Sun-Safety Message #1

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When in the water, it’s extra-important to be sun-safe. Put on sunscreen before you get dressed everyday.

Sun-Safety Message #2

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Sun-Safety Message #2
Protect your skin with sunscreen that has a SPF #15 or higher.

Sun-Safety Message #3

Protect your skin with sunscreen that has a SPF #15 or higher.
Sun-Safety Message #4

When applying sunscreen, remember your back, face, ears, nose, neck, hands, and tops of feet.
Sun-Safety Message #5

Cover Up! Use T-shirts, long shorts, and a wide-brim hat!
Sun-Safety Message #6

Be safe from the sun’s harmful rays. Use a hat and shades everyday when outside. (except in the pool!)
Seek shade. And don’t stay out in the sun too long between 10 and 4 o’clock.
Sun-Safety Message #8

Be cool. Remember the rules and stay sun-safe all year around.

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