

## COVID-19 ED Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY

WHAT'S INCLUDED

### COVID WATCH



**TEXT-BASED SYMPTOM CHECK-INS (2X / DAY)**



**ESCALATION TO RN/APP/MD AS NEEDED**

### COVID PULSE



**TEXT-BASED SYMPTOM CHECK-INS (2X / DAY)**



**PULSE OX MONITORING**



**ESCALATION TO RN/APP/MD AS NEEDED**

### PENN MEDICINE AT HOME



**VIDEO VISITS (2X / DAY)**  
DEVICES & EDUCATION GIVEN AS NEEDED



**24/7 ON-CALL RN LINE; DAILY MD CASE REVIEW**



**FREQUENT, COMPLETE VITALS MONITORING**



**IN-PERSON VISITS AND CARE AS NEEDED**  
EXAMPLE: IVF, WOUND CARE ETC.

TARGET PATIENTS

#### STABLE FOR DISCHARGE WITH:

No or well-managed comorbidity

**AND** negative imaging

**AND** amb. SpO2:  $\geq$  95 **RA**

**EXCLUDE** if non-tech savvy; consider referral to PMAH instead

#### STABLE FOR DISCHARGE WITH:

\*Multiple well-managed comorbidities

**AND/OR** new infiltrate

**AND/OR** amb. SpO2: 93-94 **RA**

**EXCLUDE** if non-tech savvy; consider referral to PMAH instead

#### STABLE FOR DISCHARGE WITH:

\*Significant comorbidities with need for close monitoring (e.g., poorly controlled DM, significant cardiac or lung disease, active cancer on treatment, immunosuppression)

**OR** home health need

### PREGNANCY WATCH

For pregnant patients < 16 weeks meeting COVID WATCH criteria enroll into **PREGNANCY WATCH**. Consult 215-662-3815 for pregnant patients meeting COVID Pulse criteria and/or  $\geq$  16 weeks for further guidance.

### \* IMPORTANT

For patients with well-documented Penn PCPs or specialists, please attempt coordination with provider/service prior to discharge (phone call, then epic message). Do not enroll patients in multiple COVID discharge programs.

ED physician may consider enrollment of patients with ambulatory SpO2 92 if well-appearing, with negative imaging/workup.