

# The role of metastatectomy and additional therapy in kidney cancer

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# Case Presentation

- 62 year old man underwent CT scan after auto collision, and found to have 8 cm kidney tumor.
- Underwent nephrectomy



# Case Presentation

- No evidence of disease following surgery
- Five years later:
- 2 cm RLL lung nodule on surveillance CT scan.
- Feeling well.



# CASE PRESENTATION: What to do next?

LOCAL THERAPY?

SYSTEMIC THERAPY?

OBSERVATION?

# METASTASECTOMY

**DEFINITION:** Surgery to remove cancer beyond the primary site

Can be performed at the time the primary is removed or  
Years later

**RATIONALE:**

- Alleviate or prevent local symptoms
- Control the cancer: Help the patient live longer with good quality of life
- Obtain tissue for molecular analysis

# METASTASECTOMY

- Control the cancer: *Help the patient live longer with good quality of life*
- 1. Avoid systemic treatment and its potential toxicities
- or
- 2. Follow up with systemic treatment: Delay the development of resistant clones

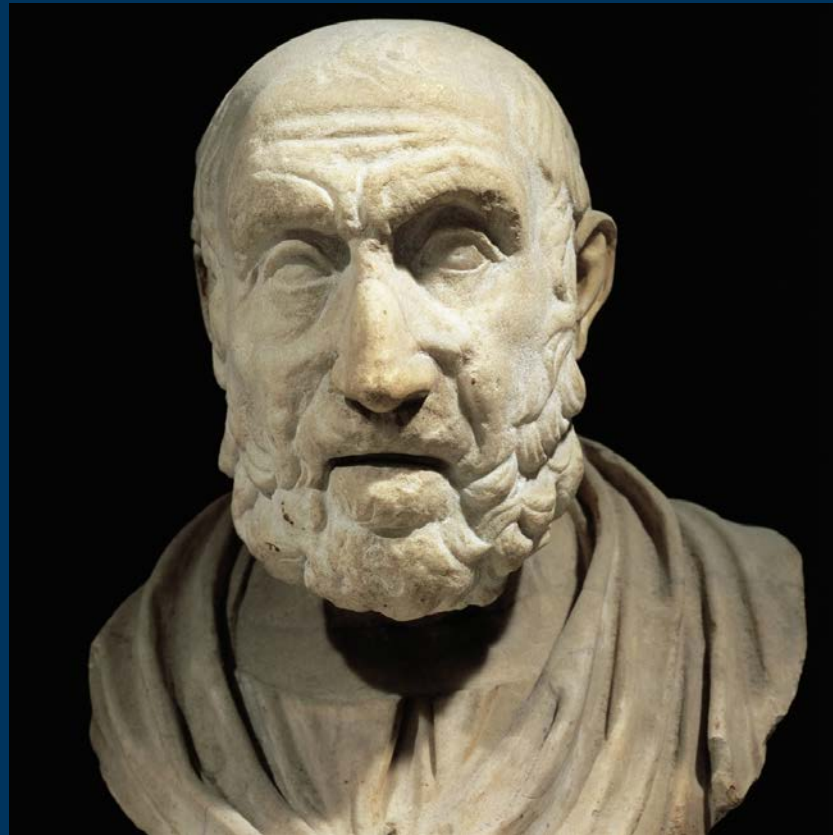
# METASTASECTOMY

SHOULD WE DO IT?

Do the risks of the operation outweigh the benefit from removing the visible cancer ?

# ANCIENT HISTORY OF SURGERY FOR CANCER

**400 BC** Hippocrates describes the stages of cancer and *advises against surgery for advanced disease*<sup>1</sup>





# Does Metastasectomy help patients?

How do we know?

Randomized Clinical Trial ???



# Does Metastasectomy help?

## How do we know?

## ~~Randomized Clinical Trial~~



PERSONAL EXPERIENCE  
EXPERT OPINION

# **METASTASECTOMY**

**SHOULD WE DO IT?**

**WHO WILL BENEFIT?**

All patients are not the same

How can we tell?

# METASTASECTOMY-WHAT FACTORS PREDICT LONGER TIME UNTIL RECURRENCE?

NUMBER OF METASTATIC SITES

DISEASE-FREE INTERVAL

**2019:** No set “formula” or highly evidence-based approach. Treatment is individualized based on clinical features, MD experience and patient preference

# Case Presentation Continued

- 62 year old man underwent nephrectomy for T3a ccRCC 5 years ago.
- CT now: 2 cm RLL lung nodule
- Nodule Resected
- No evidence of disease following surgery
- Medical oncologist recommends close follow up
- Thoracic Surgeon is **FURIOUS** that no systemic treatment is offered after the operation...



# The Metastasectomy Dilemma

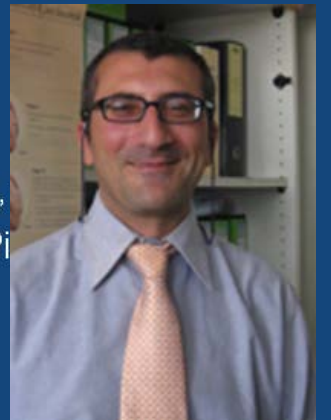
- Metastasectomy has been performed for mRCC for over 80 years.
  - *Synchronous*: at time of nephrectomy; *Metachronous*: later
- Risk of recurrent disease is high
- No systemic therapy has been shown to improve outcomes in patients NED after metastasectomy:

**UNMET NEED**

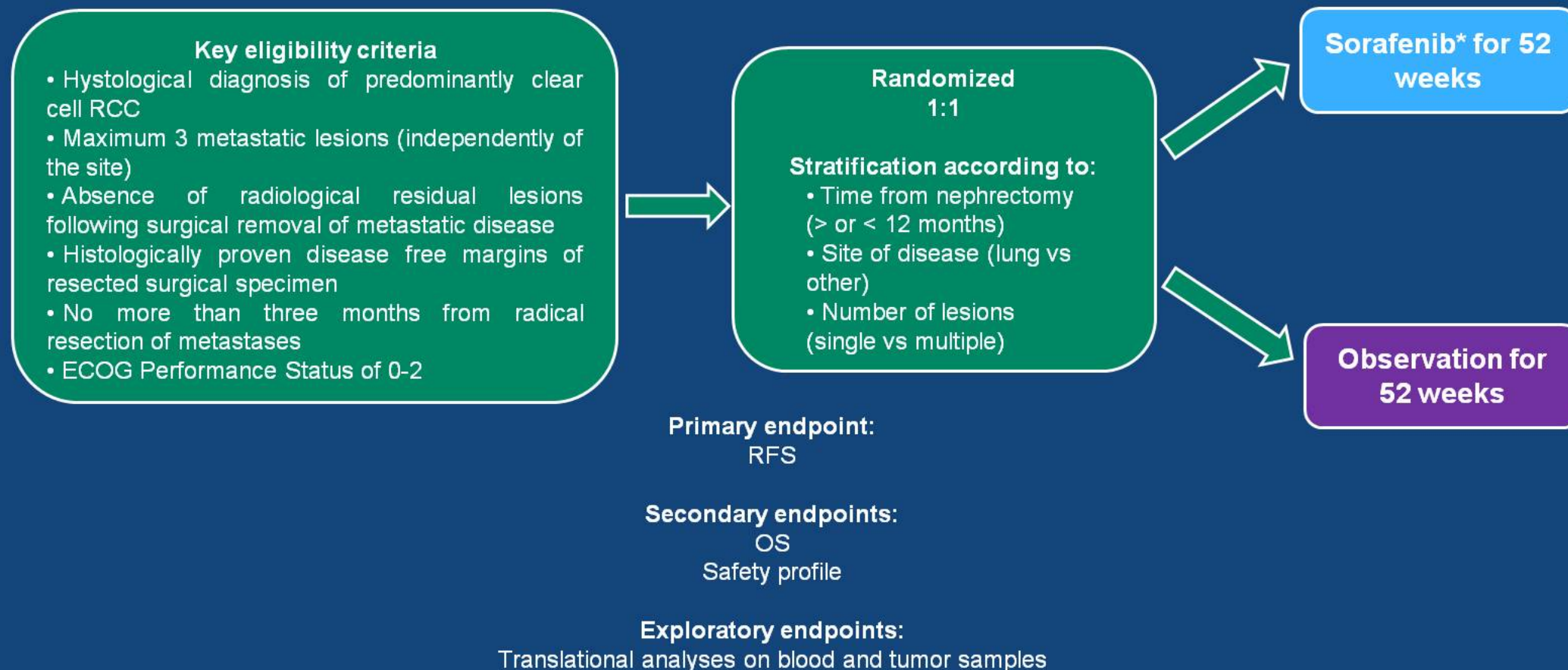
# A randomized, open label, multicenter phase 2 study, to evaluate the efficacy of Sorafenib in patients with advanced Renal Cell Carcinoma (RCC) after a radical resection of the metastases: RESORT trial.

