

# Nursing Considerations for Universal CAR-T Cell Therapy in Pediatrics

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COLLEEN CALLAHAN MSN, CRNP

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# Disclosures

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Colleen Callahan, MSN, CRNP, has a financial interest/relationship or affiliation in the form of: Consultant and/or Advisor for Novartis Pharmaceuticals Corporation.

# T Cell Quality

Quality of collected T cells for manufacture is critical

- Naïve and early memory T cells in the apheresis product correlates with successful CAR-T cell performance in pediatric ALL

Cumulative chemotherapy cycles deplete naïve and stem cell memory T cells reducing expansion potential

- Early collection of high-risk patients may be beneficial
- Concern with infants especially young age at diagnosis → T cells won't be healthy enough to grow and yield an infusable product
- Naïve T cell deficits can be seen at diagnosis—implies that immune deficits exist prior to chemotherapy (many patients with solid tumors had low numbers of naïve T cells prior to any therapy)

# T Cell Quality

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Optimal timing of collection is important

- Factors to consider
  - Circulating blasts
  - Heavy pretreatment leads to impaired T cell function and therefore manufacturing issues
  - Severe lymphopenia
  - Infants

**Timing for T cell collection is a fine balance between waiting for healthy new T cells (ALC recovery) and administering chemotherapy**

# Auto CAR-T Cell Challenges

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Heavy pre-treatment/intensive chemotherapy

- Impaired T cell function
- Lymphopenia

T cells intrinsically bad as a result of the cancer

- Immune suppression from tumor microenvironment
- T cell dysfunction not r/t chemo
  - Lymphoma/CLL: proliferate less

Disease progression/complications

Infants

Memory phenotype

Need apheresis slot

Need manufacturing slot

Cost

Product variability

Cell number

Collection and manufacturing failures (7.6%)

Phase 2 Tisagenlecleucel trial 18.5% did not received CAR-T cells due to disease complications or manufacturing failure

# Universal CAR-T Cell Therapy

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Some patients unable to receive auto CAR-T cell therapy due to inability to collect cells or failure of in vitro expansion

## Universal CAR-T cell therapy

- Off the shelf product
- Standardized manufacturing
- Available for immediate use
- Allogeneic donors
- GVHD risk
- More cost effective
- Unlikely to produce long term efficacy due to CAR cells eventually being rejected by the host

# Universal CAR-T Cell Challenges

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## Rejection of UCAR-T cells

- Patient's own T cells will recognize infused UCAR-T cells as foreign
- Condition the recipient's immune system to minimize rejection
  - Intensification of lymphodepletion may help allow UCAR-T cells to expand
    - Increased risk of infection
    - Expected to have short persistence due to eventual immune rejection
- Need to make donor UCAR-T cells resistant to the lymphodepleting agents (anti-CD52 alemtuzumab)

# Universal CAR-T Cell Challenges

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## Graft vs Host Disease

- UCAR-T cells see the host as “foreign”
- Need to prevent GVHD to be safe
- Knock out the T cell receptor (TCR) via gene editing. Not 100%. Small numbers still remain.

## Infection Risk

Need for lymphodepletion and host immunosuppression leads to infection risk

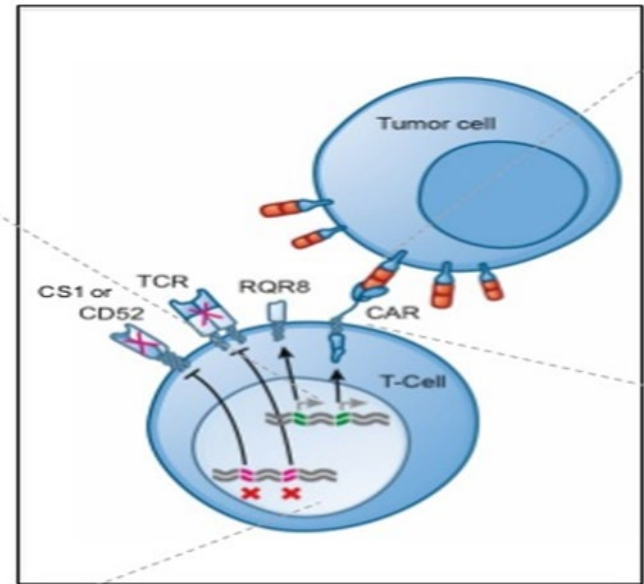
- Marrow suppression
- Prolonged cytopenias
- Leading to potential viral re-activation



# Universal CAR-T Cell Gene Editing

## Gene editing adds to complexity of manufacturing

- High degree of complexity of genetic manipulation
- Knock out genes encoding the TCR (T cell receptor) to reduce risk of GVHD
- Engineer UCAR-T cells to be resistant to lymphodepleting medications
- Knock out genes encoding CD52 so UCAR-T cells are resistant to alemtuzumab



Allogeneic  
CAR T-cell

# Universal CAR-T Cells

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Free of exposure to chemotherapy agents

