor of Pediatrics
University of Pennsylvania
School of Medicine
Director, Center for Pediatric Inflammatory Bowel Disease
Children’s Hospital of Philadelphia

Meenakshi Bewtra, MD, MPH
Instructor of Medicine
University of Pennsylvania
School of Medicine

Joshua Bleier, MD
Assistant Professor of Surgery
University of Pennsylvania
School of Medicine

Mark T. Osterman, MD
Assistant Professor of Medicine
University of Pennsylvania
School of Medicine
Friday, March 18

7:30 AM – 8:00 AM
Registration and Continental Breakfast

8:00 AM – 8:10 AM
Welcome
Gary Lichtenstein, MD

UPDATE ON ETIOLOGY OF IBD
Moderator: Gary Wu, MD
8:10 AM – 8:30 AM
Gut Microbiota
Gary Wu, MD

8:30 AM – 8:50 AM
Innate and Adaptive Immunity
Maria Abreu, MD

8:50 AM – 9:10 AM
Translating Bench to Bedside in IBD Care
Scott Plevy, MD

9:10 AM – 9:20 AM
Question & Answer Session

THERAPEUTIC OPTIONS – WHAT’S NEW PART 1
Moderator: James Lewis, MD, MSCE
9:20 AM – 9:40 AM
5-ASA – Formulation, Dose, and Frequency
Stephen Hanauer, MD

9:40 AM – 10:00 AM
Antibiotics and Probiotics
Faten Aberra, MD

10:00 AM – 10:20 AM
Nutritional Therapy
Robert Baldassano, MD

10:20 AM – 10:35 AM
Question & Answer Session

10:35 AM – 10:55 AM
Break

THERAPEUTIC OPTIONS – EVIDENCE FOR EFFICACY PART 2
Moderator: Gary Lichtenstein, MD
10:55 AM – 11:15 AM
Steroids – What is Their Current Role in the Treatment of IBD?
James Lewis, MD, MSCE

11:15 AM – 11:35 AM
AZA/6MP – How and When to Initiate Therapy?
Daniel H. Present, MD

11:35 AM – 11:55 AM
In Whom Should we be Using Methotrexate?
Brian G. Feagan, MD

11:55 AM – 12:25 PM
Update on Biologic Therapies
Gary Lichtenstein, MD

12:25 PM – 12:45 PM
Question & Answer Session

12:45 PM – 2:00 PM
Lunch

WHAT WE DO IN DAY-TO-DAY CARE
Moderator: Gary Wu, MD
2:00 PM – 2:20 PM
Vaccines – For Whom and When?
Richard MacDermott, MD

2:20 PM – 2:40 PM
What Should we be Routinely Monitoring During IBD Therapy?
James Lewis, MD

Services for the Disabled
If special arrangements are required for an individual with a disability to attend this meeting, please contact the Office of Continuing Medical Education no later than March 4, 2011 at 215-898-8005.
2:40 PM – 3:00 PM
Small Bowel Imaging in IBD
(MR, CT, Capsule Endoscopy)
Edward Loftus, MD

3:00 PM – 3:20 PM
Perianal and Fistulizing Crohn’s Disease: Medical Approach
Mark Osterman, MD

3:20 PM – 3:40 PM
Perianal and Fistulizing Crohn’s Disease: Surgical Approach
Joshua Bleier, MD

3:40 PM – 3:55 PM
Question & Answer Session

3:55 PM – 4:15 PM  Break

THERAPEUTIC STRATEGIES IN CROHN’S DISEASE
Moderator: Gary Lichtenstein, MD

4:15 PM – 4:35 PM
Early Aggressive Therapy: When is it Appropriate?
Maria Abreu, MD

4:35 PM – 4:55 PM
Crohn’s Disease: When Conventional Therapy Fails (Management of Loss of Response to Immunomodulators and Biologics)
Edward Loftus, MD

4:55 PM – 5:15 PM
Post-operative Chemoprevention
Stephen B. Hanauer, MD

5:15 PM – 5:30 PM
Question & Answer Session

5:30 PM  Adjourn

7:30 AM – 8:00 AM
Registration and Continental Breakfast

THERAPEUTIC STRATEGIES IN UC
Moderator: James Lewis, MD, MSCE

8:00 AM – 8:20 AM
Chemoprevention: Does it Work and in Whom?
Fernando Velayos, MD

