COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY → HIGHER SEVERITY

COVID WATCH	COVID PULSE	PENN MEDICINE AT HOME
Support Care Team as needed	*Support Care Team as needed*	*After communicating with care team to confirm referral to PMAH:*

CM/SW CHECKLIST

Penn Medicine At Home checklist:

- ❑ Verbally consent and Place referral to PMAH; Comment "ED patient COVID confirmed or suspected"
- ❑ Double check that the patient is only enrolled in a single COVID Discharge Program
- ❑ If patient does not have a device, comment "Needs equipment"
- ❑ If possible, support patients using their own device to download the HRS app (instructions)
- ❑ Retrieve pulse ox, ensuring batteries are installed, and provide education
- ❑ Coordinate with PMAH on-call MD as needed (484-431-9032)

COVID Watch / Pulse Teaching Points:

- ❑ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
- ❑ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

- ❑ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
- ❑ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- ❑ Instruct patient not to wear nail polish