**Giuseppe Procopio**<sup>1</sup>, Francesco Cognetti<sup>2</sup>, Rosalba Miceli<sup>1</sup>, Michele Milella<sup>2</sup>, Alessandra Mosca<sup>3</sup>, Vincenzo Chiuri<sup>4</sup>, Alessandra Bearz<sup>5</sup>, Franco Morelli<sup>6</sup>, Cinzia Ortega<sup>7</sup>, Francesco Atzori<sup>8</sup>, Maddalena Donini<sup>9</sup>, Raffaele Ratta<sup>1</sup>, Antonella Martinetti<sup>1</sup>, Rosanna Montone<sup>1</sup>, Filippo de Braud<sup>1</sup>, Vera Cappelletti<sup>1</sup>, Elena Verzoni<sup>1</sup>

<sup>1</sup>Istituto Nazionale Tumori, Milan; <sup>2</sup>IRCCS Regina Elena National Cancer Institute, Rome; <sup>3</sup>AOU Maggiore della Carità; <sup>4</sup>Ospedale Vito Fazzi, Lecce; <sup>5</sup>CRO, Aviano; <sup>6</sup>Casa Sollievo della Sofferenza, S. Giovanni Rotondo; <sup>7</sup>Fondazione del Pi per l'Oncologia, IRCCS Candiolo (TO); <sup>8</sup>Azienda Ospedaliera Universitaria, Cagliari; <sup>9</sup>AO Istituti Ospitalieri, Cremona



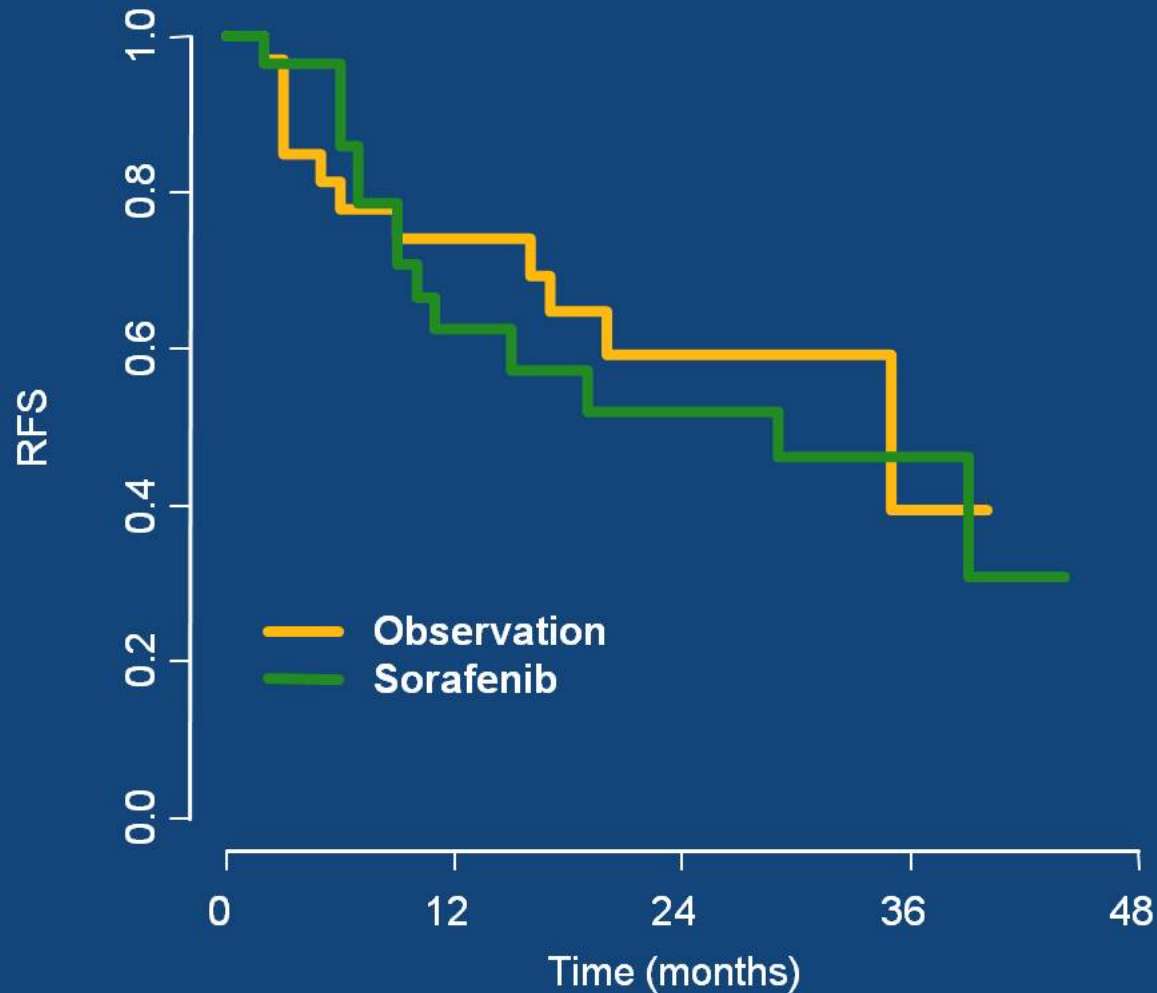
# RESORT: Study Design



\*Starting dose: Sorafenib 400 mg once a day for 3 weeks. After 21 days the dose should be increased to the standard dose (400 mg bid) if the patient has not experienced greater than Grade I skin toxicity or greater than Grade II of any other toxicity.

RFS, Recurrence Free Survival  
OS, Overall Survival

# mRFS in the two treatment arms



	n. of pts*	n. of events	median (months)
arm= OBS**	36	12	35.0
arm= SORAFENIB	32	14	29.0

	12 months RFS (% , 95% CI)	24 months RFS (% , 95% CI)
arm= OBS**	74 (59-91)	59 (42-82)
arm= SORAFENIB	62 (46-84)	52 (35-76)

\* pts, patients  
\*\* OBS, observation

# Randomized, double-blind phase III study of pazopanib versus placebo in patients with metastatic renal cell carcinoma who have no evidence of disease following metastasectomy: A trial of the ECOG-ACRIN cancer research group (E2810)

Leonard J. Appleman, Maneka Puligandla, Sumanta K. Pal, Wayne Harris, Neeraj Agarwal, Brian A. Costello, Christopher W. Ryan, Michael Pins, Jill Kolesar, Daniel A. Vaena, Rahul A. Parikh, Mehmood Hashmi, Janice P. Dutcher, Robert S. DiPaola, Naomi B. Haas, Michael A. Carducci;

UPMC Hillman Cancer Center, Pittsburgh, PA; Dana Farber Cancer Institute, Boston, MA; City of Hope Comprehensive Cancer Center, Duarte, CA; Emory University School of Medicine, Department of Hematology and Medical Oncology, Winship Cancer Institute of Emory University, Atlanta, GA; Huntsman Cancer Institute, University of Utah, Salt Lake City, UT; Mayo Clinic, Rochester, MN; Oregon Health & Science University, Knight Cancer Institute, Portland, OR; University of Illinois College of Medicine, Chicago, IL; University of Wisconsin Carbone Cancer Center, Madison, WI; University of Iowa Hospitals and Clinics, Holden Comprehensive Cancer Center, Iowa City, IA; University of Kansas Cancer Center, Westwood, KS; University of Kansas, Kansas City, KS; Our Lady of Mercy Cancer Center, New York, NY; University of Kentucky, Lexington, KY; Penn Medicine Abramson Cancer Center, Philadelphia, PA; Sidney Kimmel Cancer Center At Johns Hopkins, Baltimore, MD

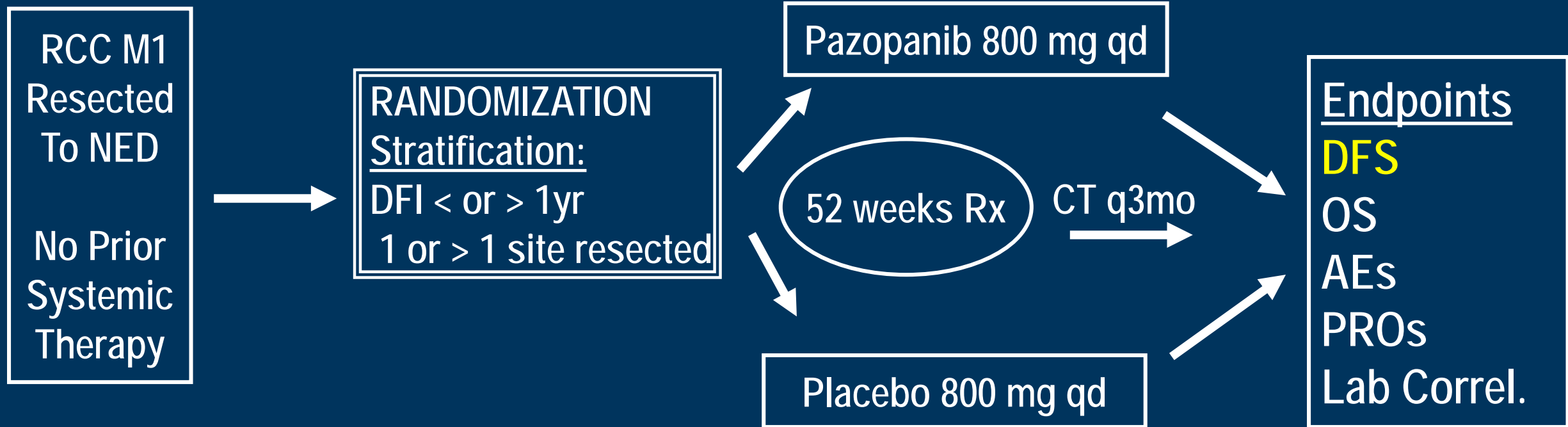
# Pazopanib

- **Pazopanib** has been a standard of care for first-line systemic therapy for metastatic RCC based upon improved progression-free survival (PFS) compared to placebo (**Sternberg *et al.* 2010**). PFS was non-inferior vs. sunitinib and **favorable patient reported outcomes** (Motzer *et al.* 2013).
- Utility of VEGF-targeted agents in the NED (adjuvant or post-metastasectomy) state was unknown at study conception