8:20 AM – 8:40 AM
DEBATE: Targeted Biopsies (Chromoendoscopy) are the Best Approach for Surveillance in 2011
Bret A. Lashner, MD

8:40 AM – 9:00 AM
Random Biopsies (Conventional) are the Best Approach for Surveillance in 2011
Richard MacDermott, MD

9:00 AM – 9:20 AM
DEBATE: Colectomy Should be Recommended for Low Grade Dysplasia
Fernando Velayos, MD

9:20 AM – 9:40 AM
Continued Surveillance Should be Recommended for Low Grade Dysplasia
Mark T. Osterman, MD

9:40 AM – 10:00 AM
How to Manage Intermittent and Chronic Pouchitis
Bret A. Lashner, MD

10:00 AM – 10:15 AM
Question & Answer Session

10:15 AM – 10:30 AM  Break
THERAPEUTIC DILEMMAS

Moderator: Gary Lichtenstein, MD

10:30 AM – 10:50 AM
Ulcerative Colitis: When Conventional Therapy Fails (Management of Loss of Response to Immunomodulators and Biologics)
Bruce Sands, MD

10:50 AM – 11:10 AM
Can we Predict the Disease Course in Ulcerative Colitis and After Colectomy for UC?
Scott Plevy, MD

11:10 AM – 11:30 AM
Current Management of Severe and/or Refractory Ulcerative Colitis
Daniel H. Present, MD

11:30 AM – 11:50 AM
Question & Answer Session

11:50 AM – 12:10 PM
Lymphoma in IBD – Should This Affect Our Treatment Strategies?
Meenakshi Bewtra, MD, MPH

12:10 PM – 12:30 PM
Combination Therapy: When Should We Use it?
Brain G. Feagan, MD

12:30 PM – 12:50 PM
DEBATE:
Mucosal Healing in IBD: The Way to Go
Gary Lichtenstein, MD

12:50 PM – 1:10 PM
Mucosa Healing in IBD: Not Enough Data Yet
Bruce Sands, MD

1:10 PM – 1:20 PM
Question and Answer Session

1:20 PM – 1:30 PM
Concluding Remarks
Gary Lichtenstein, MD

1:30 PM
Adjourn
The Seventh
PENN INFLAMMATORY BOWEL
DISEASE SYMPOSIUM
Update and Future Directions

You may also register online at www.med.upenn.edu/cme
and click on CME Activities, then click Live Events

Please print or type

Name (First) (Last)

Academic Degree

Medical Specialty

Affiliation (Hospital, Office, or Company)

Address ( ☐ Affiliation or ☐ Home)

City State Zip

Phone Fax

E-mail

Registration Fee (pre-payment is required to be officially registered)

Registration received prior to February 18, 2011
☐ Practicing Physicians – $350
☐ Allied Health Professionals (nurses/non-physicians) – $175
☐ Residents and Fellows – $175

Registration received after February 18, 2011
☐ Practicing Physicians – $400
☐ Allied Health Professionals (nurses/non-physicians) – $200
☐ Residents and Fellows – $200

Penn Medicine Rates
☐ Penn Medicine Practicing Physicians – $250
☐ Penn Medicine Allied Health Professionals (nurses/non-physicians) – $125
☐ Residents and Fellows – $125

Penn Medicine ID # ______________________________________

Payment Method
Make check payable to The Trustees of the University of Pennsylvania/CME
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Mail or Fax Payments and Registration to:
Conference Coordinator, University of Pennsylvania School of Medicine
Office of Continuing Medical Education
333 Blockley Hall, 423 Guardian Drive, Philadelphia, PA 19104-6021
penncme@mail.med.upenn.edu

Please Note: Walk-in registrants must bring payment to the program.
Seating may be limited for walk-in registrants.

Friday and Saturday
March 18-19, 2011
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PENN INFLAMMATORY BOWEL
DISEASE SYMPOSIUM
Update and Future Directions
A CME-Certified Course
Friday and Saturday, March 18-19, 2011
Crowne Plaza Philadelphia Downtown
1800 Market Street
Philadelphia, PA 19103
215-561-7500
Penn Medicine, Pennsylvania 19104-6021
Continuing Medical Education