Parents & Partners Program

Curriculum Overview and Introduction of UMELT

Suzanne Rose, MD, MSEd

Senior Vice Dean for Medical Education
Core 1: Integrating Medicine
Core 2: Patient Care
Core 3: Transitions

The IMPaCT curriculum is divided into three cores:

Core 1: IM, Pre-Clerkship Core from August of the 1st year through December of Year 2
Core 2: PaC, Clerkship Core, from January of Year 2 through December of Year 3
Core 3: T, Post-Clerkship Core, from January of Year 3 until Graduation
Undergraduate Medical Education Leadership Team
UMELT

Dr. Suzi Rose
Senior Vice Dean for Medical Education

Anna Delaney
Chief Operating Officer

Dr. Horace DeLisser
Associate Dean for Diversity and Inclusion

Dr. DaCarla Albright
Associate Dean for Student Affairs and Wellness

Dr. Jessica Dine
Associate Dean for MedEd Research and Assessment

Dr. Nadia Bennett
Associate Dean for UME Clinical & Health Systems Sciences Curriculum

Dr. Dennis Dlugos
Associate Dean for UME Science and Discovery Curriculum

Dr. Jennifer Kogan
Associate Dean for Student Success and Professional Development

Dr. Neha Vapiwala
Associate Dean for UME Admissions

Dr. Prithvi Sankar
Assistant Dean for Student Affairs & Residency Planning
UME Inclusion, Diversity, Equity and Learner Experience Program in Medical Education Leadership Team

IDEAL MEd

Coordination/Collaboration w/ Offices of Curriculum, Admissions & Student Affairs
Wellness and Support

Academic Programs Staff
- Associate Deans
- Senior Staff Directors
- Coordinators

Advisory Deans and our Houses
- 16 Advisory Deans
- Academy of Master Clinicians

University Resources
- Weingarten
- CAPS
- SHS
Key Partners

- Library
- Office of Inclusion, Diversity, & Equity
- Faculty Affairs
- Graduate Medical Education
- Our Research Enterprises
- Hospital and Clinical Leadership

- Master’s
- BGS
- MD/PhD

Other programs within PSOM

- Wharton - Business
- Carey – Law
- Dental
- Veterinary
- Nursing
- Engineering
- Social Policy and Practice
- Grad School of Education
- Annenberg - Communication
- Weitzman - Design
- Arts & Sciences

Penn Schools
2022 applicants: 6,347
Interviews: 790
- 666 MD
- 124 MD/PhD

Offers: 290
Accepts: 149
Accept/Offer: 51%
Factors Affecting Medical Education

- Explosion of scientific information
- Advancing technology in medicine and in education
- Changing healthcare systems
- Complex skill sets for physicians
- Complex medical decision-making
- Rising student debt
- Changing demographics (patients, physicians)
- Values and priorities of millennial learners
- A better understanding of adult learning theory
Compassionate education with rigor

Anti-racist curriculum & inclusive, diverse, equitable environment

Lifelong learning, interactive, self-directed learning & team-facilitated learning

Patient-centered learning & student-centered education with individualized education

No stigma for seeking help for learning: concept of productive failure

Passion for doing the right thing and for social justice

Administration, faculty, and students working together
Initiatives & Innovations in UME

- Building an anti-racist curriculum
- Accreditation
- Measey LiVE – virtual patients
- Technology and Simulation
- CARE 7 – Palliative Care
- Future of Alpha Omega Alpha
- Early clinical immersion
- Revisiting the basic sciences
- The future of anatomy

Measey STeP: The transition from UME to GME

Education Council - integration & collaboration
Leading in Medical Education

Engaged, high caliber faculty

- Master clinicians, leading scientists, and revered educators
- Over 10,000 evaluations
- Rating of our educators is close to 4.0 out of 4.0
- Recognized through multiple internal and external teaching awards

Exceptional students

- Student leadership roles in scholarly work, community service, entrepreneurial endeavors
- 60-70% receive MD plus
- Exceptional match
- High national board exam scores

