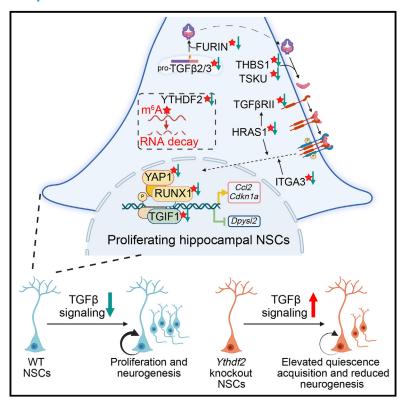
Cell Stem Cell

m^6 A/YTHDF2-mediated mRNA decay targets TGF- β signaling to suppress the quiescence acquisition of early postnatal mouse hippocampal NSCs

Graphical abstract



Highlights

- Ythdf2 deletion elevates quiescence acquisition of hippocampal neural stem cells (NSCs)
- Multiple TGF-β pathway components are m⁶A, Ythdf2, and mRNA decay targets
- TGF-β-signaling inhibition rescues elevated quiescence acquisition of Ythdf2 cKO NSCs
- Epitranscriptomic convergent co-regulation of multiple components in a single pathway

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In brief

Zhang et al. revealed a distinct mode of epitranscriptomic control, with convergent co-regulation of multiple components of the same signaling pathway in stem cells. Specifically, m⁶A/YTHDF2 signaling promotes mRNA decay of multiple TGF- β pathway components, which reduces TGF- β -signaling activation cell autonomously in proliferating neural stem cells to suppress their quiescence acquisition.







Short article

m⁶A/YTHDF2-mediated mRNA decay targets TGF-β signaling to suppress the quiescence acquisition of early postnatal mouse hippocampal NSCs

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SUMMARY

Quiescence acquisition of proliferating neural stem cells (NSCs) is required to establish the adult NSC pool. The underlying molecular mechanisms are not well understood. Here, we showed that conditional deletion of the m^6A reader Ythdf2, which promotes mRNA decay, in proliferating NSCs in the early postnatal mouse hippocampus elevated quiescence acquisition in a cell-autonomous fashion with decreased neurogenesis. Multimodal profiling of m^6A modification, YTHDF2 binding, and mRNA decay in hippocampal NSCs identified shared targets in multiple transforming growth factor β (TGF- β)-signaling-pathway components, including TGF- β ligands, maturation factors, receptors, transcription regulators, and signaling regulators. Functionally, Ythdf2 deletion led to TGF- β -signaling activation in NSCs, suppression of which rescued elevated quiescence acquisition of proliferating hippocampal NSCs. Our study reveals the dynamic nature and critical roles of mRNA decay in establishing the quiescent adult hippocampal NSC pool and uncovers a distinct mode of epitranscriptomic control via co-regulation of multiple components of the same signaling pathway.

INTRODUCTION

Adult hippocampal neurogenesis contributes to normal brain functions, such as learning, memory, and mood regulation, ^{1–6} whereas its dysregulation has been associated with various brain disorders. ^{2,7–10} Quiescent neural stem cells (NSCs) in the adult dentate gyrus (DG) originate from proliferating NSCs, and their quiescence acquisition in the early postnatal mouse DG represents a major milestone in establishing the adult NSC pool. ^{11–13} Although quiescence of adult NSCs is required to sustain life-long neurogenesis, and mechanisms that regulate adult NSC quiescence maintenance have been extensively investigated, ¹⁴ molecular mechanisms regulating quiescence acquisition of proliferating NSCs during early postnatal stages in the DG are not well understood. ^{15–17}

Both transforming growth factors β (TGF- β s) and bone morphogenetic proteins (BMPs) belong to the TGF- β superfamily. BMP signaling promotes the quiescent state of adult NSCs in the DG *in vivo* and BMP4 treatment switches proliferating adult NSCs to the quiescent state *in vitro*. FGF- β signaling also suppresses adult neurogenesis and has been implicated in embryonic neurogenesis. For example, TGF- β regulates the temporal identity of NSCs and their differentiation potency toward early- and late-born neurons in the hindbrain. However, the role of the TGF- β superfamily in quiescence acquisition of early postnatal NSCs in the DG is unknown.

Studies of over 170 types of RNA chemical modifications, or epitranscriptomics, have attracted tremendous basic and clinical research interest because of their critical roles in regulating almost every aspect of RNA metabolism (e.g., decay, splicing,





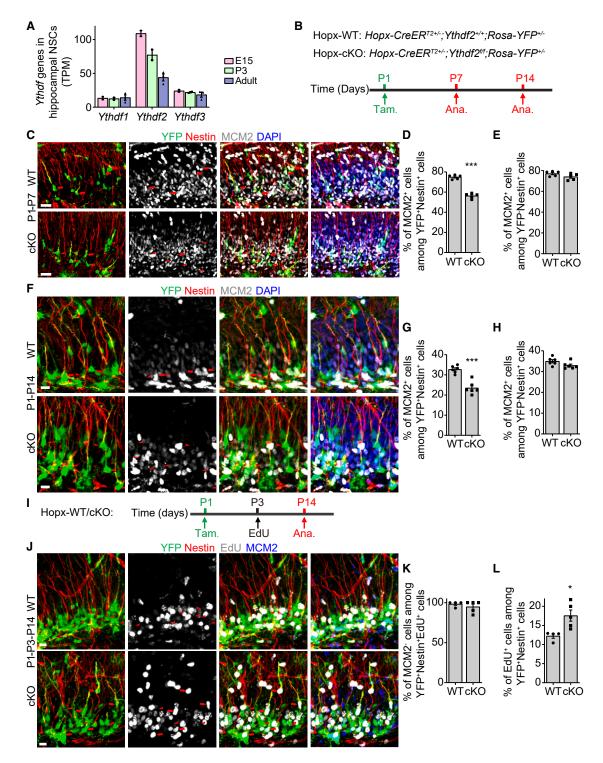


Figure 1. Conditional Ythdf2 deletion, specifically in early postnatal DG NSCs, promotes their quiescence acquisition

(A) Transcripts per million (TPM) values of Ythdf/Ythdf2/Ythdf3 mRNA in FACS-purified NSCs from Hopx-GFP transgenic mouse DG from our published dataset. 11 Values represent mean \pm SEM (n = 2/E15; 2/P3; 3/adult).

⁽B) A schematic diagram of the experimental design.

⁽C-H) Sample confocal images of staining in the upper blade of DG at P7 (C; scale bars: 20 µm) and P14 (F; scale bars: 10 µm), and quantifications. Red arrows indicate MCM2*YFP*Nestin* NSCs and red arrowheads indicate MCM2*YFP*Nestin* NSCs (C and F). Individual dots represent data from each animal (D, E, G, and H). Values represent mean \pm SEM (n = 5/P7; 6/P14; ***p < 0.001; Student's t test).

⁽I) A schematic diagram of the EdU-retaining assay.



stability, transport, alternative polyadenylation, and translation) in diverse biological processes, including in the nervous system, 24-26 as well as their therapeutic potential, such as the success of the COVID-19 mRNA vaccine. 27-29 m⁶A modification is the most abundant internal chemical modification within eukaryotic mRNAs,²⁷ and studies have identified its catalytic writers, decoding readers, and erasers. 30,31 One of its key functions is to promote mRNA decay, mainly involving the YTHDF family proteins of m⁶A reader proteins.^{27,32,33} YTHDF family proteins (YTHDF1-3) play important roles in regulating brain development and functions, such as cortical neurogenesis²⁴ and hippocampus-dependent learning and memory. 34,35 However, roles and mechanisms of m⁶A- and YTHDF-mediated mRNA decay in regulating the quiescence acquisition of NSCs in the early postnatal DG remain unknown.

Although m⁶A modification occurs on a large number of mRNAs,^{25,36} many previous functional studies suggested that one basic mode of m⁶A epitranscriptomic regulation of cellular processes is via controlling one or a few key genes. 35,37,38 Here, we used a genetic mouse model to investigate the role and mechanism of YTHDF2 in regulating quiescence acquisition of proliferating NSCs in the early postnatal DG. Our study uncovered a distinct mode of epitranscriptomic control via convergent co-regulation of mRNA decay of multiple components of the TGF-β-signaling pathway as a "gatekeeper" for guiescence acquisition of proliferating NSCs.

RESULTS

Ythdf2 deletion in proliferating DG NSCs leads to elevated quiescence acquisition

We analyzed our published bulk RNA sequencing (RNA-seq) dataset¹¹ for expression of different m⁶A readers in DG NSCs at different stages (Figure S1A). Among three YTHDF family genes, Ythdf2 exhibits the highest expression level at different stages and its expression level gradually decreases from the embryonic to adult stages (Figure 1A). Further analysis of our published single-cell RNA-seq datasets 16,39 revealed a gradual decrease of Ythdf2 expression along pseudotime of the transition of proliferating NSCs to quiescence from postnatal day 3 (P3) to P14 and, conversely, a gradual increase of Ythdf2 expression along pseudotime of guiescent NSC activation in the adult DG (Figure S1B). These observations raise the possibility that YTHDF2 may regulate DG NSC quiescence acquisition during the early postnatal stage.

To assess the potential role of YTHDF2, we first confirmed effective deletion of Ythdf2 in proliferating NSCs at the protein level in our genetic model using cultured NSCs derived from the P0.5 hippocampus and E17.5 embryonic cortex of $\textit{Nestin-Cre}^{+/-}$:: $\textit{Ythdf2}^{\textit{f/f}}$ mice (Nestin-conditional-knockout [cKO] mice) in comparison with those from Ythdf2^{f/f} mice³⁷ (Nestin-wild-type [WT] mice) (Figures S1C-S1E). We then crossed Ythdf2^{f/f} mice with Hopx-CreER^{T2+/-} mice, which target DG NSCs, 11,17 and Rosa26 flox-stop-flox-EYFP reporter mice to generate

Hopx-CreER^{T2+/-}::Ythdf2^{f/f}::Rosa-YFP^{+/-} mice (Hopx-cKO mice) and Hopx-CreERT2+/-::Ythdf2+/+::Rosa-YFP+/- mice (Hopx-WT mice, as controls). Tamoxifen injection at P1 and analysis at P7 and P14 showed that the percentage of MCM2+ cells among the YFP⁺Nestin⁺ NSCs, but not among the YFP⁻Nestin⁺ NSCs, in the DG was reduced in the Hopx-cKO mice compared with Hopx-WT mice (Figures 1B-1H). MCM2 is a marker of proliferating cells and MCM2⁻ can be used as an indicator of quiescence. 17,40 Therefore, these results suggest that knockout of Ythdf2 in proliferating NSCs promotes their quiescence acquisition in a cell-autonomous fashion in the early postnatal DG.