# E2810 Hypothesis

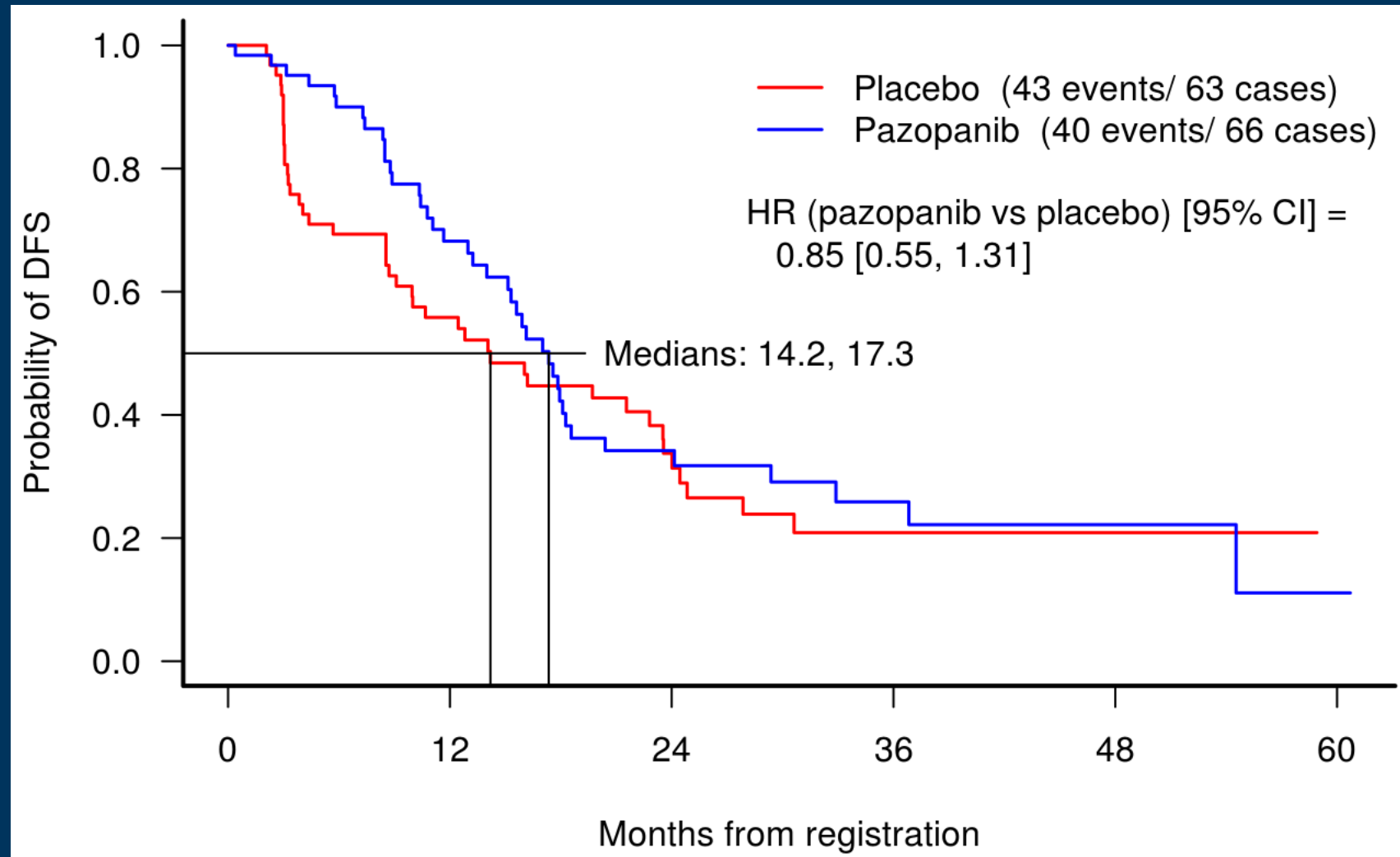
12 months of pazopanib treatment will increase disease-free survival in patients with metastatic RCC who have been rendered radiographically disease free by surgical metastasectomy

# E2810 STUDY SCHEMA

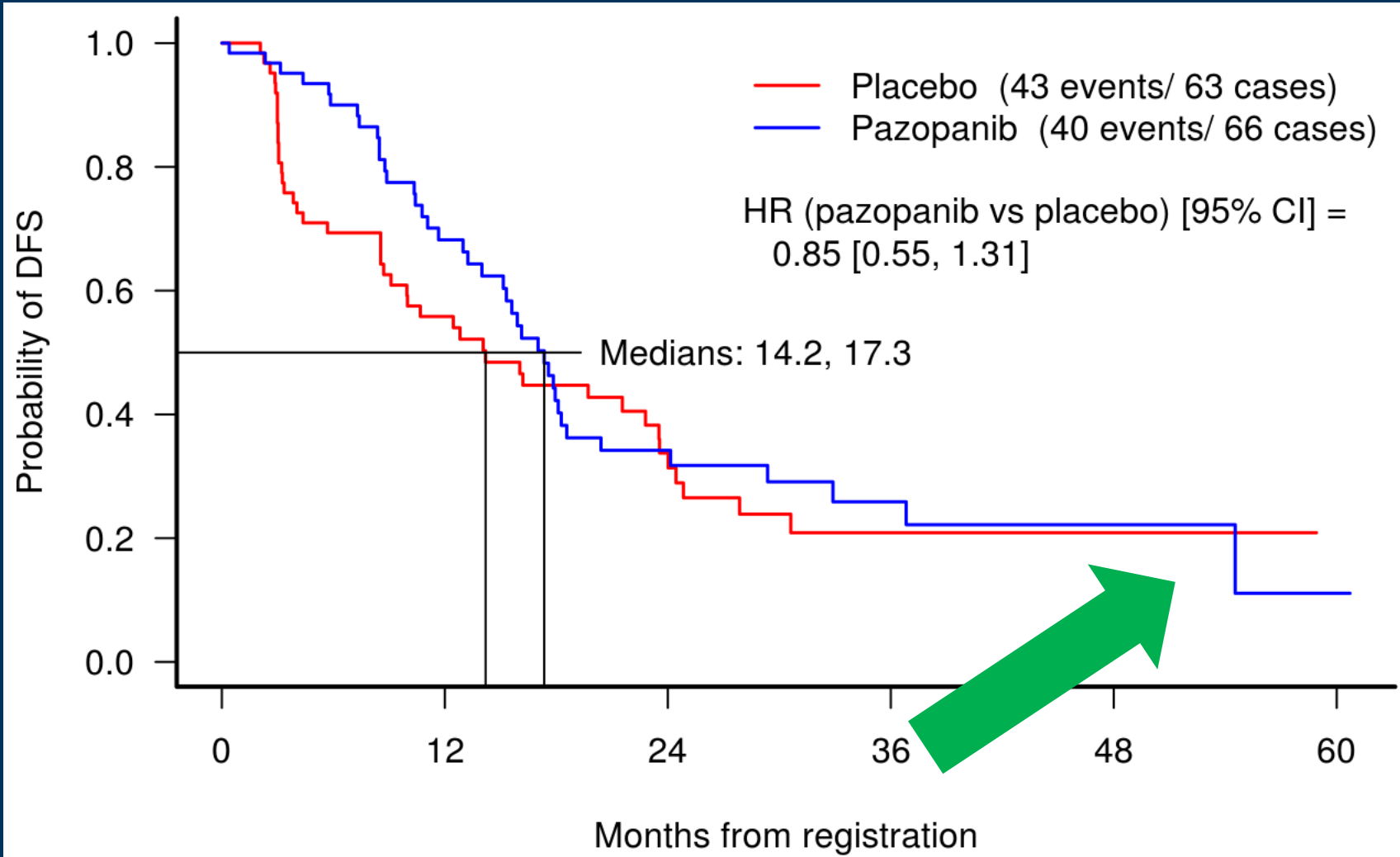


DFI: disease-free interval  
DFS: disease-free survival  
PRO: patient reported outcome

# Pazopanib did not improve disease-free survival



# Pazopanib did not improve disease-free survival



Median follow up-30 months  
83/129 DFS events (64%)

36 month DFS:  
Pazopanib 26%  
Placebo 22%

(estimated 25% at start of study)

