

Center for Sleep & Circadian Neurobiology

The Penn Behavioral Sleep Medicine Program

A Personal Retrospective: Past Work on Sleep & Aging and the Possibilities for the Future

Tuesday, August 22nd 12-1pm (lunch provided)

3624 Market Street, Suite 201



Dr. Bliwise is Professor of Neurology at Emory University School of Medicine, in Atlanta, Georgia, where he also holds secondary appointments as Professor of Psychiatry and Behavioral Sciences and Professor of Nursing in the Hodgson School of Nursing. He received his Ph.D. in 1982 from the University of Chicago and from 1982-1992 he trained in the sleep program at Stanford University School of Medicine. In 1992 he moved to Emory, where he joined the faculty as Associate Professor in the Department of Neurology and became tenured Full Professor in 2001.

His general areas of research have been the description, elucidation of pathophysiology, and treatment of sleep disorders in aged humans, with a special focus on sleep in neurodegenerative conditions such as Alzheimer's disease, Lewy Body Dementia and Parkinson's disease, as well as understanding the role of sleep in geriatric syndromes, such as frailty, falls and nocturia. His research approaches have included observational, population-based studies, descriptive, laboratory-based research and randomized clinical trials, the latter involving behavioral, traditional pharmacologic, and alternative treatment modalities.

He has published over 250 research papers in peer-reviewed journals, 50 book chapters, 50 letters and editorials and over 280 abstracts. He has been Principal Investigator or Co-investigator on grants from a variety of United States National Institutes of Health Institutes including NINDS, NIA, NCCAM, NIMH, NIDDK, NINR and NIMHD, as well as the Alzheimer's Association.

Prior service commitments have included Deputy Editor of SLEEP and membership on over 100 Scientific Review Groups for grant applications from the National Institutes of Health, including 8 years of standing Study Section membership. He has served on the Emory University Institutional Review Board and has reviewed for 105 peer-reviewed journals. He presently serves on the Editorial Board of SLEEP, Sleep Medicine and Sleep Health. He is a Fellow of the American Academy of Sleep Medicine.



3rd Lecture of a K24 Supported Lecture Series
PI: Michael L. Perlis