To further support this notion, we performed 5-Ethynyl-2'-deoxyuridine (EdU)-retaining experiments¹⁷ (Figure 1I; see STAR Methods). The percentage of EdU⁺ cells among YFP⁺Nestin⁺ NSCs was similar between Hopx-WT and Hox-cKO mice after 2-h labeling, indicating similar timing of quiescence acquisition and proliferating NSC labeling efficacy by EdU at P3 (Figures S1F and S1G). At P14, nearly all the EdU+YFP+Nestin+ NSCs in both Hopx-cKO and Hopx-WT DG at P14 were MCM2⁻, confirming the guiescence acquisition of EdU⁺ NSCs before P14 (Figures 1J and 1K). Importantly, the percentage of YFP+Nestin+ NSCs retaining EdU was higher in Hopx-cKO mice compared with Hopx-WT mice in the DG (Figures 1J and 1L), indicating that the knockout of Ythdf2 promotes quiescence acquisition of DG NSCs at the early postnatal stage.

We next examined the consequence of elevated guiescence acquisition of NSCs in Hopx-cKO mice. We found decreased percentages of PROX1+ dentate granule neurons among all the YFP⁺ progeny in Hopx-cKO DG at P7 and P14 compared with Hopx-WT DG (Figures S1H-S1K). All GFP+NeuN+ neurons were PROX1+ in both Hopx-WT and Hopx-cKO mice at P14, indicating no change in the neuronal subtype fate specification (Figures S1L and S1M). Further analysis of Nestin-cKO mice at P30 showed a modest increase in NSC density without an effect on NSC proliferation at P30 compared with Nestin-WT mice (Figures S1N-S1P).

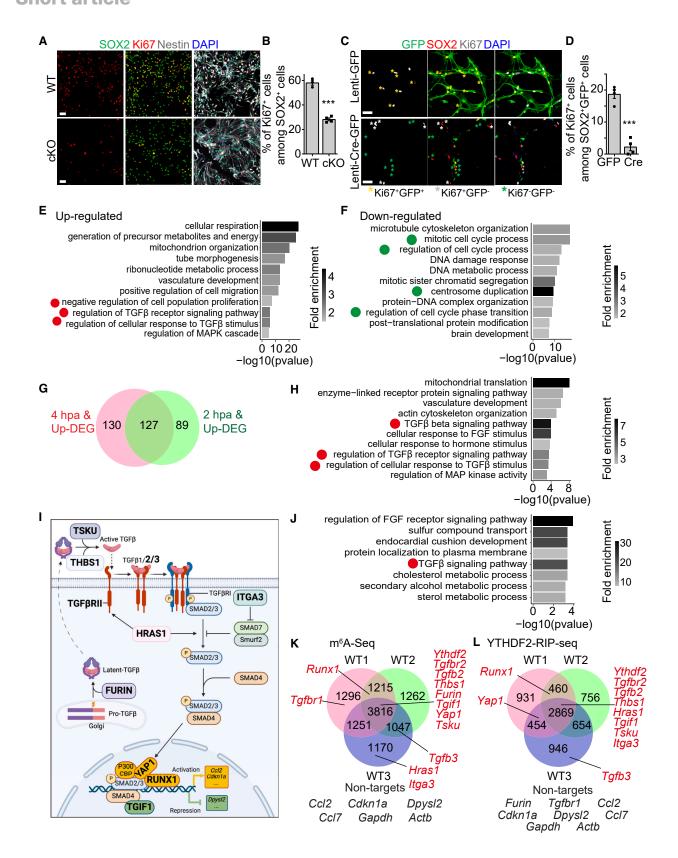
Together, these results indicate that knockout of Ythdf2 in proliferating DG NSCs during early postnatal stages leads to elevated quiescence acquisition at the expense of reduced dentate granule neuron generation, which, in turn, reduces NSC depletion and results in a modest increase in the adult NSC pool in the DG.

Multimodal analysis reveals YTHDF2-mediated convergent epitranscriptomic co-regulation of mRNA decay of multiple TGF-\beta-signaling components in hippocampal NSCs

To investigate the underlying YTHDF2-dependent molecular mechanism involving m⁶A and mRNA decay, we turned to relatively homogeneous cultured Nestin-WT and Nestin-cKO hippocampal NSCs for in-depth sequencing analyses. Consistent with in vivo findings, knockout of Ythdf2 also led to reduced proliferation of hippocampal NSCs in vitro (Figures 2A and 2B), which was partially rescued with the expression of WT Ythdf2

(J-L) Sample immunostaining confocal images of EdU⁻YFP⁺Nestin⁺MCM2⁻ NSCs (indicated by red arrowheads) in Hopx-WT DG and EdU⁺YFP⁺Nestin⁺MCM2⁻ NSCs (indicated by red arrows) in Hopx-cKO DG at P14 (J; scale bars: 10 µm) and quantifications (K and L). Values represent mean ± SEM (n = 4/WT; 5/cKO; *p < 0.05; Student's t test).





(legend on next page)



(Figures S2A–S2C). Ebselen, an inhibitor that blocks the interaction between YTHDFs and m⁶A,⁴¹ also decreased proliferation of WT NSCs, with a modest increase in apoptosis (Figures S2D–S2F). To ensure that the effect of YTHDF2 on NSC proliferation was due to m⁶A-dependent regulation, we deleted m⁶A methyltransferase *Mettl14*⁴² in hippocampal NSCs derived from *Mettl14*^{fff} mice²⁵ at P0.5. Compared with expression of GFP alone, lentivirus-mediated expression of Cre-GFP led to a reduced percentage of Ki67⁺ cells among GFP⁺SOX2⁺ NSCs (Figures 2C and 2D), similar to *Ythdf2* cKO NSCs. Together, these results established cultured hippocampal NSCs as a model to examine molecular mechanisms regulating NSC proliferation by m⁶A and YTHDF2 signaling.

Next, we performed RNA-seq of cultured hippocampal NSCs derived from Nestin-WT and Nestin-cKO mice (Figures S2G and S2H). *Ythdf2* was one of the top upregulated differentially expressed genes (DEGs), indicating that deletion of exon 4 does not induce nonsense-mediated-decay of *Ythdf2* mRNA but triggers a compensatory mechanism to increase the level of remnant *Ythdf2* mRNA (Figure S2H). Gene Ontology (GO) analysis revealed enrichment of the "negative regulation of cell proliferation" term for upregulated DEGs and several cell-cycle-related terms for downregulated DEGs, partially explaining the reduced proliferation of cKO NSCs (Figures 2E and 2F). Notably, several terms related to the TGF-β-signaling pathway were enriched for upregulated DEGs (Figure 2E).

We specifically measured the differential mRNA decay in WT and cKO NSCs with Decay-seq 25 by performing RNA-seq at baseline and 2 and 4 h post actinomycin D treatment (hpa) to inhibit *de novo* transcription (Figure S2I). We identified 346 genes that exhibited both slower decay at either 2 or 4 hpa and upregulated expression at baseline (0 hpa) in cKO NSCs compared with WT NSCs (Figure 2G), GO analysis of which also showed several terms related to TGF- β signaling (Figure 2H).

Canonical TGF- β -signaling activation involves binding of TGF- β ligands to TGF- β receptors II (TGFBR2), which induces the transphosphorylation of the TGFBR1 receptor and consequent phosphorylation of downstream SMAD2/3 proteins, which is inhibited by SMAD7^{18,43–47} (Figure 2I). Phosphorylated SMAD2/3

then forms a complex with SMAD4, translocates to the nucleus and binds to diverse transcription activators or repressors, leading to activation (e.g., Ccl2 and Cdkn2a) or repression (e.g., Dpysl2) of TGF-β-signaling target genes^{18,43-47} (Figure 2I). Multiple components at different steps of the TGF-β-signaling activation pathway were among these baseline-upregulated slower-decay genes in cKO NSCs, including TGF- $\!\beta$ ligands (Tafb2 and Tafb3); TGF-β maturation and activation factors (Furin, a protease in the Golgi apparatus mediating the proteolytic cleavage of the TGF-β precursor polypeptide for its activation⁴⁸; and *Thbs1*, which releases the mature TGF-β from the latent complex⁴⁹); the TGF-β receptor (*Tgfbr2*); SMAD-binding transcription regulators (Runx1, a transcription factor and binding partner of SMAD2/3, which promotes TGF-β/SMAD2/3signaling activation^{50,51}; Yap1, which binds to SMAD2/3 and mediates their nuclear translocation, thus regulating TGF-β-SMAD signaling^{52,53}; and *Tgif1*, a transcriptional corepressor that mediates TGF-β-signaling activation and induces the repression of some TGF- β target genes^{47,54,55}); and TGF- β -signaling modulators (Hras1, a small GTPase of rat sarcoma virus [RAS] subfamily that enhances TGF-β signaling by stabilizing TGFBR2⁵⁶; *Itga3*, an integrin that enhances TGF-β-signaling activation by repressing SMAD7⁵⁷; and Tsku, which positively regulates TGFβ-signaling activation by directly interacting with the TGF-β1 ligand and modulating its activity⁵⁸) (Figures 2I, S2H, S2J, and S2K). We collectively named these identified YTHDF2-regulated multiple TGF-β-signaling components as YMTCs.

To examine whether these YMTCs are direct targets of m^6A modification and YTHDF2, we performed m^6A -seq and YTHDF2-RNA-Immunoprecipitation-Sequencing (YTHDF2-RIP-seq) of cultured WT hippocampal NSCs (Figures S2L and S2M). There was substantial overlap between YTHDF2-bound and m^6A -tagged transcripts (Figure S2N) and between these transcripts and those showing significantly upregulated expression and slower decay in cKO compared with WT NSCs (Figure S2O). Across the transcriptome, the YTHDF2-bound and/or m^6A -tagged transcripts, but not the rest of the transcriptome, exhibited significantly slower decay in cKO compared with WT NSCs (Figure S2P). TGF-β-signaling-related terms were

Figure 2. Multimodal sequencing analyses identify multiple components of the TGF-β-signaling pathway as targets regulated by m⁶A- and YTHDF2-mediated mRNA decay in cultured hippocampal NSCs

(A and B) Sample confocal images of staining in cultured hippocampal NSCs derived from Nestin-WT and Nestin-cKO mice at P0.5 (A; scale bars: 50 μ m) and quantifications (B). Dots represent data from each animal (B). Values represent mean \pm SEM (n = 3/WT; 4/cKO; **p < 0.01; Student's t test).

