

Adapting to the “New Normal” & the Path Forward

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Congratulations !



2020
INTERNATIONAL
OF THE NURSE
AND
THE MIDWIFE



CORE Group is a champion for the global health community; we convene global community health professionals to share evidence, and best practices, and then translate these into the real world with a direct impact.

MISSION

Improve and expand community health practices for underserved populations, especially women and children, through collaborative action and learning.

VISION

Communities where everyone can attain health and well-being.



A hybrid membership consortium

- ▶ Over **9000 global health practitioners** in our International Community Health Network
- ▶ Over **175 organizations**, including NGOs, academic institutions, private sector, foundations, and Civil society organizations globally
- ▶ Students and individual members
- ▶ Networks of networks, reaching over **250,000+ worldwide**



WHAT WE DO

**We strengthen
programmatic
impact through
collaboration and
research**

**We facilitate
learning, capacity
strengthening, and
knowledge
management**

**We optimize
preparedness
and response in
emergencies &
outbreaks**

**We Lead &
Influence Global
Policies,
Guidelines, and
Strategies**

GET INVOLVED

Join a Working Group and/or Interest Group:

WORKING GROUPS

- Systems For Health
- Monitoring & Evaluation
- Nutrition
- Reproductive, Maternal, Child, Newborn, & Adolescent Health
- Social & Behavior Change

Young Professionals Network

INTEREST GROUPS

- Humanitarian-Development Task Force
- One Health
- Disability Inclusive Technical Advisory Group
- Non-communicable Diseases

MENTORSHIP PROGRAM

Join at coregroup.org/connect



CORE Group Polio Project Nigeria

2 Community
Health
Mobilizers for
Polio
Surveillance
and
Immunization



Nairobi Informal Settlements

Water Collection Point







GLOBAL CONFERENCE ON PRIMARY HEALTH CARE

ASTANA, KAZAKHSTAN 25-26 OCTOBER 2018



 **coregroup**
Advancing community health worldwide

 **coregroup**
Advancing community health worldwide



Penn SON
Alumni BOD

GAVI CSO
Steering
Committee

WHO
PMNCH
BOD

Academy
of Nutrition
BOD

American
Red Cross
Disaster
Services

Somalia
War/Famine
/Cholera

Asian
Tsunami-
Sri Lanka

Villanova
University
(BA- Political
Science/
Communications)

Columbia
University
(MPH)

University of
Pennsylvania
BSN +
doctoral
studies)

