

PENN MEDICINE AT HOME

AN INTEGRATED SUITE OF PROGRAMS ACROSS THE CONTINUUM OF CARE TO PROVIDE PERSONALIZED SERVICES FOR EACH UNIQUE PATIENT.

PENN MEDICINE HOME HEALTH

When patients are discharged from the hospital or recovering from an illness, it takes time for the body to heal. Skilled home health care provided by Penn Medicine Home Health helps patients during post-hospitalization or illness recovery. This service assists patients in carrying out their doctors' plan of care in the comfort and convenience of their own homes.

In addition to providing care, our team is focused on teaching patients and their caregivers the proper treatment regimen so homebound patients can continue to live a healthy and independent life.

- **Our Care Teams can provide a variety of services including:** Nursing care, physical therapy, occupational therapy, speech therapy, medical social service, certified home health aides, intravenous medications, catheter care, diabetic education, post-surgery cardiac assessment, treatment of hypertension, wound and ostomy care.
- **Specialized programs include:** Enterostomal therapy, joint replacement rehabilitation, telehealth, heart failure, sepsis, multiple sclerosis, stroke, and spine care.

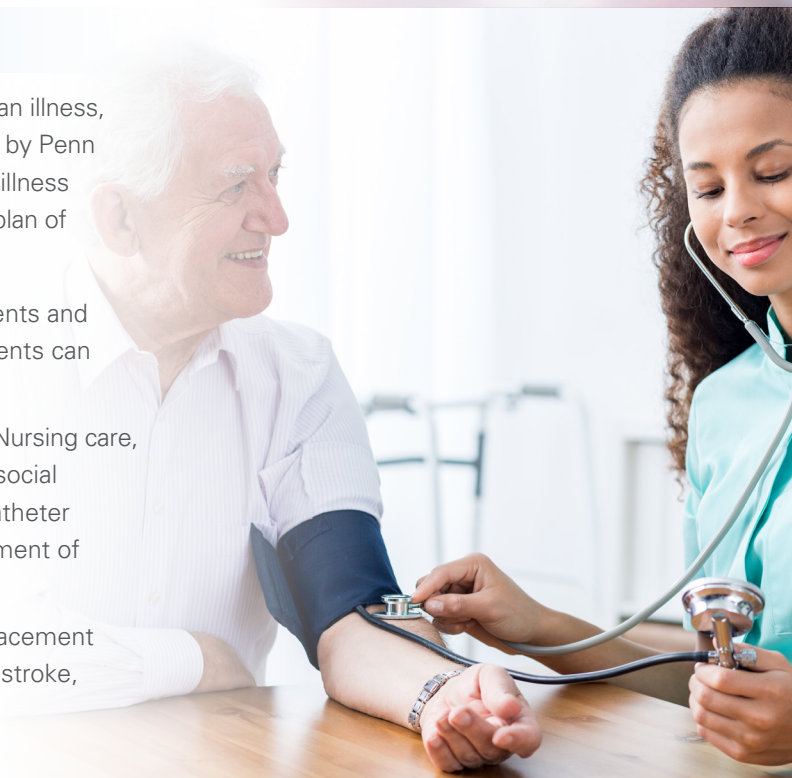
PENN MEDICINE HOSPICE

Hospice provides care for those with limited life expectancy who want to focus their care on comfort and quality. We provide hospice care anywhere a patient calls home — their private residence, skilled nursing facility, assisted living facility, continuing care community or in our freestanding Inpatient Hospice Unit.

Our multidisciplinary and holistic approach to care treats the physical, emotional, spiritual, and social challenges of the patient and family facing a life-limiting illness. We give each patient the utmost care, dignity and respect, honoring their wishes and making them comfortable at the end of life.

Expert pain and symptom management is provided by our hospice care team members, including the patient's physician, hospice physicians, nurse practitioners, palliative certified nursing team, licensed clinical social workers, hospice aides, masters-prepared chaplains, dietary counselors, specialty trained volunteers, bereavement counselors, masters-prepared adult and children's bereavement coordinators and physical, occupational and speech therapists.

- Our multidisciplinary team will establish an individualized plan of care, which includes the care team, equipment, supplies and medications required to meet the needs of the patient.
- **Support services include:** Adult and teen volunteers, pet and music therapy, massage, reiki and aroma therapy.





PENN HOME INFUSION THERAPY

Receiving intravenous medical treatments at your doctor's office or the hospital may be inconvenient and disrupt your daily routine. For easier access to your medications, we offer the option of receiving intravenous infusion in the comfort of your home, providing you with more flexibility and independence in your daily routine.

- **Common therapies:** Antibiotics, biologics, catheter care, chemotherapy, nutrition, hemophilic therapies (factor), immune globulin, milrinone, steroids
- **Supportive therapies:** Antiemetics, colony stimulating factor, hydration (IVF), and pain management (PCA)

PENN HOME PALLIATIVE CARE

The goal of palliative care is to improve quality of life for patients facing a serious illness and their families. Our trained staff can help relieve a patient's suffering by alleviating pain and symptoms, reducing stress and anxiety, and providing emotional and spiritual support.

- **Our team includes:** Registered nurses, home health aides, social workers, physical, occupational, speech and language therapists, nurse practitioners and spiritual care providers.
- **Specialty services include:**
 - Pain management
 - Help with nausea
 - Fatigue
 - Shortness of breath and anxiety
 - Help understanding medication
 - Physical and occupational therapy to maximize quality of life
 - After-hours emergency support via telephone or nurse visit
 - Assistance in completing an advance directive or living will
 - Support for family and caregivers
 - Telemedicine



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