

# Cookbooks and Recipe Resources for During and After Cancer Treatment

## Books

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- *Dinner Through a Straw: A Handbook for Maxillary Trauma*, revised edition, by Patti Ran Thigpen. Dethero Enterprises, 2006. [www.dinnerthroughastraw.net](http://www.dinnerthroughastraw.net)
- *Eat Well Stay Nourished: A Recipe and Resource Guide for Coping With Eating Challenges, Volume 1*, by Support for People With Oral and Head and Neck Cancer (SPOHNC), 2005.
- *Eat Well Stay Nourished: A Recipe and Resource Guide for Coping With Eating Challenges, Volume 2*, by Support for People With Oral and Head and Neck Cancer (SPOHNC), 2005.
- *Eating Well Through Cancer: Easy Recipes & Tips to Guide You Through Treatment and Cancer Prevention*, 3rd edition, by Holly Clegg and Gerald Miettello. Southwestern Publishing Group, 2016.
- *The Essential Cancer Treatment Nutrition Guide and Cookbook*, by Jean Lamantia, RD, and Neil Berinstein, MD. Rose, Robert Incorporated, 2012.
- *The Cancer-Fighting Kitchen: Nourishing, Big-Flavor Recipes for Cancer Treatment and Recovery*, 2nd edition, by Rebecca Katz and Mat Edelson. Ten Speed Press, 2017.
- *What to Eat During Cancer Treatment*, 2nd edition, by Jeanne Besser and Barbara Grant. American Cancer Society, 2018.

## Websites

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- Cook for Your Life: Healthy Cooking for Cancer Patients: [www.cookforyourlife.org](http://www.cookforyourlife.org)
- Memorial Sloan Kettering Cancer Center, “Recipes for People With Cancer”: [www.mskcc.org/experience/patient-support/nutrition-cancer/recipes](http://www.mskcc.org/experience/patient-support/nutrition-cancer/recipes)
- American Institute for Cancer Research, recipes: [www.aicr.org/cancer-prevention/recipes](http://www.aicr.org/cancer-prevention/recipes)
- Cancer Support Community, “Recipe Gallery”: [www.cancersupportcommunity.org/recipe-gallery](http://www.cancersupportcommunity.org/recipe-gallery)