Pediatric
Emergency
Department
Nursing

Peace
Corps
Niger

Central
African
Republic
public
health
training

Rwandan
Genocide

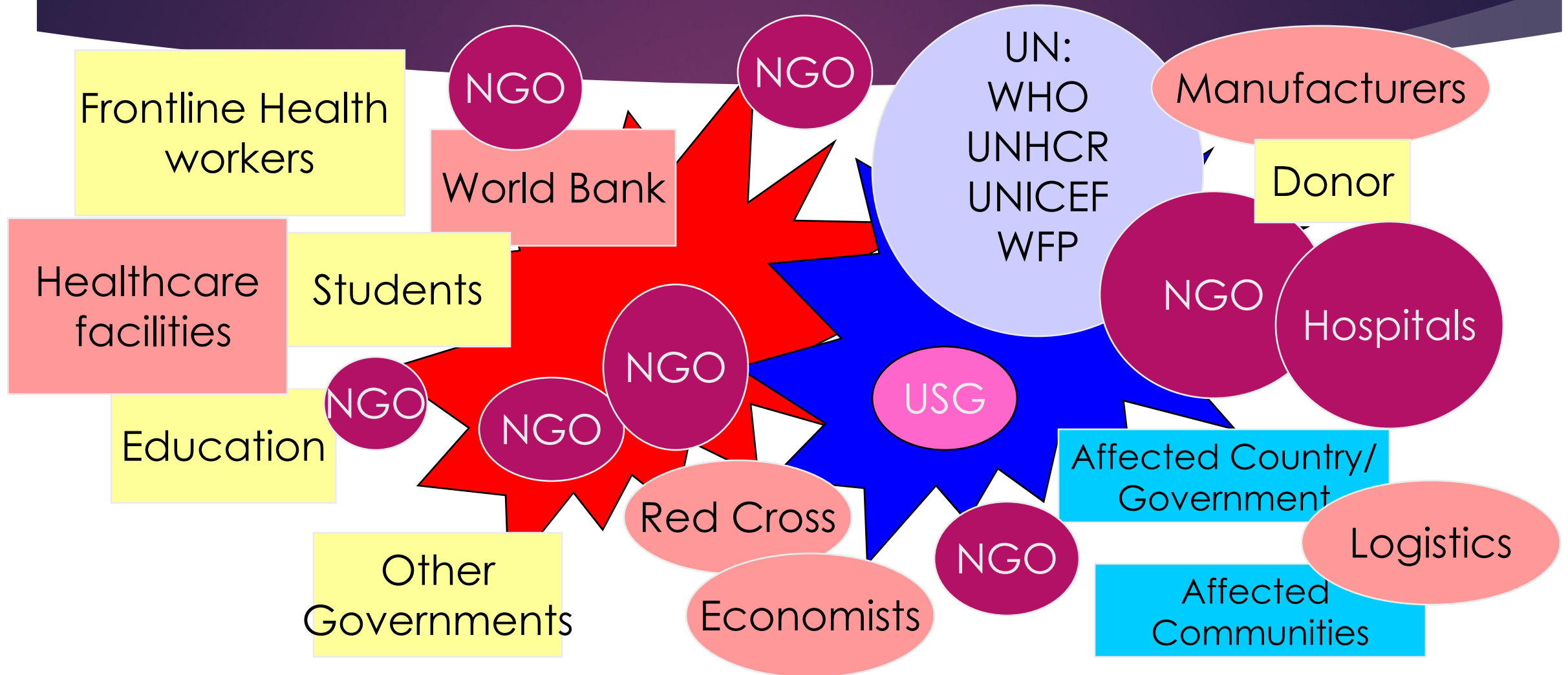
Kennedy
Krieger
Nursing

Penn
Engineers
Without
Borders
Cameroon

CORE Group
Executive
Director



The Fog of COVID-19 Response



2018
Bangkok,
Thailand

Prince
Mahidol
Award
Conference
(PMAC) on
Pandemics



How has COVID-19 Changed the Job Landscape?

Companies are still hiring interns and consultants, as well as some new grads, but cautiously

Delays in some hiring until situation is better understood, Slow on-boarding

Companies experiencing financial strains- mergers, government assistance, grant restrictions and re-allocations

Switch to remote work and finding creative methods to motivate staff, be effective operationally, mentor staff, and deal with mental health concerns

What are the needs with COVID-19

Over 135 organizations contributed to a multi-consortium Program & Operations Impact Assessment in April 2020

Over 90 organizations contributed to Rapid Needs Assessment in March

Regular feedback on weekly coordination calls, weekly meetings with country teams, etc.

Supply Chain and Procurement

- ▶ PPE needs at country-level are a priority concern
- ▶ Reproductive Health supplies are not reaching many facilities and communities
- ▶ Some countries are seeing a delay or slowdown of procurement supplies and/or delivery (Nicaragua HIV and TB, Mozambique malaria, Ethiopia water schemes and infrastructure)
- ▶ Non-US embassies in DC requesting NGO assistance for countries, but now PPE being diverted to USA needs
- ▶ Challenges in supply of essential medicines and vaccines (including antiretroviral drugs and treatment for malaria, pneumonia, and diarrhea)

