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## **GENERAL ANNOUNCEMENTS**

### **Reminder: ORCID Requirement – BGS Needs Your ORCID**

An ORCID provides you with a unique identifier that links all your research output (Publications, grants, professional activities), and it is becoming a requirement for manuscript and [grant submissions](#). By making your ORCID public, the graduate program (BGS) can easily track the successes of our students. That makes us better advocates for you to the University Administration, to Granting Agencies, and to our Communities. Learn more and access the form to submit your ORCID to BGS [here](#).

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**Onsite CAPS Counselor for BGS Students**

Reminder: BGS has arranged for a counselor from Counseling and Psychological Services (CAPS) to be available to meet on site with BGS students on **Wednesdays from 3-7 PM in Smilow Conference Room 1-103** (in the hallway south of Rubenstein Auditorium). **Tiffany Brown, PhD**, is a psychologist at CAPS who will provide confidential services every Wednesday. She will work with BGS students to provide initial consultation, support, brief counseling, and referral services.

In order to set up an appointment with Dr. Brown, you may call CAPS at 215-898-7021 or email her directly at [nicobr@upenn.edu](mailto:nicobr@upenn.edu).

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### **“Let's Talk” Weekly Drop-In Sessions (New CAPS Initiative)**

Let's Talk provides opportunities for students to engage in informal consultations with a CAPS clinician, Dr. Yacob Tekie, at different locations on campus, including the Graduate Student Center, ARCH, Greenfield Intercultural Center, the LGBT Center, and Van Pelt Library. This is a great way for students to gain insight, support, and to explore solutions and resources. For more information, [see the attached poster](#) or go to <https://www.vpul.upenn.edu/caps/letstalk>.

If you have questions, please email Yacob Tekie at [tekie@upenn.edu](mailto:tekie@upenn.edu).

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### **Weekly Wellness Walk with GAPSA, today at noon**

All students, faculty, and staff are invited to join this walk and talk with GAPSA. The theme is, **“Mental Health & Grad Students: The View from the Floor.”**

Speaker: Matt Lee, Penn Nursing PhD and GAPSA VP

Date: Monday, November 25, 2019

Location: Benjamin Franklin Statue, outside of College Hall

Time: 12:00 – 1:00 PM

Wellness Walks are organized by Penn Public Health and Penn Libraries. To learn more, visit [here](#).

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### **HTRS Student Research Award Applications Now Open**

Applications are now open for the **2020 HTRS Student Research Awards (SRA)**, an 8- to 10-week program for medical, PhD, MD/PhD, or PharmD students working on targeted research projects in hemostasis and thrombosis. Proposed projects may be lab-based, clinical or epidemiologic in design. The program includes a \$5,000 award stipend plus a \$2,000 travel allowance, collaboration with a research mentor, and a presentation at a 2021 professional meeting. Applications are now open. **The application deadline is March 2, 2020.** Up to three fellowships will be awarded. For more details,

see the [Request for Applications](#).  
To apply, please visit <https://htrs.smapply.org>.

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### STEM Summer 2020 Programs at Penn

The School of Arts and Sciences is gathering information for their annual flier of summer STEM opportunities for K-12 students. If you know of STEM programs at Penn for K-12 students during the summer, kindly fill out this [survey](#). If your program is listed below, you **do not need** to fill out the survey.

- TREES
- Canine Handler Academy
- Penn Summer Academies
- Penn Summer Prep
- ESAP
- Penn Summer Science Initiative
- Summer Mentorship Program
- Girls in Engineering, Math, and Science
- Management & Technology Summer Institute
- Penn LENS
- Wharton SMASH

If you know of other people who are running STEM programs in the summer, please forward this survey to them.

## UPCOMING EVENTS

### Neuroscience Public Lecture: OUCH! The Neuroscience of Pain

Penn Neuroscience graduate students are hosting a public lecture entitled "OUCH! The Neuroscience of Pain" which will feature three 15-minute TED style talks from Penn neuroscience faculty members Drs. Nicholas Betley, Gregory Corder, and Ishmail Adbus-Saboor.

**Date & Time: Wednesday, December 4th, 6:30pm (Check-in and demos begin at 6pm)**

**Location: Rubenstein Auditorium, Smilow Center for Translational Research Auditorium, 3400 Civic Center Blvd, Philadelphia, PA, 19104**

Check-in and fun neuroscience demonstrations will begin at 6pm, and a reception with snacks and refreshments will follow the talks so that the audience can interact with the scientists. Please see the attached flyer for more details.

**Please register for the event here:** <https://upennglia.com/publiclecture>.

See you there!

The Public Lecture Planning Committee  
University of Pennsylvania  
[phillyneurolecture@gmail.com](mailto:phillyneurolecture@gmail.com)

## THESIS DEFENSES

Nov. 25, 11 AM (Smilow 8-146): **Yunshu Fan (NGG)**, “**The Neural Computations in the Caudate Nucleus for Reward-Biased Perceptual Decision-Making.**” Contact [Christine Clay](#).