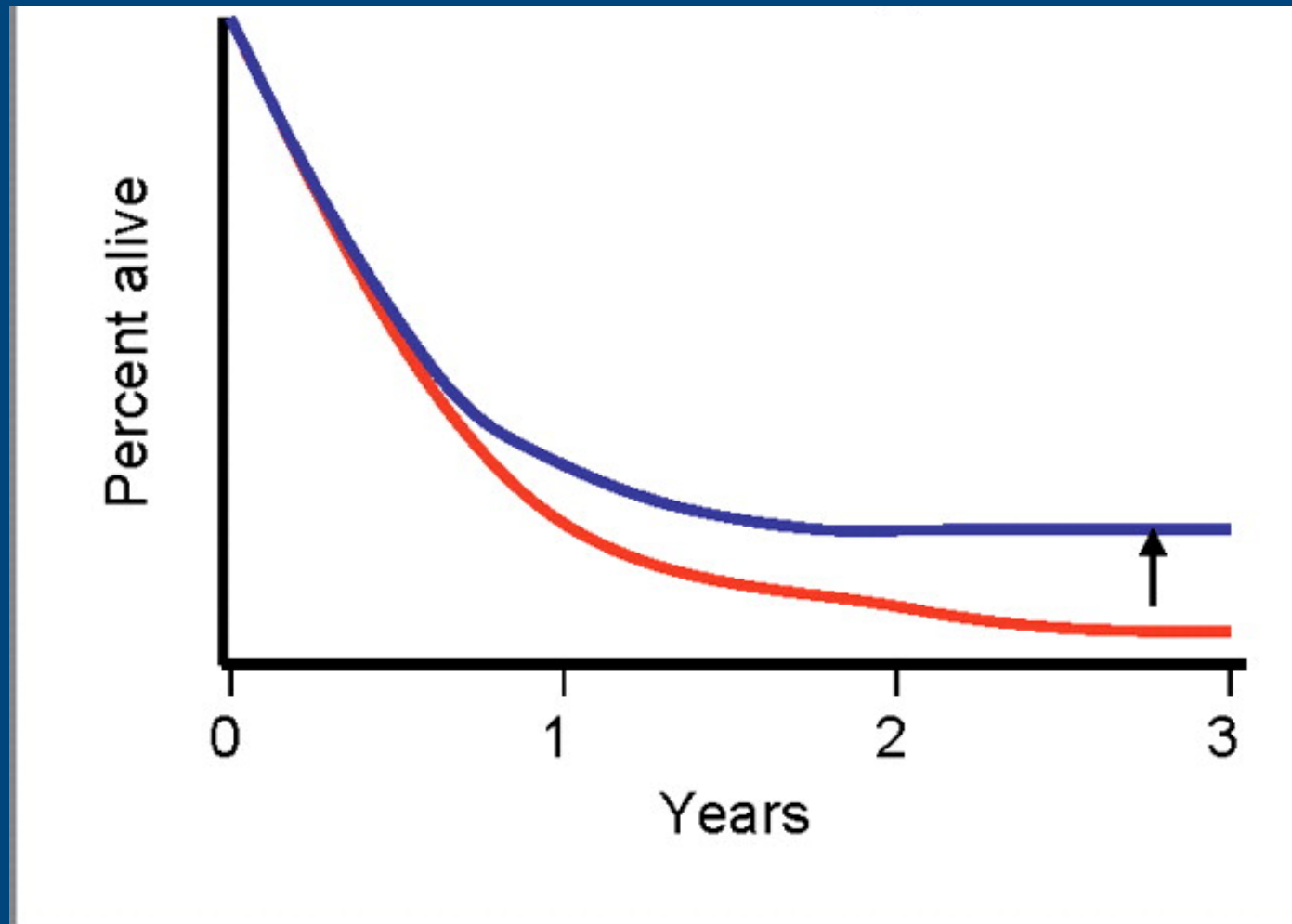
# OUTCOMES AFTER METASTASECTOMY MEDIAN VS. "TAIL OF THE CURVE"

"This is a personal story of statistics..."