Outstanding educational programming

- Integrating education across the continuum and with interprofessional partners
- Using technology in education; being on the forefront of training our students to be the physicians of tomorrow with advancing technologies in clinical practice
<table>
<thead>
<tr>
<th>AGENDA</th>
</tr>
</thead>
</table>
| **Dr. Dennis Dlugos**  
*Associate Dean for UME Science and Discovery Curriculum* |
| Core 1: The Pre-Clerkship Curriculum |
| **Dr. Nadia Bennett**  
*Associate Dean for UME Clinical and Health Systems Sciences Curriculum* |
| Core 2: The Clerkship Curriculum |
| **Dr. DaCarla Albright**  
*Associate Dean for Student Affairs and Wellness* |
| Student Affairs and Wellness |
| **Dr. Jennifer Kogan**  
*Associate Dean for Student Success and Professional Development* |
| Student Support and Professional Development & Core 3: The Post-Clerkship Curriculum |
| **Dr. Suzi Rose**  
*Senior Vice Dean for Medical Education* |
| Sessions: Transition to JMEC Life as a Medical Student |
| **Dr. Stacey Kassutto**  
*Director of Simulation Curriculum* |
| Learning Through Technology: Law Auditorium |
| **Recorded introduction by Wilma Chan, MD**  
*Medical Student Demonstrations* |
| Seeing with Sound: Ultrasound in Medical Education – JMEC Classrooms: 505EW, 506EW, 515EW, 516EW |
| **Student Tours of JMEC – JMEC 5th Floor** |
| JMEC 5 |
Free Time for Lunch on Your Own

Time: 3:00 pm
Place: Irvine Auditorium, 3401 Spruce St.

Please wear your mask!
The best and brightest learners at PSOM

Faculty are doing a fantastic job in facilitating learning

Exciting educational initiatives in progress

Outstanding collaboration across programs
The future of medicine & medical education are evolving NOW at PSOM
Pre-Clerkship Curriculum

Dennis J. Dlugos, MD, MSCE
Professor of Neurology and Pediatrics
Associate Dean for UME Science and Discovery Curriculum

Parents and Partners – August 2022
# IMPaCT: Pre-Clerkship

## CORE 1

### IMPaCT

**Integrating Medicine**

<table>
<thead>
<tr>
<th>Year 1</th>
<th>Year 1</th>
<th>Year 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUGUST</td>
<td>JANUARY</td>
<td>DECEMBER</td>
</tr>
</tbody>
</table>

### BIOMEDICAL SCIENCE (1st semester)
- Genetics
- Biochemistry
- Embryology
- Cell & Tissue Biology
- Anatomy & Imaging
- Immunology
- Microbiology
- Cancer Biology
- Epidemiology

### INTEGRATIVE SYSTEMS AND DISEASE (2nd and 3rd semesters)
- Mechanism of Disease & Therapeutic Intervention (MDTI)
- Brain & Behavior
- Reproduction
- Endocrinology
- Gastroenterology & Nutrition

### CLINICAL MEDICINE, PROFESSIONALISM AND HUMANISM (1st, 2nd, 3rd semesters)
- Introduction to Clinical Medicine (ICM)
- Doctoring LEAPP
- Ultrasound Diagnostics
- Health Systems Science

