**Table 1:** Current viral measurements and strategies to estimate HIV reservoir size.

| Assay   | What it measures?  | Advantages  | Drawbacks   | Involves<br>stimulation<br>and/or<br>expansion?         | Available at Virus &<br>Reservoirs Core? |
|---|--|---|---|---|--|
|   | Assays meas  | suring levels of replication  | -competent virus or intact  | HIV genomes   |  |
| Quantitative<br>Viral Outgrowth<br>assay (QVOA). <sup>1-5</sup>                       | Frequencies of cells<br>harboring replication-<br>competent HIV that can<br>be induced <i>ex vivo</i> to<br>produce infectious<br>virus.       | Has been regarded as<br>the definitive assay to<br>measure the size of the<br>replication-competent<br>HIV reservoir; clade<br>independent. | Underestimates the size<br>of the replication-<br>competent HIV reservoir;<br>requires a large number<br>of cells; time-consuming<br>and labor-intensive; cost-<br>intensive. | <i>ex vivo</i> stimulation<br>followed by<br>expansion. | Yes                                      |
| Modified QVOA<br>using cell lines<br>supporting HIV<br>replication. <sup>6</sup>      | Frequencies of cells<br>harboring replication-<br>competent HIV that can<br>be induced <i>ex vivo</i> to<br>produce infectious<br>virus.       | Less labor-intensive and<br>more consistent<br>compared to the<br>traditional QVOA; clade<br>independent.                                   | Underestimates the size<br>of replication-competent<br>HIV reservoir; requires a<br>large number of cells;<br>cost-intensive.   | <i>ex vivo</i> stimulation<br>followed by<br>expansion. | No                                       |
| The qualitative<br>and quantitative<br>viral outgrowth<br>assay (Q2VOA). <sup>7</sup> | Frequency of cells<br>encoding HIV proviral<br>DNA that can be<br>induced <i>ex vivo</i> , as<br>well as genetic and<br>potentially phenotypic | Provides additional<br>insights on the qualitative<br>nature of HIV proviral<br>DNA.  | Underestimates the size<br>of the replication-<br>competent virus as it<br>misses replication-<br>competent non-induced<br>proviruses, similar to                             | <i>ex vivo</i> stimulation<br>followed by<br>expansion. | No                                       |

| Intact proviral   | characterization of<br>latent viruses.<br>Frequency of cells   | Eliminates 97% of   | traditional QVOA. Labor,<br>time, and cost-intensive;<br>the sequencing part of the<br>assay could be clade<br>dependent.<br>Sequence polymorphisms   | No stimulation or            |   |
|---|--|---|---|------------------------------|---|
| DNA assay<br>(IPDA): HIV DNA<br>by digital droplet<br>PCR targeting<br>multiple regions<br>of proviral DNA<br>to exclude<br>deleted and<br>hypermutated<br>proviruses. <sup>8</sup> | encoding intact and<br>defective proviral HIV<br>DNA.  | defective proviruses and<br>is predicted to<br>overestimate the size of<br>the latent reservoir by<br>only ~ 1.5 fold; simple,<br>medium cost, and fast<br>compared to traditional<br>QVOA. | could preclude<br>amplification in some<br>patients; alternative<br>primers/probes needed;<br>clade-dependent; does<br>not measure the<br>inducibility of the<br>proviruses.  | expansion.                   | Yes.<br>Available for<br>HIV+ human<br>cells,<br>SIV/SHIV+<br>NHP cells |
| HIV DNA by<br>limiting dilution<br>four-probe qPCR<br>assay followed<br>by sequence<br>verification of<br>reactions<br>positive for two<br>or more probes<br>(Q4PCR). <sup>9</sup>  | Frequency of cells<br>encoding intact and<br>defective proviral HIV<br>DNA confirmed by<br>sequencing. | Estimates levels of<br>replication-competent<br>virus; results are verified<br>by sequencing; sensitive.  | Lower throughput and<br>more time-consuming,<br>and labor-intensive<br>compared to IPDA; cost-<br>intensive; clade<br>dependent; does not<br>measure the inducibility of<br>the proviruses; does not<br>provide absolute<br>quantification. | No stimulation or expansion. | No  |

