## **AUTISM NEEDS ASSESSMENT**

#### Please note that you must be at least 18 years of age to complete this survey

Thank you for agreeing to complete this survey. Since most respondents will be parents/guardians, we refer to the person with autism as "your child." The term autism is used to refer to all Autism Spectrum Disorders (ASD). Please complete this survey for your oldest child with autism. Mark only one answer choice per question unless otherwise specified.

1. P	lease identify yourself:	
	☐ Mother	☐ Foster parent
	☐ Father	□ Legal guardian
	Other (Please specify)	
2. \	Which of the following best describes your current marital status?	
	<ul> <li>Married to/Living with child's other parent</li> <li>Married to/Living with person other than child's parent</li> <li>Widowed</li> </ul>	<ul> <li>Never been married</li> <li>Separated/Divorced</li> </ul>
3. V	What is your race/ethnicity? (Check all that apply)	
	African American	Latino, Hispanic, or Chicano
	Asian/Pacific Islander	□ Native American
	Caucasian/European American	
	Other (Please specify)	
4. V	What is the race/ethnicity of your spouse or significant other? (Check	all that apply)
	African American	Latino, Hispanic, or Chicano
	☐ African American ☐ Asian/Pacific Islander	☐ Latino, Hispanic, or Chicano ☐ Native American
		-
	Asian/Pacific Islander	□ Native American □ N/A
5. V	☐ Asian/Pacific Islander ☐ Caucasian/European American	□ Native American □ N/A
	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li></ul>	□ Native American □ N/A
	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> <li>What is your zip code (e.g. 19104)?</li> </ul>	□ Native American □ N/A
	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li></ul>	□ Native American □ N/A
	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> <li>What is your zip code (e.g. 19104)?</li> <li>What is your zip code (e.g. 19104)?</li> <li>Which of the following is closest to your annual household income?</li> <li>Under \$20,000</li> </ul>	□ Native American □ N/A □ \$60,000-\$79,999
6. V	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> <li>What is your zip code (e.g. 19104)?</li> <li>What is your zip code (e.g. 19104)?</li> <li>Which of the following is closest to your annual household income?</li> <li>Under \$20,000</li> <li>\$20,000-\$39,999</li> </ul>	□ Native American □ N/A □ \$60,000-\$79,999 □ \$80,000-\$99,999
6. V	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> <li>What is your zip code (e.g. 19104)?</li> <li>What is your zip code (e.g. 19104)?</li> <li>Which of the following is closest to your annual household income?</li> <li>Under \$20,000</li> <li>\$20,000-\$39,999</li> <li>\$40,000-\$59,999</li> </ul>	□ Native American □ N/A □ \$60,000-\$79,999 □ \$80,000-\$99,999
6. V	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> </ul> What is your zip code (e.g. 19104)? What is your zip code (e.g. 19104)? Under \$20,000 \$20,000-\$39,999 \$40,000-\$59,999 What is your highest level of completed education? No high school Some high school	<ul> <li>□ Native American</li> <li>□ N/A</li> <li>□ \$60,000-\$79,999</li> <li>□ \$60,000-\$99,999</li> <li>□ \$80,000-\$99,999</li> <li>□ \$100,000 or above</li> <li>□ Some college</li> <li>□ College degree</li> </ul>
6. V	<ul> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> <li>Other (<i>Please specify</i>)</li> <li>What is your zip code (e.g. 19104)?</li> <li>What is your zip code (e.g. 19104)?</li> <li>Which of the following is closest to your annual household income?</li> <li>Under \$20,000</li> <li>\$20,000-\$39,999</li> <li>\$40,000-\$59,999</li> <li>What is your highest level of completed education?</li> <li>No high school</li> </ul>	<ul> <li>□ Native American</li> <li>□ N/A</li> <li>□ \$60,000-\$79,999</li> <li>□ \$60,000-\$79,999</li> <li>□ \$80,000-\$99,999</li> <li>□ \$100,000 or above</li> <li>□ Some college</li> </ul>