**PRE-CLERKSHIP CURRICULUM**

- Cardiology
- Dermatology
- Nephrology
- Pulmonology
- Infectious Disease

**SUMMER BREAK**

**PRE-CLERKSHIP WEEK**
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 am</td>
<td>Biochemistry</td>
<td>CTB</td>
<td>Genetics</td>
<td>Biochemistry</td>
<td>Genetics</td>
</tr>
<tr>
<td>9 am</td>
<td>Genetics</td>
<td><strong>CTB Small Group</strong></td>
<td><strong>Genetics Small Group</strong></td>
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<td><strong>Genetics Small Group</strong></td>
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<tr>
<td>10 am</td>
<td><strong>Cell &amp; Tissue Biology (CTB)</strong></td>
<td>Genetics</td>
<td>CTB</td>
<td>CTB</td>
<td>Biochemistry</td>
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<tr>
<td>11 am</td>
<td><strong>Cell &amp; Tissue Biology (CTB)</strong></td>
<td>Genetics</td>
<td>CTB</td>
<td><strong>Genetics Patient Panel</strong></td>
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<tr>
<td>12 noon</td>
<td>CTB</td>
<td>Lunch</td>
<td>Embryology</td>
<td>Embryology</td>
<td>Lunch</td>
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<tr>
<td>1 pm</td>
<td>Lunch</td>
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<tr>
<td>2 pm</td>
<td><em>Doctoring 1 Small Group</em></td>
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<td><em>ICM FIRST Small Group</em></td>
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<td>3 pm</td>
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<td>Time</td>
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<td>Genetics Small Group</td>
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<td>CTB Small Group</td>
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<td>9 am</td>
<td><strong>CTB Small Group</strong></td>
<td>Genetics</td>
<td>Genetics Patient Presentation</td>
<td>Biochem Small Group</td>
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<td>CTB</td>
<td><strong>Biochem Small Group</strong></td>
<td><strong>CTB Small Group</strong></td>
<td>Genetics Patient Presentation</td>
<td>Genetics Small Group</td>
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<td>ICM FIRST Small Group</td>
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</table>
Team-Facilitated Learning
SCN1A Gene and Epilepsy

Voltage-gated ion channels implicated in genetic epilepsy

Na⁺ channel

Ca²⁺ channel

K⁺ channel

SCN1A
SCN2A
SCN8A

CACNA1A
CACNA1H
CACNA1D

KCNQ2
KCNQ3
KCNA1
KCNA2
KCNA2M
KCNT1
KCNE1
Multiple Sclerosis (MS) – Brain Lesions
Multiple Sclerosis (MS) - Disease Mechanism

**A**

- **Periphery**
  - CD8+ T
  - CD4+ T
  - Dendritic cell (APC)

- **Infectious agent?**

- **Peripheral activation**
  - Dendritic cell (APC)

- **Blood-brain barrier passage**

- **修 passage**

- **Inflammation**
  - CD8+ T
  - macrophage
  - B cell
  - Microglia
  - Astrocyte

- **CNS**
  - Axon
  - Oligodendrocyte

- **Repair/reorganization**
- **Susceptibility**

**Hemmer et al, Nature Clin Prac Neurol, 2006**
Figure 4. Cells, Molecules, and Therapies.

Shown is a simplified schematic depiction of major cell types within white-matter multiple sclerosis lesions, along with several current and promising therapeutic targets in the central nervous system and the periphery.
Patients Need Physicians With…

- Compassion and empathy
- Skills to ask questions and listen to the answers
- Cultural awareness, sensitivity and humility
- Ability to perform both a detailed and targeted physical exam
- Thoughtful approaches to ordering tests and determining possible diagnoses

- Knowledge of the scientific basis of clinical medicine
That’s a Big Task

- The pre-clerkship curriculum (Core 1, the first 3 semesters) is just the start
- Next up – Dr. Nadia Bennett, MD, MSEd
PSOM IMPaCT Curriculum

<table>
<thead>
<tr>
<th>Year</th>
<th>July</th>
<th>Aug</th>
<th>Sept</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Jan</th>
<th>Feb</th>
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<th>Apr</th>
<th>May</th>
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<td><strong>CORE 1</strong>: Pre-Clerkship</td>
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<td><strong>CORE 1</strong>: Pre-Clerkship</td>
<td><strong>CORE 2</strong>: Clerkship</td>
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<td>Year 4</td>
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<td><strong>CORE 3</strong>: Post-Clerkship</td>
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PSOM Pre-Clerkship Clinical Curriculum

Ultrasound

Adult ICM: History

Adult ICM: Physical Exam

ICM FIRST Doctoring

LEAPP

Intro to Health System Science

Differential Diagnosis

Pre-Clerkship Week

Clerkship Rotations
Pre-Clerkship Week

❖ Morning
• Skills Stations
  – Procedural Skills
  – Advanced Physical Diagnosis
  – Ultrasound
  – Presentations

