



PENN MINI-FELLOWSHIP

DAY 1		
9:00-12:00	MICHAEL PERLIS	<ul style="list-style-type: none">Etiology/pathophysiology of insomniaOpen Q&A
12:00-1:00		LUNCH BREAK
1:00-3:30	JAN OVESEN	<ul style="list-style-type: none">Signs/symptoms of Intrinsic Sleep DXsSleep Reports
3:30-5:00	NALAKA GOONERATNE	<ul style="list-style-type: none">Sleep & Aging

DAY 3		
9:30-12:00	DONN POSNER	<ul style="list-style-type: none">All Day review of CBT-I videos<ul style="list-style-type: none">Critique & DiscussionCase Reviews
12:00-1:00		LUNCH BREAK
1:00-5:00	DONN POSNER	<ul style="list-style-type: none">All Day review of CBT-I videos<ul style="list-style-type: none">Critique & DiscussionCase Reviews

DAY 2		
9:00-10:30	ERIN O'BRIEN	<ul style="list-style-type: none">Women & Sleep
10:30-12:00	PHILIP GEHRMAN	<ul style="list-style-type: none">AssessmentActigraphyQuestionnaires
12:00-1:00		LUNCH BREAK
1:00-3:00	BABI CHAKRAVORTY	<ul style="list-style-type: none">General Clinical Sleep MedicinePharmacological InterventionsPAP
3:00-5:00	LAUREN DANIEL	<ul style="list-style-type: none">Pediatric Sleep

NOTE:

All 3 days will run from 8-6pm with breaks every 60-90 minutes and a break for lunch. Lectures and activities may significantly vary in their start times given attendee participation and/or lecturer extemporization and circumlocution.