8. What is the sex of your child?

☐ Male □ Female	
9. How old is your child? years months	
10. Is your child adopted?	
□ Yes □ No	
11. What is his/her race/ethnicity? (Check all that apply)	
<ul> <li>African American</li> <li>Asian/Pacific Islander</li> <li>Caucasian/European American</li> </ul>	☐ Latino/Hispanic/Chicano ☐ Native American
Other (Please specify)	
12. How many siblings does he/she have?	
13. How many of those siblings have also been diagnosed with au	tism?
14. What is your child's primary diagnosis?	
<ul> <li>Asperger's Disorder</li> <li>Autistic Disorder/Autism</li> <li>Childhood Disintegrative Disorder</li> <li>Other (<i>Please specify</i>)</li> </ul>	<ul> <li>Pervasive Developmental Disorder (PDD/NOS)</li> <li>Rett Syndrome</li> </ul>
15. Does your child <b>currently</b> have any of the following diagnose	
<ul> <li>Anxiety Disorder</li> <li>Attention Deficit/Hyperactivity Disorder</li> <li>Bipolar Disorder</li> <li>Central Auditory Processing Disorder</li> <li>Conduct Disorder (CD)</li> <li>Depression</li> <li>Developmental Delays</li> </ul>	<ul> <li>Hearing Impairment</li> <li>Learning Disability</li> <li>Mental Retardation/ Intellectual Disability</li> <li>Obsessive Compulsive Disorder (OCD)</li> <li>Oppositional Defiant Disorder (ODD)</li> <li>Seizures/ Seizure Disorder/Epilepsy</li> <li>None</li> </ul>
Other (Please specify)	
16. Did your child receive any of the following diagnoses <b>prior</b> to ( <i>Check all that apply</i> )	o receiving his/her autism diagnosis?
<ul> <li>Anxiety Disorder</li> <li>Attention Deficit/Hyperactivity Disorder</li> <li>Bipolar Disorder</li> <li>Central Auditory Processing Disorder</li> <li>Conduct Disorder (CD)</li> </ul>	<ul> <li>Hearing Impairment</li> <li>Learning Disability</li> <li>Mental Retardation/ Intellectual Disability</li> <li>Obsessive Compulsive Disorder (OCD)</li> <li>Oppositional Defiant Disorder (ODD)</li> </ul>

- Oppositional Defiant Disorder (ODD)
   Seizures/ Seizure Disorder/Epilepsy

  - □ None

Other (*Please specify*)

Developmental Delays

□ Depression

17. How old was your child when you first became concerned about years months	his/her development?
18. What type of professional first diagnosed your child with autism	?
<ul> <li>Developmental Pediatrician</li> <li>Educational team (IEP or EI)</li> <li>Neurologist</li> <li>Primary Care Physician (Family doctor/Pediatrician)</li> </ul>	<ul> <li>Psychiatrist</li> <li>Psychologist</li> </ul>
Other ( <i>Please specify</i> )	
19. About how many miles did you travel for the initial autism diag	nosis (roundtrip)?
□ 0-20 miles □ 21-40 miles □ 41-60 miles	☐ 61-80 miles ☐ 81-100 miles ☐ More than 100 miles
20. How old was your child when he/she received this diagnosis?	years months
21. How many professionals (e.g. psychologist, developmental pedia received an autism diagnosis?	atrician) did you visit before your child
22. After receiving a diagnosis, what sort of follow-up and resources	s/services did you receive? (Check all that apply)
<ul> <li>Follow-up appointment</li> <li>Referral to a specialist for further assessment</li> <li>Referral to a specialist for treatment</li> <li>Referral to Early Intervention services</li> </ul>	<ul> <li>Referral to support groups</li> <li>Referral to websites, literature (e.g. handouts, information booklets)</li> <li>None</li> </ul>
Other (Please specify)	
23. How do you pay for your child's health care services? (Check a	ll that apply)
<ul><li>Private health insurance</li><li>Medicaid (Medical Access)</li></ul>	□ Out-of-pocket □ I don't know
Other (Please specify)	
24. In the past year, have you taken your child to the emergency roo	m for behavioral or psychiatric reasons?
☐ Yes On how many occasions?	□ No
25. In the past year, has your child been admitted to a hospital or ho psychiatric reasons?	spital-like setting for behavioral or
☐ Yes On how many occasions?	□ No

If you answered "No" to question 25, please SKIP to question 26

25a. What was/were the reason(s) your child was admitted to a hospital or hospital-like setting? (Check all that apply)

Anxiety
Defiant/Oppositional behaviors

- □ Running away from home/school
- Self-injurious behaviors
- □ Significant increase in obsessions

Other (Please specify)

25b-d. How satisfied or dissatisfied were you with the following aspects of your child's hospital stay?

	Very Satisfied	Satisfied	Dissatisfied	Very Dissatisfied
b. Discharge Planning				
c. Staff's Inclusion of Parent(s) in Treatment Planning				
d. Quality of Treatment				

25e. How was your child admitted?

☐ My child (under 14) was admitted by his/her parent(s)

□ My adolescent child (14 to 18) was admitted by his/her parent(s) and agreed to the admission

I My adolescent child (14 to 18) was admitted by his/her parent(s) but did not agree to the admission

☐ My adult child (18 or older) admitted him/herself (201, voluntary treatment)

☐ My adult child (18 or older) was admitted against his/her will (302, involuntary treatment)

## Please continue answering the questions

26. In the past year, has your child been placed in a residential facility?

□ Yes

 $\Box$  No, but currently on a waiting list

 $\Box$  No and not on a waiting list

## If your child has not been placed in a residential facility or is not currently on a waiting list, please SKIP to question 27

26a. About how many miles is this residential facility away from your home?