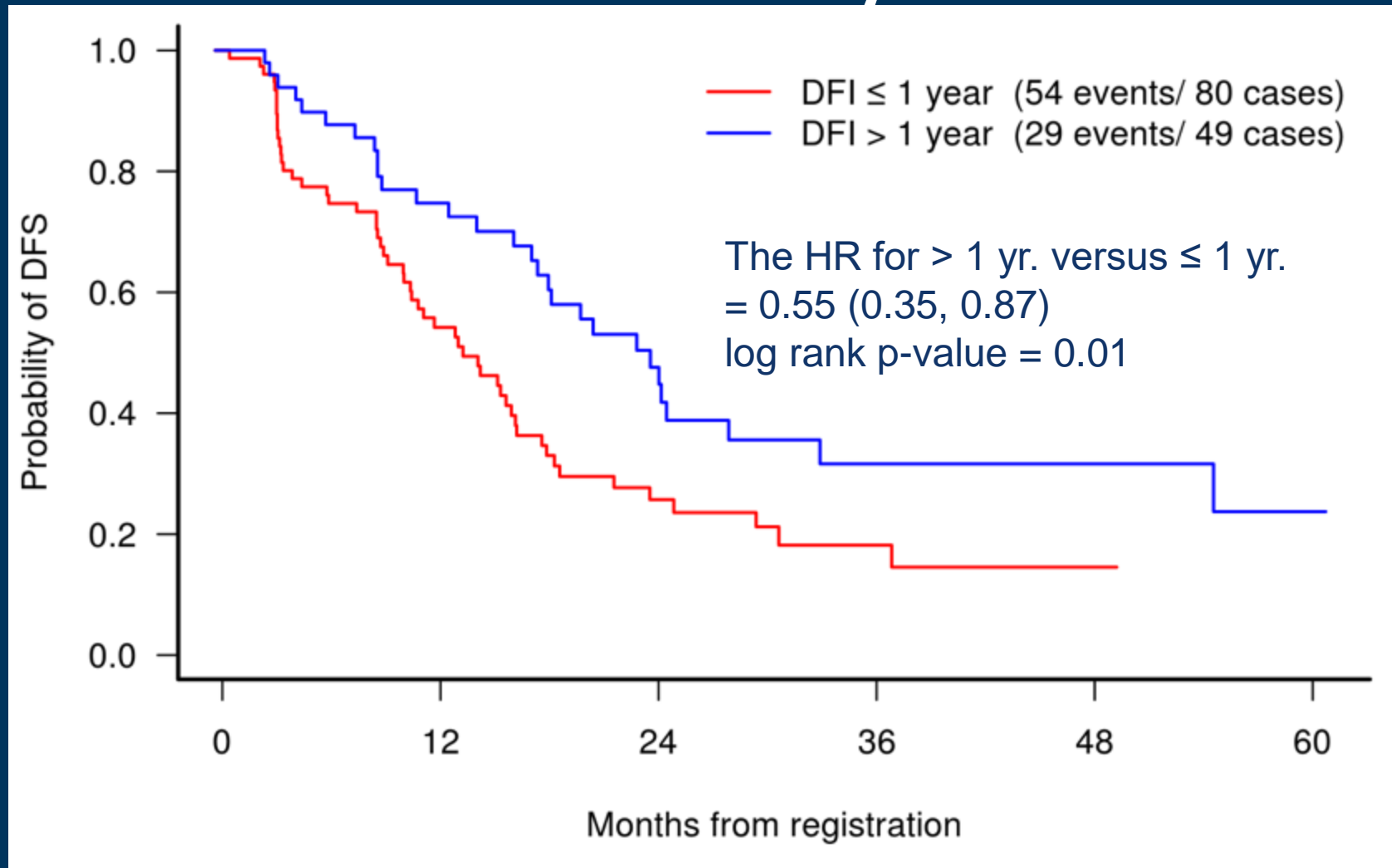
## THE MEDIAN ISN'T THE MESSAGE

by Stephen Jay Gould

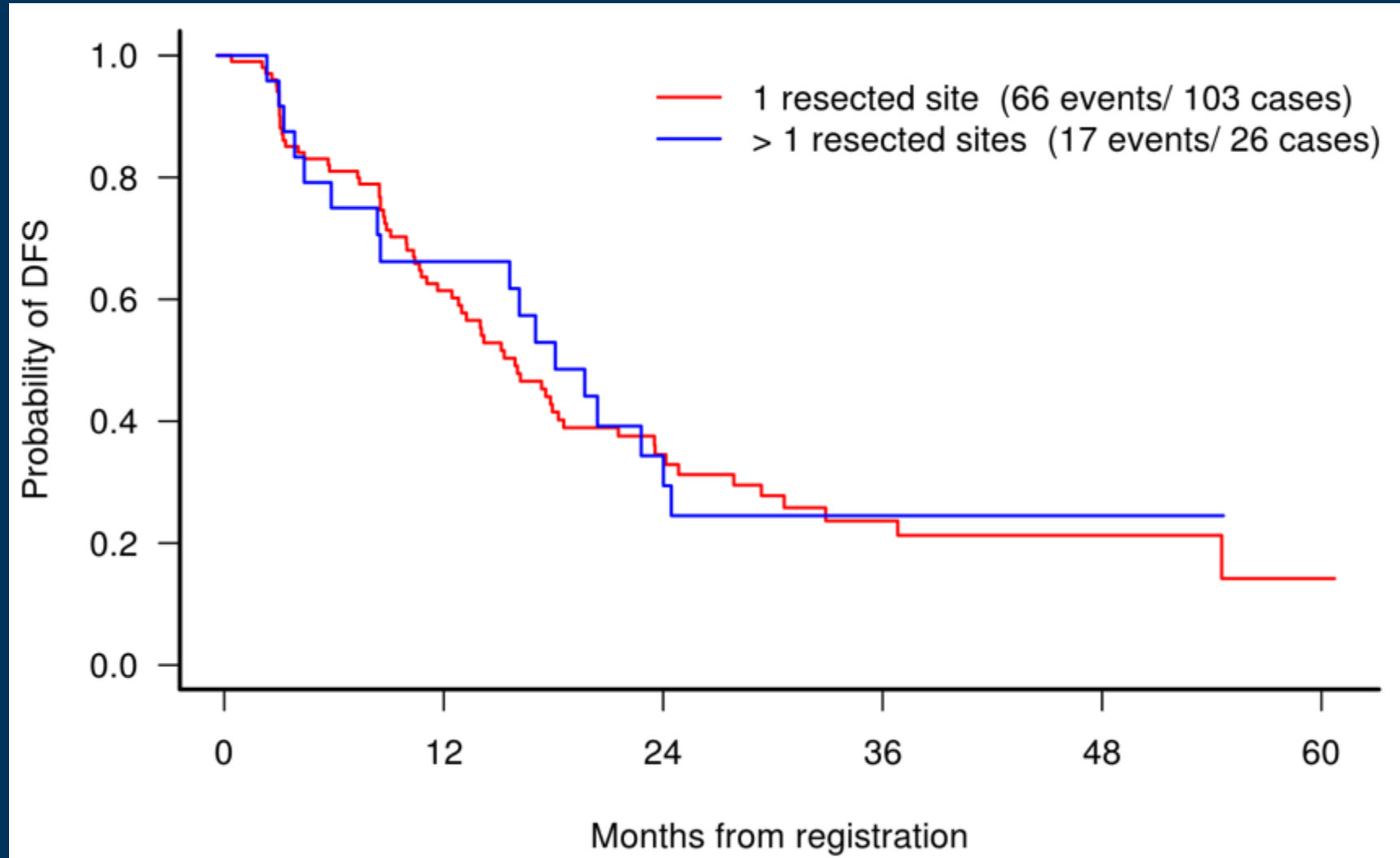
Born in 1941, Stephen Jay Gould was a geologist, zoologist, paleontologist and evolutionary biologist at Harvard. He was also one of the most noted, prolific and best-selling scientific writers of our day. He was diagnosed in 1982 with abdominal mesothelioma, a rare and very deadly form of cancer associated with exposure to asbestos. This is his story. It was first published in *Discover* magazine in June 1985 and was reprinted here at Phoenix5 with his kind permission. He beat the cancer for 20 years, finally passing on May 20, 2002, giving all of us a valuable lesson in beating the odds.



# Trend toward improved disease-free survival for disease-free interval > 1 year



# DFS by Stratification Factor: Number of Resected Sites



# CYTOREDUCTIVE NEPHRECTOMY

One third of patients with renal cell carcinoma present with metastatic disease

Hypothesis: removal of primary tumor will be beneficial  
Because...

1. Alleviation of tumor-mediated immune suppression

# CYTOREDUCTIVE NEPHRECTOMY IN PATIENTS WITH METASTATIC RENAL CANCER: A COMBINED ANALYSIS

ROBERT C. FLANIGAN,\* G. MICKISCH, RICHARD SYLVESTER, CATHY TANGEN,†  
H. VAN POPPEL AND E. DAVID CRAWFORD

*From the Southwest Oncology Group and European Organization for the Research and Treatment of Cancer Genitourinary Group, Loyola University Medical Center (RCF), Maywood, Illinois, Centrum Fuer Operative Urologie (GM), Bremen, Germany, European Organization for the Research and Treatment of Cancer Data Center (RS), Brussels and UZ Gasthuisberg (HVP), Leuven, Belgium, Southwest Oncology Group Statistical Center (CT), Seattle, Washington, and University of Colorado Medical Center (EDC), Denver, Colorado*

**Two Randomized studies:** Newly diagnosed metastatic RCC with primary in place:

Interferon- $\alpha$ 2b\*

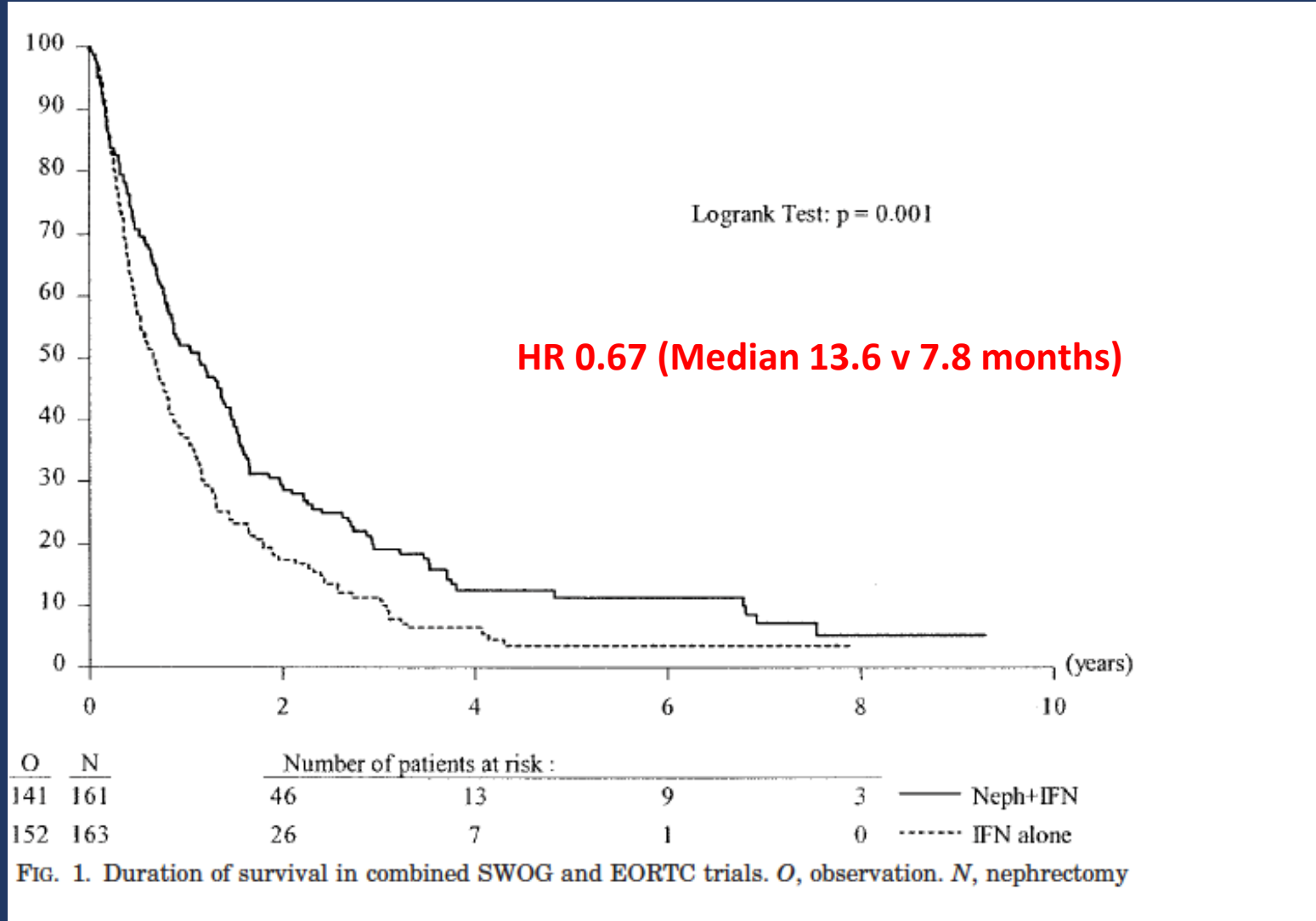
vs.

Cytoreductive nephrectomy followed by Interferon- $\alpha$ 2b

SWOG (n=241) and EORTC (n=83); 1990s

\*Median PFS 5-6 months. Response rate 6%.  
Significant chronic and constitutional toxicity

# Cytoreductive nephrectomy +IFN vs IFN Alone: Combined SWOG/EORTC OVERALL SURVIVAL



**1990s-2006**  
**Interferon-a2b**



**2006-2013**  
**Targeted Rx**  
**Sorafenib, sunitinib,**  
**temsirolimus, everolimus,**  
**pazopanib, axitinib,**  
**bevacizumab, cabozantinib**



**Is there a benefit to cytoreductive  
nephrectomy for patients treated  
with targeted therapy against  
VEFG and other pathways?**