| Near full-length<br>individual<br>proviral<br>sequencing<br>(FLIP-Seq). <sup>4,10</sup> | Levels and genetic<br>characteristics of<br>genetically-intact<br>proviruses.                        | Measures the levels of<br>genetically-intact<br>proviruses in a definitive<br>manner.  | Time-consuming and<br>labor-intensive; cost-<br>intensive; requires custom<br>design of primers.   | No stimulation or expansion. | No  |
|---|--|--|--|------------------------------|-----|
| Proviral ultra-<br>deep<br>sequencing. <sup>11</sup>                                    | Could measure levels<br>of genetically-intact<br>proviruses.   | Cost-effective; simple<br>compared to single-<br>genome sequencing.  | Potential template<br>resampling and PCR<br>errors/bias; cost-intensive;<br>clade dependent.   | No stimulation or expansion. | No  |
| High throughput<br>integration site<br>sequence<br>analysis. <sup>12 13</sup>           | Distributions of<br>integration HIV<br>proviruses, with linked<br>information on clonal<br>abundance | Efficiently reports<br>locations of integration<br>sites, and associations of<br>insertional mutagenesis<br>and clonal expansion | Requires specialized<br>expertise; cost-intensive;<br>requires workable<br>numbers of proviruses to<br>analyze in samples                  | No stimulation or expansion. | Yes |
| Matched<br>integration site<br>and proviral<br>sequencing<br>(MIP-Seq). <sup>14</sup>   | Individual proviral<br>sequences and<br>corresponding<br>chromosomal<br>integration site.            | Investigate chromosomal<br>positioning and<br>integration site features<br>of intact HIV-1<br>proviruses.                        | Technically complex and cost-intensive.  | No stimulation or expansion. | No  |
| Murine viral<br>outgrowth assay<br>(mVOA). <sup>15</sup>                                | Presence/absence of<br>replication-competent<br>virus within the number<br>of cells/tissues tested.  | Can detect low levels of<br>latent infection; clade<br>independent.  | Multiple animals are<br>required per sample if a<br>quantitative value is<br>needed; needs a large<br>number of cells; cost-<br>intensive. | <i>In vivo</i> expansion.    | No  |

## Assays measuring inducible translationally- or transcriptionally-competent virus

| Modified QVOA<br>using ultra-<br>sensitive<br>readouts<br>(including QVOA<br>p24 SIMOA and<br>QVOA cfRNA). <sup>16-</sup><br><sup>18</sup> | Frequencies of cells<br>harboring transcription-<br>competent and<br>translation-competent<br>HIV that can be<br>induced <i>ex vivo</i> . | Simple, fast, and<br>requires fewer cells<br>compared to QVOA;<br>detects transcriptional-<br>competent and<br>translation-competent<br>virus.  | Can detect cells infected<br>with a replication-<br>incompetent virus that is<br>able to produce viral RNA<br>or protein; Semi-labor<br>intensive unless<br>automated; cost-intensive. | <i>ex vivo</i> stimulation<br>followed by<br>expansion (unless<br>done in the<br>presence of ART).                      | No                                   |  |  |
|--|---|---|--|---|--------------------------------------|--|--|
| Cell-associated<br>p24 protein<br>quantification. <sup>19</sup>  | Productive HIV p24<br>expression in the<br>presence or absence of<br><i>ex-vivo</i> stimulation.  | Sensitive; simple; fast;<br>relatively cost-effective;<br>requires relatively few<br>cells; application across<br>sample types;<br>measurement of<br>productively expressing<br>"active" and "inducible"<br>reservoirs; closer to<br>replication competence<br>when compared to<br>measuring HIV<br>transcripts; biologically<br>relevant target for<br>immune response and<br>immune-based | May overestimate<br>reservoir size as detects<br>translation-competent and<br>replication-competent<br>provirus rather than the<br>replication-competent<br>virus.                     | Can be done<br>without stimulation<br>but usually done<br>with short <i>ex vivo</i><br>stimulation but no<br>expansion. | Available at CFAR<br>Immunology Core |  |  |

|   |  | interventional approaches.   |  |   |  |
|---|--|--|--|---|--|
| Induction-based<br>viral RNA<br>reactivation<br>assays<br>(including<br>TILDA). <sup>16,20,21</sup> | The number of cells<br>harboring<br>transcriptionally<br>reactivatable HIV<br>tat/rev msRNA.   | Simpler, faster, and<br>requires fewer cells<br>compared to QVOA; can<br>be useful in measuring<br>the response to LRAs <i>ex</i><br><i>vivo</i> .                                   | Measure inducible levels<br>of HIV transcripts<br>(transcriptional<br>competence) without<br>distinction of defective or<br>replication-competent<br>(replication competence);<br>cost-intensive; semi-labor<br>intensive unless<br>automated. | short <i>ex-vivo</i><br>stimulation but no<br>expansion.  | No   |
| Single-cell<br>analysis of<br>inducible virus<br>(including<br>FISH/flow). <sup>22</sup>            | Measures the<br>frequency of cells<br>undergoing HIV<br>transcription and/or<br>translation upon<br>stimulation at the<br>single-cell level. | Single-cell insights of<br>HIV transcription and/or<br>translation and<br>phenotypic<br>characterization of<br>individual cells; clade<br>independent; relatively<br>cost-effective. | Do not measure<br>replication competence.  | Can be done<br>without stimulation<br>but usually done<br>with short <i>ex-vivo</i><br>stimulation but no<br>expansion. | No   |
|   | Assays meas  | suring constitutive levels o   | of HIV DNA and cell-associa  | ated HIV RNA  |  |
| Cell-associated<br>HIV RNA by real-<br>time or droplet<br>digital PCR. <sup>23-30</sup>             | Levels of HIV<br>transcripts (a surrogate<br>of transcription-<br>competent cellular HIV)<br>without distinction of                          | Fast, relatively cost-<br>effective, and sensitive;<br>cell-sparing; application<br>across sample types;<br>Different HIV transcripts  | Overestimates the size of<br>the latent HIV reservoir.<br>Doesn't measure<br>translation- or replication-  | No stimulation or expansion.  | Yes.<br>Available for HIV+<br>human cells,<br>SIV/SHIV+ NHP<br>cells |

