

WHAT TO EXPECT FOR PROVIDERS

PENN MEDICINE HEALTHY HEART

ABOUT

Penn Medicine Healthy Heart is a text-based, six-month program of remote blood pressure and cholesterol management by a centralized team of navigators and NPs.

The program aims to extend the capacity of primary care providers to help patients at high cardiovascular risk to lower BP and cholesterol from the convenience of home.

Enrolled patients will be easily identified in the Epic storyboard. Standardized documentation will be available in the patient's chart.

ELIGIBILITY

Healthy Heart will be active from January to December 2024. Our team will outreach to eligible patients to enroll in the program after PCPs review their eligible patient lists.

Participants must meet all the following criteria:

- Age 35-80
- High blood pressure
- Untreated or undertreated high cholesterol

Participants must also meet one of the following criteria:

- Diagnosis of diabetes
- Diagnosis of cardiovascular disease
- High risk for cardiovascular disease

PATIENT QUESTIONS OR CONCERNS?

Please direct patients to contact their Healthy Heart Navigator listed under Patient Care Team or 215-278-9539.

PATIENT EXPERIENCE



Proactive patient identification based on ASCVD risk factors



Home BP monitoring and coaching by navigators

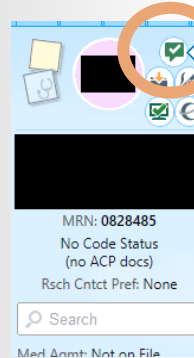


Medication management and adherence checks for BP and cholesterol



Nutrition, food insecurity, and tobacco treatment support

ENROLLMENT ICON



Text Outreach Programs

The patient is enrolled in the following programs:

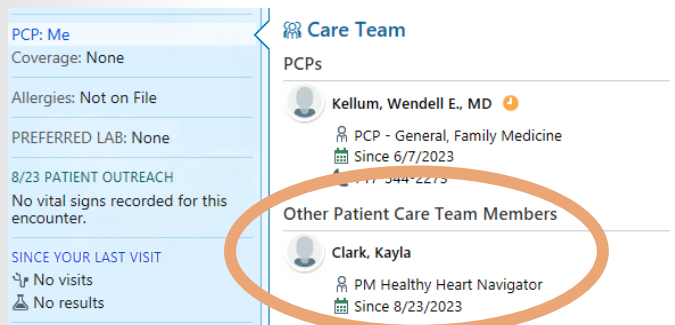
Penn Medicine Healthy Heart

[Jump to Way To Health](#)

[Jump to PM Healthy Heart Health Trends](#)

[Jump to PM Healthy Heart Home BP Review Flowsheet](#)

HEALTHY HEART NAVIGATOR ON CARE TEAM



PCP: Me
Coverage: None

Allergies: Not on File


PREFERRED LAB: None

8/23 PATIENT OUTREACH
No vital signs recorded for this encounter.

SINCE YOUR LAST VISIT
No visits
No results

Care Team

PCPs

Kellum, Wendell E., MD 
PCP - General, Family Medicine
Since 6/7/2023
215-278-2273

Other Patient Care Team Members

Clark, Kayla
PM Healthy Heart Navigator
Since 8/23/2023

CONTACT US

Email: healthyheart@penntmedicine.upenn.edu

Phone: 215-278-9539

Epic: PMHH Provider Pool

Learn more at <http://med.upenn.edu/healthyheart>

