

WHAT IS AN AED?

An Automatic External Defibrillator, or AED, is a device that is used to help somebody who has collapsed due to a sudden cardiac arrest. If a person's heart stops beating, an AED may deliver a shock that can help their heart to start beating again.

AEDs are safe and easy to use, and ANYBODY can use an AED to help save a life!

IN CASE OF AN EMERGENCY, FOLLOW THESE STEPS TO HELP SAVE A LIFE :

1  CALL FOR HELP

2  START CPR

WITH ONE HAND OVER THE OTHER, PUSH HARD AND FAST IN THE CENTER OF THE CHEST

3  FOLLOW AED INSTRUCTIONS



REMOVE AED FROM WALL, AND PRESS GREEN "ON" BUTTON



APPLY PADS TO CHEST, AND LISTEN CAREFULLY TO FURTHER AED INSTRUCTIONS