

Agenda

March 14-15
2025

Comprehensive Facial Aesthetics
Symposium



FRIDAY, March 14, 2025

7:00 am - 8:00 am

Registration and Welcome Reception

BREAKFAST

8:00 am - 8:10 am

Introduction

Joseph Serletti, MD

*Director, Center for Human Appearance
Chief, Division of Plastic Surgery, Penn Medicine*

Ivona Percec, MD, PhD

CHA Symposium Director and Director of Cosmetic Surgery, Penn Medicine

SESSION 1: 8:10 am - 10:30 am

8:10 am - 8:35 am

"Precision Medicine and Genomics in Aesthetics"

Sara Mahdavi, BSc, HBSc, RD, MSc, PhD

*Department Head, Department of Regenerative Medicine
Adjunct Professor, Department of Medicine, University of Toronto, Fellow, Harvard University*

8:35 am - 9:00 am

"Updating the Fitzpatrick Scale and Taking Advantage of the Expanding Heterogeneity in Facial Aesthetics"

Kavita Mariwalla, MD, President-Elect ASDS

Dermatologist, Mariwalla Dermatology, West Islip, New York

9:00 am - 9:25 am

"Best Approaches: Laser Adjuncts in Facial Aesthetics"

Joseph Sobanko, MD, MBA

*Director of Cosmetic Dermatology and Laser Surgery
Associate Professor of Dermatology, Penn Medicine, Philadelphia*

9:25 am - 9:50 am

"The Role and Treatment of Menopause in Facial Aesthetics"

Diane Berson, MD

*Associate Professor, Department of Dermatology Weill Medical College of Cornell University
Assistant Attending Dermatologist, New-York Presbyterian Hospital New York*

9:50 am - 10:15 am

"Biostimulators: Friend or Foe in Facial Aesthetics?"

Jose Raul Montes, MD

Associate Professor of Medicine, Plastic and Ophthalmology, University of Puerto Rico

10:15 am - 10:30 am

BREAK

SESSION 2: 10:30 am - 1:45 pm

10:30 am - 10:55 am

"Applications of Nanofat for Facial Aesthetics"

Brannon Claytor, MD

Plastic Surgeon, Claytor Noone Plastic Surgery, Bryn Mawr, Pennsylvania

10:55 am - 11:20 am

"Ultrasound: Help or Hype in Facial Aesthetics"

Sarah Mess, MD

Plastic Surgeon, Baltimore, Maryland

11:20 am - 11:45 pm

"The Aesthetic Management of GLP-1 Users"

Kavita Mariwalla, MD, President-Elect ASDS

Dermatologist, Mariwalla Dermatology, West Islip, New York

11:45 am - 12:10 pm

"A West Coast Approach to the Latest Facial Rejuvenation Techniques"

Catherine Chang, MD

Aesthetic Plastic Surgeon, Beverly Hills, California

12:10 pm - 1:00 pm

LUNCH

1:00 pm - 1:45 pm

KEYNOTE: "A Modern Journey through the Aging Process"

Andreas Nikolis, MD

*Aesthetic Surgery Fellowship Director McGill University
Associate Professor of Plastic Surgery, McGill University, Canada*

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SESSION 3: 1:45 pm - 3:50 pm

1:45 pm - 2:10 pm

"DNA-Based Body Sculpting for Optimizing Aesthetic Outcomes"

Sara Mahdavi BSc, HBSc, RD, MSc, PhD

*Department Head, Department of Regenerative Medicine
Adjunct Professor, Department of Medicine
University of Toronto, Fellow, Harvard University*

2:10 pm - 2:35 pm

"Periorbital Rejuvenation blending Surgical and Nonsurgical Techniques"

Jose Raul Montes, MD

Associate Professor of Medicine, Plastic and Ophthalmology, University of Puerto Rico

2:35 pm - 3:00 pm

"Finesse in Rhinoplasty – Contributions to Facial Aesthetic Optimization"

Jason Bloom, MD

*Adjunct Assistant Professor of Otorhinolaryngology, Penn Medicine
Clinical Assistant Professor (Adjunct) of Dermatology
Temple University School of Medicine, Philadelphia, Pennsylvania
Clinical Assistant Professor Department of Otorhinolaryngology Philadelphia
College of Osteopathic Medicine*

3:00 pm - 3:25 pm

"To Graft or not to Graft and Other Nuances in Blepharoplasty"

Haideh Hirmand, MD

Plastic Surgeon, Oculoplastic and Craniofacial Surgeon, New York

3:25 pm - 3:50 pm

"Finesse in Surgical Treatments of the Aging Lower Face and Neck"

Louis Bucky, MD

*Plastic Surgeon
Clinical Professor of Surgery (Adjunct), Penn Medicine*

3:50 pm - 4:05 pm

BREAK

SESSION 4: 4:05 pm - 5:30 pm

4:05 pm - 4:15 pm

Skin Panel: Select Dermatology Faculty

Drs. Kavita Mariwalla, Diane Berson, Sara Mahdavi, Catherine Chang

4:15 pm - 4:30 pm

Injectables Panel: Select Combined Faculty

Drs. Jose Raul Montes, Sarah Mess, Andreas Nikolis, Jason Bloom

4:30 pm - 4:45 pm

Surgical Panel: Select Surgical Faculty

Drs. Brannon Claytor, Haideh Hirmand, Catherine Chang, Louis Bucky

4:45 pm - 5:15 pm

Hot Topics - Short bullet (5 min) presentations on up-and-coming controversies and topics

5:15 pm - 5:30 pm

Conclusions and Adjourn

SATURDAY, March 15, 2025

SESSION 5: 8:00 am - 12:00 pm

Live Patient Facial Assessment and Injectable Session for Residents and Trainees

7:00 am - 8:00 am

BREAKFAST

8:00 am - 12:00 pm

FACULTY: Ivona Percec, Andreas Nikolis, Jose Raul Montes,
Jason Bloom, Brannon Claytor, Sarah Mess