

MOVING FORWARD TOGETHER: INNOVATION AND ANTI-RACISM
OCTOBER 19, 2023



MESSAGE FROM THE CHAIR

Dear Faculty, Staff and Trainees,

The cool of fall is finally in the air and many of us count Halloween among our favorite holidays. Brainstorming about costumes for the kids or ourselves. Fun!

There is a lot of activity in the department and even more in the health system. One major initiative that I am very excited about is a project that will develop a road map for UPHS to become the most clinician friendly place to work. I can tell you that we (but not just Penn) need to do this now, especially given the burn out that many of our front-line clinicians experienced due to the harrowing work of caring for the victims of the epidemic. Some of you have been heroic, too, in your efforts to support clinicians with PTSD and PTSD like symptoms. And for that, I, and many Chairs at PSOM are very grateful.

At the same time, I know many of you are suffering now, given the war in the Middle East, worrying about family and friends. It is a very difficult situation. Please know that we are here to support you. If you need help, please reach out to EAP or our clinical services or let me know if you would like referrals outside of Penn. We can all support each other to get through this difficult time.

Finally, I want to again thank you for all you do. The department is extremely productive in research, education and clinical services and

we have become ever more popular at PSOM and beyond as people recognize the importance of mental health and the strong contributions that you all make –including our admin and finance people who make it all possible! So, please take care of yourself. We need you! Make sure you get your sleep, nourishment and exercise and remember that gratitude makes us stronger. At times like this, it can be challenging to find reasons to be grateful. But you can do it. It might be something simple. Like my tiny white orchid in my kitchen window. With gratitude and warmth, from a colleague who also has a job that is all about altruism.

Warmly, m

CONGRATULATIONS JOSHUA FRANKLIN



Joshua Franklin, MD, PhD, PGYIII resident was selected to serve as one of American Association of Chairs of Departments of Psychiatry’s resident representatives to the Association of American Medical Colleges Organization of Resident Representatives (AAMC ORR). The ORR provides a venue for resident physicians to have input into the development of AAMC policy, with a mission to improve resident physician education and training for the purpose of improving the quality of health care. ORR members are competitively selected based on a strong demonstrated track record of academic and leadership potential.

CONGRATULATIONS TEDDY GOETZ AND TRISH IKE



Teddy Goetz, MD, PGYIII resident and Trish Ike, MD, PGYII resident were both selected to participate in the American Academy of Child & Adolescent Psychiatry (AACAP) Educational Outreach Program for General Psychiatry Residents. This highly competitive program offers the

opportunity for residents interested in child and adolescent psychiatry to receive a formal overview of the field and establish mentors, including exposure to research opportunities and networking. Participating residents have the opportunity attend the AACAP Annual Meeting.

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world-renowned clinical services, and transformational public health policies.

Click [here](#) to access the Penn Psychiatry website.

Click [here](#) to access the CPUP Committee on Anti-Racism