Nov. 25, 2:30 PM (Rubenstein Auditorium, Smilow): **Will Towler (CAMB)**, “**Regulation of bone and joint morphogenesis by ACVR1.**” Contact [Meagan Schofer](#).

## PROGRAM ANNOUNCEMENTS

### CAMB

- **Please note:** The CAMB Office will be closed 11/28/2019 and 11/29/2019.

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### NGG

#### ANNOUNCEMENT

- **New!** Check out this week's PennNeuroKnow article - [Sleeping with one eye open](#) by Carolyn Keating. Getting a good nights sleep isn't easy. But it's even trickier for marine mammals like dolphins and seals who have to regularly swim to the surface to breath. The solution? Sleeping with only half of the brain at a time.
- **New!** Check out the most recent Brains in Briefs [article!](#) How did you find your keys this morning? To learn more about how the brain helps us quickly identify what we're looking for, check out this summary of work from NGG alum Marino Pagan, written by our own Jeni Stiso.
- Use the new [GFAP form](#) when making purchases and asking for reimbursements.

#### EVENTS THIS WEEK

**11/25 11am - 1pm** (08-146 Smilow) - Yunshu Fan Defense

#### CALENDARS

[NGG and GLIA](#)

[MINS](#)

[BGSA](#)

# CAREER DEVELOPMENT

## Career Services - No Weekly Walk-Ins November 27<sup>th</sup>

Career Services will **not** be holding their usual Weekly Walk-In advising session this Wednesday, November 27<sup>th</sup>. Please note that **next Wednesday (December 4<sup>th</sup>) will be the last Walk-In session for the semester.** It will take place at the usual time and location (12-2 PM in Stemmler 105). Keep an eye out for details on their spring hours!

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## Pop Talks Competition on November 25<sup>th</sup>, Co-Sponsored by BGSA

Do you like free food from Hummus and Insomnia Cookies? Prizes that are worth over \$1,200? Then sign up for the Pop Talks Competition **Monday, November 25<sup>th</sup> from 6:30-8pm** in Berger Auditorium in Skirkanich Hall!

Competitors will give 60 second talks about their research without using any scientific jargon. All master's students, PhD students and postdocs in STEM are eligible to compete. A panel of faculty judges will select a winner from each category (chemistry, physics, biology, engineering) as well as an overall judge's choice winner. The audience will vote for the audience choice winner.

**Reserve your spot now, only 25 students can compete.**

Not competing? Have friends who want to watch you deliver your talk on the big stage? We encourage anyone who wants to spectate to come out and watch (free dinner for the audience as well)!

See you there!

Women in Chemistry, Professional Advancement Committee

*This event is co-sponsored by SASGov, BGSA, GSEG, and GAPSA IPF Funding.*

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## Regeneron Postdoctoral Program – Applications Open! Deadline is Dec 1, 2019

Please see the attached [flyer](#) for the Regeneron Postdoctoral Training Program. The deadline to apply is **December 1, 2019**. More details about the program and the link to apply are found at the website [www.regeneron.com/postdoctoral-training-program](http://www.regeneron.com/postdoctoral-training-program).

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## 2020 International Emory Global Health Case Competition – Apply by Dec 13, 2019

The PSOM Center for Global Health is forming a multidisciplinary team of 5-6 students who will travel to and participate in the [2020 International Emory Global Health Case Competition!](#)

This is a unique opportunity for students from multiple universities and disciplines to come together to learn about, develop, and recommend innovative solutions for a 21st century global health problem in competitive and collaborative environment. The trip is fully funded by Emory and the Center for Global Health, and winning teams receive generous prize packages up to \$6,000. See the full announcement from the Center for Global Health [here](#).

The competition will take place Friday, March 13 – Sunday, March 15, 2020. **If you are interested in applying to be a member of the Penn team, please send your CV & Statement of Interest (500 words max) to Andie Yost at [ayost@penncare.org](mailto:ayost@penncare.org) by December 13, 2019.**

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## 2020 Competition for the iBiology Young Scientist Seminars (YSS) – Apply by Dec 16, 2019

Applications are now open for the 2020 Competition for the iBiology Young Scientist Seminars (YSS)! This is a video series produced by iBiology that features early-career scientists giving talks about their research and discoveries. Applications must be received by **December 16, 2019 (11:59pm PT)** to be considered. [Learn more here](#).

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## EVENTS THIS WEEK

Nov. 25, 6:30 – 8 PM (Berger Auditorium, Skirkanish Hall): **Pop Talks Competition**. [Reserve your spot to compete](#); anyone can come out and watch. [See details here](#).