Health & Nutrition Services

- ▶ Safety of clinical staff and disruption of services a concern, with lack of PPE
- ▶ Hospitals and clinics are unprepared to treat patients that need to be quarantined
- ▶ Need home-based services; how to offer with restrictions and risk
- ▶ Due to new export regulations of PPE; Health supplies that were earmarked for countries, are now being held for US
- ▶ Lack of transportation services and restrictions on population mobility is complicating service delivery and exacerbating health problems
- ▶ Overall lack of RMNCAH basic services- long term impact of this will be devastating
- ▶ Impact of child health- well visits, ECD, supplemental feeding, etc.- delays and disruption
- ▶ Schools closings mean school meals are not being distributed or are distributed less frequently, due to mobility restrictions and other factors
- ▶ Refugee health, rural populations, urban settlements- lack of services and guidance on COVID 19 protocols for these populations
- ▶ People with Disabilities are being ignored, lack of services and messaging
- ▶ Mental health issues are rising due to lack of systems to deal with pandemic and mental health crisis as a result- governments and NGOs are trying to respond, but often overwhelmed.

Community- based Campaigns and Services

- ▶ Mass immunization campaigns halted
- ▶ Malaria LLIN BedNet distribution has halted
- ▶ Many concerned about HIV testing, education and prevention, as well as condom supply chain
- ▶ Education and house-to-house visits are suspended for routine health services; some countries are hosting COVID-19 mini-workshops with social distancing restrictions;
- ▶ Mental health issues are rising due to lack of systems to deal with pandemic and mental health crisis as a result- governments and NGOs are trying to respond, but often overwhelmed.
- ▶ NGOs have Stop orders, travel restrictions, as well as country regulations- projects and services are in limbo, MOH requesting assistance
- ▶ Meetings with Local leaders, religious leaders, government district and community officials- many of these meetings stopped
- ▶ General lack of coordination and collaboration across sectors

Research, Monitoring & Evaluation

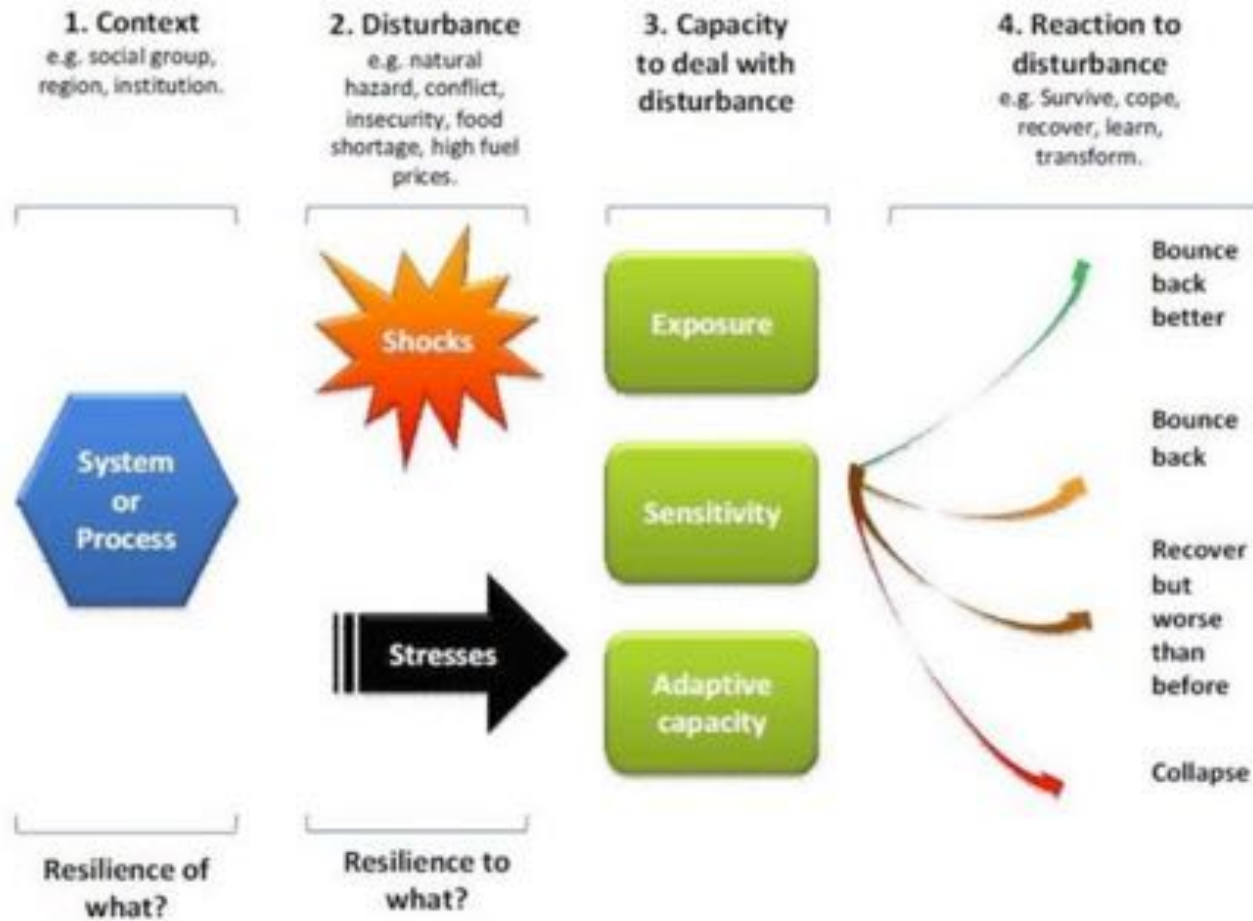
- ▶ Fellows have been sent back to the USA; training, research and capacity building of individuals and scientists impacted
- ▶ Impact evaluations, analysis, and research dissemination of USAID/OFDA/USG programs have been suspended or cancelled; Accurate data for existing programs and COVID19 response is an issue.

