

Opposing roles of p38 α -mediated phosphorylation and arginine methylation in driving TDP-43 proteinopathy.

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Running Title: **p38 α promotes TDP-43 proteinopathy**

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27 **Abstract**

28 Amyotrophic lateral sclerosis (ALS) is a fatal neurodegenerative disorder typically characterized by
 29 insoluble inclusions of hyperphosphorylated TDP-43. The mechanisms underlying toxic TDP-43
 30 accumulation are not understood. Persistent activation of p38 mitogen-activated protein kinase
 31 (MAPK) is implicated in ALS. However, it is unclear how p38 MAPK affects TDP-43 proteinopathy.
 32 Here, we demonstrate that inhibition of p38 α MAPK reduces pathological TDP-43 phosphorylation,
 33 aggregation, cytoplasmic mislocalization, and neurotoxicity. We establish that p38 α MAPK
 34 phosphorylates TDP-43 at pathological serine 409/410 (S409/S410) and serine 292 (S292), which
 35 reduces TDP-43 liquid-liquid phase separation (LLPS) but allows pathological TDP-43 aggregation.
 36 Moreover, we show that protein arginine methyltransferase 1 methylates TDP-43 at R293.
 37 Importantly, S292 phosphorylation reduces R293 methylation, and R293 methylation reduces
 38 S409/S410 phosphorylation. R293 methylation permits TDP-43 LLPS and reduces pathological
 39 TDP-43 aggregation. Thus, strategies to reduce p38 α -mediated TDP-43 phosphorylation and promote
 40 R293 methylation could have therapeutic utility for ALS and related TDP-43 proteinopathies.

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Introduction

Amyotrophic lateral sclerosis (ALS) is a fatal disorder caused by degeneration of motor neurons (Wobst et al., 2020). While most ALS cases (~90–95%) are considered sporadic with unknown etiology (sALS), ~5–10% of cases are familial in nature (fALS), exhibiting a dominant pattern of inheritance (Rowland and Shneider, 2001; Valdmanis and Rouleau, 2008). ALS is linked to mutations in more than 25 genes, with the C9ORF72 hexanucleotide repeat expansion and mutations in the copper–zinc superoxide dismutase (SOD1) being the most common genetic causes (Nguyen et al., 2018). Although mutations in Transactive Response DNA binding protein 43 kDa (*TARDBP*), the gene encoding TDP-43, are a rare cause of ALS, ~97% of ALS cases and ~50% of patients with frontotemporal dementia (FTD) present with TDP-43 proteinopathy characterized by TDP-43-positive insoluble nuclear and cytoplasmic inclusions in affected neurons (Arai et al., 2006; Guo and Shorter, 2017; Neumann et al., 2006).

TDP-43 is an essential, highly conserved, ubiquitously expressed, and predominantly nuclear protein with RNA/DNA-binding properties (Portz et al., 2021). It acts as a transcriptional repressor and is implicated in RNA transport and stability, alternative splicing, microRNA biogenesis, and formation of stress granules (SGs) (Alami et al., 2014; Aulas et al., 2012; Buratti and Baralle, 2008; Kawahara and Mieda-Sato, 2012; Khalfallah et al., 2018; Lalmansingh et al., 2011; Li et al., 2018; McDonald et al., 2011; Tollervey et al., 2011). TDP-43 is comprised of an N-terminal domain involved in dimerization and recruitment of other RNA-binding proteins, a bipartite nuclear localization sequence (NLS), two RNA-recognition motifs (RRM1 and RRM2) and a C-terminal glycine-rich, low complexity prion-like domain (PrLD) that mediates protein–protein interactions and formation of membraneless organelles, such as SGs, through liquid–liquid phase separation (LLPS) (Figure 1A) (Ayala et al., 2008; Buratti et al., 2005; Chang et al., 2012; Freibaum et al., 2010; Jiang et al., 2017; Johnson et al., 2009; Li et al., 2018; Molliex et al., 2015; Winton et al., 2008). The majority of ALS-

linked TDP-43 mutations reside in the PrLD, which can enhance aggregation propensity and also indicates that this region of TDP-43 may be prone to pathological protein modifications (Figure 1A) (Harrison and Shorter, 2017; Johnson et al., 2009; Prasad et al., 2019).

Phosphorylation at serine residues 409/410 (S409/S410) is one of the major pathological markers for TDP-43 inclusions in human brains (Hasegawa et al., 2008; Neumann et al., 2009). In addition to phosphorylation, TDP-43 also undergoes other post-translational modifications (PTMs) in ALS patients and disease-mimicking models, including ubiquitination, generation of C-terminal domain fragments (CTFs), cysteine oxidation, sumoylation, and acetylation (Buratti, 2018). However, the functional and pathological significance of TDP-43 PTMs remains unknown. Thus, a clear understanding of the effects of phosphorylation and other PTMs on solubility, localization, and aggregation propensity of TDP-43 will enable new insights into the mechanisms of ALS pathogenesis.

The mitogen-activated protein kinase (MAPK) signaling pathway plays a key role in the regulation of cellular differentiation, motility, growth, and survival (Brennan et al., 2021). MAPKs, which include extracellular-signal-regulated kinases (ERK), Jun amino-terminal kinases (JNK) and p38 MAPKs, are activated in response to cytokines, growth factors and various stressors including oxidative stress and endoplasmic reticulum stress (Brennan et al., 2021; Cuadrado and Nebreda, 2010; Morrison, 2012). In mammals, p38 MAPKs comprise four isoforms (α , β , γ and δ) (Zarubin and Han, 2005). Of these, α and β are expressed in most tissues, including the brain (Yasuda et al., 2011). p38 γ is most highly expressed in skeletal muscle, and p38 δ in testis, pancreas, kidney and small intestine (Cuenda et al., 1997). Aberrant p38 signaling has been linked to several neurodegenerative diseases, including ALS (Burton et al., 2021). Specifically, p38 MAPK inhibition can reduce motor neuron apoptosis and restore the physiological rate of axonal retrograde transport in SOD1-ALS models

(Dewil et al., 2007; Gibbs et al., 2018; Pickhardt et al., 2019). Furthermore, both genetic and pharmacological inhibition of p38 β in a *Drosophila* model of TDP-43 toxicity rescued premature lethality (Zhan et al., 2015).

In this study, we establish a role for p38 α MAPK in promoting TDP-43 proteinopathy. We show that inhibition of p38 α MAPK reduces ALS-associated TDP-43 phenotypes, including TDP-43 aggregation, S409/S410 phosphorylation, cytoplasmic accumulation, and toxicity. Furthermore, *in vitro* kinase assays combined with mass spectrometry revealed that p38 α directly phosphorylates TDP-43 at S292 and S409/S410. Subsequent cellular experiments identified S292, a residue previously found to be altered in a genetic risk allele for ALS (S292N) (Xiong et al., 2010; Zou et al., 2012), as an important site in regulating TDP-43 aggregation. We found that phosphorylation at S292 induced phosphorylation at S409/S410 and promoted TDP-43 aggregation. Moreover, we found that the residue R293, adjacent to S292, is methylated by protein arginine methyltransferase 1 (PRMT1). Interestingly, loss or gain of function for other PRMTs is implicated in the pathogenesis of neurodegenerative diseases (Ratovitski et al., 2015; Simandi et al., 2018). We found that phosphorylation at S292 inhibited R293 methylation, whereas R293 methylation reduced phosphorylation at S409/S410, suggesting an interplay between phosphorylation at S292 and S409/S410 and methylation at R293. Biochemical studies indicated that S292 and S409/S410 phosphorylation reduce TDP-43 LLPS but allow TDP-43 aggregation. By contrast, R293 methylation allows TDP-43 LLPS but reduces TDP-43 aggregation. Taken together, our results reveal additional regulatory mechanisms in TDP-43 homeostasis mediated by p38 α and PRMT1. We suggest that strategies aimed at reducing p38 α -mediated TDP-43 phosphorylation and promoting R293 methylation could have therapeutic utility for ALS and related TDP-43 proteinopathies.

118 **Materials and methods**

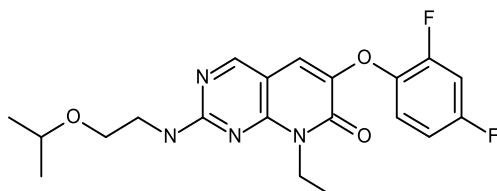
119 **Plasmids**

120 cDNA sequences were based on the accession number NM_007375.3 for human TARDBP,
121 NM_001315 for human p38 α (MAPK14) and NM_001536 for human PRMT1. Plasmids harboring
122 N-terminally myc-tagged wild-type or M337V-mutant TDP-43 sequences were generated as
123 described (Wobst et al., 2017). Plasmids harboring C-terminally Flag-tagged wild-type or mutant
124 human TDP-43 and p38 α sequences in the pcDNA3.1+/C-(K)-DYK mammalian expression vector
125 were purchased from Genscript and PRMT1 plasmid was purchased from Origene. TDP-43 bacterial
126 expression vector harboring a C-terminal MBP tag (pJ4M TDP-43-TEV-MBP-6xHis) was purchased
127 from Addgene (Plasmid # 104480). TDP-43 mutations were generated by site-directed mutagenesis
128 using QuikChange (Agilent) and confirmed by DNA sequencing. The presence of the S409:S410E,
129 S409:S410A, S292E, S292N, S292A, S292:S409:S410A, S292:S409:S410E, and R293F mutations
130 in TDP-43, as well as dominant negative (DN) T180A/Y182F (Winzen et al., 1999) and constitutively
131 active (CA) D176A/F327S mutations (Diskin et al., 2004) in p38 α were confirmed by DNA
132 sequencing performed by Tufts University Core Facilities (forward sequencing primer 5'-TAA-TAC-
133 GAC-TCA-CTA-TAG-GG-3', reverse sequencing primer 5'-CAG-GAA-ACA-GCT-ATG-AC-3')
134 and Eurofins Genomics (TDP-43 sequencing primer 1 5'-TAA-TAC-GAC-TCA-CTA-TAG-GGG-
135 AAT-TG-3', sequencing primer 2 5'-CGG-TGA-GGT-GCT-GAT-GGT-CC-3', sequencing primer
136 3 5'-GGC-TTT-GGC-AAT-TCG-CGT-GG-3')

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Synthesis of 6-(2,4-difluorophenoxy)-8-ethyl-2-(2-isopropoxyethylamino)pyrido[2,3-d]pyrimidin-7-one (compound 1)



A stirred solution of 2-isopropoxyethan-1-amine (406 mg, 3.93 mmol) was supplemented with 6-(2,4-difluorophenoxy)-8-ethyl-2-(methylsulfonyl)pyrido[2,3-d]pyrimidin-7(8H)-one (300 mg, 0.79 mmol) in DMF (3 mL). The resulting solution was stirred at 80 °C for 1 hour in a microwave reactor. The crude product was purified by preparative HPLC (Column: Xselect CSH OBD Column 30*150mm 5 μ m n; Mobile Phase A: Water (0.1%FA), Mobile Phase B: ACN; Flow rate: 60 mL/min; Gradient: 40% B to 72% B in 8 min; 254/220 nm; Rt: 7.57 min). Fractions containing the desired compound were evaporated to dryness to afford 6-(2,4-difluorophenoxy)-8-ethyl-2-((2-isopropoxyethyl)amino)pyrido[2,3-d]pyrimidin-7(8H)-one (190 mg, 59.7 %) as a white solid. ^1H NMR (400 MHz, DMSO- d_6) δ 8.56 (s, 1H), 7.76 (m, 1H), 7.52 - 7.41 (m, 2H), 7.26-7.18 (m, 1H), 7.06-7.02 (m, 1H), 4.42-4.32 (m, 2H), 3.65-3.45 (m, 5H), 1.28-1.22 (m, 3H), 1.09-1.02 (m, 6H). m/z (ES+), $[\text{M}+\text{H}]^+ = 405$; TFA, HPLC $t_R = 1.822$ min. The intermediate 6-(2,4-difluorophenoxy)-8-ethyl-2-(methylsulfonyl)pyrido[2,3-d]pyrimidin-7(8H)-one was prepared as described (Goldstein et al., 2011). Compound 1 was tested in a Z'-Lyte kinase assay for p38 α (Thermo Fisher) and inhibited p38 α activity with an IC_{50} of 25nM.

Cell culture, transfections and inhibition of p38 α MAPK and methyltransferase activity

SH-SY5Y cells were cultured in minimum essential medium (MEM; Thermo Fisher Scientific) supplemented with L-glutamine, 10% fetal bovine serum and 1% penicillin/streptomycin in a humidified incubator at 37°C and 5% CO₂. For immunocytochemical analysis, cells were grown on glass coverslips coated with 1 mg/mL poly-L-lysine (Sigma) in 24-well plates (Cellstar). Cells were transiently transfected using Fugene HD (Promega) following the manufacturer's instructions 24 hours after seeding (Fugene HD:DNA ratio 3:1). Total transfection times were 8 hours - 48 hours. For pharmacological inhibition of p38 α MAPK, compound 1 (synthesized by AstraZeneca) or equal volume of DMSO vehicle, was added to cells for 24 or 48 hours at a final concentration of 0.1 μ M, 1 μ M or 10 μ M. For pharmacological inhibition of arginine methyltransferase activity, adenosine-2',3'-dialdehyde (AdOx) (Sigma) or equal volume of DMSO vehicle was added to cells for 24 hours at a final concentration of 20 μ M.

