

Available resources for support include:

Penn Cobalt: Cobalt is a mental health and wellness platform created for Penn Medicine faculty and staff

University HELP Line

- (215) 898-HELP or (215) 898-4357
- Available 24/7 to respond and direct members of our community to the appropriate resources

Penn Public Safety

Call (215) 573-3333/511 (campus phone)

Bereavement Services: Support offered via CAPS

Spiritual/Religious Services: University Chaplain's Office: (215) 898-8456

Student Intervention Services (SIS)

Call (215) 898-6081

- Domestic violence and sexual assault services: Penn Violence Prevention (PVP)
- All campus and confidential resources are available to all students
- For 24/7 crisis response, please use the **HELP Line**