## Platinum Priority – Kidney Cancer

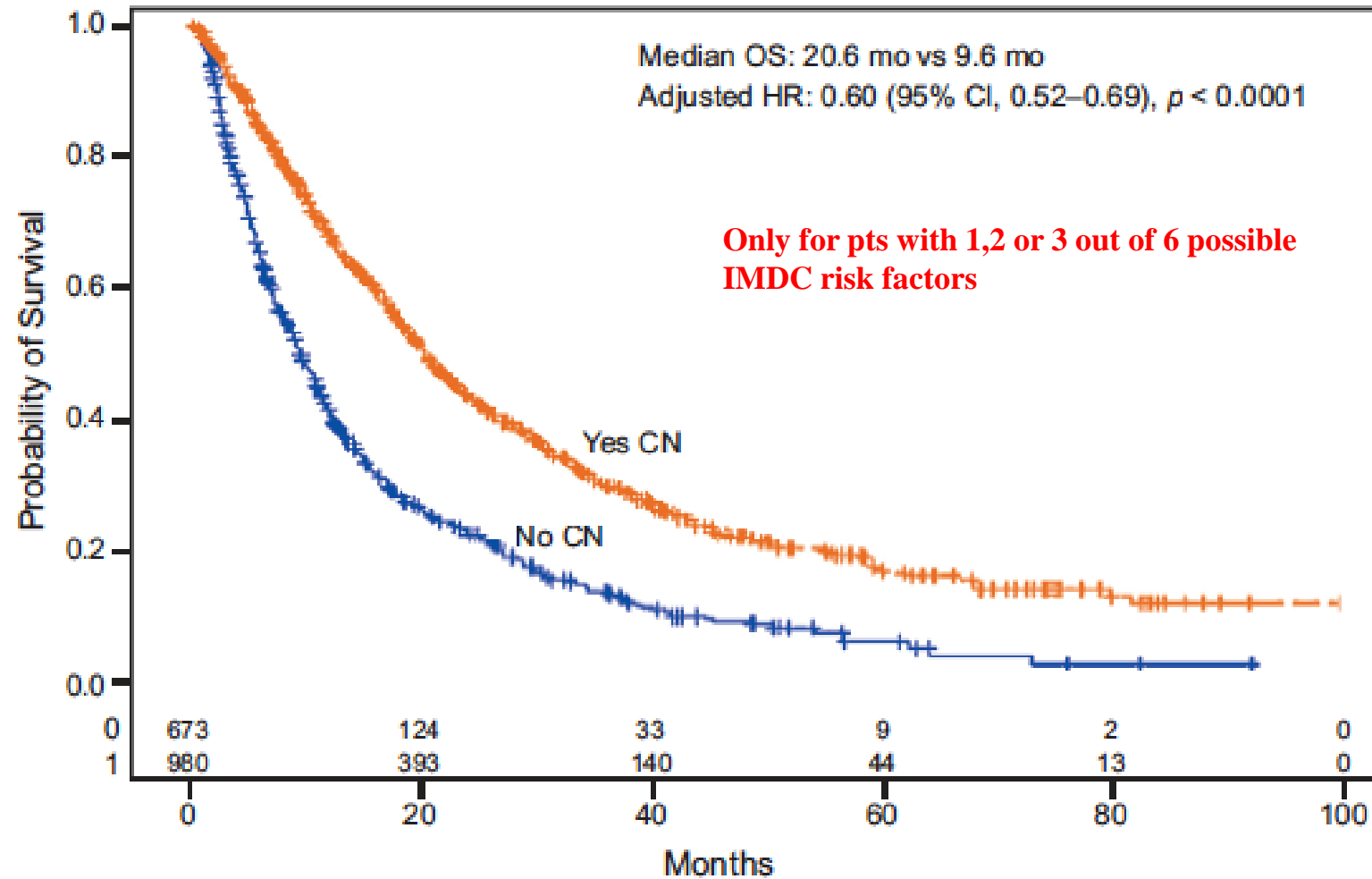
*Editorial by Stephen H. Culp on pp. 711–712 of this issue*

# Cytoreductive Nephrectomy in Patients with Synchronous Metastases from Renal Cell Carcinoma: Results from the International Metastatic Renal Cell Carcinoma Database Consortium

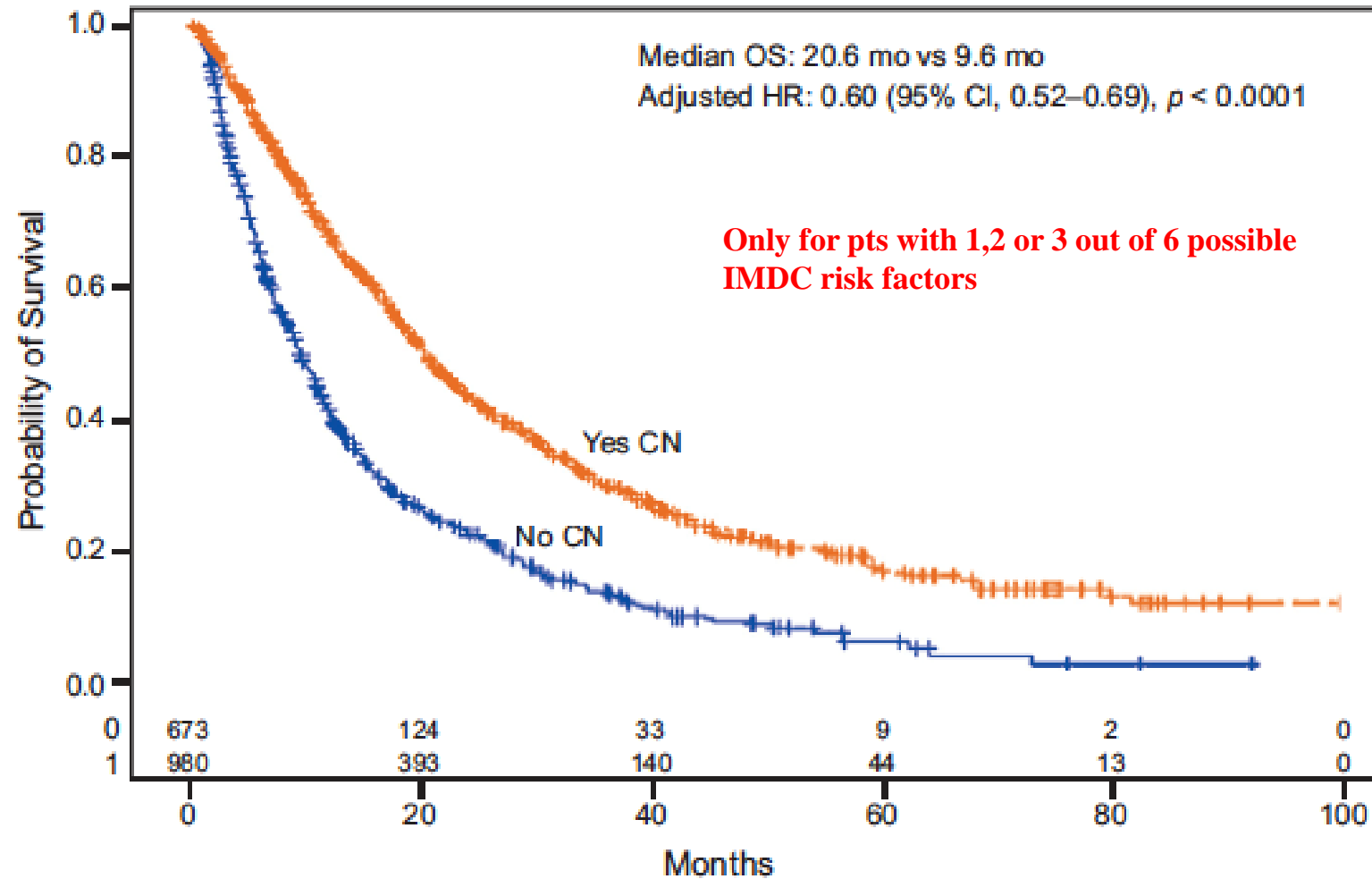
*Daniel Y.C. Heng<sup>a,\*†</sup>, J. Connor Wells<sup>a,†</sup>, Brian I. Rini<sup>b</sup>, Benoit Beuselinck<sup>c</sup>, Jae-Lyun Lee<sup>d</sup>, Jennifer J. Knox<sup>e</sup>, Georg A. Bjarnason<sup>f</sup>, Sumanta Kumar Pal<sup>g</sup>, Christian K. Kollmannsberger<sup>h</sup>, Takeshi Yuasa<sup>i</sup>, Sandy Srinivas<sup>j</sup>, Frede Donskov<sup>k</sup>, Aristotelis Bamias<sup>l</sup>, Lori A. Wood<sup>m</sup>, D. Scott Ernst<sup>n</sup>, Neeraj Agarwal<sup>o</sup>, Ulka N. Vaishampayan<sup>p</sup>, Sun Young Rha<sup>q</sup>, Jenny J. Kim<sup>r</sup>, Toni K. Choueiri<sup>s</sup>*