(C and D) Sample confocal images of immunostaining in hippocampal NSCs derived from $Mettl14^{ff}$ mice at P0.5, infected with GFP- or Cre-GFP-expressing lentivirus and examined 5 days later (C; scale bars: 50 μ m), and quantifications (D). Stars represent different types of cells (C). Values represent mean \pm SEM (n = 4; ****p < 0.001; Student's t test).

(E and F) Bar plots of the selective enriched Gene Ontology (GO) terms for biological process of significantly upregulated (E, padj < 0.1, fold-change > 1.5) and downregulated (F, padj < 0.1, fold-change < 2/3) genes in Nestin-cKO compared with Nestin-WT NPCs at 0 hpa. Red (E) and green (F) circles highlight the GO terms of interest.

- (G) Venn diagrams showing significantly upregulated genes at 0 hpa and slower-decay genes at 2 or 4 hpa in Nestin-cKO NSCs compared with Nestin-WT NSCs. (H) Bar plots of the selective enriched GO terms for biological process and pathway terms of 346 genes that exhibited significantly slower decay and significant upregulation in Nestin-cKO compared with Nestin-WT NSCs.
- (I) A schematic diagram showing the TGF-β-signaling pathway. Genes shown in bold font indicate multiple TGF-β-signaling components, which exhibited significantly slower decay and upregulation in Nestin-cKO compared with Nestin-WT NSCs.
- (J) Bar plots of the selective enriched GO terms for biological process and pathway terms of the overlapping genes between YTHDF2-bound genes, m⁶A-tagged genes, and significantly upregulated genes with slower decay in cKO NSCs compared with WT NSCs.

(K and L) Venn diagrams showing the overlap of m⁶A-tagged transcripts (K) or YTHDF2-bound (L) transcripts, identified from m⁶A-seq or YTHDF2-RIP-seq data of three biological replicates, respectively. Red color indicates m⁶A-IP or YTHDF2-IP target genes and black color indicates m⁶A-IP or YTHDF2-IP non-target genes, including housekeeping genes and TGF-β-signaling target genes. See also Figure S2 and Table S2.



enriched in the GO analysis of the overlapping transcripts that were YTHDF2 bound, m⁶A tagged, and upregulated with slower decay in cKO NSCs (Figures 2J and S2O). All identified YMTCs harbored m⁶A modification (Figure 2K) and the majority were bound by YTHDF2 (Figure 2L) in at least one replicate. In contrast, neither the TGF-β-signaling target genes (e.g., Ccl2, Cdkn2a, and Dpysl2) nor housekeeping genes (e.g., Gapdh and Actb) were among the m⁶A-tagged and YTHDF2-bound transcripts in NSCs (Figures 2K and 2L). Notably, Ythdf2 is also m⁶A modified and YTHDF2 bound (Figures 2K and 2L) and exhibited a baseline upregulation and slower decay in cKO NSCs (Figures S2J and S2K).

To verify our multimodal sequencing results, we performed targeted qPCR validation using independent samples. We confirmed that nearly all identified YMTCs were upregulated in cKO compared with WT NSCs, except for a trend of upregulation of Tgfb2/3 (Figure 3A). The majority of these YMTCs were also both m⁶A modified and YTHDF2 bound (Figures 3B and 3C) and exhibited slower decay in cKO compared with WT NSCs at 2 or 4 hpa (Figure 3D). Integrative Genomics Viewer (IGV) views and relative expression levels of several YMTC genes (including Tgfbr2), and Ythdf2 (Figures 3E, 3F, and S3A-S3D) exemplify our multimodal sequencing results. We further validated the elevated expression of TGFBR2 at the protein level in Nestin-cKO NSCs (Figures 3G and 3H).

Although some YMTCs, such as Tgfb2, exhibited relatively modest baseline upregulation and slower decay in the cKO NSCs (Figures 3A and 3D), the combined effects from the change of multiple components of TGF-β-signaling pathway could lead to robust activation of TGF- β signaling. Indeed, we found an elevated ratio of phosphorylated (p-)SMAD2 versus total SMAD2 in cKO compared with WT NSCs, indicating TGF- β -signaling activation (Figures 3G and 3H). Moreover, there were corresponding changes in the expression of several TGFβ target genes in cKO NSCs (Figure S3E), which were not m⁶Amodified. YTHDF2-bound, or slower-decay transcripts in cKO NSCs (Figures 2I, 2K, 2L, S2J, and S2K), excluding the possibility that their expression changes in cKO NSCs were due to m⁶Amediated mRNA decay. In addition, overexpression of Ythdf2 could partially restore the elevated ratio of p-SMAD2/SMAD2 in cKO NSCs (Figures S3F and S3G), whereas treatment of Ebselen in WT NSCs or Mettl14 cKO NSCs exhibited an elevated ratio of p-SMAD2/SMAD2 (Figures S3H-S3M).

Together, these results revealed that m⁶A modification and YTHDF2-mediated mRNA decay regulate multiple components of the TGF-β-signaling axis. Although many components are modulated only to a minor degree, all together the multiple points of impact can lead to robust regulation of the TGF-β-signaling pathway in hippocampal NSCs.

Inhibition of TGF-β signaling suppresses Ythdf2deletion-induced elevation of quiescence acquisition in proliferating hippocampal NSCs

To investigate whether Ythdf2 deletion promotes quiescence acquisition through upregulating TGF-β signaling in hippocampal NSCs, we asked whether activation of TGF-β signaling is sufficient to regulate their proliferation. Treatment with TGF-β2 (100 ng/mL) upregulated the ratio of p-SMAD2/SMAD2 and led to reduced proliferation of WT NSCs, similar to Ythdf2 cKO NSCs, but did not further affect the proliferation of Ythdf2 cKO NSCs (Figures 4A-4C and S4A-S4D). Furthermore, treatment with TGF-β-signaling-inhibitor SB-431542 reversed the upregulated TGF- β signaling in Ythdf2 cKO NSCs (Figures S4E-S4H) and partially rescued their reduced proliferation without affecting apoptosis (Figures 4A-4C).

Next, we investigated the in vivo role of TGF-β signaling in the early postnatal DG. Daily intraperitoneal injections of SB-431542⁵⁹⁻⁶¹ from P4 to P7 led to a decreased ratio of p-SMAD2/SMAD2 in the hippocampus (Figures 4D, S4I, and S4J) and rescued the decreased percentage of MCM2+ cells among YFP+Nestin+ NSCs in Hopx-cKO mice to similar levels as in Hopx-WT mice at P7 (Figures 4E and 4F). Furthermore, long-term TGF-β-signaling inhibition with SB-431542 injections from P4 to P14 in WT mice increased the percentage of MCM2⁺ cells among HOPX⁺Nestin⁺ NSCs at P14 (Figures 4G-4I, S4K, and S4L), indicating an important role of endogenous TGF- β signaling in the quiescence acquisition of hippocampal NSCs at later stages from P7 to P14.

Together, consistent results from in vitro and in vivo analyses suggest that knockout of Ythdf2 promotes quiescence acquisition of early postnatal hippocampal NSCs, at least partially, through enhancing activation of the TGF-β-signaling pathway.

DISCUSSION

Our study reveals that convergent epitranscriptomic inhibition of the TGF-β-signaling pathway in proliferating NSCs suppresses their quiescence acquisition during early postnatal stages in the mouse DG. m⁶A modification of multiple components of the TGF-β-signaling axis, including TGF-β ligands, receptors, maturation factors, transcription regulators, and signaling regulators, can be recognized by YTHDF2, leading to enhanced mRNA decay and resulting in suppression of TGF-β signaling in proliferating NSCs. Our study identifies a molecular mechanism that suppresses quiescence acquisition of proliferating NSCs in the early postnatal DG, and, together with previous findings, 15-17 it suggests that the process and level of quiescence acquisition of proliferating NSCs is not fixed but instead dynamically controlled by both positive and negative regulators, with functional consequences on the level of developmental neurogenesis and size of the adult NSC pool. We further reveal a distinct molecular logic of epitranscriptomic co-regulation of multiple components of a single signaling pathway.

Quiescence is one major hallmark of adult NSCs in the mammalian brain. 14 Little is known about the molecular mechanism regulating quiescence acquisition of proliferating NSCs to establish the adult NSC pool, which is the foundation for continuous adult neurogenesis throughout life. Previous studies with conditional deletion of Nkcc1,17 a chloride importer that regulates GABA responses, 62 and Atg715 or Atg5, 16 critical components of the autophagy pathway, 63 showed reduced quiescence acquisition of proliferating NSCs during the early postnatal stages, which was interpreted as evidence that these pathways are required for quiescence acquisition. In contrast, we identified YTHDF2-dependent TGF-β-signaling suppression in proliferating NSCs that attenuates their quiescence acquisition, indicating a negative regulator and gatekeeper. Based on our findings, the previous results can be interpreted as NKCC1 and



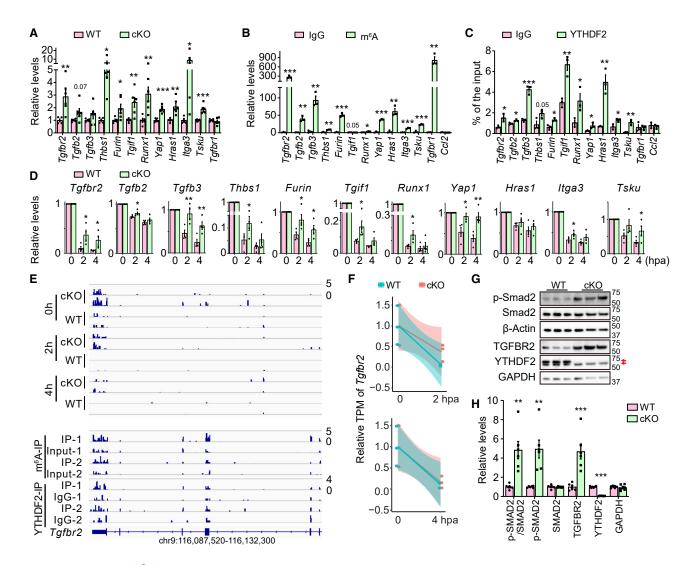


Figure 3. Validation of m⁶A and YTHDF2 targets in the TGF-β-signaling pathway and slower decay and activation of the TGF-β-signaling pathway in Nestin-cKO NSCs in vitro

. (A) qPCR analysis of expression levels of YMTCs and Ythdf2 in Nestin-WT and Nestin-cKO NSCs. Gapdh was used as the internal control for normalization. Values represent mean \pm SEM (n = 5/WT; 6/cKO; *p < 0.05; **p < 0.01; ***p < 0.001; Student's t test).