|   | defective, translation-<br>competent, or<br>replication-competent.  | can be measured to<br>indicate the degree of<br>HIV transcriptional<br>activity; may provide a<br>surrogate measure for<br>reservoir size as levels of<br>HIV RNA during ART<br>predict time to viral<br>rebound upon treatment<br>cessation. | competence; clade<br>dependent.  |                              |  |
|---|---|---|--|------------------------------|--|
| HIV DNA by real-<br>time PCR or<br>droplet digital<br>PCR. <sup>23,24,26,31-37</sup>                        | Levels of selected<br>regions of total,<br>integrated, or circular<br>HIV DNA measure<br>without distinction of<br>defective or replication-<br>competent provirus.                     | Fast, cost-effective, and<br>sensitive; cell-sparing,<br>application across<br>sample types; most<br>available assays span<br>across different clades.  | Vastly overestimates the<br>size of the HIV reservoir,<br>as only a small fraction of<br>HIV genomes is able to<br>be reactivated upon <i>ex</i><br><i>vivo</i> stimulation to<br>produce replication-<br>competent virus. | No stimulation or expansion. | Yes.<br>Available for HIV+<br>human cells,<br>SIV/SHIV+ NHP<br>cells |
| <i>In situ</i><br>hybridization-<br>based assays,<br>e.g., DNAscope<br>and<br>RNAscope. <sup>26,38,39</sup> | Cellular location and<br>levels of HIV<br>sequences associated<br>with integration (DNA)<br>or transcription (RNA)<br>without distinction of<br>defective or replication-<br>competent. | Visualize and<br>phenotypically<br>characterize infected<br>cells in tissues; allow for<br>a better understanding of<br>the anatomical<br>distribution of infected<br>cells <i>in vivo</i> ; cost-  | Do not measure<br>replication competence;<br>clade dependent.  | No stimulation or expansion. | No   |

|  |  | effective; near sensitivity to qRT-PCR.   |   |                              |    |
|--|--|---|---|------------------------------|----|
|  | '  | Assays measure the <i>in vi</i>   | vo burden of HIV reservoirs   | 1                            | '  |
| Ultra-sensitive<br>residual<br>viremia. <sup>40-42</sup>   | The release of HIV<br>particles <i>in vivo</i> during<br>ART, without distinction<br>of tissue origin.           | Could represent virus<br>release from stable<br>reservoirs, including<br>these in tissues;<br>relatively cost-effective.  | Requires large volumes of<br>plasma or body fluid;<br>limited dynamic range; the<br>relationship between the<br>HIV reservoir and low-<br>level viremia during ART<br>viremia is unclear; clade<br>dependent.   | No stimulation or expansion. | No |
| Common<br>strategy to test<br>for viral burden<br>on ART yet not<br>an "Assay,"<br>included here for<br>comparison<br>only:<br>Analytical<br>Treatment<br>Interruptions<br>(ATI). <sup>43,44</sup> | Systemic virus<br>replication <i>in vivo</i> after<br>ART-cessation, without<br>distinction of tissue<br>origin. | Determines the duration<br>of HIV remission upon<br>the cessation of ART. It<br>is the most clinically<br>relevant measure of the<br>impact of interventions<br>on the total body burden<br>of HIV infection. | Potential clinical risks to<br>individuals stopping<br>therapy and to their<br>partners; clinically<br>demanding; substantial<br>reservoir reductions are<br>needed to produce<br>significant delays in viral<br>rebound, so unlikely any<br>current interventions<br>could result in a<br>significant delay in viral<br>rebound. Effort and<br>monitoring cost-intensive | <i>In vivo</i> expansion.    | -  |

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