**Individual Development Plan for Rising 3rd year MD-PhDs questions**

1. **What do you view as your most significant accomplishments and challenges during MS2?**
2. **Now that you’ve completed part of Module 4, what clinical fields are currently most appealing to you? (Include all fields of interest, even if you haven’t yet had much exposure to some of them).**
3. **What are your long term career goals?**
4. **What do you hope to gain from your course work in the coming year?**
5. **What do you anticipate will be some of the challenges in the coming year and what are your thoughts on how to meet them?**
6. **Describe where you are in terms of lab rotations and potential thesis mentor choice. (eg “I rotated with Dr. X last summer, and am currently working with Dr. Y. I plan to do a 3rd rotation but am not sure with who. Right now I am leaning toward choosing Dr. Y, but will take more time to decide.”)**
7. **What factors will be most important to you in choosing a dissertation lab?**
8. **What are your research plans for year 3 (eg when will you start dissertation research vs. do you plan to do additional rotations for breadth or because they are required)?**
9. **What are your current thoughts on potential dissertation research topic(s), mentor(s), and, if applicable, field work sites?**
10. **What are some of your strategies for handling stress? What are some of the things you enjoy doing outside of academics?**