Antibodies

The following antibodies were used for immunocytochemical staining: rabbit N-terminal TDP-43 (1:500; 10782-2-AP, Proteintech), mouse anti FLAG-tag (1:500; A00187, GenScript). Anti-rabbit and anti-mouse secondary antibodies coupled to Alexa-488, and Alexa-647 were used for detection (1:1,000; Thermo Fisher Scientific). For western blot analysis, the following antibodies were used: rabbit N-terminal TDP-43 (1:7,000; 10782-2-AP, Proteintech), mouse S409/S410 phospho-TDP-43 (1:3,000; CAC-TIP-PTD-M01, Cosmo), rabbit p38 MAPK (1:1,500; 9212S, Cell Signaling Technology), rabbit COX IV (3E11) (1:1,500; 4850, Cell Signaling Technology), mouse Histone H3 (96C10) (1:1,500; 3638, Cell Signaling Technology), rabbit Mono-Methyl Arginine (R*GG) (D5A12) (1:1,500; 8711S, Cell Signaling Technology), rabbit Asymmetric Di-Methyl Arginine Motif [adme-R] MultiMab (1:1,500; 13522S, Cell Signaling Technology), rabbit Symmetric Di-Methyl Arginine Motif [sdme-RG] MultiMab (1:1,500; 13222S, Cell Signaling Technology), rabbit PRMT1

(A33) (1:1,500; 2449, Cell Signaling Technology), mouse GAPDH (1:10,000; 60004-1-Ig, Proteintech). Anti-mouse and anti-rabbit horseradish peroxidase-coupled secondary antibodies were purchased from Jackson ImmunoResearch (1:10,000).

siRNA knockdown of p38 α and PRMT1

Small interfering RNAs (siRNA) were obtained from Thermo Fisher Scientific: p38 α : s3585 and s3586, PRMT1: s6917, s6919, Negative control: 4390846, 4390843. Reverse transfection was performed with Lipofectamine RNAiMAX-reagent (Invitrogen) following the manufacturer's instructions. In brief, 25 pmol of siRNA were mixed with 5 μ L of Lipofectamine RNAiMAX in 500 μ L of Opti-MEM (Invitrogen) in a 6-well plate. The mixture was incubated for 20 min at room temperature and 3-3.5 $\times 10^5$ cells were added to mixture. Total knockdown times were 8 - 72 hours.

Sequential extraction of insoluble protein aggregates

Extraction of insoluble proteins was performed as previously described (Wobst et al., 2017). Briefly, transfected cells were lysed in 300 μ L radio-immunoprecipitation assay (RIPA) buffer [50 mM Tris-HCl, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, and 0.1% SDS] (Boston bioproducts) supplemented with 2 mM EDTA, protease inhibitors (cOmplete, Roche), and phosphatase inhibitors (PhosStop, Roche). Lysates were sonicated 2 x 15 s with 20% maximum amplitude and centrifuged for 30 min at 100,000 $\times g$ and 4°C. The supernatant was collected as the RIPA-soluble fraction. The pellet was washed in RIPA buffer and centrifuged as above. The supernatant was discarded and the urea-soluble fraction was generated by resuspending the pellet in 100 μ L urea buffer [7 M urea, 2 M thiourea, 30 mM Tris pH 8.5, 4% 3-[(3-Cholamidopropyl) dimethylammonio]-1-propanesulfonate (CHAPS, Sigma)], and sonicating the samples as above followed by centrifugation at room temperature for 30 min at 100,000 $\times g$. The supernatant was collected as the urea-soluble fraction.

210 **Immunoblotting**

211 Cell extracts or RIPA and urea fractions obtained from sequential extractions were diluted with
 212 NuPAGE sample buffer. Proteins were separated on 4-12% NuPAGE Bis-Tris gels (Thermo Fisher
 213 Scientific) under denaturing conditions and transferred onto polyvinylidene difluoride (PVDF)
 214 membranes (Millipore). All blocking and antibody incubation steps were performed either in 5% milk
 215 in Tris-buffered saline (TBS) [25 mM Tris, 3 mM KCl, 140 mM NaCl, pH 7.4] supplemented with
 216 0.05% Tween-20 (TBS-T) (Thermo Fisher Scientific) or in 5% bovine serum albumin (BSA) in TBS-
 217 T. Western blots were developed with enhanced chemiluminescent substrates (ECL). Digital images
 218 were acquired with a ChemiDoc MP imaging system (BioRad). Where necessary, blots were stripped
 219 with stripping buffer for 15 min (Restore, Thermo Fisher Scientific) and re-probed with loading
 220 control antibodies.

221

222 **Lactate Dehydrogenase (LDH) assay to monitor cell death**

223 NSC-34 cells were cultured in Dulbecco's modified Eagle's medium (DMEM, Thermo Fisher
 224 Scientific), supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin in a
 225 humidified incubator at 37°C and 5% CO₂. Cells grown on 96-well plates coated with poly-L-lysine
 226 (BioCoat multiwell plates, Corning) were transiently transfected using Lipofectamine 3000 (Thermo
 227 Fisher Scientific) following the manufacturer's instructions 24 h after seeding (Lipofectamine
 228 3000:DNA ratio 3:1). Cells were treated with DMSO or p38α MAPK inhibitor (compound 1) at final
 229 concentrations of 1 or 10 μM for 4 hours post-transfection. LDH activity was measured from 50 μL
 230 of conditioned medium using LDH assay kit (Life Technologies) following the manufacturer's
 231 instructions.

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234 **Longitudinal imaging and neuronal survival analysis**

235 Primary cortical neurons from E17 mouse embryos were cultured in 384-well plates. Neurons were
236 co-transfected with plasmids expressing the fluorescent marker mApple and TDP-43^{M337V}-EGFP.
237 Neurons were treated with p38 α inhibitor, VX-745 (synthesized by AstraZeneca), at 0.3, 1, 3, or 9
238 μ M, and imaged daily for 7 days on a custom-built highthroughput robotic microscopy system
239 (Arrasate and Finkbeiner, 2005; Barmada et al., 2010). Images were montaged and neurons were
240 segmented and tracked using custom-built algorithms. Cox proportional hazard analysis was used to
241 determine hazard ratios. DMSO was used as a control.

242

243 **Cytoplasmic and nuclear protein extraction**

244 Cytoplasmic and nuclear protein extraction was performed using a commercial subcellular protein
245 fractionation kit (Thermo Fisher Scientific). Briefly, ~80% confluent SH-SY5Y cells plated in a 100
246 -mm dish were transfected as indicated for 24 hours. Cells were trypsinized and rinsed with cold
247 phosphate-buffered saline (PBS), and cell suspensions were transferred to pre-chilled 1.5 mL
248 microcentrifuge tubes. Cells were lysed in cytoplasmic extraction buffer at 4°C for 10 minutes with
249 gentle mixing. After centrifugation at 500 x g at 4 °C for 5 min, the supernatant was collected and
250 stored as the cytoplasmic fraction. After addition of membrane extraction buffer to the pellet, the tube
251 was vortexed vigorously for 5 s and incubated at 4°C for 10 minutes with gentle mixing. After
252 centrifugation at 3,000 x g at 4 °C for 5 min, the supernatant was collected and stored as the membrane
253 fraction. The pellet was resuspended in nuclear extraction buffer followed by vigorous vortexing for
254 15 s and incubation at 4°C for 30 minutes with gentle mixing. After centrifugation at 5,000 x g at
255 4 °C for 5 min, the supernatant was collected and stored as the soluble nuclear fraction. The pellet
256 was resuspended in chromatin-bound extraction buffer followed by vigorous vortexing for 15 s and
257 incubation at room temperature for 15 s. The vortexing and incubation steps were repeated twice.
258 After centrifugation at 16,000 x g at 4 °C for 5 min, the supernatant was collected and stored as the

chromatin-bound nuclear fraction. Bicinchoninic acid (BCA) assay was used to measure protein concentrations.

Immunocytochemistry

Cells grown on poly-*L*-lysine-coated glass coverslips were washed in PBS and fixed in 4% paraformaldehyde (in PBS) for 15 min followed by permeabilization in 0.25% Triton-X (in PBS) for 10 min. Cells were blocked with 10% normal goat serum (in PBS, Abcam) for 1 h at room temperature and incubated overnight at 4°C in primary antibody diluted in blocking solution. The next day, cells were washed with PBS and incubated for 1 h in secondary antibody diluted in blocking solution. Coverslips were mounted with Prolong Gold Antifade Mountant with DAPI (Thermo Fisher Scientific). Image acquisition was performed using a Nikon A1 confocal/Eclipse Ti inverted microscope system and NIS Elements software (Nikon).

Protein kinase assays with recombinant proteins

5 µL of 10x kinase assay buffer [25 mM Tris (pH 7.5), 5 mM β-glycerophosphate, 2 mM DTT, 0.1 mM Na₂VO₄, 10 mM MgCl₂] (Cell Signaling Technology), 200 µM ATP (Cell Signaling Technology), 750 ng of recombinant human TDP-43 protein (Proteintech) and 300 ng of recombinant active p38α kinase (SignalChem) were mixed in pre-chilled 1.5 mL tubes. Reactions were made up to a total volume of 50 µL with ddH₂O. Samples were mixed by flicking the tubes followed by brief centrifugation at 4°C and incubation at 30°C for 30 min. When indicated, kinase reactions were treated with 10 µM the p38α inhibitor compound 1. Reactions were stopped by adding 18 µL of 4× NuPAGE sample buffer and boiling samples at 95°C for 5 minutes. Samples were subjected to immunoblotting or Coomassie staining followed by phosphorylation analysis by LC-MS/MS.

284 **Phosphorylation analysis by LC-MS/MS**

285 *In vitro* kinase reactions were separated on 4-12% NuPAGE Bis-Tris gels (Thermo Fisher Scientific)
 286 and gel bands were visualized with SimplyBlue™ SafeStain (Thermo Fisher Scientific). Gel bands
 287 were excised and cut into ~1 mm³ pieces. The samples were reduced with 1 mM dithiothreitol (DTT)
 288 for 30 minutes at 60°C and then alkylated with 5 mM iodoacetamide for 15 minutes at room
 289 temperature. Gel pieces were then subjected to a modified in-gel trypsin digestion procedure
 290 (Shevchenko et al., 1996). Briefly, gel pieces were washed and dehydrated with acetonitrile for 10
 291 min followed by removal of acetonitrile. Pieces were then completely dried using a speed-vac. Gel
 292 pieces were rehydrated in 50 mM ammonium bicarbonate solution containing 12.5 ng/μL modified
 293 sequencing-grade trypsin (Promega) at 4°C before incubation overnight at 37°C. Peptides were later
 294 extracted by removing the ammonium bicarbonate solution, followed by one wash with a solution
 295 containing 50% acetonitrile and 1% formic acid. The extracts were then dried in a speed-vac for 1
 296 hour and stored at 4°C until analysis. On the day of analysis, samples were reconstituted in 5 - 10 μL
 297 of High Performance Liquid Chromatography (HPLC) solvent A (2.5% acetonitrile, 0.1% formic
 298 acid). A nano-scale reverse-phase HPLC capillary column was created by packing 2.6 μm C18
 299 spherical silica beads into a fused silica capillary (100 μm inner diameter, ~30 cm length) with a
 300 flame-drawn tip (Peng and Gygi, 2001). After equilibrating the column, each sample was loaded onto
 301 the column via a Famos auto sampler (LC Packings). A gradient was formed, and peptides were
 302 eluted with increasing concentrations of solvent B (97.5% acetonitrile, 0.1% formic acid). As each
 303 peptide was eluted it was subjected to electrospray ionization before entering an LTQ Orbitrap Velos
 304 Pro ion-trap mass spectrometer (Thermo Fisher Scientific). Eluting peptides were detected, isolated,
 305 and fragmented to produce a tandem mass spectrum of specific fragment ions for each peptide.
 306 Peptide sequences were determined by matching protein or translated nucleotide databases with the
 307 acquired fragmentation pattern using the software program Sequest (Thermo Finnigan) (Eng et al.,
 308 1994). The modification of 79.9663 mass units to serine, threonine, and tyrosine was included in the

database searches to determine phosphopeptides. Phosphorylation assignments were determined using the Ascore algorithm (Beausoleil et al., 2006). All databases include a reversed version of all sequences and the data was filtered to 1-2% peptide false discovery rate.