□ 0-20 miles □ 21-40 miles □ 41-60 miles

□ 61-80 miles
□ 81-100 miles
☐ More than 100 miles

### Please continue answering the questions

27. What is your child's current living situation?

$\Box$ With parent(s) in a family home
With other relative(s) in a family home
Residential facility

Group home	
$\Box$ Lives on own	with support
$\Box$ Lives on own	without support

28. How satisfied or dissatisfied are you with your child's current living arrangement?

□ Satisfied

□ Dissatisfied

□ Very Dissatisfied

29. Is your child receiving therapy or intervention for any of the following issues?

	Yes, and needs it	Yes, but does not need	No, but needs	No, and does not need it
a. Self-injurious behaviors				
b. Sleep Problems				
c. Anxiety				
d. Aggressive Behaviors				
e. Running Away				
f. Toileting				

30. In the last year, has your child been disciplined at school in any of the following ways? (Check all that apply)

Time-out/De-escalation room
 Sent out of classroom
 Detention
 In-school suspension

Expulsion	
None	
□ N/A (My child is not	t in school)

Other (*Please specify*)

□ Out-of-school suspension

31. Has your child's behavior resulted in any of the following interactions with the police? (Check all that apply)

Police called	Served time in jail
Police warning issued	Served time in a juvenile detention facility
Child adjudicated	□ None

Other (*Please specify*)

32. What long-term plans do you have for your child when you are no longer able to care for them? (Check all that apply)

<ul> <li>Arranged housing plans</li> <li>Set up financial trust</li> </ul>	<ul> <li>Designated power of attorney</li> <li>Currently developing plans</li> </ul>
Designated guardianship	$\Box$ None at this time
□ Other ( <i>Please specify</i> )	

33. In what ways (if any) has your child's autism affected your family's workforce participation? (Check all that apply)

	Me	My Partner
a. Stopped working outside the home		
b. Decreased work hours		
c. Increased work hours		
d. Changed employer		
e. Changed type of work		
f. Changed work schedule		
g. Changed position with same employer		
h. Used Family Medical Leave Act		
i. Lost promotion/advancement opportunities		
j. Terminated from employment		
k. Disciplined/Suspended		
l. None		
m. Other (Please specify)		

34. What is your child's highest level of completed education?

No high school
Some high school
High school graduate/GED
Vocational/Technical school

35. Is your child currently in school?

☐ Yes, four-year college

☐ Yes, two-year college

☐ Yes, vocational/technical school

 $\Box$  Yes, graduate school

 $\Box$  No, my child is not in school

Other (Please specify)

36. Is your child currently employed?

Part-time with support
 Part-time without support
 Full-time with support

Some college
College degree
Some graduate studies
Graduate degree

Full-time without support
 Seeking employment
 Unemployed

37. Is your child capable of the following activities?

Independently	With Help	Not Capable
	Independently         Independently <td< th=""><th>Independently       With Help         Image: Second sec</th></td<>	Independently       With Help         Image: Second sec

38. How strongly do you agree or disagree with the following statements?

"My child is receiving all the regular care he/she needs for..."

	Strongly Agree	Agree	Disagree	Strongly Disagree				
a. Primary Health Care								
b. Dental Services								
"The individuals providing these se	ervices are able to meet r	ny child's needs."	,					
	Strongly Agree	Agree	Disagree	Strongly Disagree				
c. Primary Health Care								
d. Dental Services								
39. What limitations do you face access	ing primary health care?	(Check all that ap	oply)					
☐ Transportation			ers in the area wo	on't see				
Scheduling issues		individ	uals with autism					
Child's behavior problems				Cost of services/My insurance does not cove				
☐ Shortage of service provider	$\square$ Shortage of service providers in the area							
$\Box$ No service providers in the a	$\Box$ No service providers in the area			□ None				
Other ( <i>Please specify</i> )								
Other ( <i>Please specify</i> )								
40. What limitations do you face access	sing dental services? (Cha	eck all that apply)						
☐ Transportation			ers in the area wo	on't see				
□ Scheduling issues		individ	individuals with autism					
Child's behavior problems		Cost of	services/My ins	urance does not cover				
Shortage of service provider	s in the area	availab	le services					
$\Box$ No service providers in the a	rea	□ None						
$\Box$ Other ( <i>Please specify</i> )								

Other (Please specify)