Supply chain analysis of micronutrients in health care system in Bangladesh is now cancelled and impacts food security.

Community-based dissemination of reproductive health research in Nepal has been stalled because of movement restrictions put in place because of covid19. This means that messages about accessing sexual and reproductive health services are not reaching women/girls in schools, community leaders, and municipal government officials.

Final Evaluation of adolescent RMNCH intervention in DRC interrupted (results may suffer from recall due to COVID timing)

- ▶ Vaccine Research and Development halted
- ▶ Field research suspended



Resiliency & Adaptation

Source: DFID's resilience framework (2011) Source: Department for International Development (DFID) (2011)
Defining Disaster Resilience: A DFID Approach Paper. DFID: London

What can you do now?

- ▶ **Enhance your Skills & Training-** Languages, Finances, Management, Technical, Clinical, Technology, Innovation, Focused technical skill
- ▶ Consider Short-term opportunities, Consultancies, Paid/un-paid internships, Volunteer
- ▶ Take additional certifications and professional training on-line
- ▶ Seek Good Mentors and Advisors
- ▶ Research the Organizations and their Mandates/Values; Look at their Board of Directors and Leadership- is it Diverse?
- ▶ Take Security and Disaster classes (<https://www.disasterready.org/>)
- ▶ Explore Youth/YP slots on Boards of Directors
- ▶ Explore YP opportunities (Women Deliver)

What can you do in the immediate future/on-going?

