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GENERAL ANNOUNCEMENTS

Office of the Ombuds – Information on Advanced Scheduling

We want to remind you of a new opportunity to meet with an embedded staff member from the Ombuds Office. They are scheduled to be on site on Mondays from 3:30-6 in CRB 205.

The Office of the Ombuds is a confidential, off the record resource for faculty, staff and students. Their purpose is to assist with the management of conflict, resolution of disputes, and problem solving in relation to obstacles to one's full and successful participation as a member of the Penn community. See the full flyer [here](#).

In order to maximize the opportunity to meet with the Ombuds Office while staff is on site at PSOM, individuals are encouraged to **schedule meetings in advance** by going [here](#). Drop-ins hoping to meet may find that a scheduled session is already in progress; advanced scheduling will ensure the availability of the Ombuds at a specific time.

Onsite CAPS Counselor for BGS Students – Resuming this Wednesday, Jan. 15

Tiffany Brown, PhD, psychologist at CAPS, will resume weekly, on-site meetings with BGS students on **Wednesdays from 3-7 PM in Smilow Conference Room 1-103** beginning **January 15, 2020**. Smilow 1-103 is located in the hallway south of Rubenstein Auditorium.

Dr. Brown's services are confidential. She will work with BGS students to provide initial consultation, support, brief counseling, and referral services.

In order to set up an appointment with Dr. Brown, you may call CAPS at 215-898-7021 or email her directly at nicobr@upenn.edu.

Regeneron Prize for Creative Innovation in Biomedicine

University Nomination Required

Campus Nomination Deadline: 10AM on February 3

Penn is invited to nominate two graduate students for the Regeneron Prize for Creative Innovation, which recognizes excellence in biomedicine, broadly defined. Each year, one graduate student and one postdoctoral fellow are selected to receive the prize, which includes a check for \$50,000 and a \$5,000 donation to their home institution to help support their seminar series. Semi-finalists and finalists receive \$5,000. To be considered for Penn nomination, applicants must submit the [Regeneron Application Form](#) and a [Recommendation Request Form](#) that will, upon completion and submission by the applicant, send a recommendation request to your Penn faculty advisor. Applicants should **not** submit the application directly to Regeneron. If you have questions, please contact Dr. Aaron Olson at CURF, aolson@upenn.edu.

HTRS Student Research Award Applications Now Open

Applications are now open for the **2020 HTRS Student Research Awards (SRA)**, an 8- to 10-week program for medical, PhD, MD/PhD, or PharmD students working on targeted research projects in hemostasis and thrombosis. Proposed projects may be lab-based, clinical or epidemiologic in design. The program includes a \$5,000 award stipend plus a \$2,000 travel allowance, collaboration with a research mentor, and a presentation at a 2021 professional meeting. Applications are now open. **The application deadline is March 2, 2020**. Up to three fellowships will be awarded. For more details, see the [Request for Applications](#).

To apply, please visit <https://htrs.smapply.org>.

UPCOMING EVENTS

Dr. Igor Astsaturov's Mari Lowe Seminar on January 16th

Igor Astsaturov, M.D., Ph.D.
Fox Chase Cancer Center
Mevalonate pathway and cancer plasticity
Thursday, January 16, 2020
4:00 p.m.
131 Hill Pavilion

See flyer [here!](#)

Institute for Regenerative Medicine Retreat 2020

Registration is now open for the Institute for Regenerative Medicine's annual retreat! Join them on **January 30, 2020 at the Franklin Institute** to hear from researchers across Penn and CHOP working on stem cell science, tissue engineering, and regenerative medicine. You will also hear about plans for the IRM's next 5 years and resources to help support your research and outreach efforts.

Trainees are invited to submit abstracts for a poster session and lightning talks. When [registering](#), indicate your interest and send an abstract to yaroshc@penmedicine.upenn.edu.

This year, the keynote speaker will be [Paul Frenette, MD](#), Director of the Ruth L. and David S. Gottesman Institute for Stem Cell and Regenerative Medicine Research at Albert Einstein Medical College. Dr. Frenette is an expert on hematopoietic stem cell (HSC) biology and the connections between HSCs and cancer and sickle cell disease.

Visit the [retreat website](#) for more information and to register.

Save the Date! PSOM/CHOP/Wistar Joint Cores Day

Thursday, September 24th, 2020

10am- 2pm

BRB II/III Lobby, Abramson Research Center Lobby, Outdoor Tent

Thanks to all who participated in last year's event!

The 2020 Joint Cores Day event is scheduled for Thursday, September 24th, from 10am-2pm.

More information to follow...mark your calendar!

THESIS DEFENSES

Jan. 17, 1 PM (Reunion Auditorium, JMB): **Blake Kimmey (NGG)**, “**The Role of Midbrain Chloride Ion Dysregulation in Escalated Alcohol Consumption.**” Contact [Christine Clay](#).

PROGRAM ANNOUNCEMENTS

CAMB

Jan. 17, 4:30 – 6 PM (BRB Lobby): **CAMB PhD Recruiting Reception**. Contact [Meagan Schofer](#).

NGG

ANNOUNCEMENT

- **New!** Check out this year's first PennNeuroKnow article - [How does sleep affect the blood-brain barrier?](#) by Sarah Reitz. The blood-brain barrier plays a critical role in protecting the brain. However, sleep loss can lower its defenses, increasing the vulnerability of the brain.
- **New!** We are accepting nominations for the *Student-Invited Speaker Series!* Take this opportunity to invite and host a MINS speaker of your own choosing. To nominate a speaker [fill out the Google form](#). To join the selection committee for speakers, contact Mike Iannacone (iannm@pennmedicine.upenn.edu).
- Use the new [GFAP form](#) when making purchases and asking for reimbursements.