41. Please tell us about your child's specialty health and education service needs:

	My child is receiving	My child is receiving, but needs more	My child is receiving, but does not need	My child is not receiving, but needs	My child is not receiving
a. Mental Health Counseling					
b. Speech/Language Therapy					
c. Occupational Therapy					
d. Physical Therapy					
e. Social Skills Training					
f. One-to-one Support (e.g. TSS)					
g. Mobile Therapy					
h. Case Management					
i. Neurology Services					
j. Medication Management					
k. Summer Camp					
1. Summer School/ESY					
m. Sexual Health Education					
n. Transitional Planning					
o. Vocational Training					
p. Support Groups					
q. Career Counseling					
r. Academic Tutoring					
s. Drug and Alcohol Counseling					
t. Relationship Counseling					
u. Supported Employment					

42. How strongly do you agree or disagree with the following statement?

"The professionals providing this service have the necessary skills to work with my child."

	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
a. Mental Health Counseling					
b. Speech/Language Therapy					
c. Occupational Therapy					
d. <b>Physical Therapy</b>					
e. Social Skills Training					
f. One-to-one Support (e.g. TSS)					
g. Mobile Therapy					
h. Case Management					
i. Neurology Services					
j. Medication Management					
k. Summer Camp					
1. Summer School/ESY					
m. Sexual Health Education					
n. Transitional Planning					
o. Vocational Training					
p. Support Groups					
q. Career Counseling					
r. Academic Tutoring					
s. Drug and Alcohol Counseling					
t. Relationship Counseling					
u. Supported Employment					

43. How strongly do you agree or disagree with the following statement?

"This service is effective in meeting my child's needs."

	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
a. Mental Health Counseling					
b. Speech/Language Therapy					
c. Occupational Therapy					
d. Physical Therapy					
e. Social Skills Training					
f. One-to-one Support (e.g. TSS)					
g. <b>Mobile Therapy</b>					
h. Case Management					
i. Neurology Services					
j. Medication Management					
k. Summer Camp					
1. Summer School/ESY					
m. Sexual Health Education					
n. Transitional Planning					
o. Vocational Training					
p. Support Groups					
q. Career Counseling					
r. Academic Tutoring					
s. Drug and Alcohol Counseling					
t. Relationship Counseling					
u. Supported Employment					

44. What limitations do you face accessing the specialty health and education services mentioned? *(Check all that apply)* 

<ul> <li>Transportation</li> <li>Scheduling issues</li> <li>Child's behavior problems</li> <li>Shortage of service providers in the area</li> <li>No service providers in the area</li> </ul>	<ul> <li>Providers in the area won't see individuals with autism</li> <li>Cost of services/My insurance does not cover available services</li> <li>None</li> </ul>
Other (Please specify)	

Other (Please specify)

45. Please tell us about your family support service needs:

	My family is receiving	My family is receiving, but needs more	My family is receiving, but does not need	My family is not receiving, but needs	My family is not receiving
a. Respite Care					
b. Adult Daycare					
c. Family Counseling					
d. Sibling Support Groups					
e. Sibling Mental Health Counseling					
f. Parent Support Groups					
g. Parent Mental Health Counseling					

46. How strongly do you agree or disagree with the following statement?

"The professionals providing this service have the necessary skills to work with my family."

	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
a. Respite Care					
b. Adult Daycare					
c. Family Counseling					
d. Sibling Support Groups					
e. Sibling Mental Health Counseling					
f. Parent Support Groups					
g. Parent Mental Health Counseling					

47. How strongly do you agree or disagree with the following statement?

"This service is effective in meeting my family's needs."

	Strongly Agree	Agree	Disagree	Strongly Disagree	N/A
a. Respite Care					
b. Adult Daycare					
c. Family Counseling					
d. Sibling Support Groups					
e. Sibling Mental Health Counseling					
f. Parent Support Groups					
g. Parent Mental Health Counseling					

48. What limitations do you face accessing the family support services mentioned? (Check all that apply)

<ul> <li>Transportation</li> <li>Scheduling issues</li> <li>Shortage of service providers in the area</li> <li>No service providers in the area</li> </ul>	<ul> <li>Cost of services/My insurance does not cover available services</li> <li>None</li> </ul>
Other (Please specify)	
Other (Please specify)	

# 49. Are there any particular service providers or organizations you would recommend to other parents? (*Please fill out as much information as possible*)

Type of Service:	
Name of Provider:	
Organization:	
Address:	

Type of Service:	
Name of Provider:	
Organization:	
Address:	

Type of Service:	
Name of Provider:	
Organization:	
Address:	



Thank you for completing this needs assessment survey. Please send the completed survey in the self-addressed and stamped envelope.