

Understanding Wellness



Our Strategies to Promote Wellness

- Focus on Student Life
 - Enable a medical school experience of growth and professional maturation
 - Promote medical student wellness as a means of supporting and sustaining an inclusive medical student community
 - Foster self-care in our students
- Vertically integrated resilience curriculum
- Highly accessible teaching faculty and administrative leadership
- On-site Counseling and Professional Services @ Jordan Med Ed Center