EVENTS THIS WEEK

01/15 5:30 - 7:30pm (Barchi) - Brains in Brief writing workshop

01/17 1:30pm - 3pm (John Morgan Reunion Auditorium) - Blake Kimmey Thesis Defense

FUTURE EVENTS

01/21 5:30pm - 6:30pm (Barchi) - Data Eclipse (Theme: Dealing with Negative Data)

CAREER DEVELOPMENT

EVENTS THIS WEEK

Jan. 15, 12 – 1:30PM (JMEC 505EW): **Science in Politics Panel**. Register [here](#).

Jan. 16, 12 – 2 PM (Dental Library Collaborative/Electronic Classroom LL02A): **InterProfessional Student Advisory Gatherings (#IPSAG) – Welcome Back Lunch**. IPSAG is a drop-in networking event series that is open to all students interested in clinical and other health-related careers. Learn more and register at bit.ly/ipsag.

Jan. 16, 4:30 – 5:30 PM (Wood Room, John Morgan Building): **PGWISE Networking Workshop led by Dr. Joseph Barber**. Register [here](#).

FUTURE EVENTS

Jan. 21, 10AM – 12PM and 12:30 – 2PM (JMEC 516EW): **Science Communication Workshop 4: Scientific Writing**. Register [here](#).

Jan. 31, 11AM – 3PM (Houston Hall, 3417 Spruce Street): **Spring Career + Internship Fair 2020**. Participating industries include consulting, biotechnology, pharmaceuticals, and more! To see a list of registered employers online, please visit: https://upenn.joinhandshake.com/career_fairs/13047.

CALENDAR

[Career Development](#)

RESOURCES

[BGS Career Development Site](#)

[BGS Career Twitter](#)

[BGS Alumni & Current Students LinkedIn](#)

[Penn Career Services - Ph.D./Postdoc Careers Page](#)

[Handshake](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

STUDENT GROUPS & SOCIAL ANNOUNCEMENTS

Advertise your summer opportunities for high school students!

Dear BGS students,

I will be hosting a professional development day for Philly's high school biology teachers on **January 24 at 1 p.m.** These teachers are always interested to hear about summer enrichment opportunities for their students! If you know of a summer camp or lab work opportunity for high school students here at Penn, this would be a great opportunity to get the word out. Please contact me at hshoen@pennteam.upenn.edu with 1) the name of your summer opportunity, 2) a brief description, 3) the organization (student group or lab) hosting, and 4) whether you can come in

person to an on-campus meeting on January 24 at 1 p.m. to give a BRIEF (~3 minute) summary of the opportunity to visiting teachers.

Thank you!
Hannah

Call for Donations – Recycle Styrofoam Boxes for Cat Shelters!

As the winter approaches, many stray cats in West Philly (~400,000) are prone to suffering and even dying from hypothermia. BGS students have partnered with Project Meow to collect styrofoam boxes, to be recycled as winter shelters for Philadelphia's stray cat population. If you have a box in the lab, please email jscoku@gmail.com or lascnm2004@yahoo.com to arrange a timely pick up!

The box should fit about two big cats. Please see [flyer](#) for example.

EVENTS THIS WEEK

Jan. 14, 5:30 PM (Smilow 8-146): **BGSA General Assembly Meeting**. Dinner from Han Dynasty will be served!

Jan. 14, 5:30PM (Johnson Foundation Library - 2nd Flr. Anatomy/Chemistry): **Penn Science Policy & Diplomacy Group General Meeting**: Still wondering what you'll do for a career after grad school? Learn about science policy & diplomacy, and find out what you can do to get involved!

Jan. 15, 12 – 1:30PM (JMEC 505EW): **Science in Politics Panel**: In this panel discussion you'll hear from BGS alumni and current students about different avenues to get involved science policy. Please RSVP: <http://bit.ly/SciPolPanel> Lunch is provided.

Jan. 16, 4:30 – 5:30 PM (Wood Room, John Morgan Building): **PGWISE Networking Workshop**. PGWISE is hosting a networking workshop with Dr. Joseph Barber from Career Services. Learn how you can up your networking game and advance your career! Light refreshments will be provided. Register [here](#).

FUTURE EVENTS

Jan. 21, 10AM – 12PM and 12:30 – 2PM (JMEC 516EW): **Science Communication Workshop 4: Scientific Writing** - Communicating science is hard. Are you struggling to communicate your scientific goals in your prelim, grant proposal, or maybe your first paper? Join Dr. Judith Swan, renowned scientific writing expert in two related but distinct workshops on how to clarify your cause, and persuade your reader. Refreshments provided. **RSVP Required, space is limited:** <http://bit.ly/SciComm4>

Jan. 30, 6 PM (129 S. 30th St): **BGSA Happy Hour at The Post.** Come join us in celebrating the start of a new semester! See flyer [here](#).

RESOURCES

[Request a sponsored Membership to the New York Academy of Sciences](#)

[Slack for BGS Students](#)

[BGSA Website](#)

[Calendar of BGSA Events](#)

[Grad Center at Penn](#)

[Family Center at Penn](#)

[Book Penn Rooms](#)

[The Community Impact Fund](#)

[Penn Today Events](#)

[Ask Isaac: Your Personal IS Guru](#)

For information about upcoming events or to advertise in next week's bulletin, contact [Rebecca Lopez](#).