Module Two: When Pressure Persists: Prevention of Pressure Ulcers for Those at Risk

What Are the Learning Objectives?

This module has been designed to address the following learning objectives:

Direct Care Staff will be able to:
1. Identify the risk factors, or causes, that are associated with pressure ulcers.
2. Discuss the common reasons for pressure ulcers.
3. Discuss strategies to prevent these wounds.
4. Describe a team approach to pressure ulcer prevention and care.
5. Describe a pressure ulcer prevention program for a nursing home, including:
   • Education of residents, staff and residents’ families
   • Routine assessment of skin
   • Proper skin care
   • Prompt response to early signs of pressure ulcers
   • Frequent movement of residents
   • Use of pressure relieving measures and devices
   • Toileting schedule for incontinent residents
   • Staff observation and reporting of risks and signs of pressure ulcers