

Sent on Behalf of Dr. Oquendo:

Department of Psychiatry Monthly Newsletter

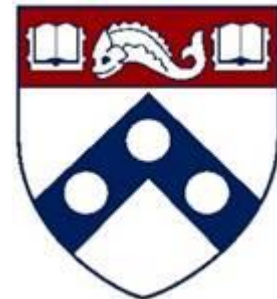
AUGUST 2019

Welcome to the inaugural issue of the Departmental Newsletter! As we start the new academic year, we look forward to the advent of exciting developments. From a clinical perspective, the department is engaged in crafting cutting edge, efficient, sustainable programs in partnership with diverse teams across the health system. Education is flourishing under new leadership and a new R25 grant will provide formal NIH support for the research track in the residency training program. The identification of six thematic areas under which research programs will be aligned is to be rolled out over a six-month period beginning this September.

The newsletter's goal is to keep you informed about the wonderful accomplishments of our faculty, trainees and staff, and of developments in the department. We will reach out to faculty and staff monthly to request that you share your exciting news. I look forward to reading all about it!



Maria A. Oquendo, M.D., Ph.D.
Ruth Meltzer Professor
Chairman of Psychiatry
Perelman School of Medicine
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The Department is proud to announce the opening of the new **Pennsylvania Hospital Crisis Response Center** (formerly the Hall-Mercer CRC) in the Spruce Building at 801 Spruce Street on June 10, 2019. This was the culmination of an extensive design and construction project and a generous capital contribution from Theresa Larivee, CEO of Pennsylvania Hospital, and the health system in order to establish a state of the art emergency psychiatric facility for Penn Medicine and the City of Philadelphia.

The new space is cutting edge and incorporates the most up to date ligature compliance risk reduction, enhanced therapeutic design, and safety procedures. Additionally, by moving the CRC service to the Spruce Building, it is now in the same building as our acute inpatient psychiatric units and is physically connected to the main building at Pennsylvania Hospital. This allows us to provide psychiatric and medical care in a more efficient manner by connecting us to hospital-based services including the medical emergency department, rapid response team, pharmacy, laboratory, food and nutrition, and more. We are thrilled to be able to continue to offer outstanding, compassionate, and evidence-based emergency psychiatric care and now we have a physical space to match.

The Penn Psychiatry Residency Program



On June 14, 2019 the Penn Psychiatry Residency Program celebrated 10 graduates as well as two Pediatric Portal residents during a ceremony for the class of 2019 at the Penn Museum. That same week, 11 new interns joined the program followed by two Pediatric Portal residents. On July 20, Director of Residency Program, Dr. Cabrina Campbell, officially welcomed all of the new residents when she hosted a party at her home for faculty, staff, and residents along with their

families. The program was recently granted a complement increase by the ACGME, which will allow room to expand the intern class to 12 members beginning in 2020.

The Residency Program is delighted to announce three recent award winners in the current PGY3 class: Philip Campbell, MD, PhD, has received the 2019 NIMH Outstanding Resident Award which recognizes residents with outstanding research and academic potential. Ewurama Sackey, MD, has been selected as an APA SAMHSA Minority Fellowship Awardee for 2019-2020. Karina Martinez Juarez, MD, has been selected as an APA Public Psychiatry Fellowship Awardee for 2019-2020. For the new academic year, the residency program is working on building a Wellness Curriculum that will expand across all four years of training and will grow to include individual lecture series in each year as well as residency wide workshops and/or training sessions quarterly. Associate Program Director Dr. Kristin Leight and PGY2 Mary Bit Yaden, MD, MS, have also started a Radical Acceptance Reading Group for those with an interest in mindfulness.

Penn Psychiatry in the Media

WHYY quotes **Edward Brodtkin** regarding [adults with autism](#).

Judith Coche was interviewed by Marie Kondo of *The Marie Kondo Show* on "[What to Do When a Relationship No Longer Sparks Joy](#)".

Cecilia Livesey was featured in a *TODAY* story about new programs improving access to mental health care.

New Faculty: FY19

Nicholas Balderston
Keith Bredemeier
Molly Candon

New Faculty: FY20

Emily Becker-Haimes
Thea Gallagher
Edwin Kim

Speaking Engagements

Rinad Beidas will speak at the **National Academies of**

Alanna Chait
Frederick Christian
Bennett
Gregory Corder
Shalini Dave
Cesar de la Fuente Nunez
Nona Lu
Melissa Mercincavage
Keiran Rump

Rebecca Stewart
Rachel Talley
Geoffrey Taylor
Ashley Un



Sciences, Engineering, and
Medicine, Forum on Mental
Health and Substance Use
Disorders, public workshop
on “Challenges and
Opportunities to Improve
Care for People with Mental
Health and Substance Use
Disorders” on October 15-16,
2019.

Scholarly Publications

Rinad Beidas published a paper detailing work from her 5-year K23 in [Implementation Science](#). There was an associated piece in [The Philadelphia Inquirer](#) about the findings.