(B) qPCR analysis of the levels of YMTCs and Ythdf2 in the IgG- and m⁶A-pull-down samples of the cultured Nestin-WT NSCs. For m⁶A-IP, 10 ng in vitrotranscribed GFP mRNA was added to 2.5 µg RNA. Enrichment fold of all genes in m⁶A-pull-down compared with IgG samples was normalized by that of GFP. Values represent mean \pm SEM (n = 3; *p < 0.05; **p < 0.01; ***p < 0.001; Student's t test).

(C) qPCR analysis of the levels of YMTCs and Ythdf2 in the IgG- and YTHDF2-pull-down samples of the cultured Nestin-WT NSCs. For YTHDF2-IP, 17.5 ng in vitro-transcribed GFP mRNA was added for each experiment. The levels of genes were first normalized to input, and enrichment fold of all genes in YTHDF2pull-down compared with IgG samples was normalized by that of GFP. Values represent mean \pm SEM (n = 3; *p < 0.01; ***p < 0.01; ***p < 0.01; Student's t test). (D) qPCR analysis of expression levels of YMTC genes in NSCs at 0, 2, and 4 hpa, after being normalized to that at 0 hpa. Gapdh was used as the internal control. Values represent mean \pm SEM (n = 4; *p < 0.05; **p < 0.01; one-tail Student's t test).

(E) IGV views of *Tgfbr2* in RNA-seq, m⁶A-seq, and YTHDF2-RIP-seq as an example.

(F) Dot plots of TPM of Tgfbr2 in Nestin-WT and Nestin-cKO NSCs at 2 and 4 hpa, after being normalized to that at 0 hpa. Linear regression was used to indicate the change between WT and cKO groups.

(G and H) Upregulated TGF-β signaling in the cultured Nestin-cKO NSCs compared with Nestin-WT NSCs. Shown are sample western blot images (G) and quantifications (H). Note the unspecific lower band indicated by the lower red arrow (G), similar to Figure S1D. The intensity was normalized to that of β-actin and then compared with WT samples. Values represent mean \pm SEM (n = 6; **p < 0.01; ***p < 0.001; Student's t test). See also Figures S1 and S3 and Table S1.

ATG5/7 being positive regulators of quiescence acquisition and, together, these results suggest a concept that the process and level of quiescence acquisition of proliferating NSCs during early postnatal stages in the DG is not hard-wired but instead dynam-

ically regulated and balanced by both positive and negative regulators, with functional consequences. Our current study showed that elevated NSC quiescence acquisition from Ythdf2 cKO leads to decreased generation of dentate granule neurons

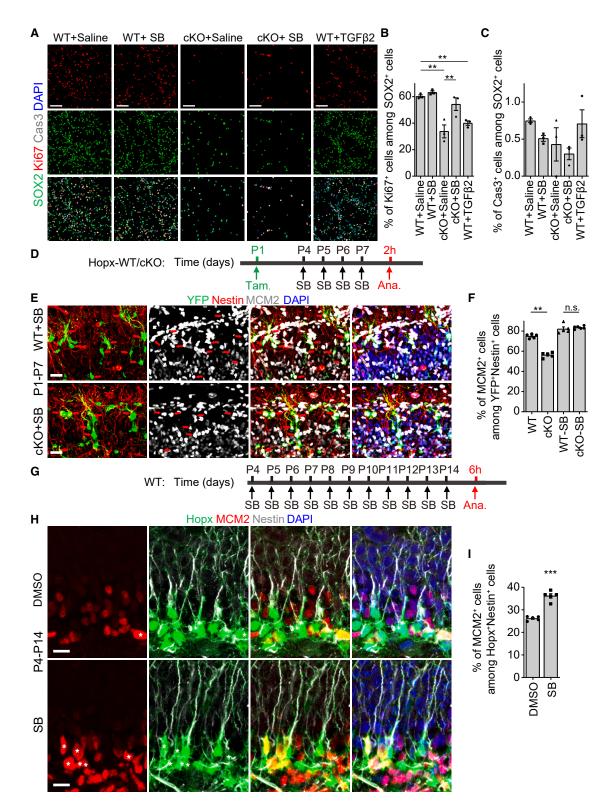


Figure 4. Pharmacological inhibition of TGF-β signaling partially rescues the decreased proliferation *in vitro* and elevated quiescence acquisition *in vivo* for hippocampal NSCs with conditional *Ythdf2* deletion

(A–C) Sample confocal images of immunostaining in cultured Nestin-WT and Nestin-cKO NSCs with treatment of saline (sal), SB-431542 (SB; $5 \mu M$), or TGF- $\beta 2$ (100 ng/mL) for 48 h (A; scale bar: 50 μm), and quantifications (B and C). Values represent mean \pm SEM (n=3; ns: p>0.05; **p<0.01; ***p<0.01; oneway ANOVA).



and a modest increase in the adult NSC pool. Conversely, decreased NSC quiescence acquisition from Nkcc1 cKO or Atg7 or Atg5 cKO leads to increased generation of dentate granule neurons and a decreased adult NSC pool. 15-17 It will be interesting in the future to investigate how such processes may be regulated by external stimuli or genetic risk factors for various brain disorders.

Here, we showed that TGF-β ligand treatment suppresses the proliferation of cultured early postnatal hippocampal NSCs in vitro and treatment with the TGF-β-signaling inhibitor, SB-431542, partially rescued the reduced proliferation in vitro and elevated quiescence acquisition of Ythdf2 cKO NSCs in vivo, indicating that YTHDF2 suppresses quiescence acquisition of NSCs, at least partially, through inhibiting TGF-β signaling. We favor the model that YTHDF2-dependent TGF-β-signaling suppression reduces the amount of quiescence acquisition, instead of just the timing, given the minor difference in quiescence acquisition at P3 (Figures S1F and S1G) and a modest increase of the quiescent NSC pool at P30 (Figures S1N and S1O) upon Ythdf2 deletion. The essential role of endogenous TGF-\(\beta \) signaling in quiescence acquisition, especially at later stages from P7 to P14, was further demonstrated by effects from the long-term treatment of a TGF-β-signaling inhibitor (Figures 4G-4I). Both TGF-β and BMP signaling have been shown to regulate adult NSC guiescence. 15,19-21 In contrast to many components of the TGF- β -signaling pathway, the majority of BMP pathway components are not m⁶A tagged or YTHDF2 bound in WT NSCs, and they do not exhibit elevated expression or slower decay in Ythdf2 cKO compared with WT NSCs (Figure S2O; Table S2). Thus, the BMP pathway is not subject to the same epitranscriptomic m⁶A/YTHDF2 co-regulation as the TGF-β pathway during the quiescence acquisition of NSCs in the early postnatal DG. Although BMP signaling in adulthood likely originates from the adult neurogenic niche, our current study suggests that TGF-β signaling in proliferating NSCs in the early postnatal DG is cell autonomous (Figures 1E and 1H). Together, these studies suggest a conserved role of the TGF-β superfamily in regulating quiescence of NSCs in the DG with autocrine TGF-β signaling in early postnatal stages and paracrine BMP signaling in adulthood.

Unlike many previous studies involving m⁶A-related mechanisms that often attribute the functional phenotypes to one or a few individual m⁶A targets, 35,38 our study uncovers a distinct molecular logic, with an example of m⁶A-mediated convergent epitranscriptomic co-regulation of multiple components of a single signaling pathway to regulate NSCs. Multiple components of the TGF-β-signaling pathway were m⁶A tagged and regulated by YTHDF2-mediated mRNA decay, from TGF-β ligands (Tgfb2 and Tgfb3), TGF-β maturation and activation factors (Furin and Thbs1), TGF-β receptor (Tgfbr2), and downstream SMAD-binding transcription regulators (Runx1, Yap1, and Tgif1) to TGFβ-signaling modulators (Hras1, Itga3, and Tsku) (Figure 2I). Although the effect of m⁶A- and YTHDF2-dependent mRNA decay on each individual component might be modest, the convergent effect on TGF-β signaling could be robust, as shown by strong upregulation of TGF-β signaling in Ythdf2 cKO and Mettl14 cKO NSCs (Figures 3G, 3H, S3L, and S3M). This mode of tuning a key signaling pathway through epitranscriptomic co-regulation of its multiple components simultaneously can offer several advantages to achieve both robustness and specificity of signaling. First, the mRNA level of a single component of a key signaling pathway could be dynamic and fluctuating,6but controlling multiple components at the same time can lead to stable and robust regulation of the key signaling pathway to reliably regulate cellular function. Second, there are numerous crosstalks between major signaling pathways and one component could also be involved in multiple pathways. 65 For example, Yap1 binds to SMAD2/3 and mediates their nuclear translocation, thus regulating TGF- β -SMAD signaling, 52,53 while Yap1 is also the main effector of the Hippo tumor-suppressor pathway.⁶⁶ The converged epitranscriptomic co-regulation of multiple components in the same pathway, with a modest impact on each individual component, can ensure the specificity of the signaling with minimal perturbation of parallel pathways that share com-

The epitranscriptomic co-regulation of multiple components of one signaling pathway necessitates the stability of the RNA modification and downstream signaling machinery. Notably, YTHDF2, the m⁶A reader protein involved in m⁶A-mediated mRNA decay, is also m⁶A tagged and bound by the YTHDF2 protein itself (Figures 2K and 2L). Moreover, deletion of exon 4 of Ythdf2 did not induce nonsense-mediated decay of the remnant Ythdf2 mRNA but robustly enhanced its expression (Figure S2H), at least partially due to its slower decay in Ythdf2 cKO NSCs. This result suggests an m⁶A-mediated feedback regulatory loop between Ythdf2 mRNA and YTHDF2 protein, rendering a stable level of YTHDF2 protein and preventing its overexpression. Such regulation highlights an example of a regulatory loop from mRNA to protein that binds its own mRNA with m⁶A modifications to promote mRNA decay and stabilize its total protein level, a paradigm that broadens the central dogma of genetic information flow from DNA to RNA to protein. 67

Limitations of the study

First, the mechanisms by which m⁶A methyltransferases and YTHDF2 specifically targets those components of the TGF-β-signaling pathway identified here remain unresolved, and how such specificity for m⁶A modification and reader recognition is achieved is a general question for the whole epitranscriptomic field. 68,69 Second, our study focuses on the role of

(D-F) A schematic diagram of the experimental design of the administration of SB-431542 (10 mg/kg) (D), sample confocal images of staining in the upper blade of DG at P7 (E; scale bars: 20 µm), and quantifications (F). Red arrows indicate MCM2+YFP+Nestin+NSCs (E). The same data for WT and cKO without treatment as in Figure 1D are replotted for comparison. Values represent mean ± SEM (n = 5/WT; 5/cKO; 5/WT + SB-431542; 6/cKO + SB-431542; ns: p > 0.05; **p < 0.01; ***p < 0.001; one-way ANOVA).

