MESSAGE FROM THE CHAIR

Dear Faculty, Trainees and Staff:

It is hard to believe that we are entering the 7th month of the pandemic in Philadelphia and there is still much risk out there. I am comforted by the amazing work that I see the faculty, staff and trainees do every single day. Your dedication and altruism is remarkable. I am very grateful.

Those of you who attended the faculty meeting know that we are committed to enhancing the cohesion of the department even as we continue to work remotely and/or in physically distanced ways. We are collating all of your suggestions on how to do that and will report back to you on some of the ideas we will be implementing. That will be very exciting!

As you know, working in a school of medicine means that we need to set an example for others as to how to uphold public health. COVID is still a risk and we must continue to wear masks and keep distance both at work and at home. Please continue to take care of yourself. Keep to your eating, sleeping and exercise routines. It’s the best way to stay healthy!

Warmly, m
Please update your UPHS Phone Directory record. To do so, you will need a Penn ID. Please visit http://uphsxnet.uphs.upenn.edu/pb/main/Search.aspx and input yourself in the search box, then click on your name and update your profile. If you don’t have a profile (and do have a Penn ID), please add a record for yourself.

**WELLNESS RESOURCES**
Click [here](http://uphsxnet.uphs.upenn.edu/pb/main/Search.aspx) to access our Wellness Resources.

**THANK YOU FOR YOUR SERVICE.**

**Vision**
Promoting health for the brain and mind to transform lives and the world.

**Mission**
Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.