Lawrence Blum published “Physicians’ Goodness and Guilt – Emotional Challenges of Practicing Medicine,” in the May, 2019 issue of [JAMA Internal Medicine](#).

Seth Gillihan recently published “Cognitive Behavioral Therapy Made Simple” and “The CBT Deck” in an effort to provide user-friendly tools for making CBT a daily practice.

Yin Li recently published “Individual neurons in the cingulate cortex encode action monitoring, not selection, during adaptive decision-making” in the [Journal of Neuroscience](#) June 19, 2019.

Walter Matweychuk published a chapter in *Advances in REBT: Theory, practice, research, measurement, prevention and promotion* comparing four popular cognitive behavior psychotherapies with Albert Ellis’ Rational Emotive Behavior Therapy.

Maria A. Oquendo published “A Key Differential Diagnosis for Physicians-Major Depression or Burnout?” in the July 2019 issue of [JAMA Psychiatry](#), warning about the risk of burnout becoming a catchall phrase for psychiatric or psychological distress or illness.

Richard Summers published *Combating Physician Burnout: A Guide for Psychiatrists* in the American Psychiatric Press, 2019.

Thomas Treadwell recently published an article entitled “Exploring the Maze of Life: One Thought at a Time - Teen Thought Record”.

George Woody published “Slow Release Naltrexone Implant vs Oral Naltrexone for Improving Treatment Outcomes in Opioid Addicted Participants with HIV: A Placebo-Controlled Randomized Trial” in [The Lancet HIV](#).

Awards and Honors

Lily Brown and **Keith Bredemeier** were accepted into the Penn Pathways Program.

Philip Campbell has received the “NIMH Outstanding Resident Award” which recognizes residents with outstanding research and academic potential. He has been invited to visit the NIH in Bethesda, Maryland for a two-day award program in the fall.

Judith Coche received the “Harold Bernard Training Award” for Group Psychotherapy for her contributions in developing the training program in our Department of Psychiatry.

Lisa Hantsoo received a 2019 “American College of Neuropsychopharmacology Travel Award”.

Matthew Kayser received the “National Academy of Medicine Emerging Leader in Health and Medicine” honor.

Cory Newman will be presented with this year's "Outstanding Clinician Award" at the annual conference of the Association of Cognitive and Behavioral Therapy in November.

Richard Summers was named in *Philadelphia Magazine* as "Top Doc" in 2019.

Grants from Jan/2019 through July/2019

Federal

Gregory Corder, NIH, Deconstructing the network mechanisms of the chronic pain and reward in the amygdala, \$250,044.

Torrey Creed, NIH, Technology-supported training and quality assurance for psychosocial interventions, \$787,097.

Raquel Gur, NIH, 1/9: Dissecting the effects of genomic variants on neurobehavioral dimensions in CNVs enriched for neuropsychiatric disorders, \$306,019.

Ruben Gur, NIH, Creating an adaptive screening tool for detecting neurocognitive deficits and psychopathology across the lifespan, \$804,907.

Maria Oquendo, NIH, Educating Physician Scientists in Psychiatry (EPSP): Firing up the next generation of translational and clinical neuroscientists, \$137,679.

Robert Pierce, NIH, Cocaine-induced axon migration in the nucleus accumbens, \$241,500.

Rebecca Stewart, NIH, Increasing the uptake of medication-assisted treatment for opioid use disorder, \$190,712.

Jennifer Tronieri, NIH, Improving Weight Loss in Early Non-responders to Behavioral Treatment, \$180,665.

Ivan Vargas, NIH, Circadian and Ultradian Cortisol Rhythms in Chronic Sleep Continuity Disturbance, \$180,846.

Foundations and Associations

Gregory Brown, Cohen Veterans Network, Inc., CVN Evidence-Based Measurement Care.

Mitchel Kling, Alzheimer's Association, A Biomarker-Based Trial of Plasmalogen Repletion in MCI/AD.

Industry

Matthew Hayes, Eli Lilly and Company, GLP-1, GIP and combinatorial therapies on food intake, motivation, body weight and emesis.

Michael Thase, Acadia Pharmaceuticals, Inc., A Phase 3, Multicenter, Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Adjunctive Pimavanserin in Subjects with Major Depressive Disorder and Inadequate Response to Antidepressant Treatment.

Michael Thase, Acadia Pharmaceuticals, Inc., A 52-Week Open-Label Extension Study of Pimavanserin in Subjects with Major Depressive Disorder and Inadequate Response to Antidepressant Treatment PROTOCOL NUMBER: ACP-103-055.

Michael Thase, Biohaven Pharmaceuticals, Inc., BHV4157: A Multicenter, Randomized, Double-Blind, Placebo Controlled Trial of Troriluzole in Generalized Anxiety Disorder.

Keep the news coming!!!

Maria

If you have news you'd like to share for consideration in the next newsletter, please contact:

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