❖ Afternoon
• Exam Preparation
• Doctoring
• Advice from Clerkship Students
• UMELT Preparation Sessions

❖ Final Session
• Clinician’s Ceremony
PSOM Clerkship Year Structure

Four 12-week blocks/year

Each Block Consists of:

- Practicum: 2 days
- Clinical Rotation: 12 weeks
PSOM Clerkship Year: Goals
Clerkship Locations

- Hospital of the University of Pennsylvania (HUP)
- Penn Presbyterian Medical Center (PPMC)
- HUP Cedar
- Pennsylvania Hospital (PAH)
- Veteran’s Affairs Medical Center (VAMC)
- Children’s Hospital of Philadelphia (CHOP)
- HUP Pavilion
- Various Penn Affiliated Clinics and Hospitals
PSOM Clerkship Year Rotations

**Block A**
- Pediatrics 6 weeks
- OB/Gyn 6 weeks

**Block B**
- Family Medicine 4 weeks
- Internal Medicine 8 weeks

**Block C**
- Surgery 8 weeks
- The O’s 4 weeks
  - Anesthesiology
  - Ophthalmology
  - Orthopedics
  - Otolaryngology

**Block D**
- Psychiatry 4 weeks
- Neurology 4 weeks
- Emergency Medicine 4 weeks
Start date: 1/3/22

<table>
<thead>
<tr>
<th>Jan</th>
<th>Block 1 Practicum</th>
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<tbody>
<tr>
<td></td>
<td>Psychiatry</td>
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<tr>
<td>Feb</td>
<td>Block 2 Practicum</td>
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<td></td>
<td>Neurology</td>
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<tr>
<td>Mar</td>
<td>Emergency Medicine</td>
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<tr>
<td>Apr</td>
<td>Block 2 Practicum</td>
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<tr>
<td></td>
<td>Surgery</td>
</tr>
<tr>
<td>May</td>
<td>Surgery</td>
</tr>
<tr>
<td>Jun</td>
<td>The O’s/A</td>
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Vacation: 6/18/22 – 7/4/22

<table>
<thead>
<tr>
<th>Jul</th>
<th>Block 3 Practicum</th>
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<tbody>
<tr>
<td></td>
<td>Family Medicine</td>
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<tr>
<td>Aug</td>
<td>Block 4 Practicum</td>
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<tr>
<td></td>
<td>Internal Medicine</td>
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<tr>
<td>Sep</td>
<td>Block 4 Practicum</td>
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<td>Internal Medicine</td>
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<td>Oct</td>
<td>Block 4 Practicum</td>
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<td>Pediatrics</td>
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<tr>
<td>Nov</td>
<td>Block 4 Practicum</td>
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<tr>
<td></td>
<td>OB/Gyn</td>
</tr>
<tr>
<td>Dec</td>
<td>Block 4 Practicum</td>
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</table>

End Date: 12/16/22
## Clerkship Practicum

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Date</th>
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<tbody>
<tr>
<td>1</td>
<td>Interprofessional Education</td>
<td>Block 1</td>
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<tr>
<td>2</td>
<td>Clinical Informatics/EPIC</td>
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<tr>
<td>3</td>
<td>Health Disparities</td>
<td>Block 2</td>
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<tr>
<td>4</td>
<td>Critical Appraisal of Literature</td>
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<tr>
<td>5</td>
<td>Palliative Care</td>
<td>Block 3</td>
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<tr>
<td>6</td>
<td>Transitions of Care</td>
<td>Block 4</td>
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<tr>
<td>7</td>
<td>Advanced Clinical Skills: Mod 5 Boot camp</td>
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</table>
Sub-Internships

• Offered after students have completed their clerkship year

• A required 4-week rotation that allows increased responsibility for patient care

• Core Sub-internships offered in:
  • Internal Medicine
  • Family Medicine
  • Pediatrics
  • Emergency Medicine
Team Student Affairs

- **Jennifer Kogan, MD** - Associate Dean for Student Success and Professional Development
- **Prithvi Sankar, MD** - Assistant Dean for Student Affairs and Residency Planning
- **Carrie Renner** - Director of Student Affairs
- **Joe Gallo** - Coordinator of Student Affairs
- **Ashley Kim** - Coordinator of Student Affairs
## Wellness Goals

