

## Hello McKay!

Don't forget to join us for coffee THIS THURSDAY! Details below.

We hope you're all happy with your ORS submissions last week. Maybe you're just relieved it's all over. Speaking of ORS, our applications for the McKay DEI ORS 2024 conference grant are open for undergrads looking to learn more about orthopaedics! Please shout the details from rooftops and share with anyone who may be interested!

## Fellowships for International Postdocs



Fellowships for International Postdocs, 2023

Thank you to everyone who came out to our Fellowships for International Postdocs panel last month cohosted by the Penn Postdoctoral Association CET committee. We'll be putting together a list of funding mechanisms, but for now, if you weren't able to join, here are some of the key takeaways from the panel:

1. **K99/R00:** Dr. Kristy Nicks, NIH NIAMS Program Director, emphasized the importance of timing the submission to a 48-month eligibility window and putting together a strong mentoring plan.
2. **K99/R00 MOSAIC:** To clarify, this program is for US residents only.
3. **R21 and R01:** International postdocs promoted to Research Associate qualify for both these funding mechanisms. The Biomedical Postdoctoral Program will be providing further guidance in the near future.
4. **Additional Opportunities:** Awardees recommend seeking out small grants from scientific organizations and societies while you build up for larger fellowships.
5. If you would like guidance on what funds you may be eligible to apply for, please reach out to your [International Student and Scholar Services advisor](#).
6. **Please email the DEI committee with the details of funding mechanisms relevant to international members of our department**

**For those preparing a K99/R00 application, the Penn Postdoctoral Association will be hosting a writing workshop in the spring!**

