

Principles and Practice of CBT-I: Cognitive Behavioral Therapy for Insomnia

Webcast Ad Statement

Speaker Disclosure

Financial: Michael Perlis is the Director of the Behavioral Sleep Medicine Program and associate professor for the Perelman School of Medicine at the University of Pennsylvania. He receives a speaking honorarium from PESI, Inc.

Non-financial: Michael Perlis is a member of the Sleep Research Society; and the American Academy of Sleep Medicine.

Continuing Education Information: This activity qualifies for continuing education for the following professionals in every state: [Addiction Counselors](#), Counselors, Marriage & Family Therapists, Nurses, Psychologists, Social and other Mental Health Professionals. For states that differ from national board approval see details below. For states not listed or do not accept national approvals please contact PESI or your licensing board.

CE Information is based on 100% attendance.

Information obtained in this course should be used within your scope of practice.

ADDICTION COUNSELORS: This activity consists of **16.0** clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

CONNECTICUT ADDICTION COUNSELORS: Provider #120924. This course has been approved as a CCB approved training and has been awarded **16.0** hours by the Connecticut Certification Board.

COUNSELORS: This activity consists of **16.0** clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

TEXAS COUNSELORS: PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Professional Counselors. Provider #: 2477. This course qualifies for **16.0** continuing education credits.

SOUTH CAROLINA COUNSELORS, MFTs and PSYCHO-EDUCATIONAL SPECIALISTS: This program has been approved for **16.0** continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

MARRIAGE AND FAMILY THERAPISTS: This activity consists of **960** minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

ILLINOIS MARRIAGE & FAMILY THERAPISTS: PESI, Inc. has been approved as a provider of continuing education by the State of Illinois, Department of Professional Regulation. Provider #: 168-000156. Full attendance at this course qualifies for **16.0** credits.

TEXAS MARRIAGE & FAMILY THERAPISTS: PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Marriage and Family Therapists. Provider #: 503. This course qualifies for **16.0** continuing education credits.

NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a formally approved American Nurses Credentialing Center (ANCC) Activity CMI Education Institute, Inc, is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities. Full attendance is required; no partial credit will be awarded for partial attendance.

This activity qualifies for **16.0** contact hours.

CALIFORNIA NURSES: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 13305 for **16.0** contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance. ***Please bring your license number to the seminar; certificates of successful completion will not be issued without your license number.***

FLORIDA NURSES: PESI, Inc., is an approved provider with the Florida Board of Nursing, Provider #: FBN2858. This course qualifies for **16.0** contact hours. ***Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.***

IOWA NURSES: PESI, Inc. is an approved provider by the Iowa Board of Nursing. Provider #: 346. Full attendance at this activity qualifies for **16.0** contact hours. Full attendance in the activity is required; no partial contact hours will be issued for partial attendance. These contact hours are used for your license renewal. ***Please bring your license number to the seminar; certificates of successful completion will not be issued without your license number.***

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for **16.0** hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

CANADIAN PSYCHOLOGISTS: PESI, Inc. is approved by the Canadian Psychological Association to offer continuing education for psychologists. PESI, Inc. maintains responsibility for the program. This program is approved for **16.0** continuing education hours.

FLORIDA PSYCHOLOGISTS: PESI, Inc., is an approved provider with the Florida Board of Psychology. Provider Number BAP #77. This course qualifies for **16.0** continuing education credits. ***Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.***

SOCIAL WORKERS: CMI Education Institute, Provider #1062, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval. Social workers will receive **16.0** (Clinical) continuing education clock hours in participating in this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Course Level: All Levels.

CANADIAN SOCIAL WORKERS: PESI, Provider #1062, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: January 27, 2011-January 27, 2014. Social workers should contact their regulatory board to determine course approval. Social workers will receive **16.0 (Clinical)** continuing education clock hours in participating in this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Course Level: Intermediate. Canadian provinces may accept activities approved by the ASWB for ongoing professional development.

ILLINOIS SOCIAL WORKERS: PESI, Inc is an approved provider with the State of Illinois, Department of Professional Regulation. License #: 159-000154. Full attendance at this course qualifies for **16.0** contact hours.

KANSAS SOCIAL WORKERS: PESI, Inc. is an approved provider with the Kansas Behavioral Sciences Regulatory Board. Provider #14-006. This course has been approved for **16.0** continuing education hours.

MINNESOTA SOCIAL WORKERS: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for **16.0** continuing education hours.

PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS: The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors will recognize and accept continuing education programs that are sponsored by providers approved by the APA and the ASWB. This course will qualify for **16.0** credits. Full attendance is required, variable credits may not be awarded per the Pennsylvania State Board.

CALIFORNIA COUNSELORS/SOCIAL WORKERS/MARRIAGE & FAMILY THERAPISTS/LICENSED EDUCATIONAL PSYCHOLOGISTS: The State of California, Board of Behavioral Sciences will recognize and accept continuing education programs that are sponsored by providers approved by the APA and the ASWB. Full attendance at this course will qualify for **16.0** hours of continuing education credit.

FLORIDA SOCIAL WORKERS/MARRIAGE & FAMILY THERAPISTS/MENTAL HEALTH COUNSELORS: PESI, Inc., is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number BAP #77. This course qualifies for **16.0** continuing education credits. ***Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.***

OTHER PROFESSIONS: This activity qualifies for **960** minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.