(G-I) A schematic diagram of the experimental design of the long-term administration of DMSO or SB-431542 in CD-1® IGS (CD1) mice (G), sample confocal images of staining in the upper blade of DG at P14 (H; scale bars: 10 μm), and quantifications (I). Stars indicate MCM2*Hopx*Nestin* NSCs (H). Values represent mean \pm SEM (n = 5; ***p < 0.001; Student's t test).



YTHDF2-mediated mRNA decay in the early postnatal stages, yet whether this pathway continues to regulate NSC quiescence maintenance in the adult DG and the potential consequence of developmental dysregulation of this pathway in adults remains to be investigated. Third, whether other m⁶A readers, such as members of the *lgf2bp* family, which promote mRNA stability⁷⁰ and exhibit a similar pattern of dynamic expression as Ythdf2 in NSCs from E15, P3 to adult (Figure S1A), or other members of the TGF-β super family, such as BMPs, regulate quiescence acquisition of NSCs in the early postnatal DG is an interesting question for future studies.

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Hongjun Song (shongjun@pennmedicine.upenn.edu).

Materials availability

All unique/stable reagents generated in this study are available from the lead contact, Hongjun Song (shongjun@pennmedicine.upenn.edu), with a completed Materials Transfer Agreement.

Data and code availability

The RNA-seq, m⁶A-seq, and YTHDF-RIP-seq datasets reported in this study are deposited in NCBI GEO: GSE266096. No original code was generated in this study.

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AUTHOR CONTRIBUTIONS

F.Z. led the project and collected and analyzed data. Y.F. performed some of the immunohistology experiments. D.J.-C., Y. Shen, and Y. Sun analyzed some of the sequencing data. T.Z. and Z.Z. constructed the plasmids and prepared the lentivirus. Q.W., R.K., and D.H.G. performed the sequencing. C.H. provided Mettl14^{f/f} and Ythdf2^{f/f} mice. F.Z., G.-I.M., and H.S. conceived the project and experimental design and wrote the manuscript, with comments from all authors.

DECLARATION OF INTERESTS

G.-I.M. is a member of the editorial board of Cell Stem Cell.

STAR*METHODS

Detailed methods are provided in the online version of this paper and include the following:

- KEY RESOURCES TABLE
- EXPERIMENTAL MODELS AND STUDY PARTICIPANT DETAILS
 - o Mice
- METHOD DETAILS
 - o Molecular cloning and constructs
 - o Tamoxifen, EdU, and SB-431542 injections
 - O Hippocampal and cortical NSC culture, transfection and drug treatment

- $_{\odot}$ Tissue processing, immunostaining, EdU staining, and confocal imaging
- Western blotting analysis
- RNA extraction and real-time qPCR
- o RNA decay assay, RNA-seq, m⁶A-seq, YTHDF2-RIP-seq, and data analyses
- QUANTIFICATION AND STATISTICAL ANALYSIS

SUPPLEMENTAL INFORMATION

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STAR***METHODS**

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Chicken polyclonal anti-Nestin	Aves labs	Cat#NES; RRID: AB_2314882
Goat polyclonal anti-GFP	Rockland	Cat#600101215; RRID: AB 11181883
Goat polyclonal anti-SOX2	R&D system	Cat#AF2018; RRID: AB_355110
Goat polyclonal anti-TGFBRII	NOVUS BIOLOGICAL	Cat#AF-241-SP; RRID: AB_354416
Mouse monoclonal anti-Ki67	BD Biosciences	Cat#550609; RRID: AB_393778
Mouse monoclonal anti-MCM2	BD Biosciences	Cat#610701; RRID: AB_398024
Mouse monoclonal anti-β-actin	Thermo Fisher Scientific	Cat#AM4302; RRID: AB_2536382
Rabbit monoclonal anti-GAPDH	Cell Signaling Technology	Cat#2118; RRID: AB_561053
Rabbit monoclonal anti-m ⁶ A	EMSCO/Fisher	Cat#ABE572; RRID: AB_2892213
Rabbit monoclonal anti-Phospho-SMAD2 Ser465/467)	Cell Signaling Technology	Cat#3108s; RRID: AB_490941
Rabbit monoclonal anti-Prox1	ABCAM	Cat#ab199359; RRID: AB_2868427
Rabbit monoclonal anti-SMAD2	Cell Signaling Technology	Cat#5339S; RRID: AB_10626777
Rabbit polyclonal anti-Cleaved caspase3	Cell Signaling Technology	Cat#9661; RRID: AB_2341188
Rabbit polyclonal anti-Hopx	Proteintech	Cat#11419-1-1AP; RRID: AB_10693525
Rabbit polyclonal anti-YTHDF2	Aviva systems biology	Cat#ARP67917_P050; RRID: AB_2861185
Rat polyclonal anti-HA	Roche	Cat#11867423001; RRID: AB_390918
Donkey polyclonal anti-Goat IgG (H+L) AffiniPure Secondary Antibody, Alexa Fluor 488	Jackson ImmunoResearch	Cat#705-545-147; RRID: AB_2336933
Oonkey polyclonal anti-Goat IgG (H+L) AffiniPure Secondary Antibody, Cy5	Jackson ImmunoResearch	Cat#705-175-147 RRID: AB_2340415
Donkey polyclonal anti-Mouse IgG (H+L) AffiniPure Secondary Antibody, Alexa Fluor 488	Jackson ImmunoResearch	Cat#715-545-151; RRID: AB_2341099
Oonkey polyclonal anti-Mouse IgG (H+L) AffiniPure Secondary Antibody, Cy3	Jackson ImmunoResearch	Cat#715-165-151; RRID: AB_2315777
Oonkey polyclonal anti-Mouse IgG (H+L) AffiniPure Secondary Antibody, Dylight 405	Jackson ImmunoResearch	Cat#715-475-151; RRID: AB_2340840
Donkey polyclonal anti-Rabbit IgG (H+L) AffiniPure Secondary Antibody, Alexa Fluor 488	Jackson ImmunoResearch	Cat#711-545-152; RRID: AB_2313584
Donkey polyclonal anti-Rabbit IgG (H+L) AffiniPure Secondary Antibody, Cy3	Jackson ImmunoResearch	Cat#711-165-152; RRID: AB_2307443
Donkey polyclonal anti-Rabbit IgG (H+L) AffiniPure Secondary Antibody, Cy5	Jackson ImmunoResearch	Cat#711-175-152; RRID: AB_2340607
Donkey polyclonal anti-Rat IgG (H+L) AffiniPure Secondary Antibody, Cy5	Jackson ImmunoResearch	Cat#112-175-143; RRID: AB_2338263
Donkey polyclonal anti-Chicken IgY (IgG, H+L) AffiniPure Secondary Antibody, Cy3	Jackson ImmunoResearch	Cat#703-165-155; RRID: AB_2340363
Rabbit IgG	Cell Signaling Technology	Cat#2729S; RRID: AB_1031062
Anti-mouse IgG, HRP-linked Antibody	Cell Signaling Technology	Cat#7076, RRID: AB_330924
Anti-rabbit IgG, HRP-linked Antibody	Cell Signaling Technology	Cat#7074, RRID:AB_2099233
Anti-Goat IgG, HRP-linked Antibody	Cell Signaling Technology	N/A
Bacterial and virus strains		
enti-pLV-CMV-GFP	Zhao et al. ⁷¹	N/A
_enti-pLV-CMV-Cre-GFP	Zhao et al. ⁷¹	N/A

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REAGENT or RESOURCE	SOURCE	IDENTIFIER		
Chemicals, peptides, and recombinant proteins				
0.05% (W/V) Trypsin-EDTA	Corning	Cat#MT25052CI		
Actinomycin D	Sigma-Aldrich	Cat#A1410		
Advantage UltraPure PCR deoxynucleotide mix (10mM each dNTP)	Takara Bio	Cat#639125		
AMPure XP beads	Beckman Coulter	Cat#A63880		
Aqua-Mount Mounting Medium	EMSCO/FISHER	Cat#NC9428056		
B-27® Supplement	Gibco	Cat#17504044		
Blue Protein Loading sample buffer	New England Biolabs	Cat#B7703S		
Bovine Serum Albumin (BSA)	VWR Chemicals	Cat#VWRV0332-		
Chloroform	Sigma-Aldrich	Cat#C2432		
cOmplete, Mini, EDTA-free Protease Inhibitor Cocktail	Sigma-Aldrich	Cat#11836170001		
Corn oil	Sigma-Aldrich	Cat#C8267		
DAPI	BD Biosciences	Cat#564907		
DirectPCR reagent	Fisher Scientific	Cat#NC9724951		
DMSO	Sigma-Aldrich	Cat#D2650		
Dulbecco's Modification of Eagle's Medium (DMEM)	Corning	Cat#10-013		
Dulbecco's Modified Eagle Medium/ Nutrient Mixture F-12 (DMEM/F-12)	Gibco	Cat#11330057		
Dulbecco's Phosphate-Buffered Saline (DPBS)	Corning	Cat#14190250		
Ebselen	Sigma	Cat#E3520		
EdU	Thermo Fisher Scientific	Cat#E10187		
EZ-Tn5 Transposase	Lucigen	Cat#TNP92110		
Fast SYBR Green Master Mix	Thermo Fisher Scientific	Cat#4385612		
Fetal Bovine Serum (FBS)	Corning	Cat#35-010-CV		
Formaldehyde, 16%, methanol free, Ultra Pure	Polysciences	Cat#18814-10		
GlutaMAX supplement	GIBCO	Cat#35050061		
GTP	Thermo Fisher Scientific	Cat#R1461		
Human EGF	Peprotech	Cat#AF-100-15		
IGEPAL CA-630	Sigma-Aldrich	Cat#I8896		
KAPA HiFi Hotstart Readymix	Emsco/Fisher	Cat#KK2601		
LipoD293 transfection reagent	Emsco/Fisher	Cat#SL100668		
Lipofectamine Stem transfection reagent	Emsco/Fisher	Cat#STEM00001		
MagnaBind™ Protein A Beads	Thermo Fisher Scientific	Cat#21348		
Maxima H RT enzyme	Thermo Fisher Scientific	Cat#EP0753		
N-2 Supplement (100X)	Thermo Fisher Scientific	Cat#17502048		
N6-Methyladenosine compound	Sigma-Aldrich	Cat#M2780		
Nuclease-Free Water (not DEPC-Treated)	Thermo Fisher Scientific	Cat#AM9937		
Penicillin-Streptomycin	Thermo Fisher Scientific	Cat#15140163		
PhosSTOP	Sigma-Aldrich	Cat#4906845001		
Pierce™ ECL Western Blotting Substrate	Thermo Fisher Scientific	Cat#Pl32109		
Poly-D-Lysine	Sigma-Aldrich	Cat#P6407		
Polyethylene glycol (PEG) solution, 40%	Sigma-Aldrich	Cat# P1458		
Protease Inhibitor Cocktail	Sigma-Aldrich	Cat#P8340		
Proteinase K	QIAGEN	Cat#19133		
FIOLEINASE K	QII TOLIT	Gat 10.100		