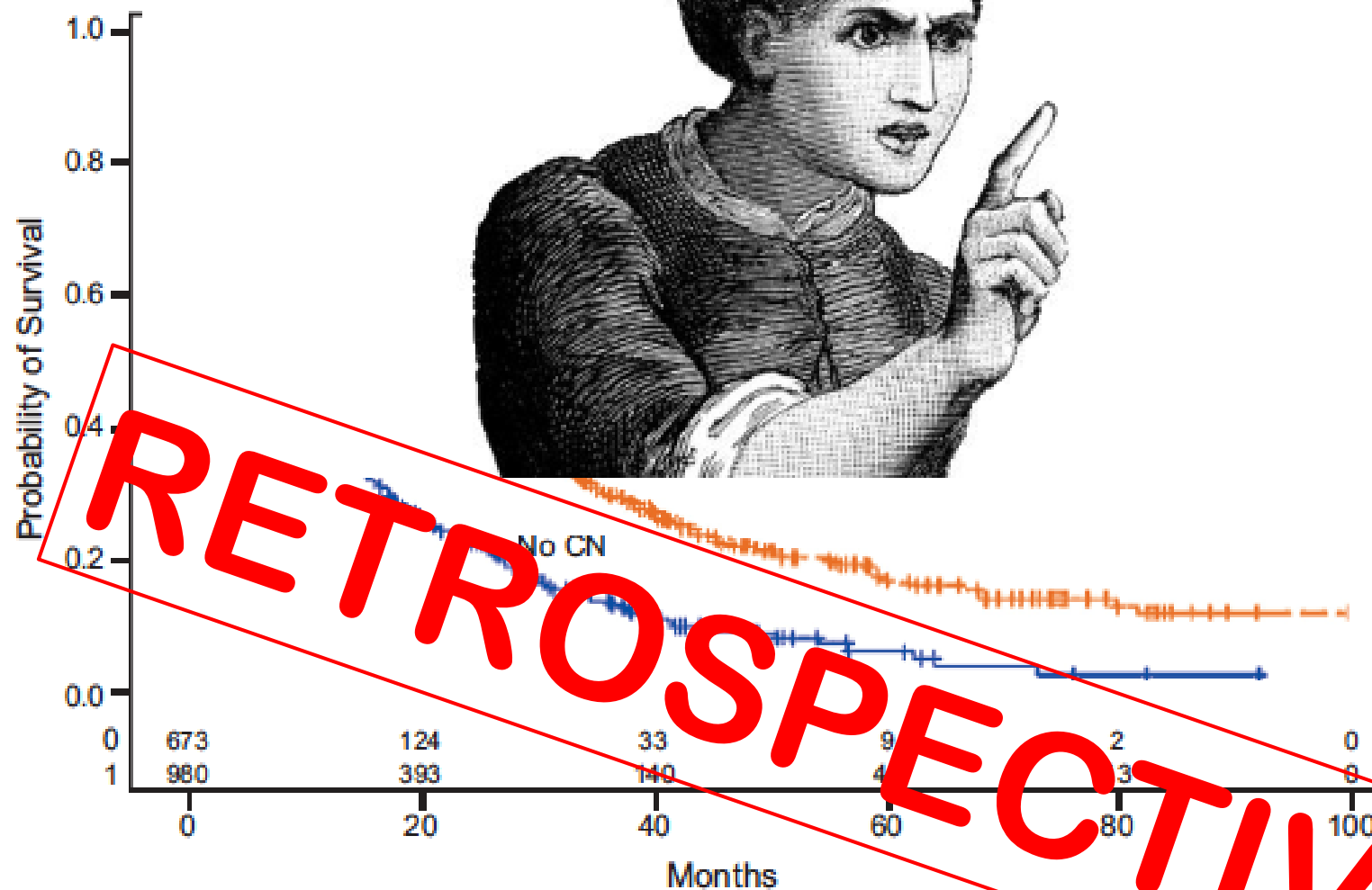


# Heng *et al.* Overall Survival



# Heng *et al.* Overall Survival





# CARMENA : Cytoreductive nephrectomy followed by sunitinib versus sunitinib alone in metastatic renal cell carcinoma (mRCC) - Results of a phase III non-inferiority trial. (NCT00930033)

Arnaud Méjean, Alain Ravaud, Simon Thezenas, Sandra Colas, Jean-Baptiste Beauval, Karim Bensalah, Lionnel Geoffrois, Antoine Thiery-Vuillemin, Luc Cormier, Hervé Lang, Laurent Guy, Gwenaelle Gravis, Frederic Rolland, Claude Linassier, Eric Lechevallier, Christian Beisland, Michael Aitchison, Stephane Oudard, Jean-Jacques Patard, Christine Theodore, Christine Chevreau, Brigitte Laguerre, Jacques Hubert, Marine Gross-Goupil, Jean-Christophe Bernhard, Laurence Albiges, Marc-Olivier Timsit, Thierry Lebreton, Bernard Escudier

On Behalf of Carmena investigators



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PRESENTED BY: Arnaud Méjean

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**Arnaud Méjean**

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Professeur d'Urologie, HEGP, Hopital Necker, APHP, Université Paris Descartes, Responsable Comité de Cancérologie de l'AFU Administrateur de l'AFU

Presented By Arnaud Mejean at 2018 ASCO Annual Meeting

# CARMENA: Prospective, multicenter, open-label, randomized, phase 3 non-inferiority study

- Confirmed metastatic clear cell RCC / Biopsy
- ECOG-PS 0-1
- Amenable to nephrectomy
- Eligible for sunitinib
- Brain metastases absent/controlled by treatment
- No prior systemic therapy for RCC