Co-immunoprecipitation (Co-IP)

Approximately 80% confluent SH-SY5Y cells plated in 6-well plates or 100-mm dishes were transfected as indicated. Cells were rinsed with cold PBS, and then lysed in cold lysis buffer [20 mM Tris-HCl (pH 7.5), 150 mM NaCl, 1 mM Na₂EDTA, 1 mM EGTA, 1% Triton, 2.5 mM sodium pyrophosphate, 1 mM beta-glycerophosphate, 1 mM Na₃VO₄, 1 µg/mL leupeptin] (Cell Signaling Technology), supplemented with protease inhibitors (cOmplete, Roche). Cells were incubated on ice for 5 minutes, collected in pre-chilled 1.5 mL tubes, sonicated briefly and cleared by centrifugation (14,000 x g at 4°C for 10 min). Lysate aliquots were stored as the input samples. Cell lysates were either incubated with Anti-FLAG® M2 Magnetic Beads (Millipore Sigma) overnight with continuous rotation at 4°C, or were subjected to pre-cleaning with protein A Dynabeads (Thermo Fisher Scientific) for 1 hour at 4°C followed by incubation with indicated primary antibodies overnight with continuous rotation at 4°C. Protein A Dynabeads were then added to pre-cleared antibody-containing samples, and the incubation was continued for an additional 2 hours at room temperature. Beads with immunoprecipitated proteins were washed 5x with either TBS [50 mM Tris HCl, 150 mM NaCl, pH 7.4] (Anti-FLAG® M2 Magnetic Beads) or lysis buffer (Protein A Dynabeads). Immunoprecipitated proteins were eluted with 2x NuPAGE sample buffer by boiling for 3 min. Both input samples and immunoprecipitated proteins were analyzed by immunoblotting.

Purification of recombinant TDP-43-MBP

Wild-type TDP-43-MBP-6xHis and TDP-43 mutants S292E, S409:S410E, S292:S409:S410E, and R293F were expressed and purified as previously described (Wang et al., 2018). Briefly, TDP-43

334 variants were expressed in *E. coli* BL21-CodonPlus (DE3)-RIL cells (Agilent). Cell cultures were
 335 grown to an OD₆₀₀ of ~0.5-0.7 and then cooled down to 16°C. Protein expression was induced with
 336 1 mM IPTG overnight. Cells were harvested and resuspended in purification buffer (20 mM Tris-
 337 HCl, pH 8.0, 1 M NaCl, 10 mM imidazole, 10% (v/v) glycerol, 2 mM β-mercaptoethanol
 338 supplemented with cOmplete EDTA-free protease inhibitor cocktail) and lysed using 1 mg/mL
 339 lysozyme and sonication. Proteins were purified using Ni-NTA agarose (Qiagen) and eluted using
 340 300 mM imidazole in purification buffer. Proteins were then further purified over amylose resin
 341 (NEB) and eluted with elution buffer (20 mM Tris-HCl, pH 8.0, 1 M NaCl, 10 mM imidazole, 10
 342 mM maltose, 10% (v/v) glycerol, and 1 mM DTT). Purified proteins were concentrated, flash frozen
 343 and stored at -80°C.

344

345 ***In vitro* TDP-43 aggregation assay**

346 Purified recombinant TDP-43-MBP-6xHis wild-type and TDP-43 mutants were first thawed and
 347 buffer exchanged into 20 mM HEPES-NaOH, pH 7.4, 150 mM NaCl and 1mM DTT using Micro
 348 Bio-Spin™ P-6 Gel Columns (Bio-Rad). Protein concentration was determined by NanoDrop, and
 349 the final concentration of TDP-43 was then adjusted to 5 μM in the same buffer. To measure
 350 aggregation kinetics, aggregation was initiated by cleavage of the MBP-6xHis tag using 1 μg/mL
 351 TEV protease (Cupo and Shorter, 2020) at t = 0, and turbidity was measured over 16 h at an
 352 absorbance of 395 nm using a TECAN M1000 plate reader. Values were normalized to wild-type
 353 TDP-43 + TEV protease to determine the extent of aggregation of TDP-43 mutants.

354

355 ***In vitro* TDP-43 LLPS assay**

356 Purified recombinant TDP-43-MBP-6xHis wild-type and TDP-43 mutants were thawed and buffer
 357 exchanged as described above for the aggregation assay. Protein concentration was determined by
 358 NanoDrop, and reactions were prepared in phase separation buffer (20 mM HEPES-NaOH, pH 7.4,

150 mM NaCl, 1mM DTT, 100 mg/mL dextran from *Leuconostoc spp.* (Sigma)). Protein was always added last to each phase separation reaction, at a final concentration of 10 μ M. Reactions were incubated for 30 min at room temperature, and then 7.5 μ L of each reaction was mounted onto a glass slide and imaged by differential interference contrast (DIC) microscopy.

Droplet image analysis

DIC images of TDP-43 wild-type and its variants were analyzed using custom-written code in MATLAB. Each image was first converted into grayscale for processing. Then, Roberts gradient was used to filter out the noise. The pixel weight for each pixel in the image was determined based on the grayscale intensity differences before segmenting the images. The threshold for image segmentation was adjusted manually to ensure complete and accurate conversion to logical array. Droplets in the images were identified using circle Hough transform. The sensitivity was toggled either to detect missed droplets or to reduce the number of false positives. The detected circles were visualized on the original images. Various quantitative parameters, including the average area, total area, number of droplets and the lists of areas, were given as outputs to the code and were analyzed further through GraphPad Prism. The accuracy of the circle Hough transform was limited for droplets that were smaller than 5 pixels, where 10.8 pixels are equivalent to 1 μ m.

Quantification of immunocytochemistry and western blots, and statistical analysis

Western blot band densities and immunocytochemical staining were quantified with ImageJ-Win64 software. For statistical analysis, we used GraphPad Prism 7 and 8, and used unpaired t-test or one-way ANOVA followed by Sidak's or Dunnett's multiple comparison test, as indicated for each experiment. All assays were repeated at least three times. A *p*-value less than 0.05 was considered statistically significant.

384 Results

385 Inhibition of p38 α reduces TDP-43 aggregation, phosphorylation, and toxicity

386 Several lines of evidence point to a role for p38 MAPK in the development and progression of ALS
 387 (Bendotti et al., 2004; Corrêa and Eales, 2012; Gibbs et al., 2018; Tortarolo et al., 2003; Zhan et al.,
 388 2015). Thus, we first asked whether p38 α modulates the formation of insoluble TDP-43 aggregates
 389 in human neuronal SH-SY5Y cells. Increased expression of wild-type or ALS-linked TDP-43 variants
 390 elicits ALS-like phenotypes in various *in vitro* and *in vivo* models (Arnold et al., 2013; Johnson et
 391 al., 2009; Watkins et al., 2020; Wobst et al., 2017; Xu et al., 2011). Indeed, elevated expression of
 392 wild-type TDP-43 is connected with FTD (Gitcho et al., 2009) and disease-linked TDP-43
 393 aggregation is proposed to increase TDP-43 expression due to loss of TDP-43 autoregulation (Gasset-
 394 Rosa et al., 2019; Polymenidou et al., 2011). TDP-43^{M337V}, a pathological mutant form of TDP-43
 395 associated with fALS, has been shown to be especially aggregation-prone and highly phosphorylated
 396 (Johnson et al., 2009; Sreedharan et al., 2008; Wobst et al., 2017). We therefore used the TDP-43^{M337V}
 397 variant in our experiments to detect more prominent changes in TDP-43 solubility and
 398 phosphorylation, and to maximize our experimental signal window. Using siRNA-mediated
 399 knockdown of p38 α and TDP-43^{M337V} expression, we monitored the accumulation of total and
 400 phosphorylated TDP-43 (pTDP-43) in RIPA- or urea-soluble fractions over time. We found that the
 401 depletion of p38 α significantly reduced the accumulation of insoluble TDP-43^{M337V} in the urea
 402 fraction at all time points (Figure 1B-1C). Thus, reduction of p38 α reduces TDP-43 aggregation in
 403 human neuronal cells.

404

405 Phosphorylation of S409 and S410 of TDP-43 is a consistent feature in all sporadic and familial forms
 406 of TDP-43 proteinopathies (Neumann et al., 2009). TDP-43 is phosphorylated at S409/S410 in
 407 pathological inclusions, but S409/S410 phosphorylation is not observed under physiological
 408 conditions in the nucleus (Neumann et al., 2009). Interestingly, we observed a marked decrease in

409 pTDP-43 (i.e. TDP-43 phosphorylated at S409/S410) in the urea fraction when p38 α is knocked down
 410 (Figure 1B and 1D). Similarly, increased expression of TDP-43^{WT}, in place of TDP-43^{M337V}, or using
 411 a different siRNA to knockdown p38 α also decreased pTDP-43 in the urea fraction (Figure S1). Thus,
 412 reduction of p38 α reduces TDP-43 aggregation and pathological phosphorylation of S409/S410 in
 413 human neuronal cells.

414
 415 Next, we assessed whether pharmacological inhibition of p38 α activity affects the solubility and the
 416 phosphorylation status of TDP-43 in a similar manner to genetic ablation. Indeed, treatment of SH-
 417 SY5Y cells with the p38 α inhibitor, compound 1 (see Materials and Methods), significantly reduced
 418 TDP-43^{M337V} phosphorylation and aggregation, in a concentration- and time-dependent manner
 419 (Figure 1E-1H). Note that we only observe TDP-43 phosphorylation at S409/S410 in the insoluble
 420 urea fraction and not in the soluble RIPA fraction (Figure 1E), indicating the pathological nature of
 421 S409/S410 phosphorylation. Our findings suggest that p38 α inhibition is an effective strategy to
 422 reduce pathological TDP-43 aggregation and phosphorylation.

423
 424 To test whether p38 α pharmacological inhibition affects toxicity induced by increased TDP-43
 425 expression, we performed an LDH cytotoxicity assay in mouse motor-neuron-like NSC-34 cells.
 426 Expression of TDP-43^{WT} (Figure 1I) or TDP-43^{M337V} in NSC-34 cells induces cytotoxicity.
 427 Importantly, inhibition of p38 α by compound 1 significantly rescued TDP-43^{WT}-induced cytotoxicity
 428 (Figure 1I). Thus, pharmacological inhibition of p38 α mitigates TDP-43 toxicity in motor-neuron-
 429 like NSC-34 cells.

430
 431 To determine whether p38 α pharmacological inhibition rescues TDP-43-induced neurodegeneration,
 432 we employed a longitudinal imaging system to monitor neuronal survival (Barmada et al., 2010). We
 433 cultured primary mouse cortical neurons, uniformly labeled them with a fluorescent protein

(mApple), and expressed TDP43^{M337V}. We imaged and tracked the neurons daily for 7 days and used Cox proportional hazard analysis to measure the cumulative risk of death and hazard ratios. We have previously shown that this assay is very sensitive to detecting TDP-43-induced neurodegeneration (Barmada et al., 2010). We found that treatment of neurons with a brain-penetrant p38 α pharmacological inhibitor, VX-745 (also known as Neflamapimod) (Duffy et al., 2011), which is in phase 2 clinical trials for Alzheimer's disease, Huntington's disease, and dementia with Lewy bodies (Germann and Alam, 2020; Prins et al., 2021), significantly reduced the hazard ratio of TDP-43^{M337V}-expressing neurons (Figure 1J). Thus, clinical stage, brain-penetrant p38 α inhibitors can also mitigate TDP-43 neurotoxicity. Taken together, our results demonstrate that p38 α inhibition reduces the pathological aggregation and phosphorylation of TDP-43, and mitigates TDP-43 toxicity in multiple settings.

Constitutively active p38 α promotes TDP-43 aggregation, S409/S410 phosphorylation, and cytoplasmic accumulation

The siRNA knockdown experiments demonstrated that p38 α depletion reduces TDP-43 aggregation and phosphorylation at S409/S410. Therefore, we hypothesized that p38 α overexpression would increase TDP-43 aggregation and phosphorylation. To test our hypothesis, we co-expressed TDP-43^{M337V} with wild-type, constitutively active (CA), or dominant negative (DN) forms of p38 α in SH-SY5Y cells. Expression of WT or DN-p38 α did not have any significant effect on S409/S410 phosphorylation or accumulation of TDP-43 in the urea fraction (Figure 2A-2D). By contrast, CA-p38 α promoted TDP-43^{M337V} aggregation, as evidenced by the accumulation of TDP-43 in the urea fraction (Figure 2A-2D). CA-p38 α also significantly increased TDP-43 phosphorylation at S409/S410 (Figure 2A-2D). Thus, p38 α activation promotes pathological TDP-43 phosphorylation and aggregation.

Next, we assessed whether TDP-43^{M337V} co-localizes with p38 α in cells. Previously, TDP-43^{M337V} and p38 α have been detected in ubiquitinated inclusions (Bendotti et al., 2004; Wobst et al., 2017). Interestingly, we found a significant increase in the number of cells displaying intranuclear TDP-43^{M337V} inclusions specifically when CA-p38 α was co-expressed (Figure 2E-2F). Furthermore, these intranuclear TDP-43 inclusions stained positive for p38 α (Figure 2E). We also found that expression of CA-p38 α promoted the cytoplasmic accumulation of TDP-43, as shown by an increase of TDP-43 in the cytoplasmic fraction (Figure 2G-2H). Together, our data demonstrate that aberrant activation of p38 α promotes several hallmarks of ALS pathology, including TDP-43 aggregation, phosphorylation at S409/S410, and cytoplasmic accumulation.