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SOURCE	IDENTIFIED
SOUNCE	IDENTIFIER
Thermofisher	Cat#89900
New England Biolabs	Cat#M0314S
Sigma-Aldrich	Cat#S4317
Fisher Scientific	Cat#50-751-7490
Takara Bio	Cat#639537
Thermo Fisher Scientific	Cat#A1110501
VWR Chemicals	Cat#97061-430
New England Biolabs	Cat#M0289S
Sigma-Aldrich	Cat#T5648
Agilent Dako	Cat#S1699
Sigma-Aldrich	Cat#T8787
Thermo Fisher Scientific	Cat#15596026
Sigma-Aldrich	Cat#P1379
<u> </u>	
Takara Bio	Cat#639206
Thermo Fisher Scientific	Cat#C10640
Kapa Biosystems	Cat#KK4835
Thermo Fisher Scientific	Cat#AM1345
Thermo Fisher Scientific	Cat#A53226
Thermo Fisher Scientific	Cat#Q33231
Zymo Research	Cat#R1013
Thermo Fisher Scientific	Cat#18080051
This paper	GEO: GSE266096
Li et al. ²⁴	N/A
Yoon et al. ²⁵	N/A
The Jackson Laboratory	JAX: 003771
Charles River Laboratory	RRID: IMSR_CRL:27
The Jackson Laboratory	JAX: 017606
The Jackson Laboratory	JAX: 006148
See Table S1	N/A
Matsuda and Cepko ⁷²	RRID:Addgene_11159
This study	N/A
Enomoto et al. ⁷³	RRID:Addgene_36083
Truitt et al. ⁷⁴	RRID:Addgene_86805
Stewart et al. ⁷⁵	RRID:Addgene_8454
Kim et al. ⁷⁶	N/A
	New England Biolabs Sigma-Aldrich Fisher Scientific Takara Bio Thermo Fisher Scientific VWR Chemicals New England Biolabs Sigma-Aldrich Agilent Dako Sigma-Aldrich Thermo Fisher Scientific Sigma-Aldrich Takara Bio Thermo Fisher Scientific Kapa Biosystems Thermo Fisher Scientific Thermo Fisher Scientific Thermo Fisher Scientific Symo Research Thermo Fisher Scientific This paper Li et al. ²⁴ Yoon et al. ²⁵ The Jackson Laboratory Charles River Laboratory The Jackson Laboratory The Jackson Laboratory See Table S1 Matsuda and Cepko ⁷² This study Enomoto et al. ⁷³ Truitt et al. ⁷⁴ Stewart et al. ⁷⁵

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Continued				
REAGENT or RESOURCE	SOURCE	IDENTIFIER		
Adobe Photoshop CC	Adobe	https://www.adobe.com/products/ photoshop.html; RRID: SCR_014199		
Bcl2fastq v2.17.1.14	Illumina	https://support.illumina.com/sequencing/ sequencing_software/bcl2fastq- conversion-software.html; RRID: SCR_015058		
DESeq2 v1.36.0	Love et al. ⁷⁷	https://bioconductor.org/packages/ release/bioc/html/DESeq2.html; RRID:SCR_015687		
GraphPad Prism	GraphPad Software	https://www.graphpad.com/scientific- software/prism/; RRID: SCR_002798		
lmageJ	NIH	https://imagej.nih.gov/ij/; RRID: SCR_003070		
Imaris	Bitplane	https://imaris.oxinst.com/ packages;RRID:SCR_007370		
Metascape	Zhou et al. ⁷⁸	http://metascape.org/gp/index.html#/main/step1; RRID: SCR_016620		
R Project v3.6.0	Open source	https://www.r-project.org/; RRID: SCR_001905		
RStudio v1.2.1335	Open source	https://rstudio.com/; RRID: SCR_000432		
STAR v2.5.2a	Dobin et al. ⁷⁹	https://github.com/alexdobin/STAR; RRID SCR_015899		
Trimmomatic v0.32	Bolger et al. ⁸⁰	http://www.usadellab.org/cms/index.php?page=trimmomatic; RRID:SCR_011848		
Other				
4-20% Mini-Gel 15-well,	BIO-RAD	Cat#4561096		
Amersham Imager 600	GE healthcare	N/A		
Charged microscope slides	Fisher Scientific	Cat#22-035813		
Forma Steri-Cult CO2 Incubator	Thermo Fisher Scientific	3310		
Hamilton Syringe, 25uL	Emsco/Fisher	Cat#6711491		
Novaseq 6000 system	Illumina	N/A		
Novaseq X+ system	Illumina	N/A		
PCR tube strips	Emsco/Fisher	Cat#AB0490		
Qubit 3 Fluorimeter	Thermo Fisher Scientific	Cat#Q33216		
Sliding frozen microtome	Leica	Cat#SM2010R		
StepOnePlus Real-Time PCR	Applied Biosystems	4376592		
TB Syringe (26 G x 3/8 in, 1 ml)	BD Biosciences	Cat#309625		
Trans-Blot Turbo Mini 0.2 um PVDF Transfer Packs	BIO-RAD	Cat#1704156		
Scanning Confocal microscope	Carl Zeiss	Zeiss LSM 780		

EXPERIMENTAL MODELS AND STUDY PARTICIPANT DETAILS

Mice

All experimental procedures involving mice were conducted in accordance with protocols approved by the Institutional Animal Care and Use Committee of the University of Pennsylvania. Animals were housed in cages with bedding material and in a 14-hour light/10-hour dark cycle with ad libitum access to food and water. Ythdf2^{f/f} and Mettl14^{t/f} mice were from Dr. Chuan He's lab at University of Chicago. ^{25,37} C57BL/6 mice, CD1 mice, Nestin-Cre (B6.Cg-Tg^{(Nes-cre)1Kin}/J) transgenic mice (003771), Hopx^{tm2.1(cre/ERT2)Joe}/J knock-in mice (017606) and B6.129X1-Gt(ROSA)26Sor^{tm1(EYFP)Cos}/J (006148) were all purchased from the Jackson Laboratory. ^{81–83} Hopx-CreER⁷² mice harbored a tamoxifen-inducible CreER⁷² in-frame fused with the Hopx gene, in which injection of tamoxifen at P1 would induce Cre-loxP-mediated recombination specifically in Hopx⁺ proliferating NSCs in the DG. ¹¹ Rosa26^{flox-stop-flox-EYFP} mice harbored a loxP-flanked STOP sequence followed by the enhanced yellow fluorescent protein gene (eYFP), which was inserted into the Gt(ROSA)26Sor locus, allowing Cre-dependent expression of eYFP. ⁸² The tail tissues of mice were incubated in solution containing directPCR reagent (Fisher Scientific, NC9724951) and 10% proteinase K (QIAGEN, 19133) at 55°C overnight and



subsequently at 85°C for 2 h to isolate the genomic DNA, which was used as templates for genotyping PCR. Genotyping primers for the transgenic mice were obtained from The Jackson Laboratory or self-designed, as listed in Table S1. Both male and female mice were included, and no obvious sex differences were detected in this study.

METHOD DETAILS

Molecular cloning and constructs

C-terminal HA-tagged *Ythdf2* gene was amplified by PCR from complementary DNA (cDNA) of WT hippocampal NSCs and cloned into the pCAGIG vector⁷² (Addgene #11159), which were further verified by Sanger sequencing. pLV-eGFP⁷³ (Addgene #36083) or pLV-EGFP-Cre⁷⁴ (Addgene #86805) vector was co-transfected with pCMV-VSV-G⁷⁵ (Addgene #8454) and HIV-1 packaging plasmid $\Delta 8.9^{76}$ into HEK293T cells with LipoD293 transfection reagent (Fisher, SL100668) for lentivirus preparation.⁷¹ The sequences of primers used for *Ythdf2* cloning are listed in the key resources table.

Tamoxifen, EdU, and SB-431542 injections

Tamoxifen and EdU injections to mice were performed following the protocols as described previously. ¹⁷ A solution of 66.67 mg/mL tamoxifen was made by dissolving 1 g tamoxifen powder (Sigma, T5648) in 2.5 mL ethanol/12.5 mL corn oil (Sigma, C8267) at 37°C with vortexing until fully dissolved. ⁸⁴ For analysis of NSCs during early postnatal stages, *Hopx-CreER*^{T2+/-}::*Ythdf2*^{+/+}::*Rosa-YFP*^{+/-} mice (named as Hopx-CKO mice) at P1 were subcutaneously injected with 10 µL tamoxifen, and analyzed at P7 and P14.

EdU powder (Fisher Scientific, E10187) was dissolved in PBS (10 mg/mL) and incubated on a shaker at 37°C until fully dissolved. For the EdU retaining experiment in early postnatal Hopx-WT and Hopx-cKO mice, mice were first injected with tamoxifen at P1 and then injected with EdU (100 mg/kg) two times at a 6-hour interval at P3 and analyzed 2 hours later or at P14.

