

MISSION

Penn PROMOTES Research on Sex and Gender in Health aims to illuminate our understanding of the wide-reaching and established sex differences in disease prevalence, phenomenology, and treatment. Our Center employs a translational approach, integrating bench and clinical research to understand these differences. Penn PROMOTES serves as a virtual interdisciplinary center, housing disparate but fundamentally intertwined programs that include trainees, junior faculty and senior faculty across different schools at Penn. Penn PROMOTES evidences Penn's commitment to this division of health research and establishing Penn as an epicenter of innovative and inclusive research.



**Penn Center for
Women's Behavioral
Wellness**
Perelman School of Medicine



**Building Interdisciplinary
Research Careers in Women's
Health**
BIRCWH Scholars

EVENTS

- Bi-monthly lunch seminars - Lectures, journal clubs and works-in-progress
- Host of 2016 Annual Meeting for the Organization for the Study of Sex Differences (OSSD)
- Penn PROMOTES Retreat 2017 - "Microbiome & Behavioral Health"

SELECT PUBLICATIONS

Bale, TL & Epperson CN. Sex as a biological variable: Who, what, when, why and how. *Neuropsychopharmacology*. 2017; 42: 386-396.

Bale TL & Epperson CN. Sex differences and stress across the lifespan. *Nat Neurosci*. 2015; 18(10): 1413-1420.

Freeman A, Stanko P, Berkowitz LN, et al. Inclusion of sex and gender in biomedical research: survey of clinical research proposed at the University of Pennsylvania. *Biology of Sex Differences*. 2017;8(1).

Our faculty at Penn PROMOTES are open to consultation with faculty from other institutions who are interested in creating similar programs.



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<http://www.med.upenn.edu/penn-promotes/>