TDP-43 is directly phosphorylated by p38 α at residues S292, S409, and S410

Co-localization of TDP-43 and CA-p38 α in intranuclear aggregates might indicate a physical interaction between TDP-43 and p38 α (Figure 2E). To explore this possibility, we transfected SH-SY5Y with TDP-43^{WT} and p38 α , and then immunoprecipitated p38 α or TDP-43 (Figure 3A). TDP-43^{WT} and p38 α co-immunoprecipitated in both reciprocal immunoprecipitation experiments, suggesting a robust interaction between TDP-43 and p38 α (Figure 3A). Consistently, siRNA-mediated knockdown of p38 α reduced the amount of pulled down pTDP-43, and also diminished the amount of endogenous p38 α that co-immunoprecipitated with TDP-43^{M337V} (Figure S2), further validating an interaction between p38 α and TDP-43.

Next, we asked whether TDP-43 is directly phosphorylated by p38 α . Thus, we performed *in vitro* kinase assays. Samples containing recombinant wild-type TDP-43 with or without active p38 α were analyzed by western blot analysis after a 30-minute incubation period. In the absence of p38 α , no phosphorylation was detected at the S409/S410 site (Figure 3B). However, in the presence of active kinase, a robust band of phosphorylated TDP-43 was observed, indicating that TDP-43 is directly

phosphorylated by p38 α at S409/S410 (Figure 3B). As expected, the phosphorylation of TDP-43 was prevented by pharmacological inhibition of p38 α with compound 1 (Figure 3B).

While S409/S410 residues are thought to be the major pathological phosphorylation sites in TDP-43 (Neumann et al., 2009), we sought to investigate whether p38 α phosphorylates TDP-43 at additional serine or threonine residues. Therefore, we performed LC-MS/MS analysis of trypsin-digested TDP-43 after incubation with p38 α , which revealed that p38 α also phosphorylates TDP-43 at serine residue 292 (S292) (Figure 1A). In fact, TDP-43 is phosphorylated at S292 in the brains of ALS patients (Kametani et al., 2016). Furthermore, a serine-to-asparagine mutation at this site (S292N) is genetically linked to sALS and fALS (Harrison and Shorter, 2017; Xiong et al., 2010; Zou et al., 2012). To investigate the potential effects of phosphorylation at S292 on the aggregation propensity of TDP-43, we took a site-directed mutagenesis approach to generate phospho-mimetic (S292E; TDP-43^{S292E}), phospho-dead (S292A; TDP-43^{S292A}), and ALS-linked (S292N; TDP-43^{S292N}) TDP-43 mutants, which were transfected into SH-SY5Y cells. We compared the aggregation propensity of these S292 mutants to that of TDP-43^{WT} and TDP-43 variants harboring S409:S410A (TDP-43^{S409:S410A}), S409:S410E (TDP-43^{S409:S410E}) and S292:S409:S410A (TDP-43^{S292:S409:S410A}) mutations. Interestingly, overexpressing the phospho-mimetic mutant TDP-43^{S292E} increased the aggregation propensity of TDP-43, as evidenced by the accumulation of TDP-43 in the urea fraction, and also enhanced its phosphorylation at serine residues 409/410 (Figure 3C and 3D). Moreover, TDP-43^{S292E} enhanced the formation of 35 kDa C-terminal fragments of TDP-43 (CTF), which are associated with TDP-43 proteinopathy (Buratti, 2018) (Figure 3C and 3E). Neither TDP-43^{S292A}, TDP-43^{S292N}, TDP-43^{S409:S410A}, TDP-43^{S409:S410E} nor TDP-43^{S292:S409:S410A} had any significant effect on TDP-43 aggregation propensity compared to TDP-43^{WT} (Figure 3C-3D). These results suggest that aggregation of TDP-43 may be enhanced by S292 phosphorylation in neuronal cells. Moreover, S292 phosphorylation also likely stimulates phosphorylation at S409/410.

509 **TDP-43 undergoes arginine methylation catalyzed by PRMT1**

510 Our data suggest a role for S292 in regulating TDP-43 aggregation via p38 α -mediated
 511 phosphorylation. An alignment of TDP-43 amino acid sequences revealed that S292 is highly
 512 conserved across the phylogenic spectrum from *Homo sapiens* to *Gallus gallus* (Figure 4A).
 513 Intriguingly, an arginine-glycine-glycine (RGG) motif directly follows the S292 residue and is also
 514 highly conserved (Figure 4A). RGG/RG motifs are preferred substrates for methylation by members
 515 of the PRMT family (Thandapani et al., 2013). Given that several studies have shown that arginine
 516 methylation can attenuate phosphorylation at nearby residues on the same protein (Guo et al., 2010;
 517 Hsu et al., 2011; Lu et al., 2017; Yamagata et al., 2008), we hypothesized that arginine methylation
 518 at R293 could potentially interfere with p38 α -mediated phosphorylation at the adjacent residue S292.
 519 Recent proteomic studies have found that TDP-43 is methylated in HCT116 and HEK293 cells as
 520 well as in mouse embryos and human brain tissue (Guo et al., 2014; Larsen et al., 2016). To assess
 521 TDP-43 arginine methylation in SH-SY5Y cells, we immunoprecipitated endogenous TDP-43 and
 522 probed using antibodies against monomethyl-arginine (MMA), asymmetric dimethyl-arginine
 523 (ADMA) or symmetric dimethyl-arginine (SDMA). Western blot analysis showed that
 524 immunoprecipitated TDP-43 was indeed mono- and asymmetrically dimethylated and was efficiently
 525 recognized by the MMA and ADMA antibodies, but not a SDMA antibody (Figure 4B). Critically,
 526 when we depleted PRMT1, the most abundant PRMT in mammalian cells (Tang et al., 2000), using
 527 siRNA-mediated knockdown in SH-SY5Y cells, followed by TDP-43 immunoprecipitation and
 528 western blot analysis, we found a significant decrease in methylation of endogenous TDP-43 (Figure
 529 4C). Additionally, treating cells with AdOx, a global methyltransferase inhibitor, for 24 hours
 530 significantly decreased the methylation of overexpressed TDP-43^{WT}, evident by a decrease in
 531 immunoprecipitated TDP-43 detected by anti-MMA and anti-ADMA (Figure 4D). Collectively, these
 532 data suggest that PRMT1 methylates TDP-43.

533

Next, we wanted to verify whether R293 is the targeted residue for arginine methylation. Using site-directed mutagenesis, we generated a methylation-dead mutant of TDP-43 by substituting the arginine residue at 293 to a lysine (TDP-43^{R293K}). Unlike for TDP-43^{WT}, immunoprecipitating TDP-43^{R293K} and probing for monomethylated TDP-43 using anti-MMA antibody revealed an absence of monomethylated TDP-43 (Figure 4E). Overall, our results provide evidence that PRMT1 methylates TDP-43 at R293 in human neuronal cells.

540

541 **TDP-43 arginine methylation favors normal LLPS over aberrant aggregation**

Arginine methylation of TDP-43 has been largely unexplored. Thus, little is known about R293 methylation and whether it affects TDP-43 LLPS or aggregation propensity at the pure protein level. Likewise, we have limited understanding of how specific phosphorylation events might affect TDP-43 LLPS and aggregation at the pure protein level. To address how phosphorylation and methylation can alter TDP-43 LLPS behavior, we first performed *in vitro* droplet formation assays. Purified recombinant maltose-binding protein (MBP)-tagged TDP-43^{WT}, the phospho-mimicking mutants TDP-43^{S292E}, TDP-43^{S409:S410E}, TDP-43^{S292:S409:S410E}, and the arginine methylation-mimic TDP-43^{R293F} (Campbell et al., 2012; Huq et al., 2006; Liu et al., 2019), were separately incubated at physiological concentration (10μM) (Ling et al., 2010) in phase separation buffer containing physiological salt concentration and 10% (w/v) dextran to mimic the crowded cellular environment (Mann et al., 2019; McGurk et al., 2018). Formation of TDP-43 droplets was then visualized using DIC microscopy. TDP-43^{WT} formed spherical droplets that were relatively large in size (average area of $\sim 12.6\mu\text{m}^2 \pm 1.3$), and capable of fusion events indicating liquid-like properties (Figure 5A-C). In contrast, all three phosphomimetic TDP-43 mutants partitioned into droplets that were smaller in size (TDP-43^{S292E}, $\sim 5.8\mu\text{m}^2 \pm 0.6$; TDP-43^{S409:S410E}, $\sim 3.9\mu\text{m}^2 \pm 0.3$; and TDP-43^{S292:S409:S410E}, $\sim 3.2\mu\text{m}^2 \pm 0.2$) compared to those of TDP-43^{WT} (Figure 5A-C). There was no change in the number of droplets between mutants and TDP-43^{WT}. Thus, these reductions in droplet sizes suggest that phosphorylation

of S292, S409, and S410 may limit the LLPS propensity of TDP-43. Interestingly, the arginine-methylation mimic, TDP-43^{R293F}, formed large droplets that were comparable to TDP-43^{WT} ($\sim 12.6\mu\text{m}^2 \pm 1.9$) (Figure 5A-C). These results indicated that phosphorylation and methylation likely have contrasting effects on LLPS of TDP-43. Thus, R293 methylation likely permits wild-type levels of TDP-43 LLPS, whereas S292, S409, and S410 phosphorylation likely reduce TDP-43 LLPS.

Given these outcomes, we next compared the effects of phosphorylation and methylation mimics on TDP-43 aggregation propensity using an *in vitro* aggregation assay. Recombinant TDP-43-MBP protein constructs were incubated with TEV protease and their aggregation was monitored over time. Under these conditions, selective cleavage of the MBP tag by TEV protease results in the formation of solid-phase TDP-43 aggregates and fibrils (Cook et al., 2020), indicated by an increase in turbidity. Here, we found that there were only minor differences in aggregation between TDP-43^{WT} and the phosphomimics TDP-43^{S292E} and TDP-43^{S409E:S410E} (Figure 5D). By contrast, the phosphomimic TDP-43^{S292E:S409E:S410E} and the arginine methylation mimic, TDP-43^{R293F}, exhibited modestly reduced aggregation (Figure 5D). However, compared to TDP-43^{WT} this reduced aggregation was only significant for TDP-43^{R293F} (Figure 5E). Strikingly, plotting the normalized aggregation against the LLPS propensities of TDP-43^{WT} and its mutant forms, we found that the phosphomimetic mutants have a relatively higher tendency for aggregation over LLPS (Figure 5F). By contrast, TDP-43^{R293F} has a relatively higher tendency to undergo LLPS over aggregation (Figure 5F). Taken together, our results imply that TDP-43 phosphorylation and methylation may have opposing effects on TDP-43 (Figure 5F). Phosphorylation at S292, S409, and S410 reduces the propensity for TDP-43 to undergo LLPS, but has limited effects on TDP-43 aggregation (Figure 5G). Thus, S292, S409, and S410 phosphorylation may divert TDP-43 toward aggregation and away from LLPS (Figure 5G). This finding could explain why phosphorylated TDP-43 accumulates as aggregates in the urea fraction in cells. In contrast, R293 methylation allows TDP-43 to undergo normal LLPS, but reduces TDP-43

aggregation (Figure 5G). Thus, R293 methylation may reduce the propensity of TDP-43 to aggregate and enter the urea fraction in cells.

Arginine methylation regulates TDP-43 aggregation in human neuronal cells

We next investigated the impact of arginine methylation on TDP-43 in a cellular context. SH-SY5Y cells were treated with AdOx, an arginine methyltransferase inhibitor, followed by fractionation and western blot analysis. We found that global methyltransferase inhibition promoted the accumulation of TDP-43 in the urea fraction (Figure 6A and B). Conversely, the overexpression of PRMT1 led to a decrease in TDP-43 aggregation, evident by a decrease of total and phosphorylated TDP-43 in the urea fraction (Figure 6C and D). To further investigate the effect of hypomethylation on TDP-43 aggregation, we next mutated TDP-43 to have an additional RGG motif (TDP-43^{G308R}) (Figure 4A). Based on previous studies, the introduction of an additional RGG motif has led to the hypomethylation and subsequent aggregation of another ALS-linked RBP, FUS (Qamar et al., 2018). Accordingly, we found that TDP-43^{G308R} significantly accumulated in the urea fraction and was more highly phosphorylated at S409/S410, compared to TDP-43^{WT} (Figure 6E and F). Together, these findings suggest that arginine methylation exerts a protective role on TDP-43, perhaps by decreasing its aggregation propensity via regulation of phosphorylation.