SB-431542 (SIGMA, S4317) was dissolved in DMSO (20 mg/mL) and freshly mixed with PBS in a ratio of 1:19. Freshly prepared and well-mixed SB-431542 was injected intraperitoneally into Hopx-WT and Hopx-cKO mice (10 mg/kg) once a day from P4-P7 for four times or into CD1 mice from P4-P14 for 11 times.

Hippocampal and cortical NSC culture, transfection and drug treatment

For primary hippocampal NSC cultures, Nestin-WT, Nestin-cKO, CD1, or $Mett/14^{l/f}$ mouse hippocampi at P0.5 were dissected and digested with Trypsin-EDTA at 37°C for 15 minutes, and then washed with DMEM/10% FBS twice to deactivate the enzyme. After washing with DMEM/F12 twice, the tissue was dissociated into single cells through gentle pipetting. All cells dissected from the whole mouse hippocampus were seeded on one well of 6-well plates pre-coated with 20 ng/mL poly-D-Lysine (pdL) and cultured in the DMEM/F12 medium containing 2% B27 supplement, 1% N2 supplement, bFGF (20 ng/mL), EGF (20 ng/mL), 1% Glutamax and 1% P/S, with the medium routinely changed every two days. Accutase (ThermoFisher) was used to digest the NSC culture for passaging. Cortical NSCs were cultured similarly, except that the cells were dissected from mouse cortex at E17.5. Hippocampal Nestin-WT and Nestin-cKO NSCs were transfected with pCAGIG-GFP/HA-YTHDF2 plasmids using Lipofectamine Stem transfection reagent following the manufacturer's instructions (Fisher, STEM00001). For TGF β signaling inhibition or activation experiments, hippocampal Nestin-WT and Nestin-cKO NSCs were treated with 5 μ M SB-431542 and 100 ng/mL TGF β 2, respectively. ⁸⁵ For YTHDF2 inhibition experiments, hippocampal CD1 NSCs were treated with 25 μ M Ebselen (Sigma, E3520)⁴¹

Tissue processing, immunostaining, EdU staining, and confocal imaging

Tissue processing and immunostaining were performed as described previously. The hippocampal NSCs cultured *in vitro* were fixed with 4% paraformaldehyde (PFA) at room temperature for at least 30 minutes, and then immersed in PBS at 4°C. For tissue histology, mice were perfused with ice-cold PBS for 10 minutes, followed by ice-cold 4% paraformaldehyde (PFA) for 5 minutes. Mouse brains were dissected out and fixed in 4% PFA at 4°C overnight and then immersed in 30% sucrose dissolved in PBS at 4°C for 48 hours. Coronal brain serial sections were cut at 40-μm thickness using a sliding frozen microtome (Leica), sequentially collected in 48-well plates containing anti-freeze solution (500 mL 0.1M PB, 300 mL ethylene glycol, 300 g sucrose), and stored at -20°C. For quantification analysis, every sixth section was used for immunostaining to reconstitute the whole hippocampus.

Before immunostaining, when antigen retrieval was necessary for some antibodies, antigen retrieval of brain sections was first performed by incubating the sections in 1x Target Retrieval Solution (Agilent Dako, S1699) at 95°C for 10 minutes, with gradual cooling down to room temperature (RT). For immunostaining, brain sections were first immersed in the blocking buffer (5% BSA, 10% FBS, 0.3% Triton X-100, 0.01% NaN₃ dissolved in PBS) at RT for 1 hour, and then in the primary antibody solution prepared with the same blocking buffer at 4°C overnight. After washing with PBS for 3 X 10 minutes, brain sections were incubated in the DyLight-405, Alexa Fluor 488, Cy3 or Cy5-conjugated secondary antibodies (Jackson ImmunoResearch, 1:500) and DAPI (Roche, 1:500) prepared in the blocking buffer at RT for 1-2 hours. After a second round of washing with PBS, brain sections were finally mounted on slides with Aqua-Mount Mounting Medium (EMSCO/FISHER, NC9428056).

The confocal images throughout this study were acquired with Zeiss LSM810 confocal microscopy with 20X, 40X, or 63X objectives, and analyzed using software including Photoshop, ImageJ, and Imaris 7.6 software (Bitplane).

For the EdU retaining assay, when analyzed at P14, the subpopulation of NSCs with EdU labeling at P3 that later transitioned to the quiescent state would remain EdU⁺, whereas proliferating NSCs would have EdU diluted over several cell cycles and become





EdU⁻ by immunostaining. ¹⁷ EdU staining was performed following the manufacturer's instructions (Click-iT EdU Alexa Fluor 647 Imaging Kit, EMSCO/FISHER, C10640) after secondary antibody staining. The antibodies used in this study are listed in the key resources table.

Western blotting analysis

Western blotting experiments were performed following the protocols as described previously. ⁸⁶ Protein lysates of cultured cells and mouse hippocampal tissues were prepared in the cell lysis buffer containing RIPA lysis buffer (Thermofisher), Phosphatase Inhibitor Mixture, and Protease Inhibitor Mixture. The protein concentration was first determined by PierceTM Rapid Gold BCA Protein Assay Kit, and then protein lysates were denatured in 1X Sample buffer (NEB) by incubating at 95°C for 10 minutes. About 25 μg of protein from the cell or tissue lysates was loaded on a 4-20% Mini-Gel (BIO-RAD), separated through SDS/PAGE, and transferred into the Trans-Blot Turbo 0.2 μm PVDF membrane (BIO-RAD). After immersing PVDF membranes in 5% milk dissolved in TBS (20 mM Tris/HCl pH 8.0, 50 mM NaCl) at room temperature for 1-2 h, the membranes were incubated in primary antibodies diluted in the blocking buffer (TBS, 0.1% Tween-20, 5% BSA, 0.01% NaN₃) at 4°C overnight. Subsequently, the membranes were incubated in the secondary antibodies conjugated with horseradish peroxidase (HRP) diluted in the blocking buffer at room temperature for 1-2 h. 3X washes with the wash buffer (TBS buffer supplemented with 0.1% TWEEN 20) was conducted after the incubation of primary and secondary antibodies. Finally, PierceTM ECL Western Blotting Substrate (EMSCO/FISHER) was used to visualize the protein bands on membranes. The antibodies used for western blotting are listed in the key resources table.

RNA extraction and real-time qPCR

RNA extraction and real-time qPCR were performed as described previously. 86 Briefly, the brain tissue or cell culture were homogenized and dissolved in 1 mLTRIZOL (Invitrogen) for 15 minutes on ice, and subsequently, 200 μL chloroform was added. After centrifugation at 12000 g for 15 mins at 4°C, about 400 μL supernatant was carefully transferred to a new tube and mixed with the same volume of ethanol. Then, the mixture was transferred to Zymo-Spin™ IC Column in a Collection Tube from the kit of Zymo RNA Clean & Concentrator™-5. After centrifugation, 400 µL RNA Prep Buffer, 700 µL RNA Wash Buffer, and 400 µL RNA Wash Buffer was sequentially added to the column with each procedure followed by centrifugation. About 15 µL RNase/DNase-free water was used to elute the column to collect the RNA sample. For reverse transcription, about 0.5-1 µg RNA was used to synthesize the cDNA with poly-dT primers according to the manufacturer's instructions of SuperScript III First-Strand Synthesis System (Invitrogen). qPCR reactions were performed by mixing 10 µL of Fast SYBR Green qPCR Master Mix (ThermoFisher), 1 µL of forward primer (10 μ M), 1 μ L of reverse primer (10 μ M), 6 μ L of H₂O, and 2 μ L of 1:5 diluted cDNA, and then the StepOnePlus Real-Time PCR System (Applied Biosystems) was used with thermocycling conditions as follows: 95°C for 20 s, 44 cycles of 95°C for 3 s and 60°C for 30 s. The difference value between the Ct values (ΔCt) of the genes of interest and internal control genes within a sample was first calculated, and 2^(-ΔΔCt) was used to calculate the fold-change in expression of the genes between two samples. For m⁶A-IP-qPCR and YTHDF2-RIP-qPCR, the level of mRNAs pulled down by anti-m⁶A and anti-YTHDF2 antibodies was normalized to that of the GFP mRNA spike-in, which was synthesized by in vitro transcription using mMessage mMachine T7 Ultra kit (ThermoFisher, AM1345) and did not contain any modifications. The qPCR primers used in this study are listed in Table S1.

RNA decay assay, RNA-seq, m⁶A-seq, YTHDF2-RIP-seq, and data analyses

RNA decay assay was performed by treating the hippocampal NSC culture with transcription inhibitor Actinomycin D (Sigma, $5 \mu M$). Then, the RNA from the cells collected at three time points after addition of Actinomycin D (0, 2 h, 4 h) was extracted with TRIZOL, and used for RNA-seq and qPCR measurement.