Speak Out and
Speak up- with
diplomacy and tact

Gender
Transformative
Action

Be a Champion and
Commit to Women,
LGBTQI, Poor,
Disabled, most
vulnerable

Have Ethical Actions
and follow a Code
of Conduct

Work with Local
partners

Collaborate, don't
re-invent or
duplicate

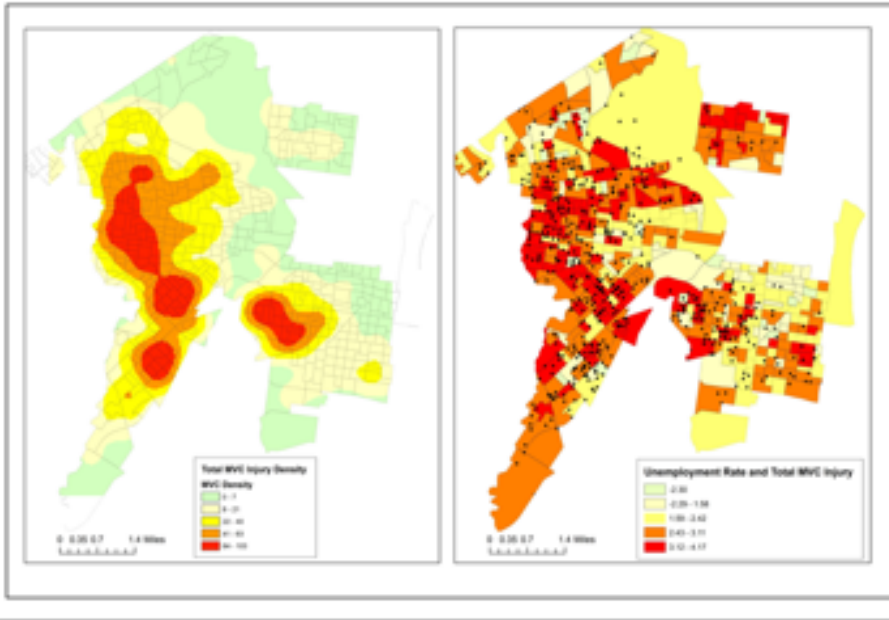
Demonstrate
Integrity with
Funding

Accountability to
Impact and Quality

Balance research
and intervention

Ensure personal
safety and security

Figure 1. MVC Injury Density and Unemployment Rate per Census Block



Technology & “Innovation”

21ST CENTURY, LOCALLY POWERED, REAL-TIME Crisis Coordination Software Demo

The screenshot displays three mobile app screens for a crisis coordination software demo. The first screen, 'Create a NeedList', shows a 'Step 1: Select an Issue' screen with a search bar and a list of issues. The second screen, 'Offer Claimed!', shows a confirmation message and a list of offers. The third screen, 'NEED-SUPPLY', shows a 'Diapers' need and a list of offers. The interface includes a 'MEET NEED' button and a 'LEARN MORE' button. The bottom of the screen shows a 'NEEDLIST' tab.

Needs from vetted local nonprofits

Offers from private and public sector

Community Voice and Assessment from the Beginning



**Penn Engineers
Without Borders in
Cameroon**

Key takeaways

QUALITY

CHALLENGE
**GIVE
RATIONALE

PASSIONATE

DATA/EVIDENCE/
GAPS

Dream BIG-
change the
NORM!

ASK QUESTIONS

Local
Partners

Sites for Global Health Jobs/Resources

- ▶ <https://coregroup.org/jobs-internships/>
- ▶ <http://www.globalhealth.org/>
- ▶ <https://www.interaction.org/careers/#ngo-job-board>
- ▶ <http://unjobs.org>
- ▶ <http://cfusion.sph.emory.edu/PHEC/phec.cfm>
- ▶ <http://www.devnetjobs.org/>
- ▶ <https://www.idealists.org/en/>
- ▶ www.reliefweb.int
- ▶ <https://www.womeningh.org/> -
<https://www.womeningh.org/operation-50-50>

Take Care of your Mental Health

- ▶ Physical exercise and meditation/Self-care
- ▶ Make a schedule that includes mental health wellness, physical time, creative time
- ▶ Seek counseling- telehealth
- ▶ Watch alcohol intake
- ▶ 1 creative, 1 physical, 1 self-care, 1 stimulating mentally, 1 fun



Physical Resilience and Mindfulness:

Staying active, maintaining a healthy immune system, rest and recovery, and using healthy nutrition.



Mental Resilience:

Outlook and perspectives, optimising brain functioning, self-belief, and adopting a growth mindset.



Emotional Resilience:

Self-awareness, emotional regulation, and realistic optimism.



Social Resilience:

Social connections and empathy.



Spiritual Resilience:

Aligning with values and beliefs, meaning, engagement, purpose, and connection.

Onwards!!

► Thank you! Stay safe, stay sane!

► Congratulations to the Graduates!