Crosstalk between TDP-43 arginine methylation and p38 α -mediated phosphorylation

The observation that TDP-43 undergoes PRMT1-mediated arginine methylation at the R293 site, coupled with our purified protein data suggesting contrasting outcomes between TDP-43 phosphorylation and methylation, led us to ask whether phosphorylation at S292 interferes with arginine methylation at the adjacent residue, R293, or vice versa (Figure 4A). To answer this question, we expressed flag-tagged TDP-43^{WT} as well as TDP-43^{S292E}, TDP-43^{S292N}, and TDP-43^{S292A} mutants in SH-SY5Y cells and analyzed their methylation status. Immunoprecipitation followed by

immunoblotting revealed a striking reduction in the MMA-signal in the phospho-mimicking TDP-43^{S292E} mutant (Figure 7A). Interestingly, when compared to TDP-43^{WT}, the ALS-linked TDP-43^{S292N} mutant showed a modest decrease in MMA-levels, whereas the TDP-43^{S292A} mutant did not show any difference (Figure 7A). As shown previously (Figure 3C), the TDP-43^{S292E} mutant also promoted phosphorylation of TDP-43 at S409/S410, further underlining the anti-correlative relationship between TDP-43 arginine methylation and S409/S410 phosphorylation (Figure 7A). These observations suggest that phosphorylation at S292, possibly combined with increased phosphorylation at S409/S410, could interfere with TDP-43 methylation. However, these findings do not rule out that a reduction in TDP-43 methylation could be due to steric hindrance caused by the glutamic acid residue at position 292.

To further define the relationship between these two PTMs, we studied the methylation status of TDP-43 after genetic depletion of p38 α . As shown previously (Figure 1B), we found that p38 α downregulation reduced the phosphorylation of TDP-43^{WT} at S409/S410 (Figure 7B). Interestingly, western blot analysis also revealed that p38 α depletion significantly decreased the formation of the ~35 kDa TDP-43-CTF (Figure 7B and C), and resulted in elevated levels of mono-methylated TDP-43-CTF (Figure 7B and D). These observations suggest that there is an interplay between arginine methylation and p38 α -mediated phosphorylation, and that reduced p38 α activity could increase TDP-43 arginine methylation. Indeed, we found that overexpression of PRMT1 led to a strong increase in mono-methylated TDP-43-CTF and a striking reduction in TDP-43 phosphorylation at S409/S410 (Figure 7E), further corroborating the hypothesis that there is crosstalk between TDP-43 arginine methylation and phosphorylation at disease-relevant residues.

633 Discussion

634 Since the discovery that ~97% of ALS cases and ~50% of FTD cases present with TDP-43
 635 proteinopathy (Arai et al., 2006; Harrison and Shorter, 2017; Neumann et al., 2006), TDP-43 has
 636 been subject to much investigation. However, the mechanisms leading to an accumulation of
 637 insoluble TDP-43 aggregates are not yet fully understood. Aberrant TDP-43 phosphorylation is one
 638 of the major distinguishing pathological features of TDP-43 inclusions in human brains (Hasegawa
 639 et al., 2008; Neumann et al., 2009). Although the consequences of these phosphorylation events have
 640 not been unequivocally established, aberrant phosphorylation of TDP-43 is associated with
 641 cytoplasmic mislocalization, decreased solubility, aberrant cleavage and cytotoxicity (Barmada et al.,
 642 2010; Brady et al., 2011; Kim et al., 2015; Liachko et al., 2010; Nonaka et al., 2009; Zhang et al.,
 643 2010). To date, casein kinases CK1 and CK2, CDC7 and TTBK1/2 have been shown to phosphorylate
 644 TDP-43 *in vitro* and *in vivo*, and promote its pathological aggregation and neurotoxicity (Carlomagno
 645 et al., 2014; Choksi et al., 2014; Goh et al., 2018; Kametani et al., 2009; Liachko et al., 2013, 2014;
 646 Liu et al., 2015; Meyerowitz et al., 2011; Nonaka et al., 2016; Sreedharan et al., 2015; Taylor et al.,
 647 2018). However, some studies have found that hyperphosphorylation of the TDP-43 PrLD can reduce
 648 TDP-43 LLPS and aggregation (Li et al., 2011; Silva et al., 2021), indicating a complex interplay
 649 between combinatorial TDP-43 PTMs and pathology. Importantly, increased activation of the MAP
 650 kinase p38 has been detected in human post-mortem ALS tissue, which is further substantiated by the
 651 findings that persistent activation of the p38 signaling pathways induce neurodegeneration (Bendotti
 652 et al., 2004; Dewil et al., 2007; Tortarolo et al., 2003). However, until now, the effect of p38 α on
 653 TDP-43 specifically has not been explored.

654

655 In this study, we elucidated the impact of p38 α on TDP-43 proteinopathy. Using neuronal cells, we
 656 first showed that genetic depletion and pharmacological inhibition of p38 α suppressed TDP-43
 657 phosphorylation, aggregation, and toxicity. We further established that TDP-43 is a substrate of p38 α -

658 mediated phosphorylation. Using *in vitro* biochemical assays followed by LC-MS/MS we established
 659 that TDP-43 is directly phosphorylated by p38 α at residues S292, and S409/S410. Intriguingly,
 660 mutations at S292 have been linked to pathogenicity in both sporadic and familial ALS. However, no
 661 biochemical mechanistic data have been reported on the effect of this mutation (Xiong et al., 2010;
 662 Zou et al., 2012). Here, we demonstrated that the phospho-mimetic mutant TDP-43^{S292E} significantly
 663 promoted phosphorylation of TDP-43 at S409/S410 and enhanced the accumulation of insoluble
 664 TDP-43 aggregates. These findings identified S292 as a major site for TDP-43 phospho-regulation.
 665 Interestingly, we found that S292, and the RGG-motif immediately following this residue are highly
 666 conserved across the phylogenic spectrum. The RGG-motif presents a major site for methylation by
 667 members of the PRMT family (Chang et al., 2011; Huang et al., 2018; Thandapani et al., 2013; Wall
 668 and Lewis, 2017), and we show here that R293 is a major site for methylation by PRMT1 in human
 669 neuronal cells. This result supports earlier proteomic studies of mouse embryonic and brain tissue
 670 indicating that TDP-43 can be methylated at R293 (Guo et al., 2014; Larsen et al., 2016). Furthermore,
 671 recent evidence also corroborates the possible role of arginine methylation in neurodegeneration.
 672 Specifically, PRMT1 was identified as a significant modulator of toxicity in C9-ALS (Ortega et al.,
 673 2020).

674

675 There is increasing evidence suggesting that phosphorylation and arginine methylation co-exist on
 676 the same protein, and that these PTMs can have opposing or potentiating effects on protein function
 677 (Basso and Pennuto, 2015; Lu et al., 2017). For example, the functions of p16 protein are regulated
 678 by the antagonistic crosstalk between arginine methylation at residue R138 and phosphorylation at
 679 residue S140 (Lu et al., 2017). Here, we provide similar evidence for the crosstalk between PRMT1-
 680 catalyzed arginine methylation at R293 and p38 α -mediated phosphorylation at the adjacent residue
 681 S292 in the regulation of TDP-43 LLPS and aggregation. Our *in vitro* and *in vivo* data elucidate a
 682 dichotomous relationship between methylation and phosphorylation of TDP-43. Perhaps as a

683 protective mechanism, TDP-43 methylation at R293 reduces phosphorylation at S292 and
 684 S409/S410, which in turn reduces TDP-43 aggregation. Conversely, the phosphomimetic S292E
 685 reduces the levels of TDP-43 methylation. Our biochemical studies suggest that S292 and S409/S410
 686 phosphorylation render TDP-43 less prone to undergo LLPS, which may divert TDP-43 along
 687 pathological aggregation trajectories (Conicella et al., 2016). Whether TDP-43 methylation at R293
 688 inhibits phosphorylation at S292, or vice versa, due to steric hindrance have yet to be further
 689 investigated. Nevertheless, our study suggests for the first time an intricate interplay between protein
 690 phosphorylation and arginine methylation in the regulation of TDP-43. While additional studies will
 691 be necessary to further clarify the dynamics of these regulatory processes, especially in the context
 692 of more complex, clinically-relevant models, our study provides a platform for developing novel
 693 therapeutic strategies to inhibit p38 α or promote PRMT1 activity to rescue TDP-43 pathologies
 694 associated with ALS/FTD. Indeed, it is interesting to note that the brain-penetrant p38 α inhibitor,
 695 VX-745, which mitigates TDP-43 toxicity in primary neurons (Figure 1J), has reached phase 2
 696 clinical trials for Alzheimer's disease, Huntington's disease, and dementia with Lewy bodies
 697 (Germann and Alam, 2020; Prins et al., 2021). Our data indicate that VX-745 might also be
 698 considered as a clinical candidate for ALS/FTD that presents with TDP-43 proteinopathy. Indeed, we
 699 suggest that strategies to reduce p38 α -mediated TDP-43 phosphorylation and promote R293
 700 methylation could have therapeutic utility for ALS/FTD and other TDP-43 proteinopathies.

701

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716

717 Conflict of interest

718 HJW, DGB, and NJB were all full-time employees and shareholders of AstraZeneca at the time these
 719 studies were conducted. SJM serves as a consultant for SAGE Therapeutics and AstraZeneca,
 720 relationships that are regulated by Tufts University. JS is a consultant for Dewpoint Therapeutics,
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722