Manufacture not affected by patient specific factors

Prepare in advance so readily available

Cost advantage

Standardized manufacturing

Multiple doses made from one collection

# Universal CAR-T Cell Trial (CALM; PALL)

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June 2016-October 2018

Ages 9 months to 62 yrs

- 7 children
- 14 adults

62% prior allo SCT

Exclusions

- Active CNS disease
- Extramedullary disease
- Active infection

7 days lymphodepletion (promotes engraftment and expansion, reduce rejection)

81%: Cyclophosphamide, fludarabine, alemtuzumab (effects last for weeks, can lead to viral reactivation)

19% Cyclophosphamide, fludarabine without alemtuzumab due to concerns of viral infection

- 4 patients did not receive alemtuzumab and showed no UCART expansion

# MG: Case Presentation

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2/2018 diagnosis at birth with Infant ALL (MLLr)

- WBC 192,000; CNS 2b
- Hyperbilirubinemia
- Treated on AALL15P1
  - Sepsis
  - Seizure
  - Leukoencephalopathy
  - Feeding issues
  - Chemotherapy delays d/t prolonged count recovery

12/2018 began maintenance therapy

# MG: Case Presentation

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3/2019 Relapse (marrow and CNS); has a matched sibling donor

- Thrombus
- Cardiac dysfunction (concern for handling severe CRS)
- Nutrition/feeding difficulties requiring TPN
- C-diff, norovirus
- 5/2019 MRD 2.6%
- Too sick to travel for collection
- ALC slow to recover and concerns for keeping her off chemotherapy too long

Transfer to CHOP

- Cardiac evaluation
  - Cleared by Cardiology

# MG: Case Presentation

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## Infant ALL

- Concern that T cells won't be healthy enough to grow

Maximize chance by collecting before chemo but only if feasible from a safety standpoint

- She was too sick to collect prior to starting re-induction chemo

## Post re-induction

- 6/2019 MRD 76%
- ALC too low for collection

# MG: Case Presentation

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Alemtuzumab, fludarabine, cyclophosphamide

Pre UCART: CNS 1; MRD 80%

7/2019 UCART infusion

- Seizure prophylaxis with levetiracetam d/t history of seizures
- Day 4 Fever (39.1)
  - Desaturations. O2 NC
  - Tachycardia. Fluid bolus.
- Persistent fevers (40s)
- Day 8 Respiratory distress. PICU
- Tocilizumab (IL-6 receptor antagonist; Blocks IL-6 mediated inflammatory effects)
- BIPAP
- Max CRP 22 (day 7); max ferritin 202,000 (day 13)
- Day 15 Off BIPAP; transfer out of PICU

Day 28: CNS 1; MRD negative

Returned to home institution

8/2019 MSD BMT (brother)

Remains in remission

# Universal CAR-T Cell Trial

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## Side Effects (21 patients)

- CRS 91%
  - 14% grade 3-4
  - Tocilizimab 42%, 16% steroids, 37% ICU, 16% vasopressor support
- Neurotoxicity 38% (median duration 3 days)
- GVHD Gr 1 10% (skin)
- Prolonged cytopenia 32%
- Infections 62%
  - 24% gr 3 or greater (CMV, adenovirus, human metapneumovirus, BK virus)
- 2 treatment related deaths
  - Neutropenic sepsis during CRS
  - Pulmonary hemorrhage (with persistent cytopenias)

UCAR-T cells showed rapid expansion after infusion

67% had a complete response at day 28

71% proceeded to SCT

27% PFS at 6 months

55% OS



# Cytokine Release Syndrome

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Cytokine  
Release  
Syndrome

Severity related to disease burden. Correlates with T cell proliferation.

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Elevation in inflammatory markers. Massive elevation in IL-6.

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Reversible

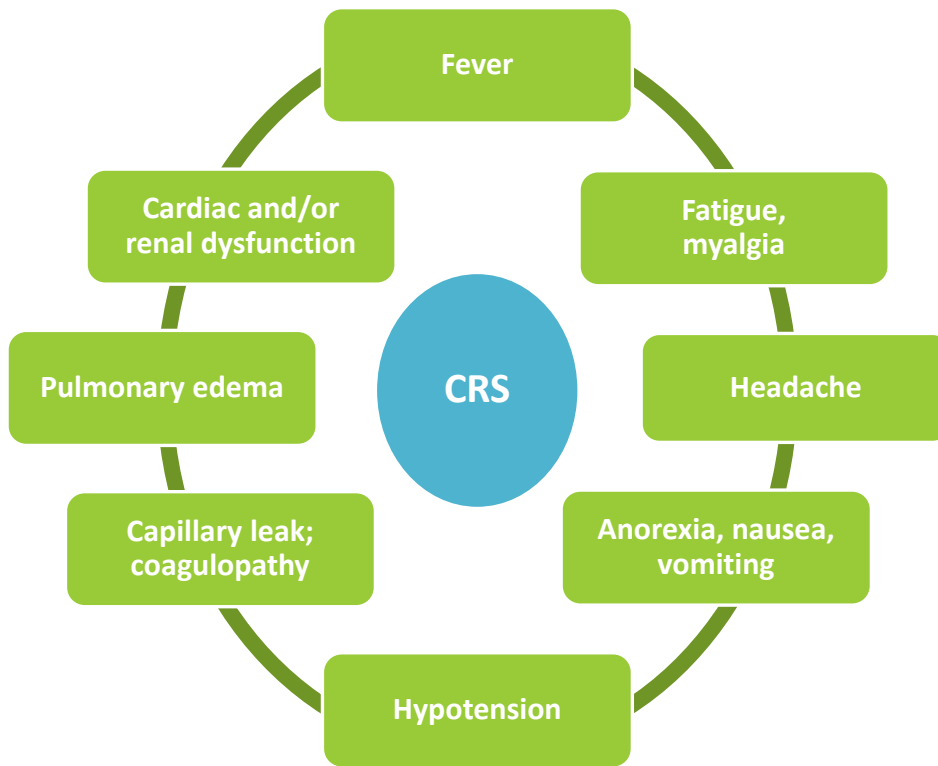
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**Constellation of inflammatory symptoms related to T-cell engagement and expansion**

