

# Disclosure of Relevant Financial Relationships

## Regularly Scheduled Conferences (RSCs)

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**Name:** Michael Perlis PhD  
**Title of CE Activity:** Penn Behavioral Sleep Medicine Mini-Fellowship Program  
**Topic or Session Title:** Etiology and Pathophysiology of Insomnia  
**Date of Activity:** Occurs 1-12 x per year (8 hours on per day on Tuesdays)

**Please provide the following information (type or print clearly)**

Please review the entire form including the **Glossary of Terms** and the **Example Terminology** on the 3<sup>rd</sup> page before completing this form.

**A. If you do not have any relevant financial relationships** to report, please indicate so in the section provided below, disregard the rest of this page, and **sign and date** your form on page 2.

I do not have any relevant financial relationships with any commercial interests

**B. If you do have relevant financial relationships** to report follow the steps outlined below.

In the space provided on the 2<sup>nd</sup> page, list the names of proprietary entities producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies with which you or your spouse/partner have, or have had, a relevant financial relationship within the past 12 months. For this purpose we consider the relevant financial relationships of your spouse or partner that you are aware of to be yours.

Describe your role (Please refer to example terminology that can aid you in completing this section.)  
Sign and date your form

### Financial disclosure

My relevant financial relationships with any commercial interests are indicated below

#### Nature of Relevant Financial Relationships (List all that apply)

COMMERCIAL INTEREST	WHAT WAS RECEIVED	FOR WHAT ROLE
<b>Example:</b> Company X	Honorarium	Speaker
Nexalin (TCS for MDD)	Grant	RCT Monitor
Nexalin (TCS for Substance Abuse)	Honoraria	Consultant
Anavex (Sleep Effects of Anavex 2-73)	Honoraria	Consultant
Hypknowledge/SMS	No revenue to date	Partner
Penn CBT-I Courses	No personal remuneration	Lecturer
K24 (BSM Training)	% Salary Support	Grantee
R21 (Nat Hx of Sleep DXs during pregnancy)	% Salary Support	Co-PI Grantee

## Disclosure of Relevant Financial Relationships and Unapproved Product Use

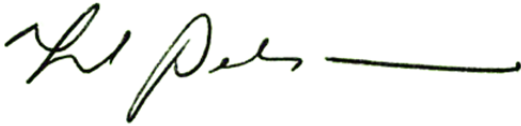
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### Example terminology

**What was received:** Salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit.

**Role(s):** Employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and 'other activities (please specify).

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1-27-18

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SIGNATURE

DATE

### Glossary of Terms

#### Commercial Interest

The ACCME defines a “commercial interest” as any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies.

#### Financial relationships

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.

#### Relevant financial relationships

ACCME focuses on financial relationships with commercial interests in the 12-month period preceding the time that the individual is being asked to assume a role controlling content of the CME activity. ACCME has not set a minimal dollar amount for relationships to be significant. Inherent in any amount is the incentive to maintain or increase the value of the relationship. The ACCME defines “‘relevant’ financial relationships” as financial relationships in any amount occurring within the past 12 months that create a conflict of interest.

#### Conflict of Interest

Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of a commercial interest with which he/she has a financial relationship.