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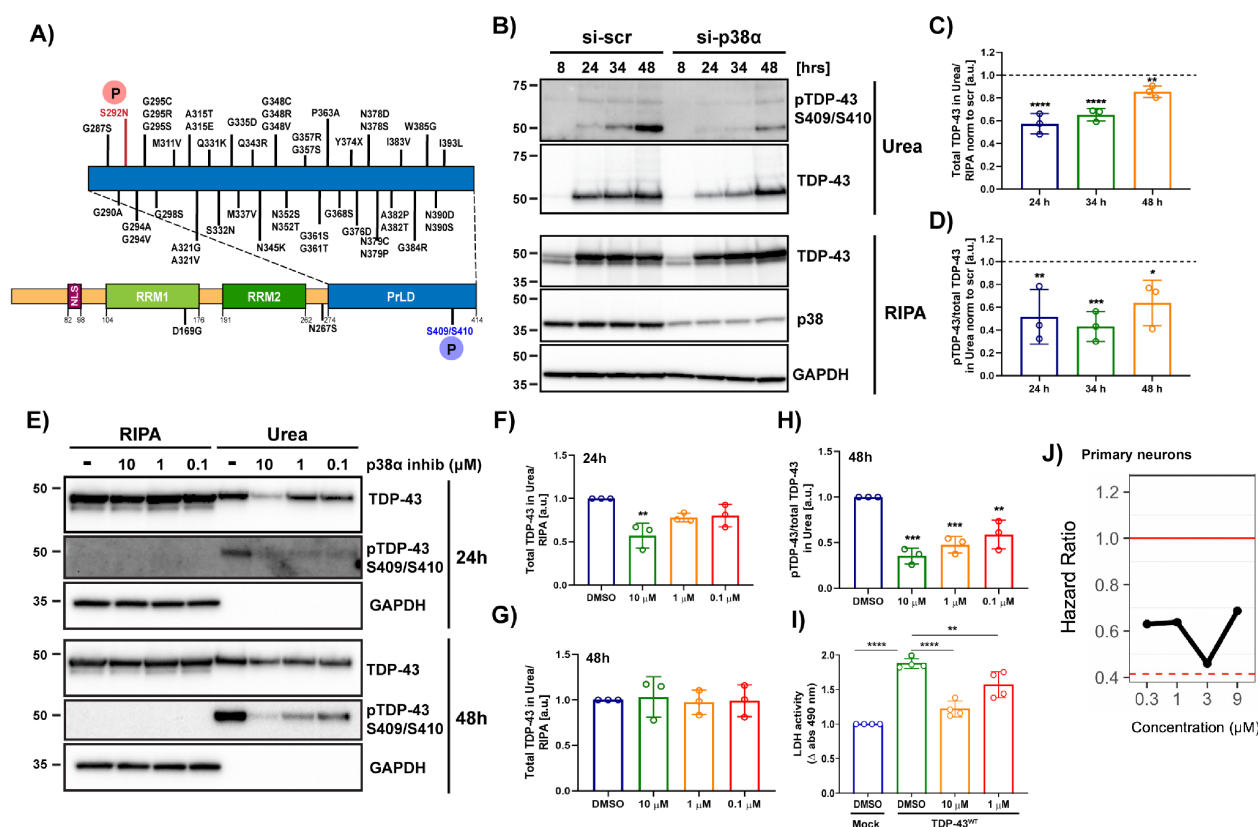
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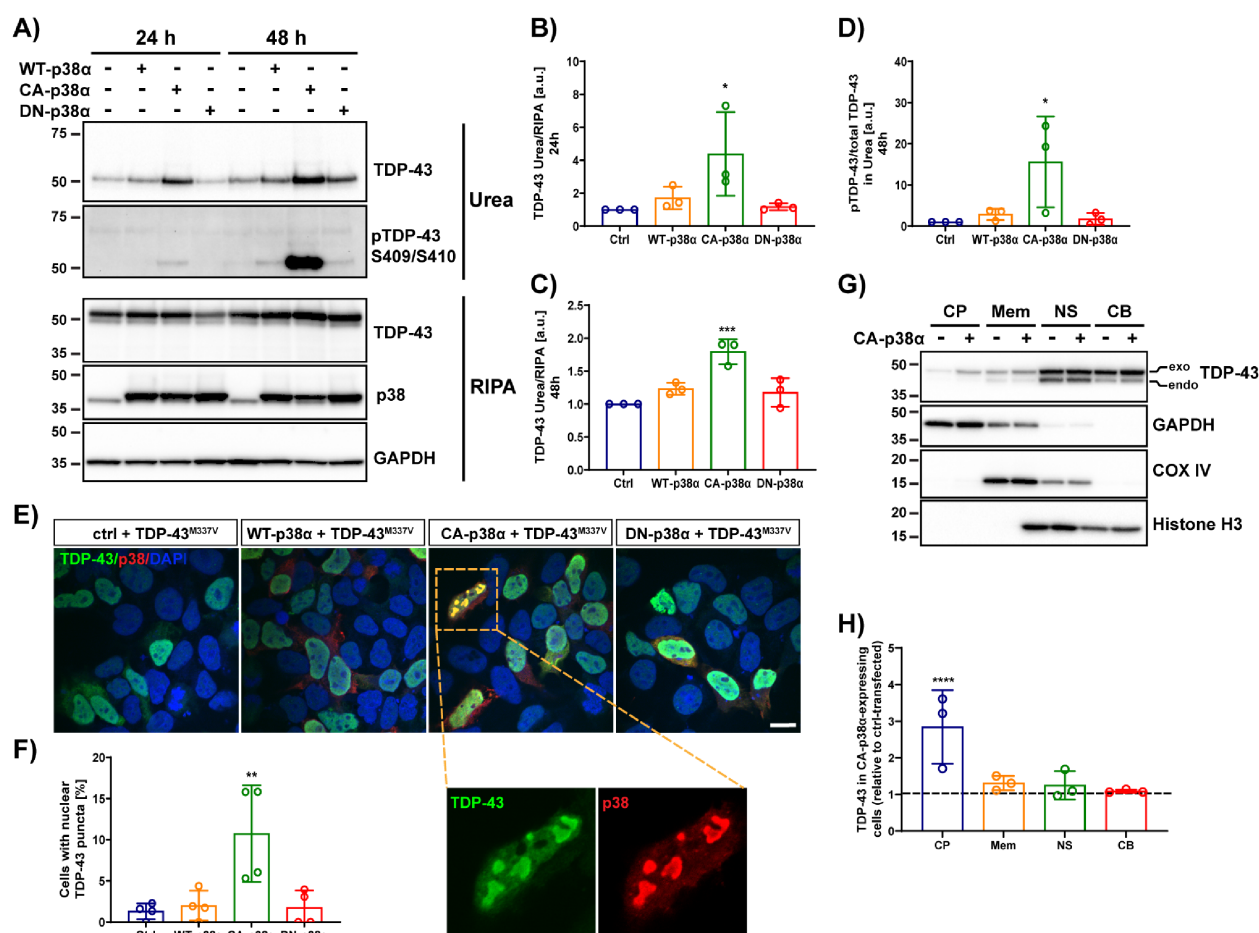
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Figure 1. Genetic and pharmacological inhibition of p38α MAPK reduces TDP-43 aggregation and phosphorylation at S409/S410, and inhibits TDP-43-induced neurotoxicity. **A)** Schematic of domain architecture of TDP-43 and location of ALS-linked mutations and phosphorylation sites (P) detected after p38α MAPK treatment *in vitro*. **B)** Western blot of total and phosphorylated TDP-43^{M337V} in RIPA and urea fractions of SH-SY5Y cells with siRNA-induced p38α knockdown. GAPDH was used as a loading control. **C)** Quantification of urea/RIPA ratio of total TDP-43 normalized to levels in scrambled siRNA (si-scr). **D)** Quantification of pTDP-43/total TDP-43 ratio in urea fraction normalized to levels in si-scr (mean band signal ± SD, two-way ANOVA with Sidak's multiple comparison test, n = 3). **E)** Western blot of total and pTDP-43^{M337V} in RIPA and urea fractions of SH-SY5Y cells with pharmacological p38α inhibition with compound 1. GAPDH was used as a loading control. Quantification of urea/RIPA ratio of total TDP-43 at time points 24h (**F**) and 48h (**G**) post-transfection, and pTDP-43/total TDP-43 ratio in urea fraction at time point 48h post-transfection (**H**) normalized to levels in DMSO-treated cells (mean band signal ± SD, one-way ANOVA with Dunnett's multiple comparison test, n = 3). **I)** Quantification of LDH activity in conditioned medium normalized to levels in DMSO-treated TDP-43^{WT}-transfected NSC-34 cells. (one-way ANOVA with Dunnett's multiple comparison test, n = 4 with 6 replicates in each). *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001. **J)** Hazard ratios of primary neurons expressing mApple and TDP-43^{M337V}-EGFP treated with p38α inhibitor VX-745 at 0.3, 1, 3, and 9 μM compared with DMSO control (reference, set at 1.0) were 0.6296, 0.6378, 0.4596, and 0.6869 respectively. Reduction of hazard ratio was most significant at 3 μM (Cox proportional hazard, p<0.01). See also Figure S1.

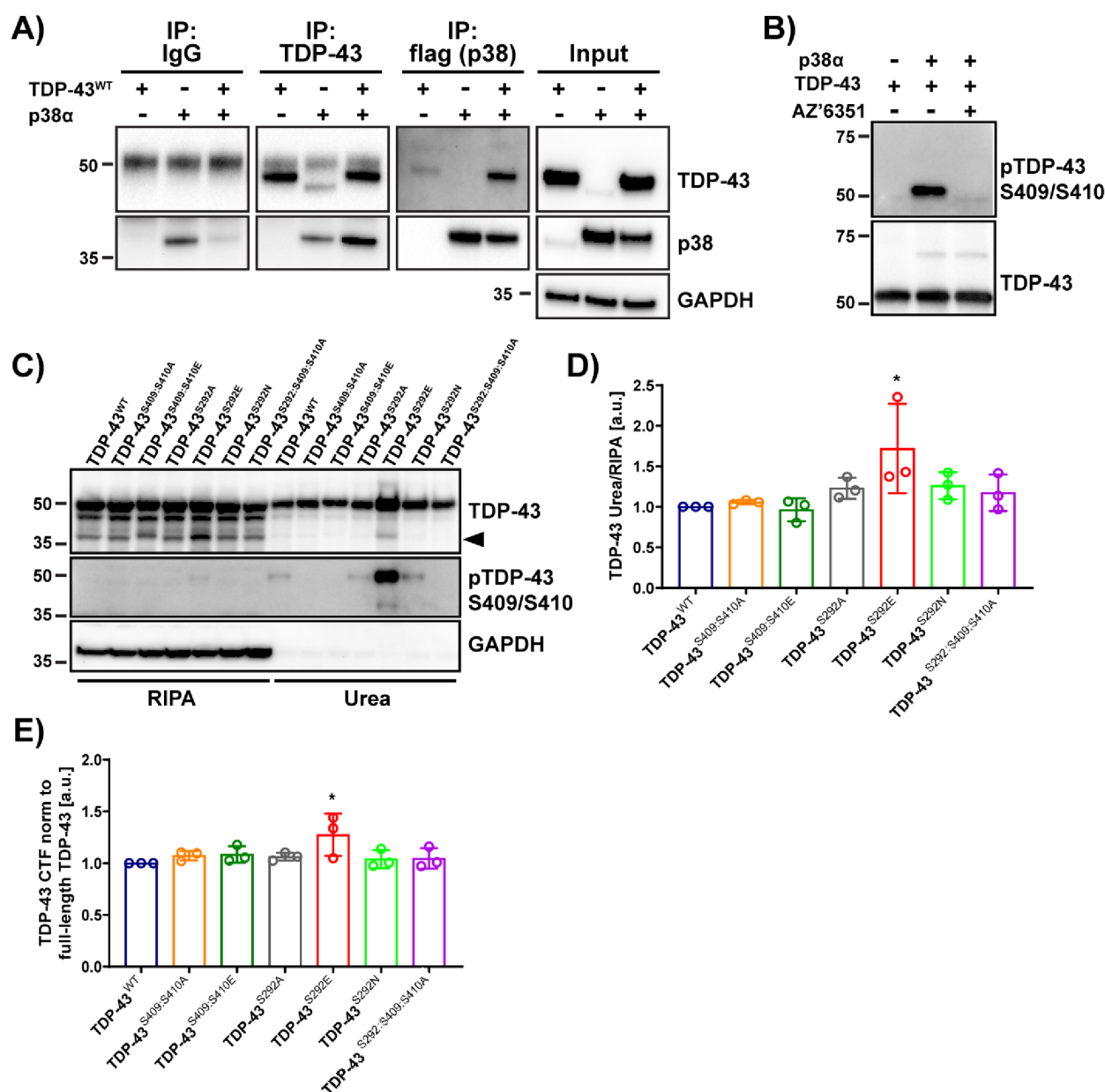
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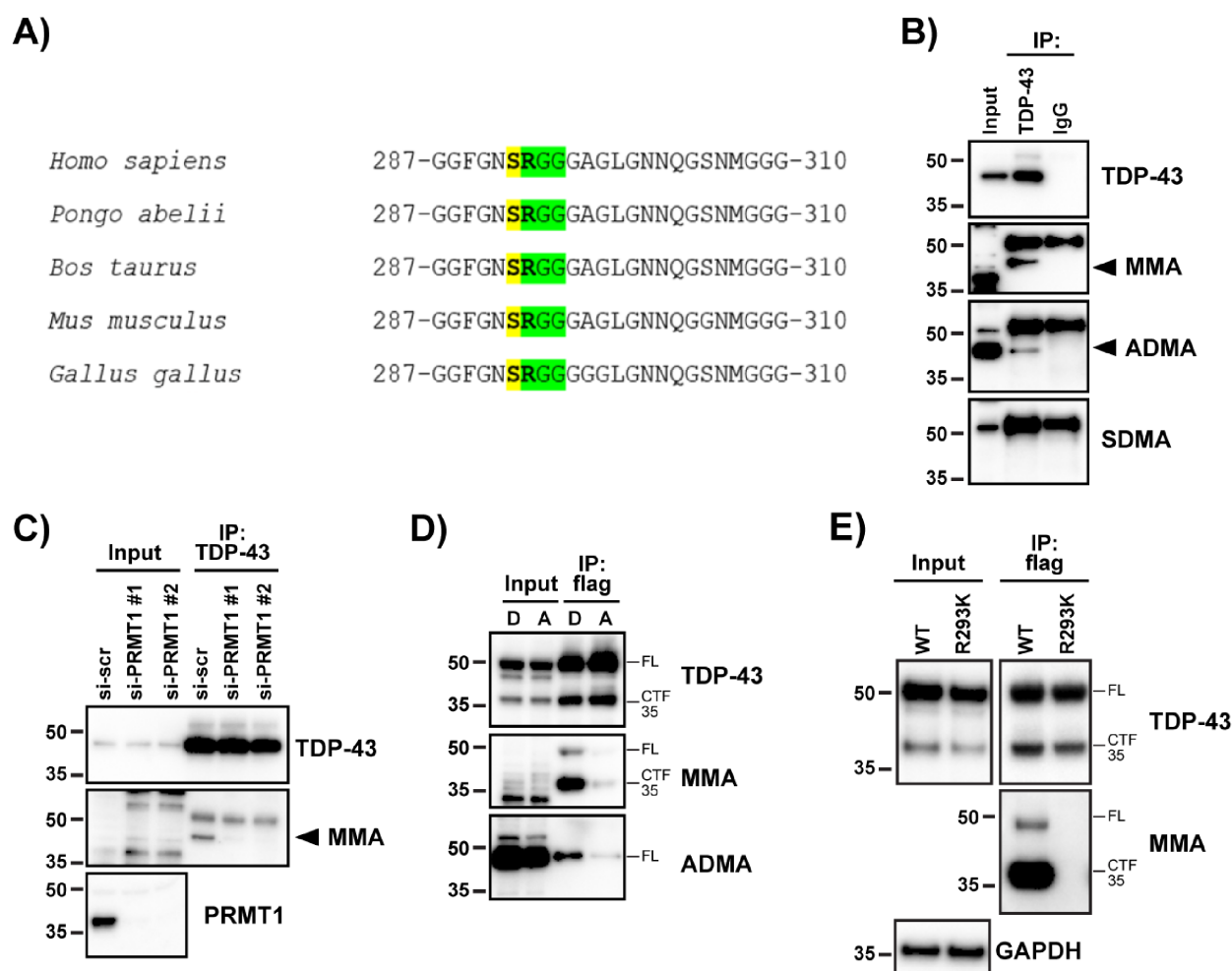
1071 **Figure 2. Constitutively active p38α induces aggregation, phosphorylation and cytoplasmic**
1072 **accumulation of TDP-43.** A) Western blot of total and pTDP-43 in RIPA and urea fractions of SH-
1073 SY5Y cells co-transfected with TDP-43^{M337V} and empty control plasmid (Ctrl), WT-p38α, CA-p38α
1074 or DN-p38α. GAPDH was used as a loading control. Quantification of urea/RIPA ratio of total TDP-
1075 43 at time points 24h (B) or 48h (C) post-transfection, and pTDP-43/total TDP-43 ratio in urea
1076 fraction at time point 48h post-transfection (D), normalized to levels in ctrl-plasmid transfected cells
1077 (mean band signal ± SD, one-way ANOVA with Dunnett's multiple comparison test, n = 3). E)
1078 Representative confocal images of SH-SY5Y cells co-expressing TDP-43^{M337V} (green) and WT-
1079 p38α, CA-p38α or DN-p38α (red) with quantification of the number of cells with nuclear TDP-43
1080 puncta/granules (F) (one-way ANOVA with Dunnett's multiple comparison test, n = 4 and 10 fields
1081 each, scale bar 20 μm). G) Western blot of TDP-43 in different cellular compartments of SH-SY5Y
1082 cells co-transfected with TDP-43^{M337V} and ctrl-plasmid or CA-p38α. Exo denotes exogenous TDP-
1083 43 and endo denotes endogenous TDP-43. GAPDH was used as a loading control for cytoplasmic
1084 fraction (CP), COX IV for the membrane fraction (Mem), and histone H3 for the soluble nuclear (NS)
1085 and chromatin-bound (CB) fractions. H) Quantification of total TDP-43 in cytoplasmic, membrane,
1086 soluble nuclear and chromatin-bound fractions (mean band signal ± SD, two-way ANOVA with
1087 Sidak's multiple comparison test, n = 3). *p < 0.05, **p < 0.01 ***p < 0.001, ****p < 0.0001.

