SF36 (027.1)

04/09/2014

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**Dry Eye Assessment and Management Study**

**SF-36v2**

ID. No.: \_\_ \_\_ - \_\_ \_\_ \_\_ Alpha Code: \_\_ \_\_ \_\_ \_\_ Visit: \_\_ \_\_

Your Health and Well-Being

**This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities. *Thank you for completing this survey!***

**For each of the following questions, please mark an [x]  in the one box that best describes your answer.**

**1. In general, would you say your health is: (qshealthc)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Excellent | Very good | Good | Fair | Poor |
|  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |

**2. Compared to one year ago, how would you rate your health in general now? (qshealthp)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Much better now than one year ago | Somewhat better now than one year ago | About the same as one year ago | Somewhat worse now than one year ago | Much worse now than one year ago |
|  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |

|  |  |  |  |
| --- | --- | --- | --- |
|  | Yes, limited a lot | Yes, limited a little | No, not limited at all |
|  |  |  |  |
|  a Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports **(qsvigorous)**[ ]  1 [ ]  2 [ ]  3 |
|  b Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf **(qsmoderate)** [ ]  1 [ ]  2 [ ]  3 |
|  c Lifting or carrying groceries **(qslifting)** [ ]  1 [ ]  2 [ ]  3 |
|  d Climbing several flights of stairs **(qsclimbs)** [ ]  1 [ ]  2 [ ]  3 |
|  e Climbing one flight of stairs **(qsclimb)** [ ]  1 [ ]  2 [ ]  3 |
|  f Bending, kneeling, or stooping **(qsbend)** [ ]  1 [ ]  2 [ ]  3 |
|  g Walking more than a mile **(qswalkm)** [ ]  1 [ ]  2 [ ]  3 |
|  h Walking several hundred yards **(qswalkh)** [ ]  1 [ ]  2 [ ]  3 |
|  i Walking one hundred yards **(qswalky)** [ ]  1 [ ]  2 [ ]  3 |
|  j Bathing or dressing yourself **(qsbath)** [ ]  1 [ ]  2 [ ]  3 |

3. The following questions are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

4. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|  |  |  |  |  |  |
|  a Cut down on the amount of time you spent on work or other activities **(qswork1)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  b Accomplished less than you would like **(qsaccomp1)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  c Were limited in the kind of work or other activities **(qslimwrk)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  d Had difficulty performing the work or other activities (for example, it took extra effort) **(qsperwrk)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |

5. During the past 4 weeks, how much of the time have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|  |  |  |  |  |  |
|  a Cut down on the amount of time you spent on work or other activities**(qswork2)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  b Accomplished less than you would like **(qsaccomp2)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  c Did work or other activities less carefully than usual **(qslesswrk)**[ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |

6. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups? **(qssocial1)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Not at all | Slightly | Moderately | Quite a bit | Extremely |
|  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |

7. How much bodily pain have you had during the past 4 weeks?

**(qsbodpain)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| None | Very mild | Mild | Moderate | Severe | Very severe |
|  |  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |  [ ]  6 |

8. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? **(qsnormwrk)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Not at all | A little bit | Moderately | Quite a bit | Extremely |
|  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |

9. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks…

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|  |  |  |  |  |  |
|  a Did you feel full of life?**(qslife)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  b Have you been very nervous?**(qsnervous)**[ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  c Have you felt so down in the dumps that nothing could cheer you up?**(qsdown)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  d Have you felt calm and peaceful?**(qscalm)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  e Did you have a lot of energy?**(qsenergy)**[ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  f Have you felt downhearted and depressed?**(qsdepress)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  g Did you feel worn out?**(qsworn)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  h Have you been happy?**(qshappy)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  i Did you feel tired?**(qstired)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |

10. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)? (qssocial2)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|  |  |  |  |  |
|  [ ]  1 |  [ ]  2 |  [ ]  3 |  [ ]  4 |  [ ]  5 |

11. How TRUE or FALSE is each of the following statements for you?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Definitely true | Mostly true | Don’t know | Mostly false | Definitely false |
|  |  |  |  |  |  |
|  a I seem to get sick a littleeasier than other people**(qssick)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  b I am as healthy as anybody I know**(qshealth)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  c I expect my health to get worse **(qsbadhlth)** [ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |
|  d My health is excellent **(qsgoodhlth)**[ ]  1 [ ]  2 [ ]  3 [ ]  4 [ ]  5 |

*Thank you for completing these questions!*

The following processed SF-36 scores were calculated using QualityMetric Health Outcomes™ Scoring Software 4.5:

Physical functioning: PF\_NBS

Role limitation due to physical health: RP\_NBS

Bodily pain: BP\_NBS

General health perception: GH\_NBS

Vitality: VT\_NBS

Social functioning: SF\_NBS

Role limitation due to emotional problems: RE\_NBS

Mental health: MH\_NBS

Summary component measures of physical health: PCS

Summary component measures of mental health: MCS