**PSOM Wellness Initiative**

<table>
<thead>
<tr>
<th>Enable</th>
<th>Promote</th>
<th>Foster</th>
</tr>
</thead>
<tbody>
<tr>
<td>A medical school experience of growth and professional maturation</td>
<td>Medical student wellness as a means of supporting and sustaining an inclusive medical student community</td>
<td>Self-care in our students</td>
</tr>
</tbody>
</table>
Emotional & Spiritual
Understand and cope with feelings, growth in sense of meaning in life

Intellectual
Expanding one's knowledge, skills and creativity

Academic & Career
Managing stress of academic performance & career decisions

Physical
Habits of eating, rest & exercise to sustain health

Social
Creating positive relationships with others
Wellness Programs

Student and Advisor Led Programming

- Weekly drop-in office hours
- Wellness Committee
- Houses/Advisory Deans
- Culinary Medicine
- Art & Medicine
- Mindfulness Elective
## Wellness Programs

<table>
<thead>
<tr>
<th>Offerings</th>
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<tbody>
<tr>
<td>Yoganatomy</td>
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<tr>
<td>Penn Med Coffeehouse</td>
</tr>
<tr>
<td>PennMed Yoga/Meditation</td>
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<tr>
<td>Wine and Paint Nights</td>
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<tr>
<td>Healer’s Art</td>
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<tr>
<td>Chair Massage Events</td>
</tr>
<tr>
<td>Tachy Tuesday</td>
</tr>
<tr>
<td>Study Breaks</td>
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<tr>
<td>MS1 Backpacking Trip</td>
</tr>
<tr>
<td>Holiday Cookie Swap</td>
</tr>
</tbody>
</table>
Maslow’s Hierarchy of Needs

- **Physiological needs:** food, water, warmth, rest
- **Safety needs:** security, safety
- **Belongingness and love needs:** intimate relationships, friends
- **Esteem needs:** prestige, feeling of accomplishment
- **Self-actualization:** achieving one’s full potential, including creative activities

Self-fulfillment needs
Psychological needs
Basic needs
PSOM Student University Resources

Student Health and Counseling
Weingarten Learning Resource Center
Student Disabilities Services
Student Intervention Services
Penn Public Safety
University Chaplain
PSOM Student Campus Resources

- Embedded Mental Health Counselor
- Peer Tutoring and Coaching
- Academic Resilience Group
- My MD-to-Be Program
- Early Alert Program
My MD-to-Be
Student Family Support

- Student wellness support and burnout prevention
- Maintains student connections with their personal and family support
- MS1-2 Year program

http://mymdtobe.com/start/perelman
MS1-3 Year Program

Periodic text-based evaluation of 8 wellness domains

Escalation to Student Affairs if a student scores low in any domain

Embedded resources available
Perelman Wellness Program: Pathways

**Academic Support & Career Counseling**
Tutoring, Enhancement of study and test-taking skills, Testing accommodations, Clinical coaching, & Coordinated activities to prepare for the transition to clerkships

**Support of Students’ Physical Health**
Free membership to Penn gyms, Healthy eating choices, & Student-led sport clubs

**Student Communities of Support**
Learning Teams, Houses, & Doctoring, Cultural & Religious Affinity Groups

**Faculty Advising & Mentoring**
Advisory Deans, Diversity & Inclusion Deans, Doctoring Preceptors, & Master Clinicians

**Elective Wellness Activities**
Healer’s Art I & II, Yoga, Mind-Body Medicine Meditation, Dinners with Acquaintances, Community Conversations, & MS1 Hiking Trip

**Curricular Programs**
Personal Resilience Curriculum & Doctoring Courses

**Crisis Intervention**
Early detection, quick response (with referral to CAPS), & continued support until recovery has been achieved
## PSOM Student Support