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1090 **Figure 3. TDP-43 directly interacts with and is phosphorylated by p38 α at S292 and S409/S410,**
1091 **with S292 regulating phosphorylation at S409/S410. A)** Western blot of immunoprecipitated TDP-
1092 43^{WT} and co-immunoprecipitated WT-p38 α and immunoprecipitated WT-p38 α and co-
1093 immunoprecipitated TDP-43^{WT} in SH-SY5Y cells. Inputs are shown on the right. GAPDH was used
1094 as a loading control. **B)** Western blot of *in vitro* kinase assay (30°C for 30 min) of recombinant human
1095 TDP-43 (750 ng) and recombinant active p38 α (300 ng) with and without the p38 α inhibitor
1096 compound 1. **C)** Western blot of total and pTDP-43 in RIPA and urea fractions of SH-SY5Y cells
1097 transfected with TDP-43^{WT} and with S292 and S409/S410 mutant constructs. Quantification of
1098 urea/RIPA ratio of total TDP-43 (**D**), and CTF/full length ratio of TDP-43 in RIPA fraction (**E**) at
1099 time point 24h post-transfection normalized to levels in TDP-43^{WT} (mean band signal \pm SD, one-way
1100 ANOVA with Dunnett's multiple comparison test, n = 3). *p < 0.05.
1101 See also Figure S2.
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1103

1104 **Figure 4. TDP-43 is methylated by PRMT1 primarily at residue R293.** **A)** Sequence alignment
1105 of amino acids 287-310 of TDP-43 from diverse vertebrate species. Conserved S292 and R293 sites
1106 are bolded. S292 phosphorylation site and R293-G295 RGG-motif are highlighted in yellow and
1107 green, respectively. **B)** Western blot of immunoprecipitated endogenous TDP-43 from SH-SY5Y-
1108 cells probed with antibodies against TDP-43, ADMA, MMA and SDMA. TDP-43 with arginine
1109 methylation is marked by arrows. **C)** Western blot of immunoprecipitated endogenous TDP-43 from
1110 SH-SY5Y-cells with siRNA-induced PRMT1 knockdown probed with antibodies against TDP-43,
1111 MMA and PRMT1. **D)** Western blot of expressed and immunoprecipitated TDP-43^{WT} using anti-Flag
1112 antibody from SH-SY5Y-cells treated with DMSO (D) or with methyltransferase inhibitor AdOx (A)
1113 at a final concentration of 20 μ M for 24h. FL denotes full-length TDP-43 and CTF35 denotes C-
1114 terminal 35kDa fragment of TDP-43. **E)** Western blot of expressed and immunoprecipitated TDP-
1115 43^{WT} and TDP-43^{R293K} using anti-Flag antibody from SH-SY5Y cells probed with antibodies against
1116 TDP-43 and MMA.

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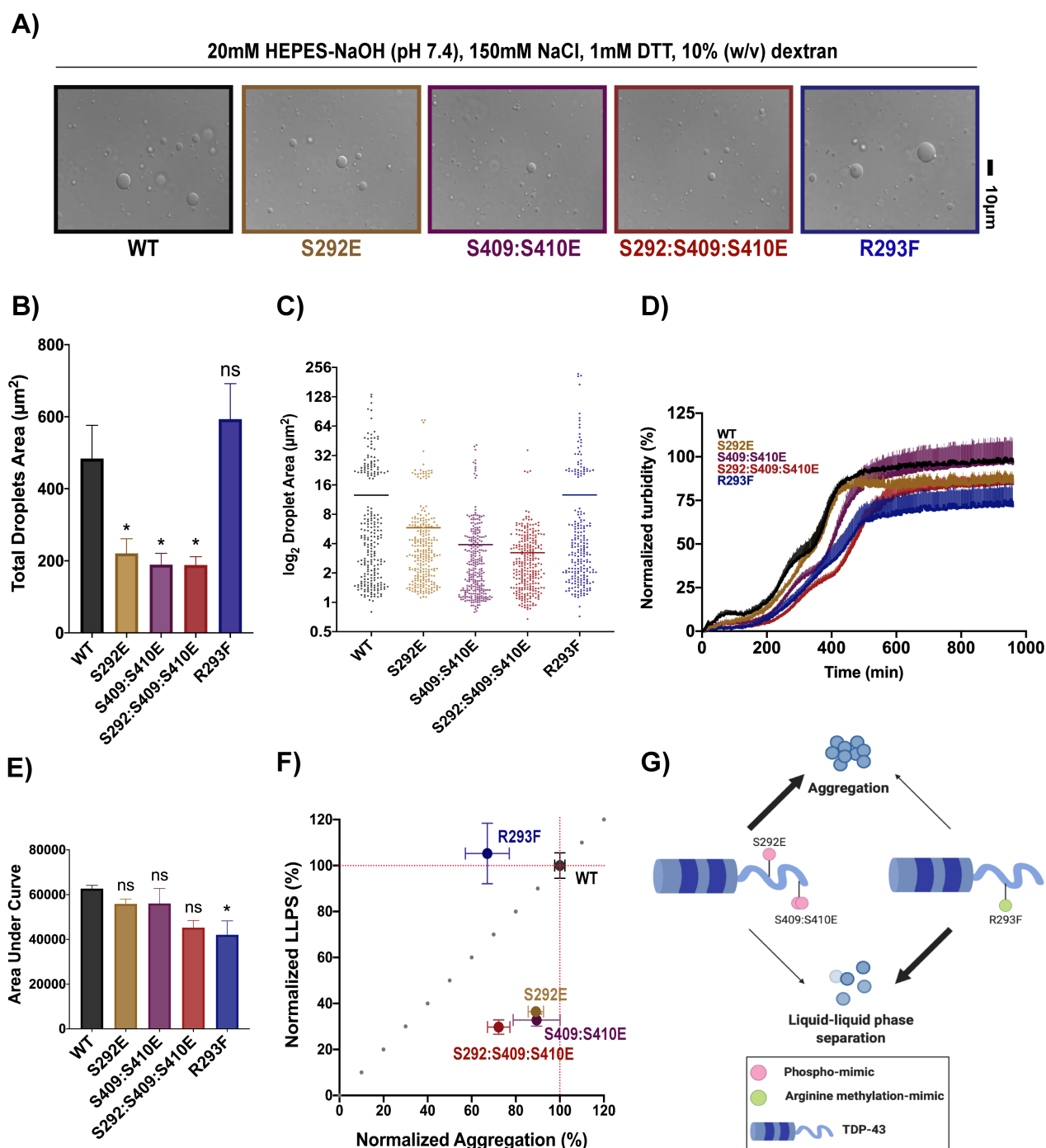
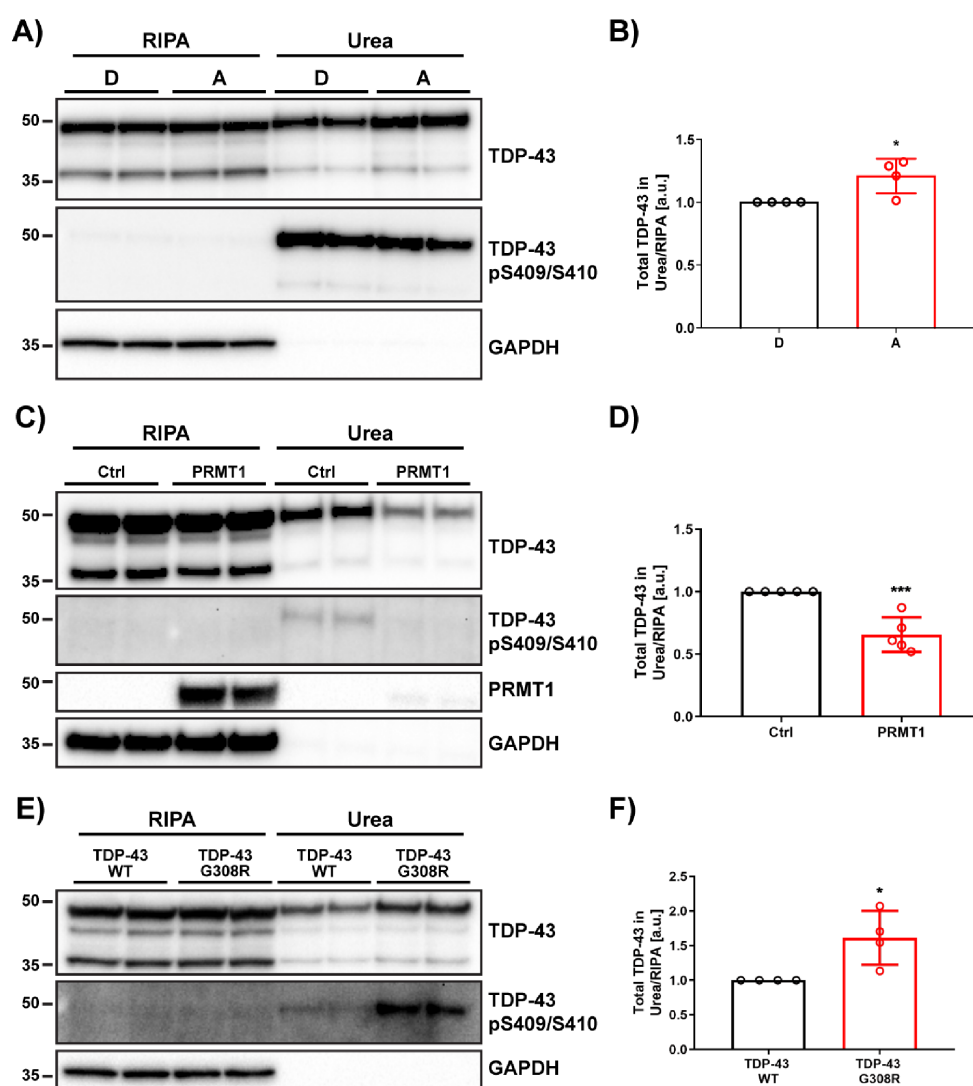


Figure 5. TDP-43 phosphorylation favors aggregation whereas arginine methylation favors LLPS *in vitro*. **A)** Representative DIC microscopy images of liquid-like droplets of 10 μM TDP-43-MBP wild-type protein and its mutant forms. Purified recombinant proteins were incubated for 30 minutes with phase separation buffer prior to imaging. Scale bar = 10 μm (n=3). **B)** Bar graph showing the total droplets area for each protein. Mean \pm SEM, one-way ANOVA with Dunnett's multiple comparison test (n=3, *p<0.05). **C)** Vertical scatterplot displaying the size distribution of droplets for each protein. Each data point corresponds to a single droplet. Bolded bars represent the average droplet area for each variant. **D)** Turbidity measurements of 5 μM TDP-43-MBP co-incubated with TEV protease (1 $\mu\text{g}/\text{mL}$). Turbidity was measured at an absorbance of 395 nm. Values represent the normalized mean \pm SEM (n = 4). **E)** Aggregation data from **D** was quantified by calculating the area under the curve. Values represent means \pm SEM (n = 4). One-way ANOVA with

