

PENN PSYCHIATRY

MOVING FORWARD TOGETHER | RESURGENCE AND ANTI-RACISM

NOVEMBER 4, 2020



MESSAGE FROM THE CHAIR

Dear Faculty, Trainees and Staff:

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CONGRATULATIONS JAMES MCKAY AND DOMINICK DEPHILIPPIS

This week's New York Times Science Times section featured an article on the use of contingency management (CM) for the treatment of cocaine and methamphetamine use disorders, which profiled the work of James McKay and Dominick DePhilippis in this area. CM provides monetary incentives to patients that are contingent on drug abstinence, and it has been shown to be a highly effective treatment in dozens of studies. However, CM is not widely available. The Philadelphia VA Center of Excellence in Substance Addiction Treatment and Education (CESATE), directed by Dr. McKay, developed and implemented a national rollout of CM in over 110 VA addiction treatment programs to provide this effective intervention to veterans. The program, which was led by Dr. DePhilippis of the CESATE, has provided CM to over 5,000 veterans, making it by far the largest implementation of CM to date. A preliminary evaluation of the program found that it increased retention in treatment and that 91% of urine toxicology tests collected from veterans receiving the intervention were negative for the targeted drug. Click here to [learn](#) more.

THE AUSTEN RIGGS AWARD FOR EXCELLENCE IN PSYCHOTHERAPY

Congratulations to Danielle Simpson on winning the Austen Riggs Award for Excellence in Psychotherapy. This award recognizes and supports the development of psychiatric residents who have demonstrated interest and ability in psychodynamic psychotherapy and/or psychodynamic psychiatry or have shown promise as researchers in biopsychosocial approaches to psychiatric practice, including psychotherapy.

WELLNESS RESOURCES

Click [here](#) to access our Wellness Resources.

THANK YOU FOR YOUR SERVICE.

Vision

Promoting health for the brain and mind to transform lives and the world.

Mission

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.