**Academic Programs Office (APO) / JMEC 6th Floor**

<table>
<thead>
<tr>
<th>Team Student Affairs</th>
<th>Advisory Deans/Houses</th>
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<tbody>
<tr>
<td>UMELT (Undergraduate Medical Education Leadership Team)</td>
<td>Office of Financial Aid</td>
</tr>
<tr>
<td>IDEAL MEd</td>
<td>Learning Teams</td>
</tr>
<tr>
<td>Anna Delaney (when in doubt, Anna knows EVERYTHING)*</td>
<td>Peer Support/Tutors</td>
</tr>
</tbody>
</table>
Supporting Your Student’s Academic and Professional Development

Parents and Partners 2022

Jennifer Kogan, MD
Associate Dean for Student Success and Professional Development
My Role

Student Affairs
Curriculum
Assessment
Tutoring and Coaching

Advisory Deans
Houses

Careers in Medicine
Core 3
Advisory Deans

- Advisor
- Advocate
- Assist with challenges
- Promote wellness
- Coach
- Touchpoint for questions
Overview of Meetings

- Get to know your student
- Assess acclimation to med school
- Identify your student’s goals
- Discuss anticipated challenges
- Discuss academic performance
- Discuss personal wellness strategies
- Clerkship and elective scheduling
And As Needed
Houses

- Community
- Support
- Peer advising
- Social events
- Community service
- Educational events
- Competition
- Traditions
Master Clinicians Career Panels

Outings

Fundraising

Donate for Ukraine Now!

Penn med student fundraiser for humanitarian and medical aid benefiting the United Ukranian American Relief Committee

Send donations via venmo to @PSOMHouse-Council

Food and Wellness

House Cup
My Role

Advisory Deans
Houses

Student Affairs
Curriculum
Assessment

Careers in Medicine
Core 3

Tutoring and Coaching
Academic Support

Peer Tutoring

Academic Resilience

1:1 Coaching
My Role

Advisory Deans
Houses

Student Affairs

Curriculum

Assessment

Careers in Medicine

Core 3

Tutoring and Coaching
<table>
<thead>
<tr>
<th>Component</th>
<th>Duration</th>
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<tbody>
<tr>
<td><strong>SUB 1</strong> Internal Medicine, Emergency Medicine, Pediatrics, or Family Medicine</td>
<td>4 WEEKS</td>
</tr>
<tr>
<td><strong>CLINICAL ELECTIVES</strong></td>
<td>16 WEEKS</td>
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<tr>
<td><strong>ADDITIONAL ELECTIVES</strong> Penn Clinical, Away, or Research</td>
<td>6 WEEKS</td>
</tr>
<tr>
<td><strong>SCHOLARLY PURSUIT</strong></td>
<td>12 WEEKS</td>
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<tr>
<td><strong>FLEXIBLE/OPEN TIME</strong></td>
<td>24 WEEKS</td>
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<tr>
<td><strong>MEASEY STeP (SPECIALTY TRANSITION PATHWAYS TO RESIDENCY)</strong> 1 week course followed by monthly workshops and longitudinal coaching</td>
<td></td>
</tr>
<tr>
<td><strong>PROFESSIONALISM AND HUMANISM</strong> Bioethics</td>
<td></td>
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</tbody>
</table>
Career Planning Resources

❖ Office of Student Affairs and Advisory Deans
❖ Resources focused by MS year
❖ Workshops for undecided students
❖ Specialty specific information (organized by Core)
Specialty Specific Information

- Specialty Advisors
- General specialty information
- Student interest group(s)
- Near peer mentors
- Department webpage

<table>
<thead>
<tr>
<th>Core</th>
<th>Content</th>
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<tbody>
<tr>
<td>1</td>
<td>• Faculty shadowing</td>
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<tr>
<td></td>
<td>• Career mentors</td>
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<tr>
<td>2</td>
<td>• Scheduling recommendations</td>
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<tr>
<td>3</td>
<td>• Link to Core 3 Specialty Planning Meetings</td>
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<td>• Required and recommended sub-I’s and electives</td>
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<td></td>
<td>• Career night booklet</td>
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<td>• Students who matched past 5 years</td>
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<td></td>
<td>• Additional resources</td>
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