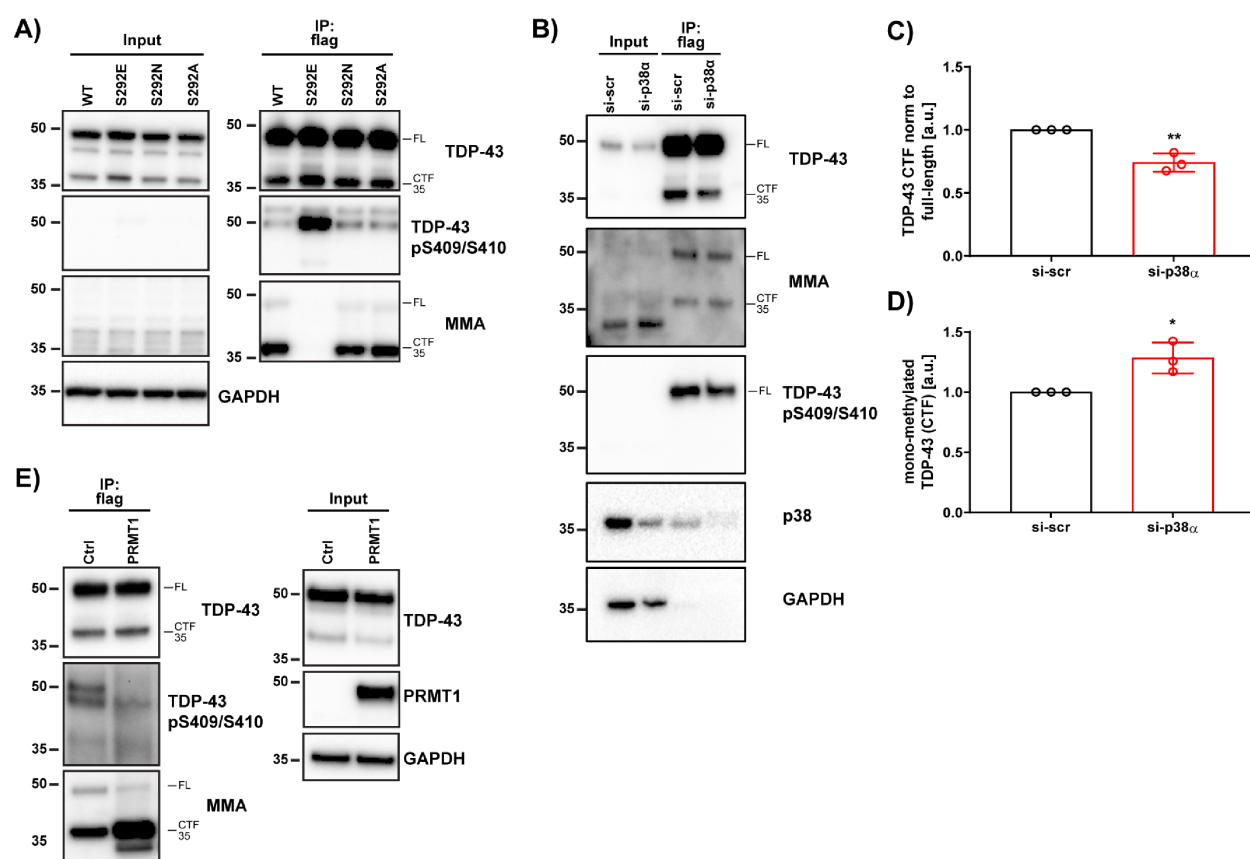
1131 Tukey's multiple comparison test was performed (* $p < 0.05$). **F)** LLPS versus aggregation plot shows
 1132 the phospho-mimetics cluster below the $y=x$ dotted line, whereas the arginine methylation-mimic
 1133 appears above the $y=x$ dotted line. Phospho-mimetics inhibit TDP-43 LLPS more severely than TDP-
 1134 43 aggregation, whereas the arginine-methylation mimic inhibits TDP-43 aggregation but not TDP-
 1135 43 LLPS. Y-axis represents normalized LLPS propensity relative to wild-type based on the average
 1136 area of droplets from analysis in **C**. X-axis represents normalized aggregation relative to wild-type
 1137 from **D**. Error bars represent SEM with $n=3$ for their respective dimension. **G)** Schematic diagram
 1138 describing the dichotomy in outcomes between p38 α -mediated TDP-43 phosphorylation and
 1139 PRMT1-mediated arginine methylation. Phospho-mimicking mutants favor aberrant aggregation
 1140 (thick arrow) over LLPS (thin arrow), whereas the arginine methylation-mimic favors LLPS (thick
 1141 arrow) over aberrant aggregation (thin arrow). This panel was made with BioRender.
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1144 **Figure 6. Methylation of TDP-43 regulates its aggregation.** **A)** Western blot of total and pTDP-43
1145 in RIPA and urea fractions of TDP-43^{WT}-transfected SH-SY5Y-cells treated with DMSO (D) or with
1146 methyltransferase inhibitor AdOx (A) at a final concentration of 20 μ M for 24h. **B)** Quantification of
1147 urea/RIPA ratio of total TDP-43 normalized to levels in DMSO-treated cells (mean band signal \pm SD,
1148 unpaired t test, n = 4). **C)** Western blot of total and pTDP-43 in RIPA and urea fractions of TDP-
1149 43^{WT}-transfected SH-SY5Y-cells co-transfected with empty control plasmid (Ctrl) or PRMT1. **D)**
1150 Quantification of urea/RIPA ratio of total TDP-43 normalized to levels in Ctrl-plasmid co-transfected
1151 cells (mean band signal \pm SD, unpaired t test, n = 5). **E)** Western blot of total and pTDP-43 in RIPA
1152 and urea fractions of TDP-43^{WT} or TDP-43^{G308R} transfected SH-SY5Y-cells at time point of 24h
1153 post-transfection. **F)** Quantification of urea/RIPA ratio of total TDP-43 normalized to levels in TDP-
1154 43^{WT}-transfected cells (mean band signal \pm SD, one-way ANOVA with Dunnett's multiple
1155 comparison test, n = 4). *p < 0.05, ***p < 0.001.

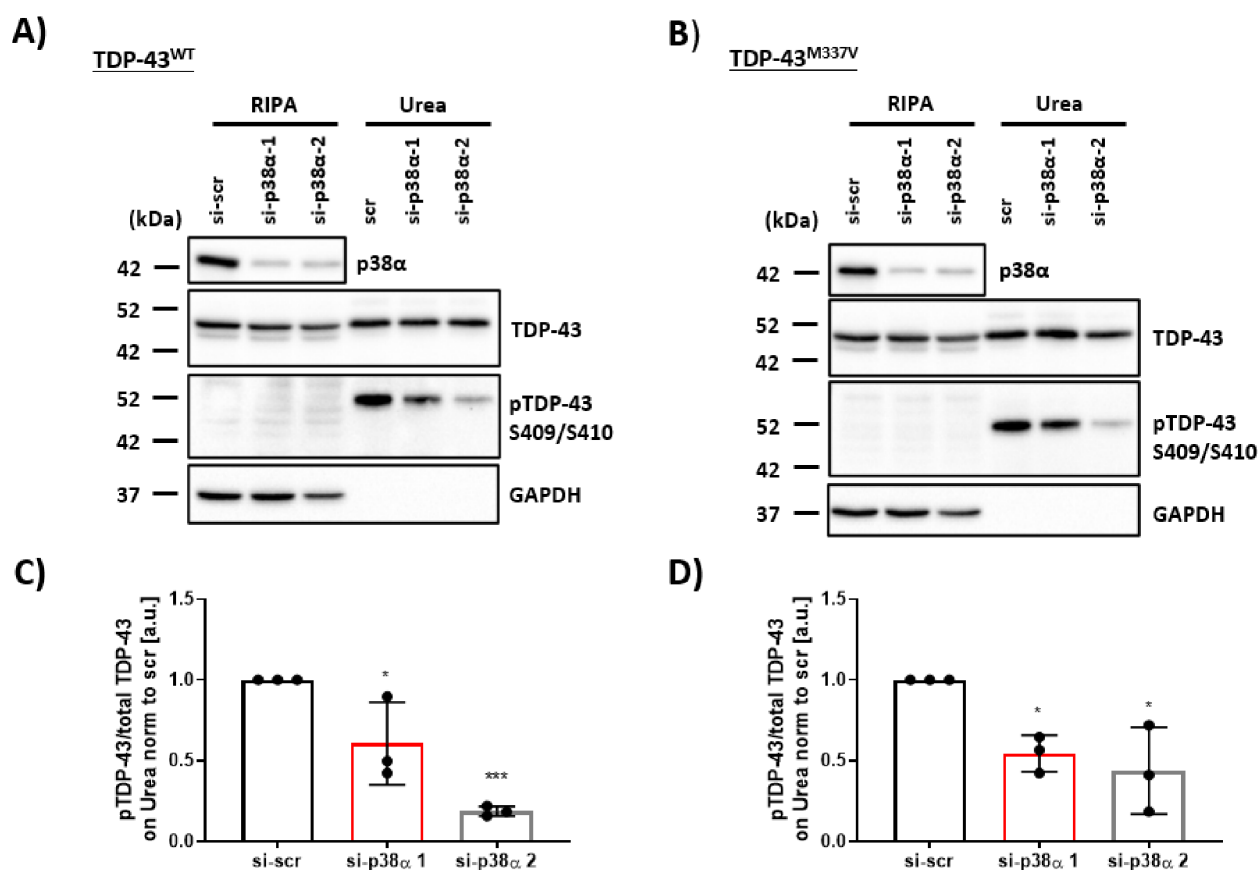
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1158 **Figure 7. Crosstalk between PRMT1-catalyzed arginine methylation and p38α-mediated**
 1159 **phosphorylation of TDP-43. A)** Western blot of immunoprecipitated flag-tagged TDP-43 from SH-
 1160 SY5Y cells probed with antibodies against TDP-43, pTDP-43 and MMA. GAPDH serves as a loading
 1161 control. **B)** Western blot of immunoprecipitated flag-tagged TDP-43^{WT} from the SH-SY5Y cells with
 1162 and without siRNA-induced p38α knockdown probed with antibodies against TDP-43, p38α, pTDP-
 1163 43 and MMA. GAPDH serves as a loading control. **C)** Quantification of TDP-43-CTF/full length-
 1164 ratio (mean band signal ± SD, unpaired t test, n = 3). (*p < 0.05, **p < 0.01). **D)** Quantification of
 1165 mono-methylated TDP-43-CTF normalized to total TDP-43-CTF (mean band signal ± SD, unpaired
 1166 t test, n = 3). (*p < 0.05, **p < 0.01). **E)** Western blot of immunoprecipitated flag-tagged TDP-43^{WT}
 1167 from the SH-SY5Y cells with and without PRMT1 overexpression probed with antibodies against
 1168 TDP-43, pTDP-43 and MMA. GAPDH serves as a loading control.

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1171 **Figure S1. Genetic ablation of p38α MAPK reduces the aggregation and phosphorylation at**
1172 **S409/S410 for both TDP-43^{WT} and TDP-43^{M337V}.** **A)** Western blot of total and pTDP-43^{WT} in RIPA
1173 and urea fractions of cells with siRNA-induced p38α knockdown in SH-SY5Y cells after 48h.
1174 GAPDH was used as a loading control. **B)** Western blot of total and pTDP-43^{M337V} in RIPA and urea
1175 fractions of cells with siRNA-induced p38α knockdown in SH-SY5Y cells after 48h. GAPDH was
1176 used as a loading control. **C)** Quantification of pTDP-43^{WT}/total TDP-43^{WT} -ratio in urea fraction
1177 normalized to levels in scrambled siRNA (si-scr). **D)** Quantification of pTDP-43^{M337V}/total TDP-
1178 43^{M337V} -ratio in urea fraction normalized to levels in si-scr (mean band signal ± SD, one-way
1179 ANOVA with Sidak's multiple comparison test, n = 3). *p < 0.05, ***p < 0.001.
1180 Related to Figure 1.
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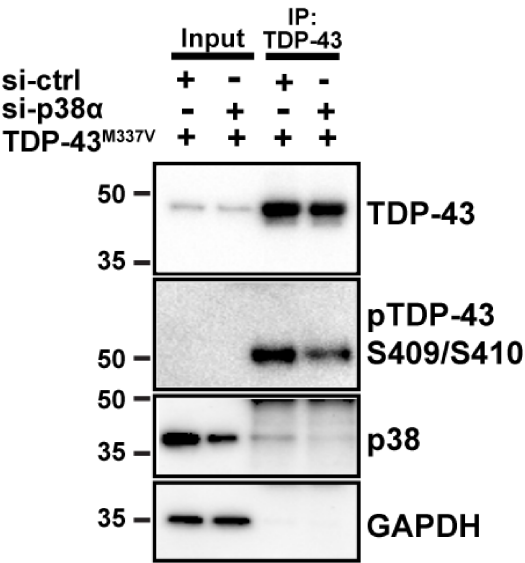


Figure S2. Knockdown of p38 α reduces the co-immunoprecipitation of endogenous p38 α with TDP-43. Western blot of immunoprecipitated TDP-43^{M337V} and co-immunoprecipitated endogenous p38 α from the SH-SY5Y cells with and without siRNA-induced p38 α knockdown. GAPDH serves as a loading control.
Related to Figure 3.