



The **Inclusion, Diversity, Equity, and Learner Experience Program in Medical Education (IDEAL MED)** at the Perelman School of Medicine supports the educational mission of PSOM by promoting an inclusive, welcoming, supportive and engaged in medical student community, while cultivating an equitable student experience. One of IDEAL MED's goals is to facilitate medical students' participation in community health and engagement.

IDEAL MED organizes meetings of the student leadership of many community outreach organizations, affectionately known as Clinicom, to foster collaboration and innovation, and share best practices.

More information can be found on this flyer and at www.med.upenn.edu/idealmed

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CLINICAL OUTREACH

COVENANT HOUSE A crisis center and residence for homeless and runaway teens/young adults that provides immediate crisis care as well as services that help residents prevent future homelessness

CUT HYPERTENSION Volunteers provide blood pressure readings and hypertension education for Philly Cuts barbershop patrons to increase awareness about hypertension, improve health literacy and encourage health-seeking behavior

HEART HEALTH BRIDGE TO CARE Provides longitudinal heart health primary care services to uninsured and underinsured West Philly patients with chronic cardiovascular disease, while also offering social work support to connect patients to insurance and permanent medical homes

CLINICAL OUTREACH

HOMELESS HEALTH INITIATIVE Provides clinical care and social support to children currently residing in one of three homeless shelters in West Philadelphia with a collaborative team of nurses, residents, attendings, social workers and medical student

PUENTES DE SALUD Works to ensure the wellness of the Latino immigrant population in South Philadelphia by offering medical care, education, and social services

REFUGEE WOMEN'S CLINIC Provides comprehensive, sensitive women's health care and education to refugee women who have resettled in Philadelphia

UNITED COMMUNITY CLINIC UCC is an interdisciplinary clinic (drawing from Penn's medical, nursing, social work, and dental schools) that aims to address the health needs, both medical and social, of the largely low-income and uninsured East Parkside community in West Philadelphia

UNITY HEALTH CLINIC Acts as the primary care source for a population of uninsured Indonesian immigrants of Chinese descent in South Philly, who follow up at Unity for all their healthcare needs.

UNIVERSITY CITY HOSPITALITY COALITION UCHC collaborates with social work, dental, law, and pharmacy students to serve the acute and chronic health care needs of a largely homeless population in West Philly

SEMINARS

ALIANZA CUBANA *Addresses the specific issues faced by healthcare delivery systems in resource-limited countries through a series of lectures on Cuba and its national health system and culminates in a week-long trip to Havana*

BRIDGING THE GAPS *A paid community immersion experience that takes place the summer after your first-year in which students are matched with community agencies based on interest and community need*

CORRECTIONAL HEALTH INITIATIVE *Advocates for health needs of the incarcerated and formerly incarcerated by educating health professionals and serving in the community*

MEDICAL SPANISH *An elective course focusing on medical terms and the grammar needed to interact with patients*

PHYSICIAN ADVOCACY & SOCIAL MEDICINE, PRACTICAL INTRODUCTION TO SOCIAL SERVICES IN MEDICINE *The PASM/PrISSM seminar series provides an engaging way to teach students about the social context in which all medical decisions are made, the persistent challenges to the provision of high-quality, equitable care and pathways through which physicians can influence policies impacting the healthcare system*

SEMINARIOS DE SALUD *This series, hosted by the Latino Medical Student Association, explores topics in Hispanic, immigrant, and minority health*

EDUCATIONAL OUTREACH

DANCE FOR HEALTH *Penn students, high school students, the Sayre Recreation Center, and community members collaborate to increase activity through dance, and improve physical activity among children and their families*

DAUGHTERS OF THE DIASPORA *Teaches self-esteem and reproductive health to adolescent young women throughout the African Diaspora and educates and empowers these young women to make appropriate decisions concerning their reproductive health.*

NOURISH-MANTUA *A six-week program for members of the Mantua community to engage in fitness activities and nutrition education to bolster a sustainable and healthy lifestyle*

SERVICE LINK *Connects low-income patients with basic resources, such as health insurance, food, housing, and heating assistance*

EDUCATIONAL PIPELINE PROGRAM *Encourages high school students from backgrounds underrepresented in medicine to aspire to medical science careers*

HEALTH SCIENCE EXPLORATION *An after-school program that increases student health knowledge and skills through an engaging, interactive curriculum designed to promote community health and address education-related disparities for low-income and underserved middle school students in West Philly*

SUMMER MENTORSHIP PROGRAM *Aims to further inspire first-generation and underrepresented students' interest in pursuing higher education and encourage the exploration of professional career paths in medicine*

FOR ADDITIONAL INFORMATION PLEASE VISIT :

www.med.upenn.edu/idealmed

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