RNA-seq libraries of cultured WT and cKO NSCs at 0, 2 h, 4 h post Actinomycin D treatment were prepared based on the SMARTseq2 method as previously described. ³⁶ For reverse transcription, 3.2 μL RNA (100 ng/μL), 0.25 μL RNAse inhibitor (NEB) and 1 μL CDS primer (10 µM, 5'-AAGCAGTGGTATCAACGCAGAGTACT30VN-3') were mixed and incubated at 70°C for 2 minutes, with cooling down on ice. Then, 0.5 μL of DTT (100 mM), 0.3 μL of MgCl₂ (200 mM), 1 μL of dNTPs (10 mM), 0.25 μL of RNase inhibitor (NEB), 1 μL of TSO primer (10 μM, 5'-AAGCAGTGGTATCAACGCAGAGTACATrGrGrG-3'), 2 μL of 5X SMARTScribe RT buffer (Takara), and 0.5 μL SMARTScribe reverse transcriptase (Takara) was added. The thermocycling conditions of the reverse transcription reaction were as follows: 42°C for 90 minutes, 10 cycles of 50°C for 2 minutes and 42°C for 2 minutes, and then 70°C for 15 minutes. To amplify the full-length cDNA, 17.25 μL nuclease-free water, 2 μL of the reverse transcription reaction, 2.5 μL of 10X Advantage 2 buffer (Takara), 2.5 μL of dNTPs (2.5 mM), 0.25 μL of IS PCR primer (10 μM, 5'-AAGCAGTGGTATCAACGCAGAGT-3') and 0.5 μL Advantage DNA Polymerase (Takara) were mixed, and thermocycling conditions of PCR were as follows: 94°C for 3 minutes, 8 cycles of 94°C for 15 s, 65°C for 30 s and 68°C for 6 minutes, followed by 72°C for 10 minutes. PCR products were purified with 0.8X AMPure XP beads (Beckman Coulter), eluted in nuclease-free water, and quantified according to the instructions of Qubit dsDNA HS assay kit (ThermoFisher). Tagmentation of cDNA was performed by first mixing 2 μL cDNA (50 pg/μL), 2.5 μL 2X TD buffer (20 mM Tris/pH 8.0, 10 mM MgCl₂, and 16% PEG 8000) and 0.5 μL adaptor-loaded Tn5 transposase (Lucigen), which was then incubated at 55°C for 12 minutes. The reaction was then terminated by adding 1.25 μL of 0.2% SDS (Fisher) and incubated at RT for 10 mins. The subsequent PCR reaction was performed by adding 16.75 μL H₂O, 1 μL of Nextera i5 primer (10 μM), 1 μL of Nextera i7 primer (10 μM), and 25 μL KAPA HiFi hotstart readymix (EMSCO/FISHER), with the thermocycling conditions as follows: 72°C for 5 minutes, 95°C for 1 minute, 14 cycles of 95°C for 30 s, 55°C for 30 s and 72°C for 30 s, then 72°C for 1 minute, and 4°C indefinitely. PCR products were then purified twice with 0.8X AMPure XP beads, eluted in nuclease-free water, and quantified with Qubit dsDNA HS assay



kit. Different libraries from 3 WT and 3 cKO cultured NSCs at different time points post Actinomycin D treatment were quantified using KAPA library Quantification kit and pooled together at equal molar amounts. The average fragment size of the final library fragment was determined as 420 bp by using a bioanalyzer (Agilent), and the concentration of the final library was determined by qPCR with KAPA Library Quantification Kit. The final library was subjected to a NovaSeq 6000 System (Illumina) and 1x100 bp single-end sequencing was performed.

Raw sequencing data from RNA-seq were initially demultiplexed with bcl2fastq2 v2.17.1.14 (Illumina). Adaptors were subsequently trimmed using Trimmomatic v0.32 software, with the MINLEN setting at 18.⁸⁰ The STAR v2.5.2a was used to perform alignment of reads to GENCODE mouse reference genome GRCm38.p6.⁷⁹ The multimapping and chimeric alignments were discarded, and only uniquely mapped reads were quantified at the gene level and summarized to gene counts using STAR-quantMode (GeneCounts). Further analyses were performed in R (v3.6.0). Differential gene expression analysis between WT and cKO NSCs was performed using DESeq2 v1.36.0, with genes whose average counts were lower than the 10 discarded,⁷⁷ and identified significantly upregulated (Padj < 0.1; fold-change > 1.5) and downregulated (Padj < 0.1; fold-change < 2/3) genes between WT and cKO NPCs were used for Gene Ontology (GO) and pathway enrichment analysis using Metascape Database⁷⁸ (Table S2). As shown in Figure S2I, the fold-change of Gene i between cKO and WT samples at 2 h (FC(2h)_i) and 4 h (FC(4h)_i) after Actinomycin D treatment was first normalized with FC(0h)_i, and then the normalized fold-change (NorFC_i) at 2 and 4 hpa would be used to indicate the decay speed.²⁵ The higher the NorFC_i, the slower the RNA decay of Gene I would be. A gene whose NorFC(2h)_i or NorFC(4h)_i was bigger than 1.2 was defined as a gene that undergoes slower decay in cKO NSCs. TPM (transcripts per million) values of selected genes of were converted to row Z-scores per gene for visualization in heatmaps.

m⁶A-seq was performed and analyzed as previously described with minor adjustments. ⁸⁷ After washing the Protein A beads twice with m⁶A-IP-buffer (50 mM Tris/HCl pH 7.4, 150 mM NaCl, 0.1% IGEPAL CA-630), 3 µg of m⁶A antibody (EMSCO/Fisher, ABE572) or 3 µg rabbit IgG was first incubated with Protein A beads at 4°C for 1 hours, followed by two washes with m⁶A IP-buffer again. Then the Protein A beads were reconstituted with 0.5 ml of m⁶A-IP-buffer containing 3 μL RNAase inhibitors (NEB, 40 U/μL), mixed with 2.5 μg of RNA extracted from 3 Nestin-WT cultured NSC samples (with 200 ng RNA saved as input), and incubated at 4°C for 2 hours. After washing with m⁶A-IP-buffer twice and then high-salt wash buffer (50 mM Tris/HCl pH 7.4, 500 mM NaCl, 0.1% IGEPAL CA-630) twice, the m⁶A-tagged RNA bound to the beads was eluted with m⁶A-IP-buffer containing 6.7 mM N⁶-Methyladenosine compound (Sigma-Aldrich; M2780) by incubating at 4°C for 1 hour. Finally, the RNA in the eluates was purified with the kit of Zymo RNA Clean & Concentrator™-5, with 8 µL water used for elution. The eluted m⁶A-tagged RNA was used to prepare the library following the protocol of RNA-Seq library preparation, except the reverse transcription step. Because of the low amount of RNA, the reverse transcription was performed based on the SMART-Seq3 method. 88 1 μL eluted RNA or 1 μL input RNA (20 ng/μL), 0.1 μL RNase inhibitor, 0.625 μL 40% PEG 8000, 0.25 μL dNTP (10 mM), 0.25 μL CDS primer (10 μM) and 0.8 μL H₂O were mixed and incubated at 70°C for 2 minutes. Then, 0.1 μL Tris/HCI (1M, pH 8.3), 0.16 μL NaCl (1M), 0.125 μL of MgCl₂ (100 mM), 0.05 μL GTP (Thermo, R1461,100 mM), 0.4 μL of DTT (100 mM), 0.0625 µL of RNase inhibitor, 1 µL of TSO primer (10 µM), and 0.2 µL Maxima H RT enzyme (Fisher, EP0753, 200U/µL) was added. The reverse transcription reaction was performed at 42°C for 90 minutes, followed by 10 cycles of 50°C for 2 minutes and 42°C for 2 minutes, and then 70°C for 15 minutes. Then the cDNA was amplified with KAPA HotStart PCR Kit (Roche, KK2502), quantified with Qubit kit and tagmented with adaptor-loaded Tn5 transposase. The input and m⁶A-IP libraries of cultured NSCs of 3 biological replicates were pooled together and loaded on the Novaseq X+ system for 1x100 bp single-end sequencing. The demultiplexing, adaptor-trimming, read alignments of m⁶A-seq library was performed following the same protocol of RNA-seq. TPM (transcripts per million) values of all genes were calculated, and genes whose average TPM were lower than the 0.1 were discarded. m⁶A-tagged genes were identified following the protocol described previously. ⁸⁷ For each gene, its TPM ratio of m⁶A-IP/Input was first calculated, and then its Z score was then calculated by the ratio (m⁶A-IP/Input) divided by the mean of the group to reflect the relative m⁶A level of each gene on a transcriptome-wide scale. 89 Genes whose Z scores were higher than 0 were identified as genes with modest to high m⁶A levels.

For YTHDF2-RIP-seq, the lysates of cultured Nestin-WT NSCs with \sim 90% confluence on a 10 cm-dish were prepared in 1 mL RIP-buffer [50 mM Tris/HCl (pH 7.4), 150 mM NaCl, 0.5% IGEPAL CA-630, 2 mM EDTA (pH 8.0), 0.5mM DTT, 0.3 U/µL RNAase inhibitor, Phosphatase Inhibitor Mixture, and Protease Inhibitor Mixture]. Meanwhile, 3 µg of YTHDF2 primary antibody (Aviva systems) or 3 µg rabbit IgG was first incubated with Protein A agarose beads (30 µL) at 4°C for 2 h. After two washes with RIP buffer, the Protein A beads were mixed with 0.5 mL lysates of NSCs and incubated at 4 °C for overnight. Then the beads were washed with cell lysis buffer three times, and 1mL TRIZOL was added into the beads to extract the RNA, which was pulled down by YTHDF2 antibodies. The library preparation of the IgG and YTHDF2-pulldown RNA from 3 biological replicates, sequencing of the library, and data analysis were performed following the same protocol as m⁶A-Seq. To identify YTHDF2-bound genes, the TPM ratio of YTHDF2-IP/IgG for each gene was calculated, and the Z score of each gene was then obtained by the ratio (YTHDF2-IP/IgG) divided by the mean of the group to reflect the relative YTHDF2-binding level of each gene. We set Z score > 0 as a threshold to identify genes with relatively modest to high YTHDF2-binding levels.

QUANTIFICATION AND STATISTICAL ANALYSIS

The number of cells positive for single or multiple markers within brain sections or cultured cells *in vitro* were counted with the "Spots" function of Imaris software. We infer neural stem cell quiescence by analysis of the expression of proliferation markers *in vitro* and *in vivo*. For staining intensity analysis, cell-attached coverslips were put in the same well and processed in parallel with the same



primary/secondary antibodies, and the corresponding images were taken and processed using the same settings. The sum of intensity of each channel was measured using the "Measure" function of ImageJ software and used for quantification. All Nestin⁺YFP⁺ cells in the DG were scored as NSCs at P7; for the brain sections dissected from mice older than P14, only the Nestin⁺YFP⁺ or Nestin⁺Hopx⁺ cells with radial glia-like morphology which were localized in the subgranular zone (SGZ) of DG were scored as NSCs. The area of SGZ in brain sections was calculated by multiplying the length of SGZ measured with ImageJ software by the z-axis thickness. For quantification analysis in the in vivo study, the average value from 3 or 4 different sections was used for the quantification of one animal. For *in vitro* studies, at least five regions of the cell culture derived from one mouse were randomly selected for imaging, and the average value was used for quantification analysis as one biological replicate. The exact number of mice analyzed throughout this study was listed in figure legends. An estimate of variation within each group of data was calculated with standard error of the mean (SEM) for all statistical analyses. Unpaired two-tailed or one-tailed Student's *t*-test, Welch's *t*-test or one-way ANOVA analysis was conducted using Excel, R, or GraphPad Prism software to calculate the significant differences, which were indicated as ns (not significant), *P < 0.05, **P < 0.01, and ***P < 0.001.