R  
1:1

#### Stratification

- MSKCC risk group
- Center location

Arm A

nephrectomy

3-6 weeks

Sunitinib

50 mg QD 4 wks on / 2 wks off

Arm B

Sunitinib

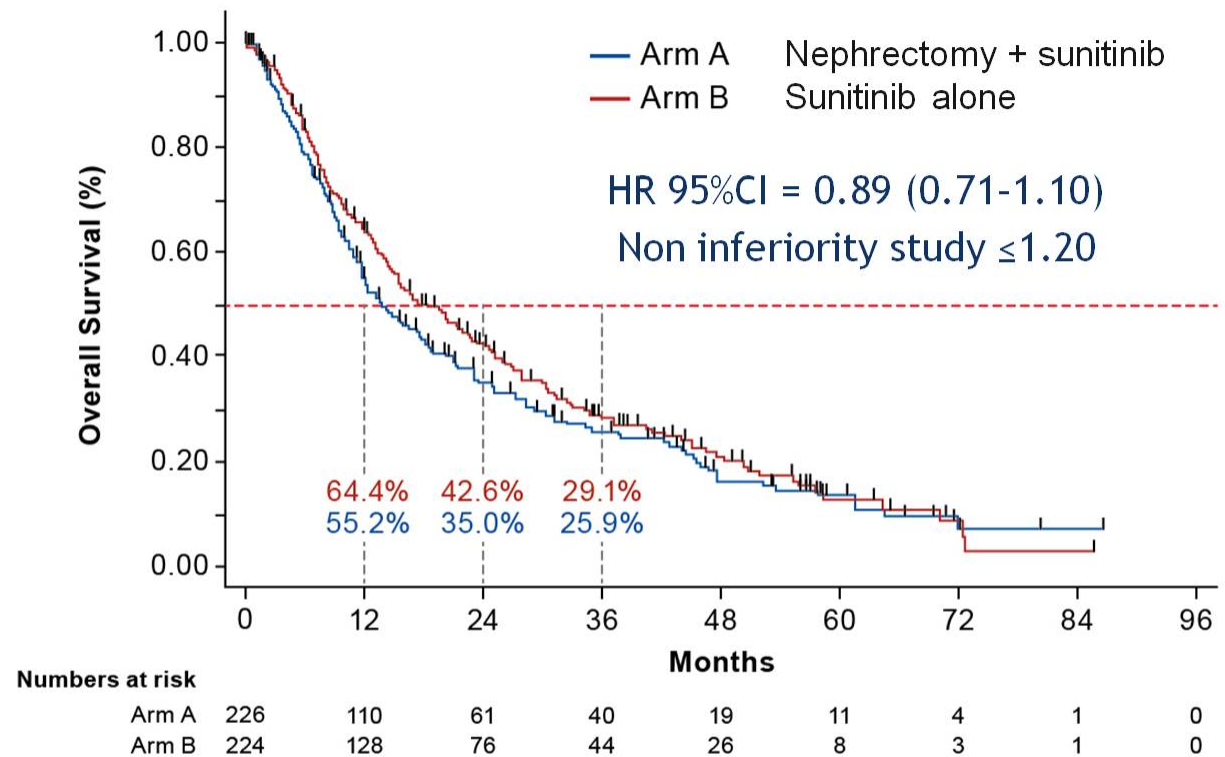
50 mg QD 4 wks on / 2 wks off

**Primary endpoint:**  
Overall survival

**Secondary endpoints:**  
Progression-free survival, objective response rate, clinical benefit, safety

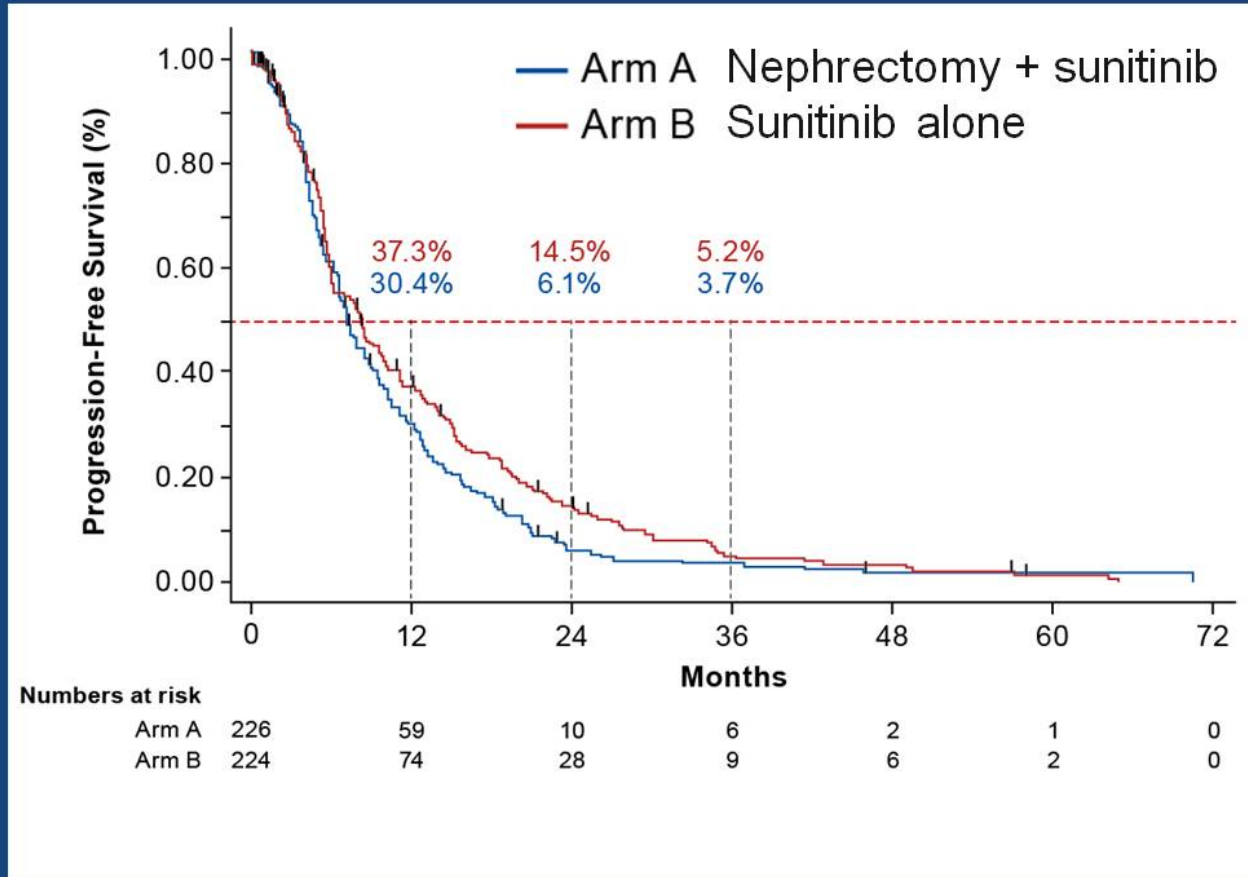
LPI, last patient included; MSKCC, Memorial Sloan Kettering Cancer Center; QD, once daily; R, randomization; RCC, renal cell carcinoma

# Overall survival (ITT)



Median follow-up was 50.9 months (range 0.0-86.6)

# Progression free survival (ITT)



	Median PFS, months (95% CI)	HR (95% CI)
Arm A: Nephrectomy + Sunitinib (n = 226)	7.2 (6.5-8.5)	0.82 (0.67-1.00)
Arm B: Sunitinib alone (n = 224)	8.3 (6.2-9.9)	

CN, cytoreductive nephrectomy; PFS, progression-free survival

# CARMENA STUDY

- How should/will this change practice?
- Would be helpful to know about patients who were not considered for the study and went to surgery as standard of care because physician or patient preference (including outcomes).
- How to reconcile with IMDC data?

**1990s-2006**

Interferon-a2b



**2006-2016**

Targeted Rx  
Sorafenib, sunitinib,  
temsirolimus, everolimus,  
pazopanib, axitinib,  
bevacizumab, cabozantinib



**2019-**

PD-1 antibodies,  
Combos



# FUTURE DIRECTIONS

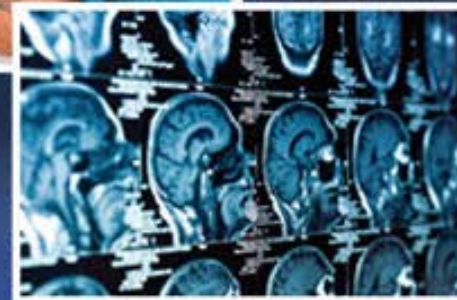
## Metastasectomy and Immune checkpoint inhibitors

- Oligometastatic disease allowed in ongoing adjuvant randomized studies:
  - **PROSPER-RCC** (EA8143, NCT03055013) (metastasectomy allowed within 12 weeks of nephrectomy). (Nivolumab vs. observation; pre/post-op; L. Harshman, P.I.)
  - **KEYNOTE 564** (NCT03142334; Pazopanib vs. placebo (metastasectomy allowed within 1 year)
  - **IMmotion010** (NCT03024996; atezolizumab vs. placebo; metachronous or synchronous metastasectomy allowed)

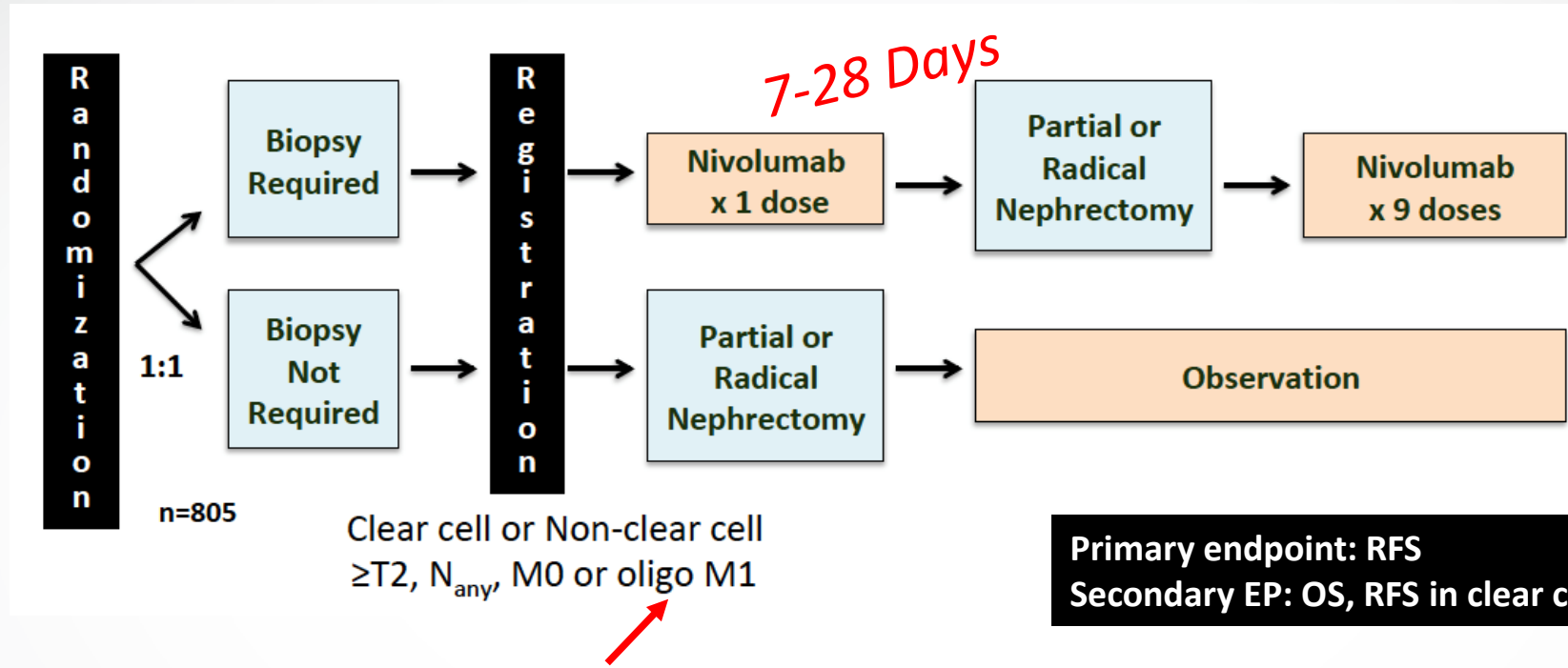
EA8143 Study Update  
*A Phase 3 RandOmized Study Comparing  
PERioperative Nivolumab vs. Observation in  
Patients with Localized Renal Cell Carcinoma  
Undergoing Nephrectomy (PROSPER RCC)*



Lauren Harshman, MD  
EA8143 Study Chair  
ECOG-ACRIN Fall Group Meeting  
*October 2018*  
Fort Lauderdale, FL



## EA8143 PROSPER RCC: Adjuvant Therapy with a Twist



- Need the trifecta: presurgical priming with PD-1 blockade necessary for enhanced efficacy
- 1 adjuvant dose may not be sufficient → further engage with adjuvant therapy
- No Placebo—patients really do care about this!

# ADDITIONAL LOCAL TREATMENT OPTIONS

- Radiation Therapy (including stereotactic radiation)
  - Kidney cancer not particularly sensitive to radiation but new techniques can achieve higher doses without damage to normal tissues
- Thermal energy techniques
  - Cryotherapy (tumor ice ball)
  - Radiofrequency ablation (kill it with fire!)
  - Embolization/chemoembolization

# Future treatment paradigm?

- Pre-operative priming with immunotherapy (anti-PD-1)
- Surgery to remove metastasis
- Post-operative immunotherapy and close monitoring.



# Medicine vs. Surgery



VS.



# Medicine AND Surgery (for some patients)



# THANK YOU