Nov. 26, 12 PM (Training Lab G3, Biomedical Library): **Introduction to BioCyc Workshop**. Come learn to work with BioCyc: a collection of Pathway Genome Databases (PGDBs) that provides information on genomes and metabolic pathways for thousands of organisms. This one hour workshop will provide an introduction to BioCyc and showcase the various features BioCyc supports. In addition, there will be an interactive demo that complements the overview on BioCyc. Register [HERE](#).

## CALENDAR

[Career Development](#)

## RESOURCES

[BGS Career Development Site](#)

[BGS Career Twitter](#)

[BGS Alumni & Current Students LinkedIn](#)

[Penn Career Services - Ph.D./Postdoc Careers Page](#)

[Handshake](#)

[Request a sponsored Membership to the New York Academy of Sciences](#)

# **STUDENT GROUPS & SOCIAL ANNOUNCEMENTS**

## **PSPDG Climate Change Simulation Event for Spring 2020**

We are Penn Science Policy and Diplomacy Group and this spring we'll be holding an interactive climate change policy simulation. Participants such as yourself will role-play as world leaders trying to negotiate a deal that works for everyone and saves the planet. This is a way to learn through experience what really stands between us as a species in 2019 and a sustainable future.

To make this event happen, we need your help!

Please fill out this [5 minute survey](#) and let us know what you want to learn about climate change.

Want to stay updated? Get on our [email list](#) for more details in the coming months.

More info about the World Climate policy simulation [here](#).

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## **November/December BGS Game Night Scheduling Poll**

As the holidays approach and schedules get thrown into disarray, let's try to fit one last game night into the year!

If you like playing board games, eating pizza, and drinking beer, fill out this [Doodle poll](#) with your availabilities!

Want to stay up to date with event planning and share your voice on pizza & beer selections? Join the [BGS Social Gaming mailing list](#)!

If you don't want to use your Google account, open the link in a private window and enter the e-mail you want to sign up with.

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## **Call for Donations – Recycle Styrofoam Boxes for Cat Shelters!**

As the winter approaches, many stray cats in West Philly (~400,000) are prone to suffering and even dying from hypothermia. BGS students have partnered with Project Meow to collect styrofoam boxes, to be recycled as winter shelters for Philadelphia's stray cat population. If you have a box in the lab, please email [jscoku@gmail.com](mailto:jscoku@gmail.com) or [lascnm2004@yahoo.com](mailto:lascnm2004@yahoo.com) to arrange a timely pick up!

The box should fit about two big cats. Please see [flyer](#) for example.

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## EVENTS THIS WEEK

Nov. 25, 6 PM (Barchi Library, John Morgan 140): **BG ♠ A Chess Club**. Ever wanted to learn how to play chess? Interested in showing off your rusty chess skills from a youth chess club? **BGchessA** is the solution! **BG ♠ A** is a group that was started last year to have very casual meetings to play/learn chess. All skills levels are encouraged. We have multiple chess sets and funding from BGSA for food and drinks at each monthly meeting. To stay up to date on future meetings, please fill out [this form](#).

Nov. 25, 6:30 – 8 PM (Berger Auditorium, Skirkanich Hall): **Pop Talks 2019**. Full announcement [here](#).

## FUTURE EVENTS

Dec. 2, 7 – 8 PM (103 Williams Hall): **Lambda Grads Joy Hour** - Make your own snowglobe with Lambda Grads! The LGBTQIA+ group for graduate students at UPenn is hosting a "First Monday" Joy Hour. They will provide DIY craft supplies, snacks, and non-alcoholic drinks. See flyer [here](#).

Dec. 3, 12 – 2 PM (BRB 14<sup>th</sup> Floor Lounge): **PSPDG Science Communication Workshop 3: Presentation Skills** – This 2-hour workshop will teach design principles backed by research on the psychology and neuroscience of multimedia learning. Lunch is provided, and [RSVP is required](#).

Dec. 3, 5:30 PM (BRB 252): **BGSA General Assembly Meeting**. See flyer [here](#).

Dec. 4, 12 – 1 PM (Class of '62 Auditorium, JMB): **SACNAS Women in Science Seminar – Dr. Montserrat Anguera**, Associate Professor at Penn Vet will talk about her personal experience leading to and having a career in academia. Everyone is welcome to attend! Lunch will be provided. Co-organized with BGSA. See flyer [here](#).

## RESOURCES

[Request a sponsored Membership to the New York Academy of Sciences](#)

[Slack for BGS Students](#)

[BGSA Website](#)

[Calendar of BGSA Events](#)

[Grad Center at Penn](#)

[Family Center at Penn](#)

[Book Penn Rooms](#)

[The Community Impact Fund](#)

[Penn Today Events](#)

[Ask Isaac: Your Personal IS Guru](#)

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For information about upcoming events or to advertise in next week's bulletin, contact [Rebecca Lopez](#).