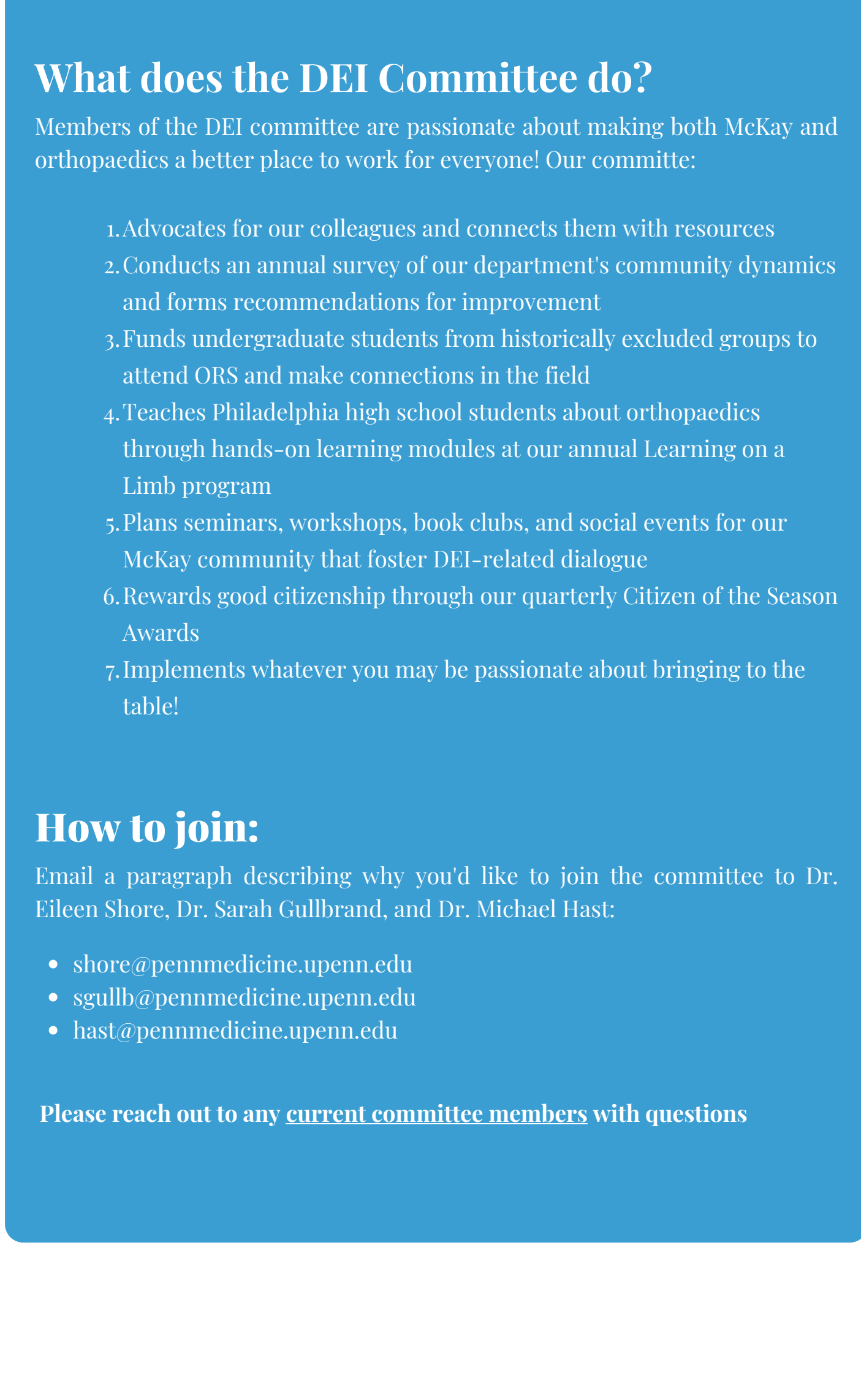
## Conference Grant Program: ORS 2024

We are once again recruiting undergraduate students to attend ORS 2024. Please forward the application information to anyone you know who may have eligible and interested students in the Philadelphia area.

Conference awards include all costs associated with the event, including registration, housing, and meals, mentorship pairings with current McKay PhD students and Post-Docs, pre- and post-conference academic crash course sessions, and continual exposure to internship and professional development opportunities from students' new, growing networks.

[Application Details](#)

## Join the DEI Committee!



Learning on a Limb Team 2023

### What does the DEI Committee do?

Members of the DEI committee are passionate about making both McKay and orthopaedics a better place to work for everyone! Our committee:

1. Advocates for our colleagues and connects them with resources
2. Conducts an annual survey of our department's community dynamics and forms recommendations for improvement
3. Funds undergraduate students from historically excluded groups to attend ORS and make connections in the field
4. Teaches Philadelphia high school students about orthopaedics through hands-on learning modules at our annual Learning on a Limb program
5. Plans seminars, workshops, book clubs, and social events for our McKay community that foster DEI-related dialogue
6. Rewards good citizenship through our quarterly Citizen of the Season Awards
7. Implements whatever you may be passionate about bringing to the table!

### How to join:

Email a paragraph describing why you'd like to join the committee to Dr. Eileen Shore, Dr. Sarah Gullbrand, and Dr. Michael Hast:

- shore@penmedicine.upenn.edu
- sgullb@penmedicine.upenn.edu
- hast@penmedicine.upenn.edu

Please reach out to [our current committee members](#) with questions

## Events

**McKay Fall Welcome Donuts and Coffee**  
Come help us welcome our new students within our department!



**McKay Fall Welcome Donuts and Coffee**  
9/7 9:30 am 3rd Floor Lobby

New and seasoned members of McKay, please join the graduate student committee in welcoming new members of our department with a piping hot coffee and a donut. Be there or be square (get it? Cause donuts are circles).

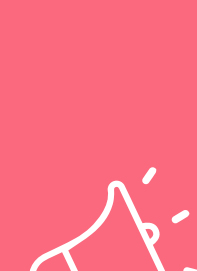


### Rising Sun: Artists in an Uncertain America

Closes 10/8 PAFA & the African American Museum in Philadelphia

*Rising Sun: Artists in an Uncertain America* is an exhibition of new works examining the provocative and timely question: "Is the sun rising or setting on the experiment of American democracy?" Installations by 20 celebrated artists explore themes of equality, free speech, and other tenets of democracy. Visit before it closes next month, and make sure to check their calendar for exciting events this month.

## What we're...



Matthew recommends anything by Octavia Butler, but he's currently reading *Dawn*, a story about a woman who survives the nuclear apocalypse and the alien species who claim to be her rescuers.



Do you have something you're reading, watching, or listening to that you want to share with McKay? [Let us know](#), and we'll send it out with next month's newsletter!

**Cheers,**  
Your McKay DEI Committee

[Read previous DEI newsletters loaded with relevant resources](#)