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# Cytokine Release Syndrome

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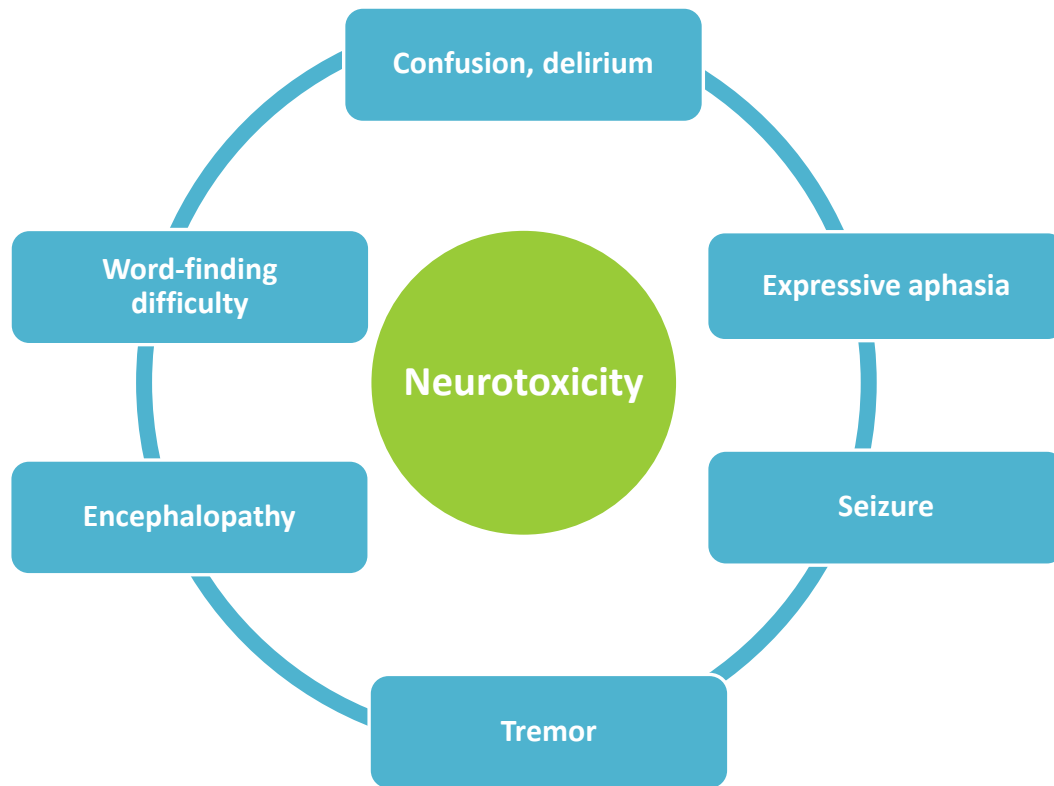


## Treatment

- Want to prevent multi-system organ failure but do not want to stop the T cells from working
- Supportive care
- Tocilizumab: monoclonal antibody to IL-6 receptor. Blocks the IL-6 mediated inflammatory effects.

# Neurotoxicity

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# GVHD

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Occurs when the “graft” (the UCAR-T cells) see the “host” (the patient) as foreign, and begin to attack certain target organs

- Skin
- Gut
- Liver

# Future UCAR-T Cell Trials

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Industry sponsored

UCART 123: relapsed/refractory AML

UCART 22: relapsed/refractory ALL adults

UCART CS1: relapsed/refractory multiple myeloma

ALLO-501: relapsed/refractory NHL

ALLO-715: relapsed/refractory multiple myeloma

# Nursing Role

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Anticipatory guidance

Patient/family education

- Begins with first contact with institution
- Consent meeting
- Chemotherapy
- Post infusion side effects

Clinical management of side effects

Continuity for patient and family

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